

WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan	GMA3	Varied	General Hospital	Afternoon Live	Barry	Varied	News	Varied	News	Varied	News	ABC	
PBS	3	5			Tiger	Tiger	Elinor	Clifford	Pink	Sesame	Dinosaur	Xavier	Varied Programs		Go Luna	Nature	Hero	Odd	Arthur	Peg	Ready Jet	Wild Kratt		
CBS	6	6	6	6	CBS This Morning		Deal	Varied	The Price Is Right		Young & Restless	News	Bold	The Talk	The 700 Club	Dr. Phil			KOIN 6 News at 4		News	News		
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast	Blast	News	Paid Prg.	Days of our Lives	Blast	Blast	Ellen DeGeneres	KGW News at 4		News	News		
CW	9	9	32	32	KOIN AM Extra		The Doctors		Dr. Phil		Steve Wilkos Show	Maury		Jerry Springer	Steve Wilkos Show	King	Friends	black-ish	Last Man	Mom	Mom			
FOX	12	12	12	12	Good Day Oregon		Good Day	Varied	Rachael	Varied	Kelly Clarkson	News	Varied	Wendy	Varied	The People's Court	Jdg Judy	Jdg Judy	black-ish	Last Man	Mom	Mom		
MNT	13	13	49	49	Good Day Oregon		Paid Prg.	Varied	Mike	Mike	TMZ Live	Jerry	Protection	Divorce	Divorce	Judge Mathis	Hot	Hot	Jdg Judy	Jdg Judy	FamFeud	FamFeud		
UNIV	22	22	16	47	(7:00) ¡Despierta América!				Simplemente Maria		Noticiero	Nosotr.	Hoy			Papá a toda madre	Como dice el dicho	El gordo y la flaca			Primer impacto			
A&E	52	55	118	265	Parking	Parking	Parking	Parking	Varied Programs															
AMC	60	45	131	254	Paid Prg.	Paid Prg.	Varied Programs		Movie		Varied Programs													
ANP	24	49	184	282	Varied Programs																			
BET	4	72	124	392	black-ish	black-ish	Martin	Varied	Martin	Martin	Varied Programs													
BRAVO	54	65	129	237	Varied Programs																			
CARTOON	25	59	177	297	Teen	Teen	Movie	Varied Programs	Craig	Teen	Teen	Teen	Teen	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Teen	Teen	Teen	Teen	
CNN	68	44	200	202	CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom			CNN Newsroom	Jake Tapper	Situation Room	Situation Room	Situation Room	Situation Room	Erin Burnett OutFront	Anderson Cooper			
COM	77	56	107	249	Futurama	Futurama	Varied Programs																	
COOK	123	123	113	232	Varied Programs																			
DISN	26	48	173	290	Bluey	Bluey	Ladybug	Ladybug	Ladybug	Ladybug	Big City	Big City	Big City	Varied Programs										
E!	64	76	114	236	Varied Programs																			
ESPN	33	27	140	206	First Take	Varied	SportsCenter		SportCtr	Varied Programs														
ESPN2	34	28	143	209	(7:00) Get Up		First Take	Varied Programs																
FNC	66	25	205	360	America's Newsroom		Outnumbered		Outnumbered		The Daily Briefing	Bill Hemmer Reports	Neil Cavuto		The Five		Special Report		The Story		Tucker Carlson			
FOOD	61	54	110	231	Varied Programs																			
FREE	32	33	180	311	Middle	Middle	The 700 Club		700 Club	Movie	Varied Programs		Movie		Varied Programs									
FS1	41	85	150	219	Undisputed		College Basketball				Varied Programs													
FX	65	24	136	249	(7:00) Movie		Varied	Mike	Mike	Varied Programs														
FXX	35	64	125	259	Mom	Mom	Mom	Varied Programs			Movie	Varied Programs												
GOLF	88	88	401	218	Euro PGA	Varied Programs			LPGA Tour Golf		PGA Golf	Varied Programs												
HALL	87	87	185	312	Movie				Home & Family		Movie													
HALLMM	86	86	187	565	M "The Christmas Train" (2017, Drama)				"I'm Not Ready for Christmas" (2015)		"Christmas With Holly" (2012) Sean Faris.		"Hearts of Christmas" (2016, Drama)		"Christmas in the Air" (2017) Eric Close									
					T "The Perfect Christmas Present" (2017)				"Journey Back to Christmas" (2016)		"Christmas Wonderland" (2018, Romance)		*** "Moonlight and Mistletoe" (2008)		"Christmas in Montana" (2019, Drama)									
					W *** "Debbie Macomber's Mrs. Miracle"				"A Christmas Melody" (2015, Comedy)		"A Veteran's Christmas" (2018) Sean Faris		"A Merry Christmas Match" (2019)		"A Homecoming for the Holidays" (2019)									
					Th "A Godwink Christmas: Second Chance"				"Last Vermont Christmas" (2018, Romance)		"Dashing Through the Snow"		"Return to Christmas Creek" (2018, Drama)		"Rocky Mountain Christmas" (2017)									
					F "Christmas Homecoming" (2017, Drama)				"A Christmas to Remember" (2016, Drama)		"Two Turtle Doves" (2019) Michael Rady.		"A Gingerbread Romance" (2018)		"A Christmas for the Books" (2018)									
HGTV	62	57	112	229	Varied Programs																			
HIST	50	60	120	269	Varied Programs																			
LIFE	29	29	108	252	Movie				Movie		Varied Programs		Movie											
MSNBC	71	67	209	356	MSNBC Live		Andrea Mitchell		MTP Daily		MSNBC Live		MSNBC Live		Deadline: White House		The Beat With		Movie		The ReidOut		Varied Programs	
NBCSN	89	89	159	220	SKY Sports News		Varied Programs																	
NBCSNW	426	37	424		Rip City	Varied	Brian Noe	Varied Programs			Paid Prg.	Paid Prg.	Varied Programs		SKY Sports News	Rip City	Varied Programs							
NGEO	55	78	197	276	Paid Prg.	Varied Programs																		
NICK	27	51	171	299	PAW	Varied Programs	PAW	Varied	PAW	Sponge.	Varied Programs		Sponge.	Sponge.	Sponge.	Varied Programs						Loud	Loud	
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Varied Programs					
OXY	30	69	127	251	Varied Programs																			
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Rescue	Varied	(:02) Bar Rescue	(:03) Bar Rescue	Rescue	Varied	(:05) Mom	(:40) Mom	(:10) Mom	(:44) Mom	Varied	Two Men	Two Men	Two Men		
ROOT	37	26	426	687	Paid Prg.	Paid Prg.	Varied Programs																	
SYFY	67	50	122	244	Varied Programs																		Movie	Varied
TCM	56	73	132	256	M (:15) *** "That Forsyte Woman" (1950)		(:15) *** "On Approval"		(:45) ** "The Hour of 13"		(:15) *** "Gaslight" (1944)		(:15) "The Magnificent Ambersons" (1942)		"Red River" (1948)									
					T (7:30) "Wild in the Streets"		*** "Goodbye, My Fancy" (1951)		*** "A Yank at Oxford" (1938, Comedy)		*** "A Yank at Eton" (1942)		(:15) "Mr. Belvedere Goes to College"		Women Make Film									
					W (:15) *** "Above Suspicion" (1943)		** "Today We Live" (1933) Gary Cooper		** "The Bride Wore Red"		(:45) ** "The Damned Don't Cry" (1950)		** "Torch Song" (1953)		"Thunderball" (1965)									
					Th *** "The Courtship of Eddie's Father"		(:15) *** "Lassie Come Home" (1943)		*** "Chitty Chitty Bang Bang" (1968)		(:45) *** "The Black Stallion" (1979, Children's)		"Rear Window"											
					F Saboteur (:45) *** "Torn Curtain" (1966)		Paul Newman.		*** "Marnie" (1964)		Tippi Hedren.		(:15) *** "The Trouble With Harry"		*** "Shadow of a Doubt" (1943)		"7 Faces of Dr. Lao"							
TDC	51	42	182	278	Varied Programs																			
TLC	49	62	183	280	Say Yes	Varied	Say Yes	Varied	Extreme	Extreme	Extreme	Extreme	Varied Programs											
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Supernatural		Supernatural		Supernatural		Varied Programs					
TRAV	53	38	196	277	Varied Programs																			
TRUTV	73	75	242	246	Carbon	Carbon	Jokers	Jokers	Carbon	Carbon	Carbon	Carbon	Dumbest	Varied	Dumbest	Varied	Dumbest	Varied	Dumbest	Varied	Jokes	Jokes	Jokes	Jokes
TVL	75	74	106	304	Paid Prg.	Paid Prg.	Andy G.	Andy G.	Andy G.	Andy G.	Bonanza	Varied	G'nsmoke	Varied	G'nsmoke	Varied	G'nsmoke	Varied	G'nsmoke	Varied	Andy G.	Andy G.	Andy G.	Andy G.
USA	58	39	105	242	Varied Programs																			
WE	118	118	128	260	Paid Prg.	Paid Prg.	Varied	Paid Prg.	Varied Programs															
WEATH	14	19	214	362	Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Underground		Underground		Underground		Varied Programs	
WTBS	59	40	139	247	George	George	Varied Programs		Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	
HBO	518	518	303	504	M 6 Days ** "Fast Five" (2011) Vin Diesel.		Hobbs		*** "La La Land" (2016, Musical)		(:10) ** "Black Christmas" (2019, Horror)		(:25) ** "Tower Heist"		Middle Beach		Undoing							
					T "Striped Pajamas"		(:45) *** "Downton Abbey" (2019) Hugh Bonneville.		(11:50) ** "The Eagle" (2011, Action)		(1:55) *** "Blinded by the Light"		(3:55) *** "Just Mercy" (2019, Drama)											
					W "The Big Year"		(:15) "Beasts of the Southern Wild" (2012)		Rock & Roll Hall of Fame 2020		** "X-Men: Dark Phoenix" (2019, Action)		** "Fast & Furious Presents: Hobbs & Shaw"		Axios									
					Th "Friday Night"		(:10) ** "Tower Heist" (2011)		His Dark Materials		(11:55) *** "Cast Away" (2000) Tom Hanks.		(:20) ** "Cats" (2019)		(:10) * "Dolittle" (2020, Children's)									
					F Robots (:25) ** "In Time" (2011)		The Cost	The Cost	(:15) ** "Cowboys & Aliens" (2011)		Middle Beach		Middle Beach		(:15) *** "Enemy of the State" (1998) Will Smith.		Undoing							
					M (6:20) "El Norte"		(8:46) *** "Darkest Hour" (2017)		(10:55) ** "Silver City" (2004, Drama)		(:05) "The Betrayed" (2008)		(:45) ** "Our Brand Is Crisis" (2015)		(:35) ** "The									