

SATURDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

JANUARY 30, 2021

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30				
ABC	2	2	2	2	KATU News This Morning Saturday (N)		Good Morning America (N)		X Games Winter X Games 2021. From Aspen, Colo. (N) (Live)														Paid Program	Game Time	Ocean Treks	World News	NBA	NBA Basketball
PBS	3	5			Pinkalicious	Cyberchase	SciGirls	Biz Kid\$	Garden Smart	Garden Home	Quilting Arts	Love of Quilting	Fit 2 Stitch	It's Sew Easy	Milk Street	Test Kitchen	Cook's Country	Lidia's Kitchen	Motor-Week	Woodshop	Woodsmith	Ask This Old House	This Old House	NewsHour Wk				
CBS	6	6	6	6	Mission Unstop	Hope in the Wild	Pet Vet-Team	All In With Laila Ali	College Basketball Indiana at Michigan. From Crisler Center in Ann Arbor, Mich. (N)					PGA Tour Golf "Farmers Insurance Open, Third Round" From Torrey Pines Golf Course, South Course, San Diego, Calif. (N) (Live)				To Be Announced	Paid Program	Extra (N)		KOIN 6 News at 5		KOIN 6 News				
NBC	8	8	8	8	(6:00) KGW News at Sunrise (N)		Paid Program	Premier League Soccer Arsenal vs Manchester United. (N) (Live)	Luge FIL World Cup. (Taped)				IMSA Weathertech Championship		DRL Drone Racing (Taped)			Paid Program	Paid Program	Grant's Getaways	Earth Odyssey	KGW News at 5 (N)						
CW	9	9	32	32	Into the Wild	Into the Wild	Into the Wild	This Old H.	Best Friends	Tails of Valor (EI)	Paid Program	Paid Program	World's-Weath	World's-Weath	Just for Laughs	Just for Laughs	Friends	Friends	Friends	Friends	Pawn Stars	Pawn Stars	Northwest Fish	Pawn Stars				
FOX	12	12	12	12	(6:00) Good Day Oregon Saturday (N)		Biz Kid\$ (EI)	Think Big (EI)	Dog Tales (EI)	Super Bowl 55 Countdown (N)	Hoops Tip-Off	College Basketball Villanova at Seton Hall. From Prudential Center in Newark, N.J. (N)				College Hoops	College Basketball Oregon at USC. From Galen Center in Los Angeles. (N) (Live)			College Hoops	Boxing PBC: Caleb Plant vs. Caleb Truax							
MMNT	13	13	49	49	(6:00) Good Day Oregon Saturday (N)		Paid Program	Southern Liv	Carbonaro Eff.	Paid Program	America's Heartland	Biz Kid\$ (EI)	Paid Program	Paid Program	** "Once Upon a Time in Mexico" (2003) Antonio Banderas, Salma Hayek.			Storm of Suspicion		Weather Gone Viral		To the Rescue	People Weekend					
UNIV	22	22	16	47	Planeta de niños	Planeta de niños	Atención, Atención	Atención, Atención	Naturaleza	Naturaleza	Fútbol Central	Fútbol UEFA Champions League					Misión Europa (N)			Programa pagado	Programa pagado	Fútbol Central	Fútbol Mexicano Primera División					
A&E	52	55	118	265	Flipping Vegas		Flipping Vegas		Zombie Flip		Zombie Flip		The First 48		The First 48		The First 48		The First 48		The First 48		"The Fugitive" (1993)					
AMC	60	45	131	254	Two and Half Men	Two and Half Men	Two and Half Men	Two and Half Men	Two and Half Men	Two and Half Men	Two and Half Men	Two and Half Men	Two and Half Men	Two and Half Men	** "The Longest Yard" (2005) Adam Sandler. Prisoners train for a football game against the guards.			Prisoners Chase, Rodney Dangerfield.		** "Caddyshack" (1980, Comedy) Chevy Chase, Rodney Dangerfield.		Chevy	"O Brother"					
ANP	24	49	184	282	The Zoo		The Zoo		The Zoo		The Zoo		The Zoo		Pit Bulls-Parole		Pit Bulls-Parole		Pit Bulls-Parole		Pit Bulls-Parole		Pit Bulls-Parole					
BET	4	72	124	392	Prince	Prince	Prince	Prince	Prince	Prince	** "Tyler Perry's I Can Do Bad All By Myself" (2009)					BET Star Cinema					"Madea Family"							
BRAVO	54	65	129	237	"Miss Congeniality 2"				** "Miss Congeniality" (2000, Comedy)				** "Miss Congeniality" (2000, Comedy)				** "Baby Mama" (2008) Tina Fey.				*** "Knocked Up" (2007) Seth Rogen.							
CARTOON	25	59	177	297	Teen	Teen	Teen	Total	Craig	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Teen Titans Go!	Teen	Teen					
CNN	68	44	200	202	CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		Newsroom-Pam		Newsroom-Pam		Newsroom-Pam					
COM	77	56	107	249	Parks	Parks	The Office (.45) The Office		The Office		The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office				
COOK	123	123	113	232	Man's Greatest Food		Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Good Eat	Good Eat	Good Eat	Good Eat	Good	Good	Iron Chef America		Iron Chef America		Iron Chef America					
DISN	26	48	173	290	Big City	Big City	Big City	Big City	Ladybug	Ladybug	Bunk'd	Bunk'd	Raven	Raven	Raven	Jessie	Jessie	Jessie	Jessie	Jessie	Bunk'd	Bunk'd	Bunk'd	Bunk'd				
E!	64	76	114	236	Las Vegas		Las Vegas		Las Vegas		Las Vegas		* "What Happens in Vegas" (2008)				* "Coyote Ugly" (2000) Piper Perabo.				** "The Holiday" (2006) Kate Winslet							
ESPN	33	27	140	206	College GameDay (N) (Live)		College Basketball Clemson at Duke. From Cameron Indoor Stadium in Durham, N.C.				College Basketball Teams TBA. (N) (Live)				College Basketball Teams TBA. (N) (Live)				College Basketball (N) (Live)		College Basketball Kansas at Tennessee.				College Basketball Texas at Kentucky.			
ESPN2	34	28	143	209	SportsCenter (N)		College Basketball Alabama at Oklahoma.				College Basketball Teams TBA. (N) (Live)				College Basketball Teams TBA. (N) (Live)				College Basketball				College Basketball					
FNC	66	25	205	360	(7:00) Cavuto Live (N)		America's News Headquarters (N) (Live)				America's News HQ		Journal Editorial Rpt.		America's News Headquarters (N) (Live)				Fox Report		Life, Liberty & Levin		Watters' World (N)					
FOOD	61	54	110	231	The Kitchen		Giada	Giada	Pioneer	Pioneer	The Kitchen (N)		Guy's	Guy's	Food Paradise		Food Paradise		Food Paradise		Food Paradise		Food Paradise					
FREE	32	33	180	311	(7:00) "The Maze Runner" (2014)				(:40) *** "The Bourne Identity" (2002, Action) Matt Damon.				(:20) *** "The Bourne Supremacy" (2004, Action)				(2:55) *** "The Bourne Ultimatum" (2007, Action)				National							
FS1	41	85	150	219	Red Bull Soapbox		College Basketball				Horse Racing America's Day at the Races. (N) (Live)				Boxing				WWE Backstage									
FX	65	24	136	249	(7:30) *** "American Made" (2017) Tom Cruise, Domhnall Gleeson.				** "Pacific Rim Uprising" (2018) John Boyega, Jing Tian. Young pilots unite to battle otherworldly monsters.				*** "Sicario" (2015) Emily Blunt. A task force uses a Mexican cartel boss to capture another.				** "Sicario: Day of the Soldado" (2018, Suspense) Benicio Del Toro, Josh Brolin.				"Equal-izer"							
FX	35	64	125	259	Mom	*** "Everything Must Go" (2010)				** "Casa de mi padre" (2012, Comedy)				*** "Anchorman 2: The Legend Continues" (2013)				* "Holmes & Watson" (2018, Comedy)				"Daddy's Home"						
GOLF	88	88	401	218	(7:00) Golf Today (N)		Golf Central Pregame		PGA Golf				College Golf Southwestern Invitational, Second Round.				Golf Central (N) (Live)				PGA Golf							
HALL	87	87	185	312	Golden Girls	Golden Girls	"Royally Ever After" (2018, Romance) Fiona Gubelmann, Torrance Coombs.				"The Art of Us" (2017, Romance-Comedy) Taylor Cole, Steve Lund, Brenda Crichlow.		"One Winter Weekend" (2018, Romance) Taylor Cole, Jack Turner, Rukiya Bernard.		"Unleashing Mr. Darcy" (2016, Romance) Cindy Busby, Ryan Paevey.				"Two for the Win" (2021, Romance)									
HALLMM	86	86	187	565	Columbo "Swan Song" evangelist wife.		Gospel singer kills		"Signed, Sealed, Delivered: From the Heart" (2016) Eric Mabius, Kristin Booth.				"Signed, Sealed, Delivered: One in a Million" (2016) Eric Mabius, Kristin Booth.		"Signed, Sealed, Delivered: Lost Without You" (2016) Eric Mabius, Kristin Booth.		"Signed, Sealed, Delivered: Higher Ground" (2017) Eric Mabius, Kristin Booth.											
HGTV	62	57	112	229	Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Good Bones		Good Bones		Good Bones		Good Bones		Good Bones					
HIST	50	60	120	269	Swamp People: Ser		Swamp People: Ser		Swamp People: Ser		Swamp People		Swamp People		*** "American Sniper" (2014, War) Bradley Cooper.				**** "Saving Private Ryan" (1998)									
LIFE	29	29	108	252	Paid Prog. Paid Prog.		Paid Prog. Paid Prog.		Paid Prog. Paid Prog.		Paid Prog. Paid Prog.		** "Just Go With It" (2011) Adam Sandler.				** "Enough" (2002) Jennifer Lopez, Billy Campbell.											
MSNBC	71	67	209	356	The Cross		Weekends-Alex Witt		Weekends-Alex Witt		Weekends-Alex Witt		MSNBC Live		MSNBC Live		PoliticsNation (N)		American Voices		American Voices		Week-Johnson					
NBCSN	89	89	159	220	Premier Soccer		Premier	Mecum	College Basketball La Salle at VCU. (N)				Alpine Skiing		Mecum		IMSA Weathertech SportsCar Championship Rolex 24h at Daytona. (N) (Live)				Motorcycle Race							
NBCSNW	426	37	424		Outdoor GPS (N)		Angler	Road	Bridge	Football	Beavers	Blazers	Game Day-Chad Doing		Blazers	Pregame	NBA Basketball Portland Trail Blazers at Chicago Bulls.				Postgame		Blazers Postgame					
NGEO	55	78	197	276	Paid Prog. Paid Prog.		JFK: The Lost Bullet		The Lost JFK Tapes: The Assassination				Philly Mob		Explorer		Detroit Gang Squad		Life & Death in the American Mob				Bloods and Crips					
NICK	27	51	171	299	Sponge.	Sponge.	Sponge.	Sponge.	Loud	Casagran	Loud	Loud	** "Bee Movie" (2007, Children's)		Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Hustle	Hustle	Loud	Loud				
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Give	Give	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters				
OXY	30	69	127	251	Florida Man Murders		Florida Man Murders		Florida Man Murders		Florida Man Murders		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets		Killer Motive		Killer Motive					
PARMT	42	43	241	241	*** "Casino" (1995, Crime Drama) Robert De Niro, Sharon Stone, Joe Pesci.				*** "The Wolf of Wall Street" (2013, Biography) Leonardo DiCaprio, Jonah Hill.								Movie											
ROOT	37	26	426	687	Paid Prog. Paid Prog.		Bensinger WCC All		College Basketball				College Basketball Gonzaga at San Diego.				College Basketball				College Basketball							
SYFY	67	50	122	244	Futurama Futurama		Futurama		** "Resident Evil" (2002) Milla Jovovich.				** "Resident Evil: Apocalypse" (2004)		** "Jumanji" (1995) Robin Williams.				*** "Beetlejuice" (1988) Alec Baldwin				Zom					
TCM	56	73	132	256	"Knock-out"	Movie	*** "The Adventures of Huckleberry Finn" (1960) Tony Randall, Eddie Hodges.				*** "Oh, God!" (1977, Comedy) George Burns, John Denver.		(:45) *** "On the Waterfront" (1954, Drama) Marlon Brando, Eva Marie Saint.		(:45) *** "Captain Blood" (1935) Errol Flynn. An enslaved British doctor turns Caribbean pirate.				*** "The Music Man" (1962)									
TDC	51	42	182	278	Outlaws		Chasin'		BattleBots Valkyrie and Rotator square off.				BattleBots "Turning Up the Heat"				Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid					
TLC	49	62	183	280	7 Little Johnstons		7 Little Johnstons		Four Weddings		Four Weddings		Four Weddings		Four Weddings		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper					
TNT	57	52	138	245	NCIS: New Orleans "Viral"		NCIS: New Orleans "Acceptable Loss"		NCIS: New Orleans "The Accident"		** "Kindergarten Cop" (1990) Arnold Schwarzenegger, Penelope Ann Miller.				(:15) *** "The Jungle Book" (2016) Neel Sethi. Young Mowgli meets an array of animals in the jungle.				*** "Charlie and the Chocolate Factory" (2005, Children's) Johnny Depp.				"Beauty & Beast"					
TRAV	53	38	196	277	Most Terrifying		Believers		Believers		Believers		Believers		Believers		Ghost Nation		Ghost Nation		Ghost Nation		Ghost Nation					
TRUTV	73	75	242	246	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		** "Balls of Fury" (2007) Dan Fogler.				Jokes		Jokes	Jokes	Jokes	Jokes	Jokes	Jokes				
TVL	75	74	106	304	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne				
USA	58	39	105	242	Paid Prog. Paid Prog.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		*** "Speed" (1994, Action) Keanu Reeves.				*** "John Wick" (2014)							
WE	118	118	128	260	Paid Prog. Paid Prog.		Paid Prog. Paid Prog.		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds					
WEATH	14	19	214	362	Weekend Recharge		Weekend Recharge		Highway Thru Hell		Heavy Rescue: 401		Could You Survive?		World's Deadliest		World's Deadliest		World's Deadliest		Ice Pilots		Ice Pilots					
WTBS	59	40	139	247	Raymond	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Go-Big Show		Wipeout		*** "Batman Begins" (2005) Christian Bale, Michael Caine.				* "Wild Wild West" (1999) Will Smith.				Suicide						
HBO	518	518	303	504	(7:35) ** "EdTV" (1999) Matthew McConaughey. 'PG-13'		(4:0) *** "Chronicle" (2012, Drama) Dane DeHaan. 'PG-13'		(4:0) *** "Harriet" (2019, Biography) Cynthia Erivo, Janelle Monáe. 'PG-13'				(:10) Real Time With Bill Maher				(:10) *** "Independence Day" (1996) Will Smith. Earthlings vs. evil aliens in 15-mile-wide ships. 'PG-13'				Painting With John				REAL Sports With Bryant Gumbel			
MAX	531	531	311	516	(7:58) * "Snake Eyes" (1998) Nicolas Cage. 'R'		(3:7) * "CHIPS" (2017, Comedy) Michael Peña, Dex Shepard. 'R'		(:20) *** "The Fighter" (2010, Drama) Mark Wahlberg, Christian Bale. 'R'				(:17) ** "Hostage" (2005, Action) Bruce Willis, Ben Foster. 'R'				(:12) ** "Unbreakable" (2000, Suspense) Bruce Willis. 'PG-13'				** "Surrogates" (2009) 'PG-13'							
SHOW	578	578	319	546	Inside the NFL		*** "Batman" (1989, Action) Jack Nicholson, Michael Keaton. 'PG-13'				(:10) ** "Batman Returns" (1992, Action) Michael Keaton, Danny DeVito, Michelle Pfeiffer. 'PG-13'				(:20) ** "Batman Forever" (1995, Action) Val Kilmer, Tommy Lee Jones. 'PG-13'				(:25) * "Batman & Robin" (1997, Action) Arnold Schwarzenegger. 'PG-13'				Shame-less					
STARZ	621	621	351	526	(6:52) "Ice Age" 'PG'		(:17) ** "Next" (2007, Science Fiction) Nicolas Cage. 'PG-13'		(9:57) *** "Taken" (2008, Action) Liam Neeson. 'PG-13'				(:31) "Reasonable Doubt" (2014, Suspense) Dominic Cooper. 'R'		(:06) American Gods "Ashes and Demons"				*** "Men in Black" (1997) Tommy Lee Jones. 'PG-13'				(:41) *** "Men in Black II" (2002, Action) Tommy Lee Jones.				(:13) ** "Men in Black 3" (2012)	
TMC	591	591	327	554	(:05) *** "Liberal Arts" (2012) Josh Radnor. 'PG-13'		(:45) *** "Urban Cowboy" (1980) John Travolta. A Texas oil worker looks for love at a popular honky-tonk.				*** "Crooklyn" (1994) Alfre Woodard. Family deals with life in 1970s Brooklyn.				*** "Hot Summer Nights" (2017, Suspense) Timothée Chalamet, Alex Roe. 'R'				** "Forsaken" (2015, Western) Kiefer Sutherland. 'R'				"Paranoia"					