

FRIDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

MARCH 19, 2021

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune (N)	Shark Tank A new take on a traditional snack food.		(:01) 20/20			KATU News at 11 (N)	(:35) Jimmy Kimmel Live!		
PBS	3	5			Beyond Your Backyard	BBC World News Today	PBS NewsHour (N)		Father Brown Kembleford Choir is sabotaged.		Call the Midwife An unexpected turn of events.		The Seaside Hotel Fie wakes up from a terrible nightmare.		Resistance (Part 1 of 6)		
CBS	6	6	6	6	2021 NCAA Tournament	2021 NCAA Basketball Tournament First Round: Teams TBA. (N) (Live)						KOIN 6 News	Game On	KOIN 6 News at 10 (N)		KOIN 6 News at 11 (N)	Late Show-Colbert
NBC	8	8	8	8	KGW News at 6 (N)	KGW News at 6:30 (N)	Straight Talk (N)	Inside Edition (N)	The Blacklist Liz seeks vengeance on Reddington.		Dateline NBC (N)			KGW News at 11 (N)	Tonight Show		
CW	9	9	32	32	Modern Family	Modern Family	The Goldbergs	The Goldbergs	Whose Line Is It Anyway?	Whose Line Is It Anyway?	Penn & Teller: Fool Us "The Magic Toilet" (N)		KOIN 6 News at 10p (N)		Seinfeld "The Sponge"	Seinfeld "The Visa"	
FOX	12	12	12	12	6 O'Clock News (N)		People (N)	Family Feud	WWE Friday Night SmackDown (N Same-day Tape)			10 O'Clock News (N)			11 O'Clock News (N)	(:35) People (N)	
MNT	13	13	49	49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory	The Simpsons	Family Guy	Family Guy	
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univisión (N)	Vencer el miedo (N)		La Rosa de Guadalupe (N)		Médicos, línea de vida (N)		Como tú no hay dos (N)		Noticias noroeste 11P	Noticiero Uni	
A&E	52	55	118	265	The First 48		The First 48		The First 48 "Last Shift"		First 48: Tracking		Rescue Cam	Rescue Cam	(:04) Live Rescue: Rewind		
AMC	60	45	131	254	*** "Back to the Future" (1985, Comedy) Michael J. Fox, Christopher Lloyd. A boy travels through time to his parents' teenage years.						*** "Back to the Future Part II" (1989, Comedy) Michael J. Fox, Christopher Lloyd. Marty's time traveling is threatened by a dangerous rival.						
ANP	24	49	184	282	Mysteries of the Deep		River Monsters		River Monsters		Mysteries of the Deep: Predators Rising		River Monsters				
BET	4	72	124	392	5:00 * "Obsessed" (2009, Suspense) Idris Elba.						** "Tyler Perry's The Madea's Big Happy Family" (2011, Comedy-Drama) Tyler Perry.						
BRAVO	54	65	129	237	Below Deck Mediterranean		Below Deck Mediterranean		Below Deck Mediterranean		** "Mr. & Mrs. Smith" (2005, Action) Brad Pitt, Angelina Jolie.		Mr-Mrs Smith				
CARTOON	25	59	177	297	Teen Titans	Teen Titans	Wrld, Gumball	Apple	Bob's Burgers	American Dad	American Dad	American Dad	Rick, Morty	Rick, Morty	Family Guy	Final Space	
CNN	68	44	200	202	Cuomo Prime Time (N) (Live)		CNN Tonight-Don Lemon		CNN Tonight-Don Lemon		Anderson Cooper 360		Cuomo Prime Time		CNN Tonight-Don Lemon		
COM	77	56	107	249	(:15) The Office (Part 1 of 2)		The Office	The Office	Schitt's Creek	Schitt's Creek	Schitt's Creek	Schitt's Creek	Schitt's Creek	Schitt's Creek	The Comedy Central Roast		
COOK	123	123	113	232	Chopped "Fig Out"		Chopped "Thrill of the Grill"		Chopped		Chopped "Tapas Time"		Chopped "Fig Out"				
DISN	26	48	173	290	"Descendants 3" (2019) Dove Cameron, Sofia Carson.		Raven		Sydney-Max	Roll With It	Big City	Sydney-Max	Raven	Raven	Sydney-Max	Sydney-Max	
E!	64	76	114	236	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Sex-City	Sex-City	
ESPN	33	27	140	206	5:00 College Wrestling NCAA Division I Championship. (N) (Live)		SportsCenter (N) (Live)		SportsCenter With Scott Van Pelt (N) (Live)		SportsCenter With Scott Van Pelt (N) (Live)		SportsCenter With Scott Van Pelt (N) (Live)		SportsCenter With Scott Van Pelt		
ESPN2	34	28	143	209	2021 NIT Basketball Tournament		Basketball		SportsCenter Special	Max	UFC Live	UFC Archival	UFC Archival	UFC Archival	UFC Archival	UFC Archival	
FNC	66	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle		
FOOD	61	54	110	231	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	
FREE	32	33	180	311	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	The 700 Club	
FS1	41	85	150	219	CONCACAF Qualifying		PokerStars Players		PokerStars Players		TMZ Sports		Skip and Shannon: Undisputed		Bowling		
FX	65	24	136	249	*** "How to Train Your Dragon: The Hidden World" (2019, Children's) Voices of Jay Baruchel, America Ferrera.						** "Jurassic World: Fallen Kingdom" (2018, Adventure) Chris Pratt, Bryce Dallas Howard, Jeff Goldblum. Owen and Claire try to save the dinosaurs from a volcano.						
FXX	35	64	125	259	The Simpsons	The Simpsons	The Simpsons	The Simpsons	The Simpsons	The Simpsons	The Simpsons	The Simpsons	The Simpsons	The Simpsons	The Simpsons	The Simpsons	
GOLF	88	88	401	218	4:00 PGA Tour Golf Honda Classic, Second Round.		Golf Central		PGA Tour Golf Honda Classic, Second Round.								
HALL	87	87	185	312	5:00 "Truly, Madly, Sweetly" (2018) Dylan Neal		"Love by Chance" (2016) Beau Garrett, Benjamin Ayres. Claire has no idea that her new relationship wasn't fate.		"A Godwink Christmas: Meant for Love" (2019, Romance) Cindy Busby, Benjamin Hollingsworth, Kathie Lee Gifford.				The Golden Girls	The Golden Girls			
HALLMM	86	86	187	565	Mystery 101 "Pilot" One of Amy's students goes missing.		"Hearts of Winter" (2020, Romance) Jill Wagner, Victor Webster. An interior designer's love life gets a makeover.		Mystery 101 "Words Can Kill" A guest is killed at the book festival.								
HGTV	62	57	112	229	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Dream Home	Dream Home	Everything	Everything	Dream Home	Dream Home	Dream Home	Dream Home	
HIST	50	60	120	269	Ancient Aliens		Ancient Aliens		Ancient Aliens William Shatner hosts special guests.		(:05) Ancient Aliens		(:05) Ancient Aliens				
LIFE	29	29	108	252	Rizzoli & Isles		Rizzoli & Isles "Doomsday"		Little Women: Atlanta (N)		Little Women: Atlanta "Don't Give Up On Me" (N)		(:03) Marrying Millions				
MSNBC	71	67	209	356	The Rachel Maddow Show		The Last Word		The 11th Hour		The Rachel Maddow Show		The Last Word		The 11th Hour		
NBCSN	89	89	159	220	Alpine Skiing		IBU		Engine Power		Truck Tech		Detroit		Premiership Rugby Newcastle Falcons vs Wasps.		
NBCSNW	426	37	424		Blazers Warm	Trail Blazers	NBA Basketball Dallas Mavericks at Portland Trail Blazers. (N) (Live)		Postgame		Blazers		Blazers Outsiders (N) (Live)		Blazers Raw		
NGeo	55	78	197	276	Wicked Tuna "Game of Fins"		Wicked Tuna		Wicked Tuna		Wicked Tuna "Bank on It"		Wicked Tuna		Wicked Tuna		
NICK	27	51	171	299	Loud House	Loud House	Loud House	Loud House	Are You Afraid of the Dark	Friends	Friends	Friends	Friends	Friends	Friends	Friends	
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Love & Marriage: Huntsville		Love & Marriage: Huntsville		Belle Collective (N)		Love & Marriage: Huntsville		
OXY	30	69	127	251	Snapped "Doretta Scheffield"		Snapped		An Unexpected Killer (N)		Snapped The trial of Scott Peterson.		Dateline: Secrets Uncovered				
PARMT	42	43	241	241	Two/Half Men		Two/Half Men		** "The Proposal" (2009) Sandra Bullock, Ryan Reynolds.		** "The Proposal" (2009) Sandra Bullock, Ryan Reynolds.						
ROOT	37	26	426	687	Mariners		MLB Preseason Baseball Chicago White Sox at Seattle Mariners. (N) (Live)		Mariners		MLB Preseason Baseball: White Sox at Mariners						
SYFY	67	50	122	244	5:30 * "Robin Hood" (2018, Action) Taron Egerton.		** "Salt" (2010, Action) Angelina Jolie, Liev Schreiber.		Wynonna Earp "Crazy" (N)		Resident Alien						
TCM	56	73	132	256	"The Houston Story" (1956)		*** "The Chase" (1966, Drama) Marlon Brando, Jane Fonda, Robert Redford. Corrupt Texans order a sheriff to stop an escaped convict.		*** "Blood Simple" (1984, Suspense) John Getz. A jealous husband's plot to kill his cheating wife unravels.		(:15) "Fleshpot on 42nd Street" (1973) Laura Cannon.						
TDC	51	42	182	278	Gold Rush		Gold Rush: Pay Dirt (N)		Gold Rush Description TBD.		Gold Rush: Dave Turin's Lost Mine		(:38) Gold Rush		Gold Rush		
TLC	49	62	183	280	Toddlers & Tiaras		Unexpected		90 Day Fiancé With bonus scenes. (N)		90 Day		The Blended Bunch		90 Day		
TNT	57	52	138	245	2021 NCAA Basketball Tournament		(6:50) 2021 NCAA Basketball Tournament First Round: Teams TBA. (N) (Live)		Fast Foodies		Fast Foodies "Bobby Lee"		** "Masterminds" (2016, Comedy) Zach Galifianakis. Premiere. An armored-truck driver takes the fall for a big heist.				
TRAV	53	38	196	277	Extreme Paranormal Witness		Extreme Paranormal Witness		Extreme Paranormal Witness		Extreme Paranormal Witness		Extreme Paranormal Witness		Extreme Paranormal Witness		
TRUTV	73	75	242	246	NCAA Tourn.		(:45) 2021 NCAA Basketball Tournament First Round: Teams TBA. (N) (Live)		Post Game		Double Cross		Imp. Jokers		Double Cross		
TVL	75	74	106	304	Andy Griffith		Andy Griffith		Raymond		Raymond		Raymond		Raymond		
USA	58	39	105	242	Chicago P.D.		Chicago P.D. "Descent"		Chicago P.D. "Brotherhood"		Chicago P.D. "Trust"		Chicago P.D. "Outrage"		Chicago P.D. "Saved"		
WE	118	118	128	260	Mama June		Mama June: From Not to Hot		Mama June: From Not to Hot		Mama June: From Not to Hot		Mama June: From Not to Hot		Mama June: From Not to Hot		
WEATH	14	19	214	362	World's Wildest Weather		World's Wildest Weather		Weather Gone Viral		Weather Gone Viral		Weather Gone Viral		Weather Gone Viral		
WTBS	59	40	139	247	2021 NCAA Basketball Tournament		Misery Index		American Dad		American Dad		American Dad		Family Guy		
HBO	518	518	303	504	5:35 ** "27 Dresses" (2008, Romance-Comedy) Katherine Heigl. 'PG-13'		(:25) COVID Diaries NYC		(:05) *** "Adventureland" (2009) Jesse Eisenberg. A college graduate takes a lowly job at an amusement park. 'R'		Real Time With Bill Maher (N Same-day Tape)		Real Time With Bill Maher		Real Time With Bill Maher		
MAX	531	531	311	516	5:45 ** "Blackhat" (2015, Suspense) Chris Hemsworth, Tang Wei, Viola Davis. 'R'		** "Proof of Life" (2000, Suspense) Meg Ryan, Russell Crowe. negotiator tries to rescue a woman's kidnapped husband. 'R'		David Morse. A		(:17) ** "The Transporter" (2002, Action) Jason Statham, Shu Qi. 'PG-13'						
SHOW	578	578	319	546	(:15) ** "Rambo III" (1988) Sylvester Stallone. Loner Rambo rescues mentor from Soviets in Afghanistan. 'R'		*** "Silver Linings Playbook" (2012, Comedy-Drama) Bradley Cooper, Jennifer Lawrence, Robert De Niro. 'R'		(:05) ** "Limitless" (2011, Suspense) Bradley Cooper, Abbie Cornish. A writer takes a mind-enhancing drug. 'PG-13'								
STARZ	621	621	351	526	Men in Kilts: A Roadtrip		(:31) ** "Fantastic Four: Rise of the Silver Surfer" (2007) Ioan Gruffudd. 'PG'		(:06) Step Up: High Water "The Running Man"		** "The Craft: Legacy" (2020, Fantasy) Cailee (:(38) American Gods "The Lake Effect"		Men in Kilts: A Roadtrip		Men in Kilts: A Roadtrip		
TMC	591	591	327	554	5:45) *** "The Best of Enemies" (2019, Historical Drama) Taraji P. Henson, Sam Rockwell. 'PG-13'		*** "Working Girl" (1988) Melanie Griffith, Harrison Ford. An ambitious Staten Island secretary moves up the ranks. 'R'		*** ** "When Harry Met Sally..." (1989, Romance-Comedy) Billy Crystal. 'R'		(:40) "About a Boy" (2002)						

tonight's best



Matt Iseman

8 p.m. on LMN

Movie: **Deadly Excursion: Kidnapped From the Beach**

Samantha (Samaire Armstrong) and her daughter, Ellie (Alexandria DeBerry), finally have recovered from the trauma they encountered together during the 2019 thriller "Deadly Excursion," so this 2021 sequel finds the pair ill-fortely deciding to take another Florida family vacation, partly to regain control of their lives. Alas, the men who executed the original kidnapping have been closely monitoring Samantha and Ellie, and now they're just waiting for the right moment to finish the job at last. **.25 p.m. on DISN**

**Sydney to the Max**

The hit sitcom opens Season 3, which sees Syd (Ruth Righi) returning home from music camp, overflowing with newfound maturity and a sense of independence. Unfortunately, stepping back into her room at home feels weird, because it reflects the "old" Syd. She's surprised and thrilled, then, when Max (Ian Kessler) gives her the greenlight to remodel her space to reflect her new, more "artsy" sensibility, in the season premiere, "Tearin' Up My Room."

9 p.m. on HGTV  
**Everything But the House**

In this new home improvement series, which premieres tonight with two back-to-back episodes, "Good Morning America" host Lara Spencer delivers a double value to viewers by showing homeowners how to clear out their over-stuffed homes and then cash in on the discarded clutter. Subscribing to the proverb that one person's trash is another's treasure, Spencer enlists the help of some expert appraisers — including Jacquie Denny, co-founder of an estate sale and auction website, to find hidden surprises that could fetch a small fortune at auction.

10:01 p.m. on A&E  
**Rescue Cam**

Matt Iseman hosts the season finale, which draws on footage from phone cams, security cameras and other technology to present a uniquely dramatic and suspenseful look at first responders and citizen heroes around the world. Among tonight's highlights, a choking man runs to his neighbors home, desperate for help, and a snowboarder finds himself swept along by an avalanche.