

WEDNESDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

JULY 28, 2021

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune	Press Your Luck Contestants from the original series. (N)		The \$100,000 Pyramid (N)		Match Game Horatio Sanz; Marilu Henner.		KATU News at 11 (N)	(:35) Jimmy Kimmel Live!
PBS	3	5			Journeys in Japan	BBC World News Outside	PBS NewsHour (N)		Nature How big cats survive and thrive. (Part 1 of 3)		NOVA Scientists study creatures that glow.		Secrets of the Dead The legend of King Arthur.		How We Got to Now with Steven Johnson "Light"	
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight (N)	Big Brother (N)		(:01) Love Island (N)		S.W.A.T. Local businesses are being attacked.		KOIN 6 News at 11 (N)	Late Show-Colbert
NBC	8	8	8	8	(5:00) 2020 Tokyo Olympics Gymnastics, Diving, Swimming. Men's gymnastics (individual all-around); men's diving (synchronized springboard final); swimming. (N) (Live)				2020 Tokyo Olympics		(:35) 2020 Tokyo Olympics 3x3 Basketball, Beach Volleyball, Cycling BMX Racing.		KGW News at 11 (N)		2020 Tokyo Olympics	
CW	9	9	32	32	Modern Family	Modern Family	The Goldbergs	The Goldbergs	Funnies Animals	Funnies Animals	Whose Line Is It Anyway?	Whose Line Is It Anyway?	KOIN 6 News at 10p (N)		Seinfeld	Seinfeld "The Clip Show"
FOX	12	12	12	12	6 O'Clock News (N)		People (N)	Family Feud	MasterChef Guest judge Emeril Lagasse.		MasterChef Guest judge Curtis Stone.		10 O'Clock News (N)		11 O'Clock News (N)	(:35) People (N)
MNT	13	13	49	49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory	The Simpsons	Family Guy	Family Guy
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univision (N)	La Rosa de Guadalupe "¿Dónde está Raquel?" (N)		Diseñando tu amor Patricia amenaza a Valentina. (N)		Si nos dejan El Cholo llama a Yuri. (N)		La hija del embajador La relación de Nare y Sancar. (N)		Noticias noroeste 11P	Noticiero Univision:
A&E	52	55	118	265	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam (N)	Court Cam (N)	Seatbelt	Seatbelt	Hustle & Tow	Hustle & Tow
AMC	60	45	131	254	(4:30) ** "Transformers: Dark of the Moon" (2011, Action) Shia LaBeouf, Josh Duhamel, John Turturro.				** "Night at the Museum" (2006, Children's) Ben Stiller, Carla Gugino, Dick Van Dyke. Museum exhibits spring to life when the sun goes down.				** "Night at the Museum: Battle of the Smithsonian" (2009) Ben Stiller.			
ANP	24	49	184	282	Lone Star Law: Uncuffed (N)		Northwest Law: Uncuffed Police prevent the spread of a fire.		Lone Star Law: Uncuffed						Northwest Law: Uncuffed	
BET	4	72	124	392	Welcome * "Tyler Perry's Boo 2! A Madea Halloween" (2017) Tyler Perry.				Tyler Perry's Sistars (N)		The Encore (N)				Tyler Perry's Sistars	
BRAVO	54	65	129	237	Family Karma		Family Karma		Family Karma "One Last Proposal"				Housewives/Potomac		Shahs-Sunset	
CARTOON	25	59	177	297	Teen Titans	Teen Titans	Wrld, Gumball	Apple	Bob's Burgers	Bob's Burgers	American Dad	American Dad	American Dad	Rick, Morty	Family Guy	Family Guy
CNN	68	44	200	202	Cuomo Prime Time (N) (Live)		Don Lemon Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Anderson Cooper 360		Cuomo Prime Time		Don Lemon Tonight	
COM	77	56	107	249	(:15) South Park "Asspen"		South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park
COOK	123	123	113	232	Man's Greatest Food		Food Paradise		Food Paradise "Eat at Joe's"		Carnival Eats		Carnival Eats		Man's Greatest Food	
DISN	26	48	173	290	Raven	Raven	Big City	Big City	Big City	Big City	Bunk'd	Bunk'd	Big City	Big City	Gabby Duran	Sydney-Max
E!	64	76	114	236	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Nightly Pop
ESPN	33	27	140	206	MLB Baseball New York Yankees at Tampa Bay Rays. (N)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)	
ESPN2	34	28	143	209	The Basketball Tournament				NFL Live		UFC Unleashed		Around/Horn	Interruption	NFL Live	
FNC	66	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity	
FOOD	61	54	110	231	Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games (N)		Kitchen Crash (N)		Guy's Grocery Games	
FREE	32	33	180	311	(5:30) *** "The Breakfast Club"		** "The Other Woman" (2014) Cameron Diaz, Leslie Mann, Kate Upton.				Good Trouble (N)				The 700 Club	
FS1	41	85	150	219	2021 CONCACAF Gold Cup United States vs Canada.		2021 CONCACAF Gold Cup Martinique vs United States.		2021 CONCACAF Gold Cup Martinique vs United States.		2021 CONCACAF Gold Cup United States vs Haiti. Group B.					
FX	65	24	136	249	*** "The Hangover" (2009) Bradley Cooper, Ed Helms. Three pals must find a missing groom after a wild bash.		** "The Hangover Part II" (2011, Comedy) Bradley Cooper, Ed Helms. Phil, Stu, Alan and Doug head to Thailand for Stu's wedding.		** "The Hangover Part III" (2013, Comedy) Bradley Cooper, Ed Helms.							
FXX	35	64	125	259	** "Skyscraper" (2018) Dwayne Johnson, Neve Campbell.		** "Venom" (2018, Action) Tom Hardy, Michelle Williams.		Dave (N)		Dave		Dave		Always Sunny	
GOLF	88	88	401	218	(3:30) 2020 Tokyo Olympics Men's Golf, First Round. First round coverage of men's golf. From Kasumigaseki Country Club in Kasahata, Saitama, Japan. (N) (Live)											
HALL	87	87	185	312	(5:00) "Christmas at Pemberley Manor" (2018, Romance)		"Love, Lights, Hanukkah!" (2020) Mia Kirshner, Ben Savage. A DNA test reveals a restaurateur's Jewish heritage.		"Christmas Town" (2019) Candace Cameron Bure, Tim Rozon. Lauren embarks on a new chapter in her life and career.		"A Little Christmas Charm" (2020, Drama) Ashley Greene.					
HALLMM	86	86	187	565	(5:00) ** "Mystery Woman: Redemption" (2005, Mystery)		Murder, She Baked "A Deadly Recipe" The sheriff is murdered.		Aurora Teagarden Mysteries "The Julius House" A family disappears from their home.		Murder, She Wrote Jessica's friend fears for his life.					
HGTV	62	57	112	229	Property Brothers		Property Brothers		Property Brothers		(:01) Two Steps Home (N)		Hunters	Hunters Int'l	Hunters	Hunters Int'l
HIST	50	60	120	269	Forged in Fire		Forged in Fire "The Nimcha"		Forged in Fire (Part 1 of 2)		Forged in Fire (N)		(:03) Forged in Fire		(:03) Forged in Fire	
LIFE	29	29	108	252	Rizzoli & Isles "Foot Loose"		Rizzoli & Isles "Gumshoe"		Married at First Sight "Houston, We Have a Marriage" (N)		(:03) Married at First Sight (N)		(:03) Married at First Sight (N)		(:03) Married at First Sight (N)	
MSNBC	71	67	209	356	The Rachel Maddow Show		The Last Word		The 11th Hour		The Rachel Maddow Show		The Last Word		The 11th Hour	
NBCSN	89	89	159	220	2020 Tokyo Olympics: Men's Volleyball		2020 Tokyo Olympics		2020 Tokyo Olympics		2020 Tokyo Olympics: Men's Basketball		2020 Tokyo Olympics		2020 Tokyo Olympics	
NBCSNW	426	37	424		The Bridge		Talkin' Ducks		Beach Volleyball		American Ninja Warrior		American Ninja Warrior		Gymnastics	
NCEO	55	78	197	276	When Sharks Attack		When Sharks Attack		When Sharks Attack		When Sharks Attack		World's Most Dangerous		When Sharks Attack	
NICK	27	51	171	299	Loud House	Loud House	SpongeBob	SpongeBob	Patrick Star	Patrick Star	Friends	Friends	Friends	Friends	Friends	Friends
OWN	40	41	189	279	Dateline on OWN (Part 1 of 2)		Dateline on OWN (Part 2 of 2)		Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop
OXY	30	69	127	251	Golden State Killer		The Cleveland Strangler 100 Special (N)		The Girl in the Box 100 Special (N)				Dateline: Secrets Uncovered			
PARMT	42	43	241	241	Two/Half Men		Two/Half Men		*** "Tombstone" (1993, Western) Kurt Russell, Val Kilmer.		** "Walking Tall" (2004) The Rock, Johnny Knoxville.		Day After			
ROOT	37	26	426	687	Mariners		Mariners Pre.		MLB Baseball Houston Astros at Seattle Mariners. From T-Mobile Park in Seattle.		Mariners		Building the Kraken		World Boxing	
SYFY	67	50	122	244	Chronicles * "Hellboy" (2019, Action) David Harbour, Milla Jovovich, Ian McShane.		** "Robin Hood" (2010, Adventure) Russell Crowe, Cate Blanchett, William Hurt.									
TCM	56	73	132	256	(5:00) *** "Some Came Running" (1958, Drama) Frank Sinatra, Dean Martin.		*** "Paper Moon" (1973, Comedy) Ryan O'Neal. A shady 9-year-old girl charms a Depression-era con man.		*** "The Last Picture Show" (1971) Timothy Bottoms. A gritty drama takes place in a dying 1950s Texas town.		(:45) "Bonnie and Clyde"					
TDC	51	42	182	278	Expedition Unknown		Expedition Unknown		Expedition Unknown (N)		(:08) Hunting Atlantis (N)		(:11) Expedition Unknown "The Fortune of the Buzzard"			
TLC	49	62	183	280	Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper (N)		Dr. Pimple Popper (N)		My Feet Are Killing Me (N)		1000-Lb. Sisters "Do or Die"	
TNT	57	52	138	245	* "Law Abiding Citizen" (2009) Jamie Foxx. A prosecutor gets caught up in a vengeful prisoner's twisted scheme.		All Elite Wrestling: Dynamite (N Same-day Tape)		* "Law Abiding Citizen" (2009) Jamie Foxx. A prosecutor gets caught up in a vengeful prisoner's twisted scheme.							
TRAV	53	38	196	277	Mysteries of the Unknown		Beyond the Unknown		Beyond the Unknown		Mysteries of the Unknown Examining an infestation of snails.		Beyond the Unknown			
TRUTV	73	75	242	246	Inside Jokes		Inside Jokes		Wipeout "Wipe-pedia Vol.1"		Wipeout		Imp. Jokers		Imp. Jokers	
TVL	75	74	106	304	Andy Griffith		Andy Griffith		Raymond		Raymond		Raymond (N)		King	
USA	58	39	105	242	2020 Tokyo Olympics Women's Rugby. (N) (Live)				2020 Tokyo Olympics		2020 Tokyo Olympics		2020 Tokyo Olympics		2020 Tokyo Olympics	
WE	118	118	128	260	NCIS		NCIS		NCIS		NCIS		NCIS		NCIS	
WEATH	14	19	214	362	Highway Thru Hell		Highway Thru Hell		Mud Mountain Haulers		Mud Mountain Haulers		Why Planes Crash		Why Planes Crash	
WTBS	59	40	139	247	Family Guy		Family Guy		Big Bang		Big Bang		Big Bang		Full Frontal	
HBO	518	518	303	504	(:05) Music Box "Woodstock 99: Peace, Love, and Rage" The infamous three-day music festival.		** "Disturbia" (2007, Suspense) Shia LaBeouf, David Morse. 'PG-13'		(:45) 100-Foot Wave		Catch and Kill		(:15) The White Lotus (Part 3 of 6)			
MAX	531	531	311	516	(4:05) *** "Just Mercy" (2020, Science Fiction) Kristen Stewart, Vincent Cassel. 'PG-13'		*** "The Others" (2001, Suspense) Nicole Kidman, Christopher Eccleston. 'PG-13'		(:45) * "The Hills Have Eyes 2" (2007, Horror) Michael McMillian, Jessica Stroup. 'R'		(:15) ** "The Rules of Attraction" (2002) 'R'					
SHOW	578	578	319	546	*** "Secretary" (2002, Drama) James Spader. A woman enters a sadomasochistic relationship with her boss. 'R'		"Acts of Violence" (2018, Action) Bruce Willis, Cole Hauser, Shawn Ashmore. 'R'		*** "American Psycho" (2000, Horror) Christian Bale, Willem Dafoe, Jared Leto. 'R'		(:15) The End		(:45) The End			
STARZ	621	621	351	526	(5:46) ** "Death Race" (2008, Action) Jason Statham, Tyrese Gibson. 'R'		(:34) Power Book III: Raising Kanan "Reaping and Sowing"		(:29) "Motives" (2004) Vivica A. Fox. A successful businessman cheats on his wife. 'R'		Run the World		(:31) Run the World		(:03) Power Book III: Raising Kanan "Reaping and Sowing"	
TMC	591	591	327	554	(5:35) **** "Rosemary's Baby" (1968) Mia Farrow. Satanists want a pregnant woman to bear the Antichrist. 'R'		*** "The Woman in Black" (2012, Horror) Daniel Radcliffe, Roger Allam. 'PG-13'		(:35) ** "Scary Stories to Tell in the Dark" (2019, Horror) Zoe Colletti, Michael Garza, Gabriel Rush. 'PG-13'		*** "Carrie" 'R'					

tonight's best



Debi Mazar

3:30 p.m. on GOLF
2020 Tokyo Olympics

Men's golf tees it up today with first round action from Kasumigaseki Country Club outside Tokyo. The U.S. contingent of Bryson DeChambeau, Justin Thomas, Xander Schauffele and Collin Morikawa will vie in a stroke-play format against teams from 14 other nations. It's the first time the sport has been at an Olympics since 2016 and only the second since 1904.

10 p.m. on FREE
Good Trouble

Callie (Maia Mitchell) teams up with Mariana (Cierra Ramirez) in an attempt to figure out what really happened on the night of Zack's death in the new episode "Making a Metamour." Meanwhile, Malika (Zuri Adele) pumps the brakes on her relationship with Dyonte (Marcus Emanuel Mitchell), and Gael (Tommy Martinez) is stunned to discover his relationship with Yuri (Craig Parker) is not what he believed it to be.

10 p.m. on TLC
My Feet Are Killing Me

Summer is here, and especially now that pandemic restrictions are gradually being lifted, nearly everyone is in a mood to bring on the sunny days, beach bodies and naked feet! The new episode "Summer Shock" finds Drs. Ebonie Vincent, Brad Schaeffer and Sarah Haller trying to help patients get ready for summer, which means treating clients with nasty nails, catastrophic corns and a foot that leaves them completely stunned.

10 p.m. on TVL
Younger

After Quinn's (Laura Benanti) new romance goes public, a wary Liza (Sutton Foster) decides it might be prudent to fact-check Quinn's manuscript in the new episode "The Last Unicorn." Meanwhile, Maggie (Debi Mazar) is ready to pinch herself when she gets an exciting new job offer and love interest. Elsewhere, sparks fly between Liza and someone from her old life. Hilary Duff also stars.