

Son is consumed by regret over treatment of his father

DEAR ABBY: I brought my 68-year-old immigrant father to live with me permanently with the intention of caring for him. He was completely dependent. Halfway through the year, I got angry, told him to move back and vowed to myself I would never ever care for him again. It wasn't that he did anything wrong; I don't know why I got so angry. He wound up living alone, being helped by his



DEAR ABBY

friends. I knew he was suffering, but I couldn't bring myself to bring him back to live with me. I was cruel, and it hurt him. I let his green card lapse. He died two years later. Since then, I have been overwhelmed with guilt. I should have cared for my father. I am depressed over my actions. Please tell me how I can move forward. —GUILT-RIDDEN

RIDDEN: Performing the role of caregiver is an enormous undertaking. While it can be rewarding, it can also be exhausting, unremitting and stressful. Caregivers have been known to lose their tempers because of the pressure. Please consider scheduling some appointments with a licensed mental health professional who can help you more fully understand what happened between you and your father and help you cope with your guilt. And in the future — once you are able

— consider atoning by volunteering for a charity that serves the elderly. DEAR ABBY: I have been married to a functioning alcoholic for more than 30 years. He was once funny and nice and a good dad. But over the years he has become unbearable to live with. He doesn't shower or brush his teeth. He was always mainly a

beer drinker, but now he is drinking hard liquor and stays drunk most of the time. I told him he's a severe alcoholic, and he should talk to his doctor, but he refuses. I am pretty sure he is drinking on the job. —LOST

can get away with having such poor hygiene and being drunk at work. Because he refuses to talk to his doctor about this, you should. I hope you realize that you cannot "save" him. Al-Anon, an offshoot of Alcoholics Anonymous may help you. Find information about meetings by going to al-anon.org/info.

NEWS OF THE WEIRD

Historical remains found during construction reburied in NYC

NEW YORK — Human remains of early New Yorkers that were discovered during construction in and around Washington Square Park were reinterred inside the park on Tuesday, March 2, New York City officials announced.



Daniel Avila/New York City Parks Department via AP

Green-Wood Cemetery volunteers rebury the fragmentary remains of early New Yorkers found during construction in and around Washington Square Park, Tuesday, March 2, 2021, in New York. The human remains were placed in the wooden box and buried 5 feet below ground within a planting bed in the park and marked with an engraved paver.

Sarah Carroll, chair of the landmarks panel, thanked the Parks Department "for ensuring that archaeology was appropriately completed, and the human remains were respectfully treated throughout the process." Washington Square Park in Manhattan's Greenwich Village neighborhood was constructed in the 1850s at the site of a former potter's field. Thousands of people were buried there between

1797 and 1825, officials said. The partial remains that were reinterred on Tuesday were placed in a wooden box and buried in a planting bed with an engraved paving stone marking the spot, Parks Department officials said. Because the remains were fragmentary, forensic analysis did not yield details about the individuals, the officials said. —Associated Press

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weather

TONIGHT	WED	THU	FRI	SAT
Mainly clear and cold	Partly sunny	Mostly sunny	Plenty of sunshine	Sunshine
Baker City 26/47	26/47	26/48	27/52	31/58
Comfort Index™ 3	4	2	5	9
La Grande 23/45	27/43	27/43	28/50	32/54
Comfort Index™ 2	4	2	5	10
Enterprise 20/42	24/41	26/41	25/45	32/51
Comfort Index™ 5	5	3	5	8

Comfort Index takes into account how the weather will feel based on a combination of factors. A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable.

ALMANAC

TEMPERATURES

High Sunday	52°	45°	46°
Low Sunday	30°	30°	26°

PRECIPITATION (inches)

Sunday	0.00	Trace	Trace
Month to date	0.00	Trace	0.02
Normal month to date	0.17	0.32	0.55
Year to date	0.95	5.03	11.95
Normal year to date	1.55	3.09	6.05

AGRICULTURAL INFO.

HAY INFORMATION WEDNESDAY

Lowest relative humidity	50%
Afternoon wind	SSW at 4 to 8 mph
Hours of sunshine	5.7
Evapotranspiration	0.06

RESERVOIR STORAGE (through midnight Monday)

Phillips Reservoir	10% of capacity
Unity Reservoir	53% of capacity
Owyhee Reservoir	52% of capacity
McKay Reservoir	61% of capacity
Wallowa Lake	43% of capacity
Thief Valley Reservoir	102% of capacity

STREAM FLOWS (through midnight Sunday)

Grande Ronde at Troy	3560 cfs
Thief Valley Reservoir near North Powder	149 cfs
Burnt River near Unity	37 cfs
Umatilla River near Gibbon	528 cfs
Minam River at Minam	243 cfs
Powder River near Richland	358 cfs

SUNDAY EXTREMES

NATION (for the 48 contiguous states)

High: 89° Phoenix, Ariz.
Low: -12° Raco, Mich.
Wettest: 0.70" Quillayute, Wash.

OREGON

High: 57° Ontario
Low: 19° Rome
Wettest: 0.59" Astoria

WEATHER HISTORY

On March 9, 1995, a blinding dust storm on I-10 contributed to a 23-car accident with 10 fatalities near Wilcox, Ariz. Poor visibility has helped cause many multiple vehicle crashes.

SUN & MOON

Sunrise	6:16 a.m.	6:14 a.m.
Sunset	5:50 p.m.	5:52 p.m.
Moonrise	4:50 a.m.	5:27 a.m.
Moonset	1:49 p.m.	2:59 p.m.

MOON PHASES

New	First	Full	Last
Mar 13	Mar 21	Mar 28	Apr 4

AROUND OREGON AND THE REGION

Forecasts and graphics provided by AccuWeather, Inc. ©2021

Shows Wednesday's weather. Temperatures are Tuesday night's lows and Wednesday's highs.

REGIONAL CITIES

City	WED. HI/Lo/W	THU. HI/Lo/W	City	WED. HI/Lo/W	THU. HI/Lo/W
Astoria	50/35/pc	48/36/c	Lewiston	52/34/pc	51/32/s
Bend	48/28/sh	47/25/s	Longview	53/33/sh	54/32/pc
Boise	51/30/s	53/28/s	Meacham	45/28/sn	43/26/s
Brookings	51/36/sh	53/35/s	Medford	54/35/c	54/29/s
Burns	45/23/pc	45/18/s	Newport	50/35/pc	48/34/pc
Coos Bay	50/38/pc	50/34/s	Olympia	52/29/pc	52/30/pc
Corvallis	53/30/pc	52/30/pc	Ontario	52/30/s	54/27/s
Council	43/16/pc	46/17/s	Pasco	55/28/s	57/29/s
Elgin	46/31/pc	43/26/s	Pendleton	53/34/pc	55/32/s
Eugene	54/33/pc	51/31/pc	Portland	53/37/pc	54/34/pc
Hermiston	57/34/s	59/32/s	Powers	53/36/c	49/30/s
Hood River	51/28/pc	52/31/pc	Redmond	47/25/pc	51/24/s
Imnaha	47/25/pc	46/22/s	Roseburg	52/37/c	53/33/pc
John Day	46/27/pc	42/22/s	Salem	53/32/pc	56/28/s
Joseph	42/23/pc	40/24/s	Spokane	47/28/pc	41/28/s
Kennewick	56/30/s	57/30/s	The Dalles	54/33/s	55/34/s
Klamath Falls	43/24/sf	46/19/s	Ukiah	46/23/sn	45/23/s
Lakeview	40/20/sf	41/16/s	Walla Walla	53/35/s	51/34/s

Weather (W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice

RECREATION FORECAST WEDNESDAY

ANTHONY LAKES A snow shower	24 14	PHILLIPS LAKE Some sun	45 26
MT. EMILY REC. Partly sunny	33 22	BROWNLEE RES. Partial sunshine	47 21
EAGLE CAP WILD. A snow shower	30 9	EMIGRANT ST. PARK Some sun	39 21
WALLOWA LAKE Some sun; chilly	42 23	MCKAY RESERVOIR A p.m. shower	51 31
THIEF VALLEY RES. Partly sunny	47 26	RED BRIDGE ST. PARK Partly sunny	45 27

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