

Man ready to move on from his erratic ex-girlfriend

DEAR ABBY: My girlfriend and I split up, but she doesn't want to tell anyone or change stuff on Facebook. When I told her that, for now, I just want to be friends, she got mad at me for changing the password on my account. She can get mean and hateful when she doesn't get her way, and she keeps bringing up my past and won't let it go. She wants to get back together. We have broken up and gotten back together several times. This time, though, I'm not sure I want to. I love her, but I don't know



DEAR ABBY

how much more I can take. She tells me she's sorry every time she calls me names or is mean and thinks that it will fix everything. When I told her it wouldn't, she threatened to block me if I put "single" on my profile. Please give me some advice. I don't think this is healthy, and I don't know what to do.

— CONFUSED

DEAR CONFUSED: Listen to your gut, which is telling you this romance isn't healthy. There's a reason the two of you have broken up repeatedly. Your ex-girlfriend

is verbally abusive and controlling, and she threatens you. Go ahead and post on your profile that you are single, and if she blocks you, so be it. The first step to healing your wounded heart will be to start meeting others. Give it a try, and you will find it's very effective. DEAR ABBY: There are many videos about proper hand-washing on the internet as well as video clips that have been aired on television demonstrating the proper technique. But just about everyone I have seen leaves the water running the whole time they are washing their hands. I don't think it is a good idea to try to

teach people, especially young children, a technique that is so wasteful. There's no reason for the water to be running all the time someone is washing their hands or brushing their teeth because that water just goes right down the drain. While it's very important that everybody wash their hands to prevent viruses from spreading, it is also important to recognize that water is a precious resource. Care should be taken not to waste it. — ENVIRONMENTALIST DEAR ENVIRONMENTALIST: You are right, which is why I am printing your timely

reminder. In the Southwest, where drought is common, the importance of water conservation is a fact of life. Because I was surprised to receive a letter from New Jersey on this subject, I went online and learned to my surprise that starting in 2001-02, there was a drought that lasted 55 weeks in your state. Folks, because water is not an infinite resource, be prudent. And I'm not just suggesting you be mindful when washing your hands and brushing your teeth. It's also important to consider when rinsing dishes and — men — shaving once the quarantine is lifted.

News of the weird

Blue shell saves lobster's life

AKRON, Ohio — What could have landed on a plate as an entree instead landed in a zoo.

The Akron Zoo on Monday, July 26, announced on its Facebook page it adopted a rare blue American lobster from none other than a Red Lobster restaurant in Cuyahoga Falls, Ohio.

Employees at the restaurant last week discovered the blue lobster, which they named Clawde after the the restaurant chain's mascot, and recognized the rarity of the blue shell. Lobsters with blue shells occur one in every 2 million, according to the zoo. The blue coloration of the shell is the result of a genetic anomaly. The restaurant contacted the Monterey Bay Aquarium in California, which in turn reached out to the Akron Zoo.

The Akron Zoo and Red Lobster are conservation partners with Seafood Watch, according to the zoo's post. The Monterey Bay Aquarium runs the program, which helps consumers and businesses choose seafood that is

farmed sustainably and fished in ways to support a healthy ocean.

The animal care staff at the zoo retrieved Clawde and prepared a home for him at the zoo.

But the name did not last long. The zoo on Tuesday revealed the blue lobster was a female, thus Clawde became Clawdia.

The lobster had a few bumps and bruises from her journey, the Akron Zoo also reported, and next few months are critical for Clawdia as she prepares for her annual molt, "a time that is very vulnerable for lobsters of any color."

Pentagon still hunting for UFOs

WASHINGTON — The Unidentified Aerial Phenomenon Task Force is not a classified military program, but The New York Times reported last week that what it deals with is.

According to the Times article from Thursday, July 23, the task force continues the U.S. government's search for unidentified flying objects. The program operates under the U.S. Office of Naval Intelligence and showed up in



Image from the Akron Zoo's Facebook page
This rare blue American lobster went from the tank of a Red Lobster restaurant in Cuyahoga Falls, Ohio, last week to a new home at the Akron Zoo.

June in the Intelligence Authorization Act for Fiscal Year 2021, which outlines spending on the nation's intelligence agencies for the coming year. According to the spending bill, the purpose of the Unidentified Aerial Phenomenon Task Force is "to standardize collection and reporting on unidentified aerial phenomenon, any links they have to adversarial foreign governments, and the threat they pose to U.S. military assets and installations."

The bill also noted the committee's concern with

the lack of a "unified, comprehensive process within the Federal Government for collecting and analyzing intelligence on unidentified aerial phenomena, despite the potential threat."

According to the bill, "The committee understands that the relevant intelligence may be sensitive; nevertheless, the committee finds that the information sharing and coordination across the intelligence community has been inconsistent."

The bill then directs the Office of Naval Intel-

ligence to work with certain intelligence agencies to submit a report to the "congressional intelligence and armed services committees on un-identified aerial phenomena (also known as 'anomalous aerial vehicles'), including observed airborne objects that have not been identified."

Sen. Marco Rubio, R-Florida, is the acting chairman of the Senate Select Committee on Intelligence. He has said he is concerned about reports of unidentified aircraft over American military bases and it was in the government's interest to find out who was responsible.

The U.S. military and intelligent agencies have overseen several projects to collect and evaluate UFO reports and information or to dissuade the American public from believing in UFOs.

Poland accidentally invades Czech Republic

PELHRIMOVY, Czech Republic — The Polish military recently invaded and for a brief stint even occupied territory in the neighboring Czech Republic.

The Polish military called the whole thing a misunderstanding.

NPR and other news organizations reported Polish soldiers in late May crossed the country's border with Czech Republic and mistakenly turned away Czech citizens from entering a church.

The incident occurred near Pielgrzymow, a village just across the border from Poland, where soldiers assisting the country's border guard established their post in the wrong location.

NPR reported Czech officials said their diplomats immediately notified their Polish counterparts about the incident, and Poland's Foreign Ministry confirmed the incident but asserted it did not receive official notification about it.

"According to our information, the case was discussed by the authorities responsible for border protection on the Polish and Czech sides," the ministry's press office said in a statement. "In the spirit of good Polish-Czech relations, we believe that this was only a minor misunderstanding that was quickly cleared up."

— EO Media Group

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weather

TONIGHT

Clear

Baker City 55

Comfort Index™ 2

FRI

Mostly sunny and hot

Baker City 105 57

Comfort Index™ 1

SAT

Partly sunny and nice

Baker City 95 53

Comfort Index™ 6

SUN

Mostly sunny

Baker City 96 53

Comfort Index™ 4

MON

Mostly sunny and pleasant

Baker City 91 50

Comfort Index™ 6

Baker City

55

Comfort Index™ 2

La Grande

61

Comfort Index™ 1

Enterprise

61

Comfort Index™ 2

105 57

99 60

98 57

90 57

91 57

88 53

86 46

84 45

Trace

Trace

Trace

0.59

0.62

0.65

2.61

13.02

25.19

Trace

0.05

0.22

0.62

0.65

0.65

11.7

13.02

25.19

6.32

10.00

14.40

Comfort Index takes into account how the weather will feel based on a combination of factors. A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable.

ALMANAC

TEMPERATURES

Baker City La Grande Elgin

High Tuesday 94° 93° 99°

Low Tuesday 52° 52° 52°

PRECIPITATION (inches)

Tuesday Trace Trace 0.00

Month to date Trace 0.05 0.22

Normal month to date 0.59 0.62 0.65

Year to date 2.61 13.02 25.19

Normal year to date 6.32 10.00 14.40

TUESDAY EXTREMES

NATION (for the 48 contiguous states)

High: 120° Death Valley, Calif.

Low: 38° Bodie State Park, Calif.

Wettest: 3.33" New Orleans, La.

OREGON

High: 104° Hermiston

Low: 37° Newport

Wettest: none

WEATHER HISTORY

Giant hailstones pelted Fort Collins, Colo., on July 30, 1979. Baseball-sized hail battered cars, golf ball-sized hail clubbed houses and grapefruit-sized hail left a sour taste for residents.

SUN & MOON

THU. FRI.

Sunrise 5:35 a.m. 5:36 a.m.

Sunset 8:22 p.m. 8:21 p.m.

Moonrise 5:29 p.m. 6:32 p.m.

Moonset 1:38 a.m. 2:23 a.m.

MOON PHASES

Full Last New First

Aug 3 Aug 11 Aug 18 Aug 25

AGRICULTURAL INFO.

HAY INFORMATION FRIDAY

Lowest relative humidity 20%

Afternoon wind WSW at 4 to 8 mph

Hours of sunshine 11.7

Evapotranspiration 0.28

RESERVOIR STORAGE (through midnight Wednesday)

Phillips Reservoir 42% of capacity

Unity Reservoir 66% of capacity

Owyhee Reservoir 64% of capacity

McKay Reservoir 84% of capacity

Wallowa Lake 47% of capacity

Thief Valley Reservoir 68% of capacity

STREAM FLOWS (through midnight Tuesday)

Grande Ronde at Troy 1010 cfs

Thief Valley Reservoir near North Powder 104 cfs

Burnt River near Unity 122 cfs

Umatilla River near Gibbon 50 cfs

Minam River at Minam 301 cfs

Powder River near Richland 33 cfs

AROUND OREGON AND THE REGION

Forecasts and graphics provided by AccuWeather, Inc. ©2020

Shown is Friday's weather. Temperatures are Thursday night's lows and Friday's highs.

REGIONAL CITIES

City	FRI. HI/Lo/W	SAT. HI/Lo/W	City	FRI. HI/Lo/W	SAT. HI/Lo/W
Astoria	67/55/c	68/55/c	Lewiston	105/69/s	97/65/pc
Bend	93/55/pc	90/53/pc	Longview	81/55/pc	80/56/pc
Boise	104/67/s	100/66/pc	Meacham	97/56/s	88/51/pc
Brookings	64/52/pc	68/52/pc	Medford	97/61/pc	96/61/s
Burns	98/54/s	95/52/s	Newport	59/45/c	60/47/c
Coos Bay	67/55/c	68/53/c	Olympia	79/53/c	79/54/pc
Corvallis	85/54/s	85/55/pc	Ontario	105/72/s	101/66/pc
Council	100/63/s	97/60/pc	Pasco	106/69/pc	98/62/pc
Elgin	99/58/pc	90/55/pc	Pendleton	101/67/s	95/63/pc
Eugene	86/56/pc	86/55/pc	Portland	87/61/c	84/61/c
Hermiston	105/70/s	99/67/pc	Powers	79/55/c	80/55/pc
Hood River	90/64/pc	88/62/pc	Redmond	95/51/pc	93/50/pc
Imnaha	103/63/s	93/63/pc	Roseburg	88/59/pc	87/58/pc
John Day	98/62/s	93/60/pc	Salem	86/57/pc	86/57/pc
Joseph	98/56/s	88/54/pc	Spokane	101/66/s	92/61/pc
Kennecook	106/68/pc	97/67/pc	The Dalles	94/68/pc	91/63/pc
Klamath Falls	91/50/pc	91/49/s	Ukiah	95/51/s	87/51/pc
Lakeview	92/47/s	92/49/s	Walla Walla	103/69/s	93/65/pc

Weather(W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, F-rain, sf-snow flurries, sn-snow, i-ice

RECREATION FORECAST FRIDAY

ANTHONY LAKES	PHILLIPS LAKE
Mostly sunny; warm	Mostly sunny
78 51	98 57
MT. EMILY REC.	BROWNLEE RES.
Mostly sunny	Mostly sunny; warm
87 53	103 66
EAGLE CAP WILD.	EMIGRANT ST. PARK
Sunshine and warm	Mostly sunny; hot
85 51	92 47
WALLOWA LAKE	MCKAY RESERVOIR
Mostly sunny	Mostly sunny
98 56	101 64
THIEF VALLEY RES.	RED BRIDGE ST. PARK
Very hot	Mostly sunny; hot
105 57	99 60

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