

WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30		
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC		
PBS	3	5			Tiger Donkey		Elinor Clifford		Pink Sesame		Dinosaur Xavier		Varied Programs				Go Luna Nature		Hero Odd		Arthur Peg		Ready Jet	Wild Kratt		
CBS	6	6	6	6	CBS This Morning		Let's Make a Deal		The Price Is Right		Young & Restless		News Bold		The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News		
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		2020 Tokyo Olympics										News		News		News	Olympic		
CW	9	9	32	32	KOIN AM Extra		Tamron Hall		Dr. Phil		Steve Wilkos Show		Maury		Jerry Springer		Steve Wilkos Show		King		Friends		black-ish	Last Man		
FOX	12	12	12	12	Good Day Oregon		Good Day Or.		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy Williams		The People's Court		Jdg Judy		Jdg Judy		4 O'Clock News	5 O'Clock News		
MNT	13	13	49	49	Good Day Oregon		Paid Prg. Varied		Mike Mike		TMZ Live		Jerry		Protection		Divorce Divorce		Judge Mathis		Hot		Hot	Jdg Judy		
UNIV	22	22	16	47	(7:00) Despierta America!				Como dice el dicho		Noticiero		Nosotr.		Rosa de Guadalupe		La ma Varied		Amor		Varied		El gordo y la flaca	Primer impacto		
A&E	52	55	118	265	Parking		Parking		Varied Programs																	
AMC	60	45	131	254	Paid Prg.		Varied		Varied Programs																	
ANP	24	49	184	282	Treehouse Masters		Tanked		Pit Bulls-Parole		Pit Bulls-Parole		Lone Star Law		Varied Programs											
BET	4	72	124	392	Parkers		Parkers		Parkers		Martin		Martin		Prince		Prince		Browns		Browns		Browns	Varied Programs		
BRAVO	54	65	129	237	Below		Varied Programs				Below		Varied		Below		Varied Programs									
CARTOON	25	59	177	297	Teen		Teen		Varied		Craig		Craig		Craig		Craig		Craig		Craig		Craig	Craig		
CNN	68	44	200	202	At This Hour-Kate		Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Situation Room		Situation Room		Erin Burnett OutFront	Anderson Cooper		
COM	77	56	107	249	Futurama		Futurama		South Pk		South Pk		South Pk		South Pk		South Pk		South Pk		South Pk		South Pk	Office		
COOK	123	123	113	232	Varied Programs																					
DISN	26	48	173	290	Puppy		Puppy		Bluey		Bluey		Ladybug		Ladybug		Bluey		Bluey		Big City		Big City	Big City		
E!	64	76	114	236	Varied Programs						Daily Pop		Varied Programs													
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		SportsCenter		Jalen		Question		NBA: The Jump		NFL Live		Around		Pardon		SportsCenter	Varied Programs		
ESPN2	34	28	143	209	(7:00) Get Up		First Take				SportsCenter		Question		Jalen		Question		Football		NFL Live		Varied	Wager		
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports With John Roberts		The Story		Neil Cavuto		The Five		Special Report		FOX News Primetime		Tucker Carlson					
FOOD	61	54	110	231	Varied Programs																					
FREE	32	33	180	311	black-ish		black-ish		The 700 Club		700 Club		Middle		Middle		Middle		Middle		Varied Programs					
FS1	41	85	150	219	First Things First		The Herd with Colin Cowherd		Varied Programs		Speak for Yourself		Herd		NASCAR Race Hub		Varied Programs									
FX	65	24	136	249	(7:00) Movie		Varied Programs		Mike		Varied Programs															
FXX	35	64	125	259	Mom		Mom		Movie		Varied Programs		Movie		Varied Programs											
GOLF	88	88	401	218	Varied Programs																					
HALL	87	87	185	312	Gold Girls		Gold Girls		Gold Girls		Gold Girls		Family		Varied		Movie		Movie							
HALLMM	86	86	187	565	M		Diagnosis Murder		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk		Monk		Good Witch	Good Witch		
					T		Diagnosis Murder		Little House/Prairie		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk		Monk		Good Witch	Good Witch		
					W		Diagnosis Murder		Little House/Prairie		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk		Monk		Good Witch	Good Witch		
					Th		Diagnosis Murder		Little House/Prairie		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk		Monk		Good Witch	Good Witch		
					F		Diagnosis Murder		Little House/Prairie		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk		Monk		Good Witch	Good Witch		
HGTV	62	57	112	229	Varied Programs																					
HIST	50	60	120	269	Varied Programs																					
LIFE	29	29	108	252	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		The Closer		The Closer		The Closer		Major Crimes		Major Crimes		Major Crimes		Major Crimes	Rizzoli & Isles		
MSNBC	71	67	209	356	Craig Melvin Reports		Andrea Mitchell		MTP Daily		Katy Tur Reports		Ayman Mohyeldin		Deadline: White House		The Beat With		The ReidOut		All In With					
NBCSN	89	89	159	220	Olympics		Varied Programs		Olympics		Varied Programs		Olympics		Varied Programs		Olympics		Varied Programs		Olympics		Varied Programs	Tokyo Olympics		
NBCSNW	426	37	424	Varied Programs					Relief		Ab Squat		Varied Programs													
NGEO	55	78	197	276	Varied		Paid Prg.		Varied Programs																	
NICK	27	51	171	299	Blue		Blaze		Blaze		Blaze		PAW		PAW		PAW		PAW		Sponge.		Sponge.	Sponge.		
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil	Varied Programs		
OXY	30	69	127	251	Dateline: Secrets		Dateline: Secrets		Varied Programs																	
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom		Mom		Mom		Mom	Mom		
ROOT	37	26	426	687	Medicare		Paid Prg.		Varied Programs		Mariners		Baseball		Varied Programs									Mariners		
SYFY	67	50	122	244	Varied Programs																					
TCM	56	73	132	256	M		"Red Hot Tires"		(:15) ** "Claudelle English" (1961)		**** "A Streetcar Named Desire"		(:15) "Cry of the Hunted" (1953)		(:45) *** "Cool Hand Luke" (1967, Drama)		"Johnny Belinda"									
					T		Nite Song (:45) **		"Too Young to Kiss" (1951)		** "Hands of a Stranger"		(:15) *** "The Seventh Veil" (1945)		*** "Monterey Pop" (1969)		"Shoot the Piano Player" (1960)		"Butterfield 8" (1960)							
					W		"Man of the People"		"His Family Tree" (:15)		"Come Live With Me" (:45) ***		"An American Romance" (1944, Drama)		*** "America, America" (1963, Drama)		Stathis Giallelis.		"Some Came"							
					Th		(7:30) "Crossroads"		** "The Heavenly Body" (:45) ***		"Love Crazy" (1941)		** "High Pressure" (1932)		*** "Fashions of 1934"		** "Double Gidding"		** "Tickle Me"							
					F		(7:30) "Rendezvous"		(:15) ** "The Spy in the Green Hat"		** "The Conspirators"		(:45) *** "Confidential Agent" (1945)		(:45) ** "Virginia City" (1940)		Errol Flynn.		"Blade Runner"							
TDC	51	42	182	278	Varied Programs																					
TLC	49	62	183	280	Varied Programs																					
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Supernatural		Supernatural		Supernat.		Varied Programs							
TRAV	53	38	196	277	Varied Programs																					
TRUTV	73	75	242	246	Ad. Ruins		Ad. Ruins		Jokers		Jokers		Carbon		Carbon		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...	Jokes		
TVL	75	74	106	304	Paid Prg.		Paid Prg.		M*A*S*H		M*A*S*H		M*A*S*H		M*A*S*H		Bonanza		Gunsmoke		Gunsmoke		Gunsmoke	Gunsmoke		
USA	58	39	105	242	Tokyo Olympics		Varied Programs		Olympics		Olympics		Olympics		Olympics		Varied Programs		Tokyo Olympics							
WE	118	118	128	260	MagBlue		Paid Prg.		Varied Programs																	
WEATH	14	19	214	362	AMHQ		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Underground		Underground		Underground		Underground	Varied Programs		
WTBS	59	40	139	247	Broke Girl		Broke Girl		Broke Girl		Friends		Friends		Friends		Friends		Friends		Friends		American	American		
					M		Last (:40) **		"The Fast and the Furious"		** "Battleship" (2012, Science Fiction)		Taylor Kitsch.		(12:55) "Going in Style" (2017)		"Diary of a Mad Black Woman"		Tig Notaro: Drawn		Last					
					T		"The Good Lie" (:05) **		"Duplex" (2003)		(:35) * "Replicas" (2018)		Alice Eve		(:25) *** "Darkest Hour" (2017)		** "10 Years" (2011)		(:15) 100-Foot Wave		"The Little Things"					
					W		(:15) *** "Cinderella Man" (2005, Biography)		(:40) *** "Bowfinger" (1999, Comedy)		(:20) *** "13 Going on 30"		** "The Mummy Returns" (2001)		(:10) *** "Pitch Perfect" (2012)											
					Th		"Darkness Falls" (8:50) *		"The Tuxedo" ***		"The Aviator" (2004, Biography)		Leonardo DiCaprio.		(:25) ** "The High Note" (2020)		(:20) ** "Battleship" (2012)		Taylor Kitsch.		Catch					
					F		Employee (:45) "Tyler Perry's Why Did I Get Married Too?"		(1																	