WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV MOVIES SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC
PBS	3	5			Tiger	Tiger	Elinor	Clifford	Pink	Sesame	Dinosaur	Xavier	Varied Programs				Go Luna	Nature	Hero	Odd	Arthur	Peg	Ready Jet	Wild Kratt
CBS	6	6	6	6	CBS This Morning		Let's Make a Deal		The Price Is Right		Young & Restless		News	Bold	The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast	Blast	News	Varied	Days of our Lives		Blast	Blast	Ellen DeGeneres		KGW News at 4		News	News
CW	9	9	32	32	KOIN AM Extra		The Doctors		Dr. Phil		Steve Wilkos Show		Maury		Jerry Springer		Steve Wilkos Show		King	Friends	black-ish	Last Man	NewsNation Preview	
FOX	12	12	12	12	Good Day Oregon		Good Day Or.		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy Williams		The People's Court		Jdg Judy	Jdg Judy	News	Varied	5 O'Clock News	
MNT	13	13	49	49	Good Day Oregon		Paid Prg.	Medicare	Mike	Mike	TMZ Live		Jerry	Protection	Divorce	Divorce	Judge Mathis		Hot	Hot	Jdg Judy	Jdg Judy	FamFeud	FamFeud
UNIV	22	22	16	47	(7:00) ¡Despierta América!						Simplemente María		Noticiero	Nosotr.	Hoy		Papá a toda madre		Como dice el dicho		El gordo y la flaca		Primer impacto	
A&E	52	55	118	265	Varied Programs																First 48	Varied	First 48	Varied
AMC	60	45	131	254	Paid Prg.	Paid Prg.	Movie		Varied Programs							Movie		Varied Programs		Movie			Varied Programs	
ANP	24	49	184	282	Varied Programs																			
BET	4	72	124	392	Martin	Martin	Martin	Martin	Martin	Martin	Parkers	Parkers	Parkers	Parkers	Browns	Browns	Varied Programs		Movie				Varied Programs	
BRAVO	54	65	129	237	Varied Programs																			
CARTOON	25	59	177	297	Victor	Teen	Teen	Teen	Craig	Craig	Teen	Teen	Teen	Teen	Total	Total	Gumball	Gumball	Gumball	Gumball	Craig	Craig	Total	Total
CNN	68	44	200	202	CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Jake Tapper		Situation Room		Situation Room		Erin Burnett OutFront		Anderson Cooper	
COM	77	56	107	249	Futurama	Futurama	South Pk	South Pk	South Pk	South Pk	Varied Programs			South Pk	Varied	South Pk	South Pk	South Pk	South Pk	South Pk	Office	Office	Office	Office
COOK	123	123	113	232	Varied Programs																			
DISN	26	48	173	290	Puppy	Varied	T.O.T.S.	T.O.T.S.	Ladybug	Ladybug	Ladybug	Ladybug	Big City	Big City	Big City	Big City	Raven	Raven	Bunk'd	Bunk'd	Bunk'd	Jessie	Jessie	Jessie
E!	64	76	114	236	Vegas	Varied	Vegas	Varied	Vegas	Varied	Daily Pop		Varied Programs											
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		SportsCenter		Jalen	Question	NBA: The Jump		NFL Live		Around	Pardon	SportsCenter		Varied Programs			
ESPN2	34	28	143	209	(7:00) Get Up		First Take				SportCtr	Varied Programs							Daily Wager		Varied Programs			
FNC	66	25	205	360	America's Newsroom		Outnumbered		Outnumbered		The Daily Briefing		Bill Hemmer Reports		Neil Cavuto		The Five		Special Report		The Story		Tucker Carlson	
FOOD	61	54	110	231	Varied Programs																			
FREE	32	33	180	311	Varied Programs			700 Club	The 700 Club		Varied Programs													
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak for Yourself				Fox Bet	Skip	Hub	Varied Programs				
FX	65	24	136	249	(7:00) Movie		Varied	Mike	Varied Programs															
FXX	35	64	125	259	Mom	Mom	Mom	black-ish	black-ish	black-ish	Varied Programs													
GOLF	88	88	401	218	European PGA Golf		Varied Programs																	
HALL	87	87	185	312	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Home & Family				Home & Family				Movie				Movie			
HALLMM (M)	86	86	187	565	Matlock		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk		Good Witch		Good Witch		Chesapeake Shores	
HALLMM (T)					Matlock (Part 2 of 2)		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk		Good Witch		Good Witch		Chesapeake Shores	
HALLMM (W)					Matlock		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk		Good Witch		Good Witch		Chesapeake Shores	
HALLMM (Th)					Matlock "The Body"		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk		Good Witch				Chesapeake Shores	
HALLMM (F)					Matlock		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk		Good Witch		Good Witch		Chesapeake Shores	
HGTV	62	57	112	229	Varied Programs																			
HIST	50	60	120	269	Varied Programs																			
LIFE	29	29	108	252	Closer	Varied	Closer	Varied	Closer	Varied	Rizzoli	Varied	Rizzoli	Varied	Rizzoli	Varied	Rizzoli & Isles		Rizzoli & Isles		Varied Programs			
MSNBC	71	67	209	356	MSNBC Live		Andrea Mitchell		MTP Daily		MSNBC Live		MSNBC Live		Deadline: White House				The Beat With		The ReidOut		All In With	
NBCSN	89	89	159	220	SKY Sports News		Varied Programs																	
NBCSNW	426	37	424		Varied Programs		The Brian Noe Show						Paid Prg.	Paid Prg.	Varied Programs		SKY Sports News		The Brian Noe Show		Varied Programs			
NGEO	55	78	197	276	Paid Prg.	Paid Prg.	Varied Programs																	
NICK	27	51	171	299	PAW	Peppa	Varied Programs		PAW	PAW	Blue	Blaze	PAW	PAW	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Loud	Varied
OWN	40	41	189	279	Tamron Hall		Tamron Hall		Dr. Phil		Dr. Phil		Dr. Phil		Tamron Hall		Tamron Hall		Dr. Phil		Varied Programs			
OXY	30	69	127	251	Varied Programs																			
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom	Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men
ROOT	37	26	426	687	Paid Prg.	Paid Prg.	Pro Footvolley Tour		Women's College Volleyball				Medicare	Varied	Mariners	Mariners	Football		Varied Programs					
SYFY	67	50	122	244	Varied Programs																			
TCM (M)	56	73	132	256	"Beast-Fathoms"		(:15) ★★ "Godzilla" (1954)				"Creature-Black Lagoon"			"Creature-Sea"		(:45) ★ "The Green Slime" (1969)				★ "Night of the Lepus" (1972)			"Sword-Shrwood"	
TCM (T)					Blind		(:45) ★★ "Double Trouble" (1967)			★★★ "A Warm December" (1973)				★★ "The V.I.P.s" (1963)				(:45) ★★★ "The Prince and the Showgirl" (1957)			Women Make Film	
TCM (W)					"The Unholy Three"		"The Unknown"		★★★ "The Blackbird" (1926)		★★ "The Thirteenth Chair"				★★★ "Freaks"		(:15) "Mark of the Vampire"			★★ "The Devil Doll" (1936)			"Abe Lincoln-Ill."	
TCM (Th)					★★ "Happiness Ahead" (1934)		"Big City Blues"		(:45) ★★★ "The Bad Seed" (1956) Nancy Kelly.						★★★ "They Won't Forget"		(:45) ★★★ "Random Harvest" (1942) Ronald Colman.						"Tunes of Glory"	
TCM (F)					"Brain Wouldn't"		(:15) ★★★ "Carnival of Souls"		(:45) ★★ "Dementia 13" (1963)				(:15) ★★★ "The Raven" (1963)			(:45) ★ "Spider Baby" (1964)			(:15) ★★★ "The Nanny" (1965, Horror)			"Dead of Night"	
TDC	51	42	182	278	Varied Programs																			
TLC	49	62	183	280	Little People, World		Little People, World		My Teen Is Pregnant		My Teen Is Pregnant		Four Weddings		Four Weddings		Gypsy Wedding		Gypsy Wedding		Varied Programs			
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Supernatural		Supernatural		Supernatural		Movie		Varied Programs			
TRAV	53	38	196	277	Varied Programs																			
TRUTV	73	75	242	246	Ad. Ruins	Ad. Ruins	Jokers	Jokers	Carbon	Carbon	Carbon	Carbon	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes	Jokes	Jokes	Jokes
TVL	75	74	106	304	Paid Prg.	Paid Prg.	Andy G.	Andy G.	Andy G.	Andy G.	Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.
USA	58	39	105	242	NCIS		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
WE	118	118	128	260	Varied	Paid Prg.	Varied	Paid Prg.	Varied Programs		Law CI	Varied	Law CI	Varied	Law CI	Varied	Law CI	Varied Programs						
WEATH	14	19	214	362	Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Underground		Underground		Underground		Varied Programs	
WTBS	59	40	139	247	George	George	George	George	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	MLB	Baseball	Varied
HBO (M)	518	518	303	504	(7:25) ★★★ "Frequency"		Clínica		(:05) ★★ "The Art of Racing in the Rain"				(11:55) ★★★ "The Namesake" (2006)				Jojo		"Dirty Dancing: Havana Nights"		(3:50) ★★★ "Hanna" (2011)			Lovecraft
HBO (T)					(:15) ★★ "Bee Season" (2005, Drama)				(:03) ★ "New Year's Eve" (2011)				(:03) "The Sentence" (2018)		"Lying and Stealing" (2019)				(:10) ★★★ "Die Hard 2" (1990, Action)			Real, Bill Maher	
HBO (W)					"Spies in Disguise"		(:15) ★ "The Whole Ten Yards" (2004)				"Beavis, Butt"		(:15) ★★★ "Walk the Line" (2005) Joaquin Phoenix.				(:35) ★★★ "Just Mercy" (2019) Michael B. Jordan.						Axios	Stuber
HBO (Th)					(7:05) "Blue Crush"		(8:50) ★★★ "Hanna" (2011)			(:45) ★★★ "The Others" (2001, Suspense)				"Stockton on My Mind" (2020)			★★★ "Dirty Dancing" (1987)			(:45) ★★★ "X-Men: First Class" (2011, Action)			
HBO (F)					(6:45) ★★★ "A Hidden Life"			(:45) ★★★ "Get On Up" (2014) Chadwick Boseman.					(:10) ★★ "Aquaman" (2018) Jason Momoa.					(:35) "Sherlock Holmes: A Game of Shadows" (2011)				(4:50) The Vow		
MAX (M)	531	531	311	516	(7:05) "The Eagle Has Landed"		(:24) ★★★ "The Favourite" (2018)					(:28) ★★★ "City Island" (2009)			(:15) ★★ "The Pink Panther" (2006)				(2:50) ★★★ "Bounce" (2000)			(:40) ★★ "Greta" (2018)		
MAX (T)					"Thunder-Light"		(:05) "Season of the Witch"			"Return of the Living Dead"			(:10) ★★★ "John Wick: Chapter 3 -- Parabellum"					"Rise of Planet of Apes"			(:15) ★★ "Red Dawn" (1984, Action)	
MAX (W)					(7:50) ★★ "The Judge" (2014, Drama)				(:15) ★★ "Timeline" (2003) Paul Walker.				(:10) ★★ "Safe House" (2012, Action)				(:05) ★★ "Valkyrie" (2008) Bill Nighy				(:10) ★★★ "The Butcher's Wife" (1991)		
MAX (Th)					(:10) ★ "The Return" (2006)			(:40) ★★ "Hall Pass" (2011) Owen Wilson.				★★★ "Get Shorty" (1995)			(:15) ★★★ "Brothers" (2009, Drama)				★ "Abandon" (2002)			"Chainsaw Massacre"	
MAX (F)					"Mystery Date"		(8:47) ★★ "Easy Money"			(:25) ★★★ "Long Shot" (2019)				"Thank You for Smoking"			(:05) ★★ "The Sun Is Also a Star" (2019)				(3:50) ★★ "One Day"		Bones
SHOW (M)	578	578	319	546	Legend		(:45) ★★ "Angels & Demons" (2009) Tom Hanks.				(:05) ★★★ "The Hunt for Red October" (1990)					(:25) ★★★ "Clear and Present Danger"				(:45) ★★★ "Patriot Games" (1992)			Pepper	
SHOW (T)					Deep		(:35) ★★★★ "Tootsie" (1982) Premiere.			(:45) ★★★ "Ali" (2001, Biography) Will Smith, Jamie Foxx.							★★★ "Room" (2015) Brie Larson.			★★ "Deep Impact" (1998) Robert Duvall.			Toon
SHOW (W)					★★ "Waterworld" (1995)				(:15) ★ "Vice" (2015) Bruce Willis.				★★ "Boomerang" (1992) Eddie Murphy.				★★★ "Set It Off" (1996) Jada Pinkett.				(:05) ★★ "Godzilla" (1998) Jean Reno		
SHOW (Th)					Fletch		"Planes, Trains & Automobiles"		(:05) ★★ "The Raven" (2012) Luke Evans				★ "Countdown" (2019)			★★★ "Patriot Games" (1992, Suspense)				★★★ "Clear and Present Danger" (1994, Suspense)			
SHOW (F)					Hook		"Stop! Or My Mom Will Shoot"		★★ "Bloodsport" (1988)			(:35) ★★★ "Top Gun" (1986) Tom Cruise.				★★★ "The Cooler" (2003)		(:15) ★★ "Stand Up Guys" (2012)					★★ "Road House"	
STARZ (M)	621	621	351	526	Stealth		(:29) ★★★ "Little Women" (2019) Saoirse Ronan.					(10:47) ★ "The Intruder"		(:33) "The Legend of Bagger Vance" (2000)				Spanish Princ.		(:45) ★★★ "Little Women" (2019) Saoirse Ronan.				
STARZ (T)					(:12) ★★★ "Spider-Man: Far From Home" (2019)				(:25) ★★★ "Once Upon a Time... In Hollywood"						Spanish Princ.		(:12) ★★ "Greed" (2019) Steve Coogan.			★★★ "Spider-Man: Far From Home"			
STARZ (W)					"21 Jump Street"		(:07) "Welcome Home Roscoe Jenkins"						(:05) ★ "Miss Bala" (2019, Action)		(12:53) "Burn After Reading"				(:33) ★★★ "21 Jump Street" (2012)			(:27) "Million Dollar Arm" (2014)	
STARZ (Th)					Man		(:32) "Hotel Transylvania" (2012)		(:07) ★★★ "The Nutty Professor" (1996)				"Nutty Prof. 2"			(:37) ★ "Blumhouse's Fantasy Island"				★ "Repo Men" (2010) Jude Law.			Jumanji	
STARZ (F)					(7:37) "Night at the Museum"		★★★ "Spider-Man: Far From Home"					(:43) ★★★ "No Country for Old Men" (2007)				(1:49) "Empire State" (2013)				Spanish Princ.		"Welcome Home Roscoe"	
TMC (M)	591	591	327	554	Lean		(:45) ★★ "The Best of Enemies" (2019)				★★★ "Parenthood" (1989) Steve Martin.				(:05) ★★★ "Chicago" (2002, Musical)				"Sword of Trust" (2019)			"MI-5: The Greater Good"	
TMC (T)					(:05) "The Bounce Back" (2016)			"The Professor" (2018)				(:35) "Speed of Life" (2019)			★★ "National Treasure" (2004, Adventure)				(:15) ★★ "The Wedding Guest" (2018)			"Beyond the Law"	
TMC (W)					"Sword of Trust"		★★★ "Slow West" (2015)			(:25) "Them That Follow" (2019)			(:05) ★★ "Red" (2010) Bruce Willis.				★★★ "The Truman Show"			Mick	(:10) ★★ "Three Christs" (2017, Drama)		
TMC (Th)					(6:05) "Gandhi"		(:15) "Ophelia" (2018, Drama) Daisy Ridley.			(:05) ★★ "On the Basis of Sex" (2018)				(:10) "Hampstead" (2017) Diane Keaton.					(2:55) "International Falls"			"I Know What You Did Last"	
TMC (F)					Paradise		(:25) ★★ "Poms" (2019)		"Peace, Love"			(:35) ★★★ "Green Book" (2018) Mahershala Ali					(1:50) ★★★ "Amy" (2015)				★★★ "Jesus Christ Superstar" (1973)		