

tonight's best



Lance Reddick

10:03 p.m. on HIST
America's Book of Secrets

A new episode called 'Mind Control' examines reports of clandestine programs implemented around the world during the last century that were intended to control the human mind — and subsequently, the behavior of the individual or group affected. Now, there are a growing number of people who believe that these programs, which allegedly were created for military use during wartime, currently are being used not only by governments but also corporations to control us all. Lance Reddick is the host.

Word Search solution (puzzle is on page 20)

B N J (NETTLES) E U M I W
L (S) B N O T G N I H S A W K I
V X T A S R K O C Z T D G Q L
E O F R X L P (TRECNO) C L
W S Z C O T O I V O H I J A I
D J C L N K M V L Y E W F P I A
P M G E A S E G Z F H G I M S
S K L P R P I R G A I S B T S
X L N R (JACKSON) R N O T
A M H T H L J C O S N E S L F
B K Y H W N V D A Q O G U J R
E X E G U Y T O N A Y W F R P
U H B I M F I R E W O R K S T
Q C I N H N D Y A W D A O R B
R I C K E Y S D Z T Y U K W C



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- Hardware
- Paint
- Plumbing
- Electrical

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Mon-Fri 7:30 am - 5:30 pm
Saturday 8 am - 5 pm
Closed Sun

TUESDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

JULY 6, 2021

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune	The Goldbergs	Home Economics	The Conners	black-ish	To Tell the Truth Joel McHale; Oliver Hudson.	KATU News at 11 (N)	(:35) Jimmy Kimmel Live!	
PBS	3	5			Ask This Old House	BBC World News Outside	PBS NewsHour (N)		Finding Your Roots With Henry Louis Gates, Jr.		The Latino Experience (Series Premiere) (N)	Frontline The 2018 Camp Fire in California.	Eyes on the Prize Alabama boycott forces desegregation.			
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight (N)	NCIS Two dead bodies are found in a quinceañera.		FBI "Crazy Love" A shooting at a quinceañera.	FBI: Most Wanted A man accidentally shoots a cop.	KOIN 6 News at 11 (N)	Late Show-Colbert		
NBC	8	8	8	8	KGW News	KGW News at 6:30 (N)	The Good Stuff (N)	Inside Edition (N)	America's Got Talent "Auditions 6" Variety acts audition. (N)			(:01) College Bowl "Qualifiers 3" USC vs. UCLA and more.	KGW News at 11 (N)	Tonight Show		
CW	9	9	32	32	Modern Family	Modern Family	The Goldbergs	The Goldbergs	The Flash "P.O.W." John Diggle arrives in Central City.		Superman & Lois "Loyal Subjects"		KOIN 6 News at 10p (N)	Seinfeld "The Ticket"	Seinfeld "The Junk Mail"	
FOX	12	12	12	12	6 O'Clock News (N)		People (N)	Family Feud	LEGO Masters Building tables are removed. (N)		Mental Samurai A valedictorian; a former NFL player. (N)		10 O'Clock News (N)	11 O'Clock News (N)	(:35) People (N)	
MNT	13	13	49	49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory	The Simpsons	Family Guy	Family Guy
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univisión (N)	La Rosa de Guadalupe (N)		Diseñando tu amor (N)		Si nos dejan (N)		La hija del embajador (N)	Noticias noroeste 11P	Noticiero Univisión:	
A&E	52	55	118	265	America's Top Dog	America's Top Dog	America's Top Dog (N)	America's Top Dog (N)	An Animal	An Animal	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars
AMC	60	45	131	254	(4:30) *** "The Godfather, Coda: The Death of Michael Corleone" (1990) Al Pacino, Diane Keaton, Talia Shire.				**** "Forrest Gump" (1994, Comedy-Drama) Tom Hanks, Robin Wright, Gary Sinise. A slow-witted Southerner experiences 30 years of history.				(:05) *** "Men of Honor" (2000) Robert De Niro.			
ANP	24	49	184	282	(5:00) The Zoo: Bronx-Sized	Crikey! It's the Irwins: Family Ties	The Ultimate Surprise		The Zoo: Bronx-Sized "Training Day"				Crikey! It's the Irwins: Family			
BET	4	72	124	392	* "Big Mommas: Like Father, Like Son" (2011) Martin Lawrence, Brandon T. Jackson.				Housewives/NYC	Housewives/NYC	Housewives/NYC	Housewives/NYC	Celebrity Family Feud	Celebrity Family Feud		
BRAVO	54	65	129	237	Housewives/NYC	Housewives/NYC	Housewives/NYC	Housewives/NYC	Housewives/NYC	Housewives/NYC	Housewives/NYC	Housewives/NYC	Housewives/Potomac	Chrisley	Chrisley	
CARTOON	25	59	177	297	Teen Titans	Teen Titans	Wrld, Gumball	Apple	Bob's Burgers	Bob's Burgers	American Dad	American Dad	American Dad	Rick, Morty	Family Guy	Family Guy
CNN	68	44	200	202	Cuomo Prime Time (N) (Live)	Don Lemon Tonight (N) (Live)	Anderson Cooper 360		Cuomo Prime Time		Don Lemon Tonight		CNN Newsroom Live (N)			
COM	77	56	107	249	The Office	The Office	(:45) The Office		The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office
COOK	123	123	113	232	Man v. Food	Man v. Food	Brew & 'Que	Brew & 'Que	Brew & 'Que	Brew & 'Que	Man v. Food	Man v. Food	Man v. Food	Brew & 'Que	Brew & 'Que	Brew & 'Que
DISN	26	48	173	290	Raven	Raven	Big City	Big City	Big City	Big City	Sydney-Max	Sydney-Max	Big City	Big City	Gabby Duran	Sydney-Max
E!	64	76	114	236	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Botched (N)		Botched	Botched	Nightly Pop	
ESPN	33	27	140	206	To Be Announced		MLB Baseball New York Yankees at Seattle Mariners. From T-Mobile Park in Seattle. (N) (Live)		SportsCenter (N) (Live)	SportsCenter (N) (Live)	UEFA Euro	UEFA Euro	UEFA Euro	UEFA Euro	UEFA Euro	UEFA Euro
ESPN2	34	28	143	209	UFC Countdown		UFC Sound	UEFA Euro	SportsCenter (N) (Live)	SportsCenter (N) (Live)	UEFA Euro	UEFA Euro	UEFA Euro	UEFA Euro	UEFA Euro	UEFA Euro
FNC	66	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity	
FOOD	61	54	110	231	Chopped "Dim Sum Yum"	Chopped "Wild Game Plan"			Chopped (N)	Chopped (N)	Good Eats	Good Eats	Good Eats	Good Eats	Chopped "Wild Times"	
FREE	32	33	180	311	(5:00) *** "Back to the Future"			*** "Back to the Future Part II" (1989, Comedy) Michael J. Fox.			Motherland: Fort Salem (N)		The 700 Club			
FS1	41	85	150	219	2021 Copa America Semifinal -- TBA vs TBA. (N) (Live)				Copa America 2021 Copa America Semifinal -- TBA vs TBA.				2021 Copa America Semifinal -- TBA vs TBA.			
FX	65	24	136	249	(5:00) *** "Straight Outta Compton" (2015) O'Shea Jackson Jr. N.W.A. revolutionizes music and pop culture in 1988.				** "Venom" (2018) Tom Hardy, Michelle Williams. A man gains superpowers when his body merges with an alien.			Mr Inbetween (N)	(:35) Mr Inbetween	(:10) Mr Inbetween	"Outta Compton"	
FX	35	64	125	259	The Simpsons	The Simpsons	The Simpsons	The Simpsons	The Simpsons	The Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Bob's Burgers	Bob's Burgers
GOLF	88	88	401	218	Champion	Champion	The Open Highlights		Play Lessons	Golf	Champion	Lessons	The Open Highlights	PGA TOUR	PGA TOUR	
HALL	87	87	185	312	"All of My Heart: Inn Love" (2017, Romance) Lacey Chabert. Brian and Jenny work hard to open their bed and breakfast.				"Summer Villa" (2016) Hilarie Burton, Victor Webster. A novelist and a chef retreat to a villa for the summer.			The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	
HALLMM	86	86	187	565	"Looks Like Christmas" (2016) Anne Heche, Dylan Neal. A man and a woman butt heads over a Christmas event.				"Northern Lights of Christmas" (2018) Ashley Williams. Zoey inherits a reindeer farm and the Christmas duties.			"Swept Up by Christmas" (2020, Drama) Lindy Booth. An antiquer and a cleaner clash while downsizing an estate.				
HGTV	62	57	112	229	Home Town "Fire and Water"	Home Town "Closer to Mom"			Good Bones (N)	Good Bones (N)	\$50K Three	Hunters	Hunters	Hunters	Hunters Int'l	
HIST	50	60	120	269	The Secret of Skinwalker	The Secret of Skinwalker			The Secret of Skinwalker		America's Book of Secrets		The Secret of Skinwalker			
LIFE	29	29	108	252	Rizzoli & Isles	Rizzoli & Isles			Rizzoli & Isles	Rizzoli & Isles	(:03) Rizzoli & Isles		(:03) Rizzoli & Isles			
MSNBC	71	67	209	356	The Rachel Maddow Show	The Last Word			The Rachel Maddow Show		The Last Word		The Last Word			
NBCSN	89	89	159	220	(5:00) 2021 Tour de France Stage 10.				Dew Tour (Taped)		2021 Tour de France Stage 10.		Albertville to Valence, 191 km, flat stage.			
NBCSNW	426	37	424		Talkin' Ducks "Road Trippin"	Return to Rio			Return to Rio		American Ninja Warrior		American Ninja Warrior			
NGEO	55	78	197	276	When Sharks Attack	When Sharks Attack			When Sharks Attack		When Sharks Attack (N)		Orca vs. Great White (N)		When Sharks Attack	
NICK	27	51	171	299	Loud House	Loud House	SpongeBob	SpongeBob	Danger Force	Young Dylan	Friends	Friends	Friends	Friends	Friends	Friends
OWN	40	41	189	279	Dr. Phil	The Haves, Nots			The Haves, Nots		David Makes Man (N)		The Haves, Nots		The Haves, Nots	
OXY	30	69	127	251	Dateline: Secrets Uncovered	Dateline: Secrets Uncovered			Dateline: Secrets Uncovered		Dateline: Secrets Uncovered		"Deadly House of Cards"		Dateline: Secrets Uncovered	
PARMT	42	43	241	241	Two/Half Men	Two/Half Men			** "Fast & Furious 6" (2013, Action) Vin Diesel, Paul Walker. Premiere.		** "Fast & Furious 6" (2013) Vin Diesel, Paul Walker.					
ROOT	37	26	426	687	Mariners	Mariners Pre.			MLB Baseball New York Yankees at Seattle Mariners. From T-Mobile Park in Seattle. (N)		Mariners	Mariners Pre.	MLB Baseball			
SYFY	67	50	122	244	(4:30) ** "Deep Impact"				** "Olympus Has Fallen" (2013, Action) Gerard Butler, Aaron Eckhart.		** "Constantine" (2005, Fantasy) Keanu Reeves, Rachel Weisz.					
TCM	56	73	132	256	(5:00) *** "The Cincinnati Kid" (1965) Steve McQueen.				*** "The Long, Long Trailer" (1954) Lucille Ball, Desi Arnaz. Newlyweds sink their savings into a cumbersome trailer.		*** "The Bad and the Beautiful" (1952) Lana Turner, Kirk Douglas. People recall a hated Hollywood producer.		(:15) *** "The Harder They Fall" (1956, Drama)			
TDC	51	42	182	278	Deadliest Catch	Deadliest Catch: On Deck (N)			Deadliest Catch "Extreme Arctic" (N)		Deadliest Catch		Mysteries of the Abandoned			
TLC	49	62	183	280	Long Island Medium	7 Little Johnstons			7 Little Johnstons (N)		Little People, Big World (N)		Doubling Down With Derricos		Doubling Down With Derricos	
TNT	57	52	138	245	To Be Announced				Animal Kingdom The family sets off on Smurf's heist.		* "Law Abiding Citizen" (2009) Jamie Foxx. A prosecutor gets caught up in a vengeful prisoner's twisted scheme.		Supernatural Sam disappears to pursue a case.			
TRAV	53	38	196	277	Paranormal Caught on Camera (N)				Paranormal Caught- Camera		Paranormal Caught- Camera		Paranormal Caught on Camera			
TRUTV	73	75	242	246	Capital One's The Match (N Same-day Tape)				Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond
TVL	75	74	106	304	Andy Griffith	Andy Griffith			Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond
USA	58	39	105	242	NCIS "Being Bad"	NCIS "Privileged Information"			WWE NXT (N Same-day Tape)		(:08) ** "White House Down" (2013) Channing Tatum.		Law & Order "City Hall"			
WE	118	118	128	260	Law & Order "Compassion"	Law & Order "Ill-Conceived"			Law & Order "Darwinian"		Law & Order "Payback"		World's Wildest Weather			
WEATH	14	19	214	362	Heavy Rescue: 401	Heavy Rescue: 401			Jade Fever	Jade Fever	Jade Fever	Jade Fever	Jade Fever	Jade Fever	Jade Fever	Jade Fever
WTBS	59	40	139	247	(3:00) Capital One's The Match (N) (Live)				American Dad	American Dad	American Dad	American Dad	American Dad	American Dad	American Dad	American Dad
HBO	518	518	303	504	(4:45) "Man on a Ledger"	"The Legend of the Underground" (2021, Documentary) (Subtitled-English) 'NR'			*** "Let Him Go" (2020, Suspense) Diane Lane. A couple must save their grandson from a dangerous family. 'R'		(9:55) ** "Disturbia" (2007, Suspense) Shia LaBeouf, David Morse. 'PG-13'		(:40) "Oslo" (2021) 'NR'			
MAX	531	531	311	516	(:15) ** "Blue Crush" (2002, Drama) Kate Bosworth. A young woman prepares for a big surfing contest. 'PG-13'				** "The Banger Sisters" (2002, Comedy) Goldie Hawn, Susan Sarandon. 'R'		(:39) *** "Punch-Drunk Love" (2002, Romance-Comedy) Adam Sandler. 'R'		(:15) "Papi chulo" (2018) Matt Bomer, Alejandro Patiño. 'R'			
SHOW	578	578	319	546	**** "The Crying Game" (1992) Stephen Rea. An IRA man is drawn to his kidnaper victim's enigmatic lover. 'R'				"Crisis" (2021, Suspense) Gary Oldman, Armie Hammer. A drug trafficker organizes a smuggling operation. 'R'		Black Monday	Flatbush	**** "Four Brothers" (2005) Mark Wahlberg. 'R'			
STARZ	621	621	351	526	(5:00) "Larry Crowne"	(:41) ** "Along Came a Spider" (2001, Mystery) man, Monica Potter, Michael Wincott. 'R'			Morgan Free-(:27) Blindsporting Earl's parole officer pays him a visit.		(:34) *** "Forgetting Sarah Marshall" (2008, Romance-Comedy) Jason Segel, Kristen Bell, Mila Kunis. Premiere. 'R'		(:29) "Larry Crowne"			
TMC	591	591	327	554	** "The Taking of Pelham 123" (2009, Action) Denzel Washington. Criminals hijack a New York subway train. 'R'				*** "Fatal Attraction" (1987) Michael Douglas. A husband comes to regret a fling with an unstable woman. 'R'		*** "Blue Velvet" (1986, Suspense) Kyle MacLachlan. David Lynch's controversial study of small-town depravity. 'R'					