

WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

		LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30		
ABC	2	2	2	2		Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC		
PBS	3	5				Tiger Donkey		Elinor Clifford		Pink Sesame		Dinosaur Xavier		Varied Programs				Go Luna Nature		Hero Odd		Arthur Peg		Ready Jet	Wild Kratt		
CBS	6	6	6	6		CBS This Morning		Let's Make a Deal		The Price Is Right		Young & Restless		News		Bold		The Talk		Dr. Phil		KOIN 6 News at 4		News	News		
NBC	8	8	8	8		(7:00) Today		Today 3rd Hour		2020 Tokyo Olympics										News		News		News	Olympic		
CW	9	9	32	32		KOIN AM Extra		Tamron Hall		Dr. Phil		Steve Wilkos Show		Maury		Jerry Springer		Steve Wilkos Show		King		Friends		black-ish	Last Man		
FOX	12	12	12	12		Good Day Oregon		Good Day Or.		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy Williams		The People's Court		Jdg Judy		Jdg Judy		4 O'Clock News	5 O'Clock News		
MNT	13	13	49	49		Good Day Oregon		Paid Prg. Smile		Mike Mike		TMZ Live		Jerry		Protection		Divorce Divorce		Judge Mathis		Hot Hot		Jdg Judy	Jdg Judy		
UNIV	22	22	16	47		(7:00) ¡Despierta América!				Como dice el dicho		Noticiero		Nosotr.		Rosa de Guadalupe		La madrastra		Amor eterno				El gordo y la flaca	Primer impacto		
A&E	52	55	118	265		Varied Programs													First 48		Varied		First 48	Varied Programs			
AMC	60	45	131	254		Paid Prg. Paid Prg.		Movie		Varied Programs																	
ANP	24	49	184	282		Treehouse Masters		Tanked		Pit Bulls-Parole		Pit Bulls-Parole		Lone Star Law		Varied Programs											
BET	4	72	124	392		Parkers Parkers		Parkers Parkers		Martin Martin		Martin Martin		Martin Martin		Prince Prince		Prince Prince		Browns Browns		Movie				Varied Programs	
BRAVO	54	65	129	237		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank	
CARTOON	25	59	177	297		Teen Varied		Teen Teen		Craig Craig		Craig Craig		Craig Craig		Craig Craig		Craig Craig		Craig Craig		Craig Craig		Craig Craig		Total Total	
CNN	68	44	200	202		At This Hour-Kate		Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Situation Room		Situation Room		Situation Room		Erin Burnett OutFront	
COM	77	56	107	249		Futurama Futurama		South Pk South Pk		South Pk South Pk		South Pk South Pk		South Pk South Pk		South Pk South Pk		South Pk South Pk		South Pk South Pk		South Pk South Pk		South Pk South Pk		Office Office	
COOK	123	123	113	232		Varied Programs																					
DISN	26	48	173	290		Puppy Puppy		Bluey Bluey		Ladybug Ladybug		Ladybug Ladybug		Bluey Bluey		Bluey Bluey		Bluey Bluey		Bluey Bluey		Bluey Bluey		Bluey Bluey		Bluey Bluey	
E!	64	76	114	236		Varied Programs																					
ESPN	33	27	140	206		(7:00) First Take		SportsCenter		SportsCenter		Jalen		Question		NBA: The Jump		NFL Live		Around Pardon		SportsCenter		Varied Programs			
ESPN2	34	28	143	209		(7:00) Get Up		First Take				SportCtr		Varied		Question		Jalen		Question Football		NFL Live		Daily Wager	Varied Programs		
FNC	66	25	205	360		The Faulkner Focus		Outnumbered		America Reports With John Roberts		The Story		Neil Cavuto		The Five		The Five		The Five		Special Report		FOX News Primetime	Tucker Carlson		
FOOD	61	54	110	231		Varied Programs																					
FREE	32	33	180	311		black-ish black-ish		The 700 Club		700 Club Middle		Varied Programs															
FS1	41	85	150	219		Undisputed		The Herd with Colin Cowherd																			
FX	65	24	136	249		(7:00) Movie		Varied Programs																			
FXX	35	64	125	599		Mom		Varied Programs																			
GOLF	88	88	401	218		Varied Programs																					
HALL	87	87	185	312		Gold Girls Gold Girls		Gold Girls Gold Girls		Family Varied		Middle Middle		Middle Middle		Reba Reba		Reba Reba		Reba Reba		Reba Reba		Reba Reba		Movie	
HALLMM	86	86	187	565		M Diagnosis Murder		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk		Monk		Monk		Monk		Monk	
						T Diagnosis Murder		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk		Monk		Monk		Monk		Mystery 101	
						W Diagnosis Murder		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk		Monk		Monk		Monk		"At Home"	
						Th Diagnosis Murder		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk		Monk		Monk		Monk		"A Feeling of Home"	
						F Diagnosis Murder		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk		Monk		Monk		Monk		"Irresistible Blue"	
HGTV	62	57	112	229		Varied Programs																					
HIST	50	60	120	269		Varied Programs																					
LIFE	29	29	108	252		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		The Closer		The Closer		The Closer		Major Crimes		Major Crimes		Major Crimes		Rizzoli & Isles	
MSNBC	71	67	209	356		Craig Melvin Reports		Andrea Mitchell		MTP Daily		Katy Tur Reports		Ayman Mohyeldin		Deadline: White House		Deadline: White House		Deadline: White House		Deadline: White House		Deadline: White House		Deadline: White House	
NBCSN	89	89	159	220		Tokyo Olympics		Tokyo Olympics		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Olympics Varied	
NBCSNW	426	37	424			Rip City		Paid Prg. Paid Prg.		Varied Programs		Mecum		Blazers		The Brian Noe Show		The Brian Noe Show		The Brian Noe Show		The Brian Noe Show		The Brian Noe Show		The Brian Noe Show	
NGEO	55	78	197	276		Varied		Paid Prg. Paid Prg.		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs	
NICK	27	51	171	299		Blaze Blaze		Baby Blaze		PAW PAW		PAW PAW		PAW PAW		PAW PAW		PAW PAW		PAW PAW		PAW PAW		PAW PAW		PAW PAW	
OWN	40	41	189	279		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil	
OXY	30	69	127	251		Dateline: Secrets		Dateline: Secrets		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs	
PARMT	42	43	241	241		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue	
ROOT	37	26	426	687		Medicare Relief		Games Varied		Guide to the Games		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs	
SYFY	67	50	122	244		Varied Programs																					
TCM	56	73	132	256		M (6:45) "The Longest Day" (1962)		** "The Comedians" (1967) Elizabeth Taylor.		(:15) *** "The Sandpiper" (1965)		(:15) *** "Where Eagles Dare" (1969, War)		Richard Burton.		"Anne-Thousand"											
						T Middle		*** "Kiss Me, Stupid" (1964)		(:45) *** "The Notorious Landlady" (1962)		*** "The Man With the Golden Arm"		*** "Picnic" (1955) William Holden.		"Bell Book Cndl"											
						W Going		** "Cabin in the Sky" (1943, Musical)		*** "Pennies From Heaven"		** "Jazz on a Summer's Day"		** "Glory Alley" (1952)		** "A Man Called Adam" (1966)		Satchmo: Life									
						Th (:15) "The Importance of Being Earnest"		*** "Chimes at Midnight" (1965)		*** "The V.I.P.s" (1963)		** "The Runaway Bus"		"The Mouse on the Moon"		"Murder, She Said"											
						F (7:30) "One Minute to Zero"		** "Angel Face" (1952)		(:15) "Where Danger Lives"		(:45) *** "The Lusty Men" (1952)		(:45) *** "The Sundowners" (1960, Drama)		"Out of the Past"											
TDC	51	42	182	278		Varied Programs																					
TLC	49	62	183	280		Varied Programs																					
TNT	57	52	138	245		Charmed		Charmed		Supernatural		Supernatural		Supernatural		Supernatural		Supernatural		Supernatural		Supernatural		Supernatural		Supernatural	
TRAV	53	38	196	277		Varied Programs																					
TRUTV	73	75	242	246		Ad. Ruins Ad. Ruins		Jokers Jokers		Carbon Carbon		Carbon Carbon		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes Jokes	Jokes Jokes	Jokes Jokes	
TVL	75	74	106	304		Paid Prg. Paid Prg.		M*A*S*H M*A*S*H		M*A*S*H M*A*S*H		M*A*S*H M*A*S*H		Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke	
USA	58	39	105	242		Olympics		Varied		Tokyo Olympics		Varied Programs		Olympics		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs	
WE	118	118	128	260		Varied		Paid Prg. Paid Prg.		Varied		Medicare		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs		Varied Programs	
WEATH	14	19	214	362		AMHQ		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE	
WTBS	59	40	139	247		Broke Girl Broke Girl		Broke Girl Broke Girl		Broke Girl Broke Girl		Broke Girl Broke Girl		Broke Girl Broke Girl		Broke Girl Broke Girl		Broke Girl Broke Girl		Broke Girl Broke Girl		Broke Girl Broke Girl		Broke Girl Broke Girl		Broke Girl Broke Girl	
HBO	518	518	303	504		M Last																					