

WEEKDAY DAYTIME					LG - La Grande BC - Baker City D - DISH DTV - DirecTV										MOVIES		SPORTS										
	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30			
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC			
PBS	3	5			Tiger	Tiger	Elinor Clifford		Pink	Sesame	Dinosaur	Xavier	Varied Programs				Go Luna	Nature	Hero	Odd	Arthur	Peg	Ready Jet	Wild Kratt			
CBS	6	6	6	6	CBS This Morning		Let's Make a Deal		The Price Is Right		Young & Restless		News	Bold	The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News			
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast	Blast	News	Paid Prg.	Days of our Lives		Blast	Varied	Ellen DeGeneres		KGW News at 4		News	News			
CW	9	9	32	32	KOIN AM Extra		Tamron Hall		Dr. Phil		Steve Wilkos Show		Mauri		Jerry Springer		Steve Wilkos Show		King	Friends	black-ish	Last Man	Mom	Mom			
FOX	12	12	12	12	Good Day Oregon		Good Day Or.		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy	Varied	The People's Court		Jdg Judy	Jdg Judy	4 O'Clock News		5 O'Clock News				
MNT	13	13	49	49	Good Day Oregon		Paid Prg.	Paid Prg.	Mike	Mike	TMZ Live		Jerry	Protection	Divorce	Divorce	Judge Mathis		Hot	Hot	Jdg Judy	Jdg Judy	FamFeud	FamFeud			
UNIV	22	22	16	47	(7:00) ¡Despierta América!						Simplemente Maria		Noticiero	Nosotr.	Hoy		Papá a toda madre		Como dice el dicho		El gordo y la flaca		Primer impacto				
A&E	52	55	118	265	Varied Programs															First 48		Varied Programs					
AMC	60	45	131	254	Paid Prg.	Paid Prg.	Movie	Varied Programs					Movie				Varied Programs		Movie				Varied	Movie			
ANP	24	49	184	282	Treehouse Masters		Tanked		Pit Bulls-Parole		Pit Bulls-Parole		Lone Star Law		Varied Programs												
BET	4	72	124	392	black-ish	black-ish	Prince	Prince	Prince	Prince	Parkers	Parkers	Parkers	Parkers	Martin	Martin	Martin	Martin	Movie								
BRAVO	54	65	129	237	Varied Programs		Housewives of NJ		Housewives of NJ		Housewives of NJ		Housewives of NJ		Housewives of NJ		Housewives of NJ		Housewives of NJ		Housewives of NJ		Housewives of NJ				
CARTOON	25	59	177	297	Teen	Teen	Teen	Teen	Craig	Craig	Victor	Teen	Teen	Teen	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Craig	Craig	Total			
CNN	68	44	200	202	CNN Newsroom		Inside Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Situation Room		Situation Room		Erin Burnett OutFront		Anderson Cooper				
COM	77	56	107	249	Futurama	Futurama	Varied Programs													Office	Office	Office	Office				
COOK	123	123	113	232	Varied Programs																						
DISN	26	48	173	290	Puppy	Puppy	T.O.T.S.	T.O.T.S.	Puppy	Puppy	Bluey	Bluey	Big City	Big City	Big City	Big City	Varied Programs				Big City	Big City	Bunk'd	Bunk'd			
E!	64	76	114	236	Varied Programs						Daily Pop		Varied Programs														
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		SportsCenter		Jalen	Question	NBA: The Jump		NFL Live		Around	Pardon	SportsCenter		Basket		Varied Programs				
ESPN2	34	28	143	209	(7:00) Get Up		First Take		Varied Programs												College Basketball		Varied Programs				
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports With John Roberts				The Story		Neil Cavuto		The Five		Special Report		FOX News Primetime		Tucker Carlson				
FOOD	61	54	110	231	Varied Programs																						
FREE	32	33	180	311	Melissa	Melissa	The 700 Club		700 Club	Middle	Middle	Middle	Middle	Varied Programs													
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak for Yourself		Varied Programs		Undisputed		Hub		Varied Programs						
FX	65	24	136	249	(7:00) Movie		Mike	Mike	Mike	Varied Programs				Movie	Varied Programs												
FXX	35	64	125	259	Mom	Mom	Mom	black-ish	black-ish	black-ish	Varied	Movie	Varied Programs				Movie				Movie		Varied Programs				
GOLF	88	88	401	218	Varied Programs		Golf Today		Varied Programs		Golf Today				Golf Central		Varied Programs		Golf Central		Varied Programs						
HALL	87	87	185	312	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Movie				Movie				Movie				Movie				
HALLMM	86	86	187	565	M	Little House/Prairie	Little House/Prairie	Little House/Prairie	Little House/Prairie	Little House/Prairie	Little House/Prairie	Little House/Prairie	Little House/Prairie	Little House/Prairie	Little House/Prairie	Little House/Prairie	Little House/Prairie	Little House/Prairie	Little House/Prairie	Little House/Prairie	Little House/Prairie	Little House/Prairie	Little House/Prairie	Little House/Prairie			
					T	Little House/Prairie	Little House/Prairie	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	
					W	Little House/Prairie	Little House/Prairie	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock
					Th	Little House/Prairie	Little House/Prairie	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock
F	Little House/Prairie	Little House/Prairie	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock				
HGTV	62	57	112	229	Varied Programs																						
HIST	50	60	120	269	Varied Programs																						
LIFE	29	29	108	252	Grey's Anatomy		Grey's Anatomy		The Closer		The Closer		Major Crimes		Major Crimes		Major Crimes		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles				
MSNBC	71	67	209	356	MSNBC Live		Andrea Mitchell		MTP Daily		MSNBC Live		MSNBC Live		Deadline: White House				The Beat With		The ReidOut		All In With				
NBCSN	89	89	159	220	SKY Sports News		Varied Programs																				
NBCSNW	426	37	424		Blazers Outsiders		The Brian Noe Show						Paid Prg.	Varied Programs					Rip City		Varied Programs						
NGEO	55	78	197	276	Paid Prg.	Paid Prg.	Varied Programs																				
NICK	27	51	171	299	Peppa	Peppa	Deer S	Varied	PAW	PAW	Blue	Blaze	PAW	PAW	PAW	PAW	Movie	Varied Programs			Sponge.	Casagran	Tooned In	Loud			
OWN	40	41	189	279	Varied Programs		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Varied Programs								
OXY	30	69	127	251	Varied Programs																						
PARMT	42	43	241	241	Rescue	Varied	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom	Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men			
ROOT	37	26	426	687	Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.	Tennis Classics				Varied Programs														
SYFY	67	50	122	244	Varied Programs																						
TCM	56	73	132	256	M	*** "The Feminine Touch"		(:45) *** "What a Blonde"		*** "Smart Woman"		(:15) "The Guardsman" (1931)		(:45) *** "The Shining Hour" (1938)				*** "Rage in Heaven"					"In Cold Blood"				
					T	*** "The Secret Six"		*** "The Wet Parade" (1932, Drama)		*** "Al Capone" (1959) Rod Steiger.		*** "The Purple Gang" (1960)		*** "The Moonshine War" (1970)				"Humoresque"									
					W	"Smiling Lieut."		(:15) *** "Princess O'Rourke" (1943)		*** "Her Highness and the Bellboy"		*** "The Student Prince" (1954)		*** "The Swan" (1956) Grace Kelly.				"Stars in My Crown"									
					Th	"That's Right -- You're Wrong"		"The Great Lover"		(:45) *** "Friends and Lovers"		*** "Father Takes a Wife"		*** "Stage Door" (1937)		(:15) *** "The Front Page" (1931)			"The Tender Trap"								
					F	(7:15) "Roughshod"		*** "Colorado Territory"		(:45) *** "Along the Great Divide"		*** "Riding Shotgun" (1954)		*** "Black Patch" (1957)		*** "The Badlanders" (1958)			*** "Gun Crazy"								
TDC	51	42	182	278	Varied Programs																						
TLC	49	62	183	280	Say Yes	Varied	Say Yes	Varied	Unpolished		Unpolished		Varied Programs														
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Varied Programs														
TRAV	53	38	196	277	Varied Programs																						
TRUTV	73	75	242	246	Carbon	Carbon	Jokers	Jokers	Carbon	Carbon	Carbon	Carbon	Dumbest	Varied	Dumbest	Varied	Dumbest	Varied	Dumbest	Varied	Jokes	Jokes	Jokes	Jokes			
TVL	75	74	106	304	Paid Prg.	Paid Prg.	Andy G.	Andy G.	Andy G.	Andy G.	Bonanza	Varied	G'smoke	Varied	G'smoke	Varied	G'smoke	Varied	G'smoke	Varied	Andy G.	Andy G.	Andy G.	Andy G.			
USA	58	39	105	242	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law-SVU	Varied	Law-SVU	Varied			
WE	118	118	128	260	Varied	Paid Prg.	Varied	Paid Prg.	Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Varied Programs						
WEATH	14	19	214	362	Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Underground		Underground		Underground		Varied Programs				
WTBS	59	40	139	247	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	American	American	American	American			
HBO	518	518	303	504	M	Last	Axios	The Shop	(:25) *** "The Blind Side" (2009)		(:35) *** "The Mummy Returns"		(:45) "The Last Exorcism"		(:15) *** "Kill Bill: Vol. 1" (2003, Action)				Last	Axios							
					T	(7:55) *** "Doubt" (2008)		(:40) *** "True Grit" (2010, Western)		*** "EMMA." (2020) Anya Taylor-Joy.		(:35) *** "Drumline" (2002)		(:35) *** "Grudge Match" (2013, Comedy)		C.B.											
					W	(7:40) *** "Dirty Dancing"		(:25) "Lars and the Real Girl"		(:15) *** "Rock of Ages" (2012) Julianne Hough.		CC Sabathia		*** "Harriet" (2019) Cynthia Erivo.		Painting	"The High Note"										
					Th	(:05) *** "Cats" (2019) Taylor Swift.		*** "Collateral Beauty" (2016)		The Shop	(:05) *** "Shazam!" (2019) Zachary Levi.		(:20) *** "Ford v Ferrari" (2019) Matt Damon.		"Black Christmas"												
					F	Last Exor	(:45) *** "The Chronicles of Riddick"		(:45) "Sherlock Holmes: A Game of Shadows" (2011)		*** "The Whole Ten Yards"		(:40) *** "Midway" (2019) Ed Skrein, Patrick Wilson.		*** "Joker"												
MAX	531	531	311	516	M	"Rapture-Palooza"	(:05) *** "Long Shot" (2019)		(:11) *** "Half Nelson" (2006, Drama)		*** "Luv" (2012) Common.		(:35) *** "City of Ghosts" (2002)		(:33) *** "Chasing Mavericks"												
					T	(7:42) *** "Firestarter"		(:37) *** "Wedding Daze"		(:09) *** "Hall Pass" (2011) Owen Wilson.		(12:56) *** "Crash" (2004, Drama)		(2:50) *** "The Kitchen"		(:35) "The Lawnmower Man"											
					W	(7:39) *** "Valkyrie" (2008)		(:40) *** "Magnolia" (1999, Drama) Jason Robards, Julianne Moore.		(12:50) *** "Fear" (1996)		(:28) *** "Abandon" (2002)		(:08) "Her Smell" (2018) Elisabeth Moss.													
					Th	BruceLee	*** "Army of Darkness"		(9:52) *** "The Cell 2" (2009)		(:27) "The Last of the Finest"		(:15) *** "Hitchcock" (2012)		(2:55) *** "Black Rain" (1989)		(:02) "American Son"										
					F	(7:54) "The Great Gilly Hopkins"		(:32) *** "Living in Oblivion"		(:02) *** "Orange County"		"Dodgeball: Underdog"		(1:58) *** "The Shack" (2017, Drama)		(:11) *** "Stigmata" (1999, Suspense)											
SHOW	578	578	319	546	M	*** "Top Gun" (1986) Tom Cruise.		*** "First Blood" (1982)		(:35) *** "XXX" (2002) Vin Diesel.		(:40) *** "XXX: State of the Union" (2005)		*** "The Untouchables" (1987)				Patriot G.									
					T	J. Trejo	(:25) *** "Max Steel" (2016)		*** "Source Code" (2011)		(:35) *** "Being John Malkovich"		*** "The Jesus Rolls" (2019)		*** "Hereditary" (2018, Horror)		"Do the Right Thing"										
					W	"Leatherheads"		(:10) *** "A Dog's Journey" (2019)		*** "Pride & Prejudice" (2005, Drama)		(:15) *** "Second Act" (2018)		*** "Working Girl" (1988)		"Lethal Weapon"											
					Th	Count	(:40) *** "Captive State" (2019)		"Red Joan" (2018) Judi Dench.		(:15) "Burden" (2018) Garrett Hedlund.		(:15) *** "Alex Cross" (2012, Action)		*** "Killer Elite" (2011) Jason Statham.												
					F	Max Steel	(:35) *** "Twilight" (2008, Romance)		(:45) *** "The Twilight Saga: New Moon" (2009)		(12:55) "The Twilight Saga: Eclipse" (2010)		"The Twilight Saga: Breaking Dawn Part 1"		"Twilight Saga-2"												
STARZ	621	621	351	526	M	(:03) *** "Little Man" (2006)		(:44) "This Is Personal" (2019)		Men/Kilts	(11:56) "Once Upon a Time... In Hollywood" (2019)		(:41) American Gods		(:34) *** "Breathe" (2017) Claire Foy		The Lu										
					T	(:05) "Emperor" (2020) Dayo Okeniyi.		(9:47) *** "Movie 43" (2013)		(:29) "Spider-Man: Far From Home" (2019)		(:41) American Gods		(:34) "Emperor" (2020) Dayo Okeniyi.		(:16) *** "Meet the Blacks"											
					W	"My All American"		(8:52) "The Whole Nine Yards"		(:34) *** "Breathe" (2017) Claire Foy		(:35) *** "Good Will Hunting" (1997)		Men/Kilts	(:14) *** "My All American" (2015)												