

RANCH

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The three sisters are the fourth generation to grow up on the ranch and their children will be the fifth.

The family presence in Wallowa County extends to their great-grandfather, as Henry Schaeffer and his father Samuel Schaeffer homesteaded in the area after crossing the country in the early 1870s. They worked as cattle ranchers and blacksmiths.

"We have so much love for this place and commitment to this ranch that was our great-granddad's," Nora Hawkins said.

Mary Hawkins has two children: son, James, 6, and daughter, Anna, 3. Nora Hawkins' daughter, Myrna, is 9 months and rode along with mom in a back harness.

"It's about our kids having the experience of growing up on the land like we did and learning to do chores," Mary Hawkins said.

The sisters noted they're also backcountry outfitters and Nora Hawkins is a licensed midwife.

"This is a small ranch," Mary Hawkins said. "Our operation is not the primary income for the families, but it's a way to stay involved in making food."

The processing facility, which was set up in 2016, is licensed to process up to 20,000 birds a year. So far, they have done 5,000-6,000 a year, May through November. The ranch



Photo by Bill Bradshaw/EO Media Group

Nora Hawkins shows some of the few rabbits she keeps in hutches at the Hawkins Sisters Ranch just outside of Wallowa on Friday, May 22, while packing her 9-month old child, Myrna. Hawkins raises most of her meat rabbits in "bunny barns," she said, which give the animals more room to move and makes them easier to manage.

processes 150-200 pasture-raised, locally grown chickens two days a week and will harvest birds for the first time this season this week. The ranch also processes poultry and rabbits for others. Customers call ahead and bring their own birds or rabbits for processing at the ranch's facility.

"More than half of what we do is people having their own chickens processed — extra roosters and backyard chickens — as well as turkeys and rabbits," Mary Hawkins said.

Nora Hawkins oversees the meat rabbits raised on the ranch, mostly in "bunny barns," as she called them.

She raises New Zealand/Rex cross meat rabbits. They dress out at

about 3-4 pounds each and sell for \$6.75 a pound.

"It's a historic self-sufficiency meat that lost popularity during World War II with the rise of the industrialized," she said. Containing many vitamins and minerals, rabbit meat is "a very healthy, whole protein," she said.

Hawkins ranch sells its meat onsite. Customers can call or email to reserve a case. Prices and cuts are available on the business' website.

While their way of raising and processing poultry and rabbits for meat may be environmentally friendly, that's not necessarily their first priority, Mary Hawkins said.

"It's more about contributing to the community," she said.

REBOUND

Continued from Page 1B

and are counting on it. It's perfect really, not only for those out of our area that have signed up, but when the weather is less than ideal around here, people are able to not only support a local business that makes them feel good when they walk in the doors and workout, but when stuck at home, they won't miss out."

Brown has yet to release an outline for what Phase 2. Some of the sources said Phase 2 for their business would look like having more people with less restrictions.



Photo by Sabrina Thompson/EO Media Group

Peak Lifestyle Studio in downtown La Grande has had customers return to take classes in person under Phase 1 of reopening. Phase 2 could allow the fitness establishment to allow more participants in classes.

Coronavirus fallout will haunt U.S. economy for years, officials say

By Jeff Stein
The Washington Post

WASHINGTON — Fallout from the coronavirus pandemic will shrink the size of the U.S. economy by roughly \$8 trillion over the next decade, according to new projections released by the Congressional Budget Office on Monday.

In a letter to U.S. lawmakers, the CBO said the U.S. economy will grow by \$7.9 trillion less from 2020 to 2030 than it had projected in January. That amounts to a 3% decline in U.S. gross domestic product compared with its initial estimate.

The stark illustration of the pandemic's potential

economic impact comes one week after White House officials confirmed that they would not release their own updated projections this summer in their annual "mid-session" budget review.

The pandemic will hamper U.S. economic growth by reducing the amount of consumer spending and closing numerous businesses, the CBO said. Part of the impact will be mitigated by the more than \$2 trillion the federal government has already approved in emergency spending for households and businesses.

"Business closures and social distancing mea-

asures are expected to curtail consumer spending, while the recent drop in energy prices is projected to severely reduce U.S. investment in the energy sector," said Phillip Swagel, the CBO director and former economic expert at the American Enterprise Institute, a conservative-leaning think-tank.

The pandemic's impact on the U.S. economy has been swift. The unemployment rate jumped from 3.5% in February to 14.7% in April. Tax revenues plummeted, government spending skyrocketed and the economy quickly contracted after years of growth.



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- Baker City Fire Dept.
- Haines Sell-Rite
- Idle Hour
- Salvation Army

114 Self-Help Group Meetings

WALLOWA COUNTY AA MEETINGS

Enterprise

MONDAYS

- Enterprise Group 7:00 pm 113.5 E Main St.

TUESDAYS

- Enterprise Group 12 - 1:00 pm 113.5 E Main St.
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- Enterprise Group 7:00 pm 113.5 E Main St.

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- All Saints (Mens Mtg) 7:00 pm 113.5 E Main St.
- Grapevine Meeting 301 S. Lake; 5:30 pm

FRIDAYS

- Enterprise Group 7:00 pm 113.5 E Main St.

SATURDAYS

- Enterprise Group 7:00 pm 113.5 E Main St.

City of Joseph

MONDAYS

- Grace and Dignity (Womans Mtg) Joseph United Methodist Church; 6:00 pm 301 S. Lake St, Corner 3rd & Lake/Side Stairs, Lake St

WEDNESDAYS

- Grace and Dignity (Womans Mtg) 12 pm 301 S. Lake St., Church Basement

City of Wallowa

SUNDAYS

- Church of Christ 504 w. 2nd St.; 5:00 pm

SATURDAYS

- Church of Christ 504 w. 2nd St.; 12:00 pm

Questions call AA Hotline: 541-624-5117 www.oregonaadistrict29.org

114 Self-Help Group Meetings

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Questions: Call 541-624-5117 www.oregonaadistrict29.org

AL-ANON, Cove. Keep coming back. Mondays, 7-8pm. Calvary Baptist Church. 707 Main, Cove.

AA MEETINGS

Wednesday Nights, 7-8:15pm. Fort Union Grange Hall, corner of McAlister & Gekeler Lanes. For more info, call 541-786-1222

AL-ANON Attitude of Gratitude. Wednesdays, 12:15-1:30pm. Faith Lutheran Church. 12th & Gekeler, La Grande. 541-786-2051

Drug Problem? We can help!

Narcotics Anonymous Phone: 541-805-2229 www.neo-na.org

NARCOTICS ANONYMOUS:

Monday, Thursday, & Friday at 8pm. Episcopal Church 2177 First St., Baker City.

Call 541-963-3161 or 541-523-3673 to place your ad.

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114 Self-Help Group Meetings

LA GRANDE NOW HAS A GAMBLERS ANONYMOUS MEETING!

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NARCOTICS ANONYMOUS

Go in' Straight Group Meetings: Mon., Tues. Thurs. & Fri. Start at 8 PM Episcopal Church Basement 2177 1st Street, Baker City

PEOPLE with PARKINSON'S

Caregivers, Family, Friends SUPPORT GROUP Contact Judith at 208-855-9199 Meetings resume @GRH when restrictions ease.

AA MEETING: Survivor Group. Mon., Wed. & Thurs. 12:05 pm-1:05 pm. Presbyterian Church, 1995 4th St. (4th & Court Sts.) Baker City. Open, No smoking.

AL-ANON FAMILY GROUP (support for family & friends of Alcoholics) Tuesday evenings Joseph Methodist Church (basement on northside) Joseph, OR 6-7pm. Contact 541-398-1398

ALZHEIMERS-DEMENTIA

Support Group meeting **2nd Friday of every mo.** 11:30 am to 1:00 pm. 1250 Hughes Lane Baker City Church of the Nazarene (In the Fellowship Hall) 541-523-9845

Check out our classified ads.

OVEREATERS ANONYMOUS NEW MEETING ROOM!

Community Connections 2810 Cedar St. • Baker City Enter room from backdoor. OA sign in the door window Fridays at 8:45 A.M. Call 541-523-5128

SAFE HAVEN Alzheimer/Dementia Caregivers Support Group

2nd Friday of every month at 11:45 AM Fellowship Hall (right wing) Nazarene Church 1250 Hughes Lane, Baker City

AL-ANON Concerned about someone else's drinking?

Saturday, 9 a.m. Northeast OR Compassion Center 1250 Hughes Ln. Baker City (509)420-0495

114 Self-Help Group Meetings

OVEREATERS ANONYMOUS

Tues., Noon - 1 PM Baker County Library (Archive Room) 2400 Resort St 541-540-5326

Someone's drinking a problem? AL-ANON

Monday at Noon Presbyterian Church (Music Room, Upstairs) 1995 4th St. (Use Washington Ave.) 541-523-5851 Baker City

BAKER COUNTY AA MEETINGS BAKER CITY

MONDAYS Survivor's Group

12 - 1:00 pm Baker Presbyterian Church 1995 4th St. (4th & Court, Side Door)

TUESDAYS K.I.S.S.

(Keep it Simple Sister) 12 - 1:00 pm 1645 Eldon St. Eldon Court Apts Community Room

WEDNESDAYS Survivor's Group

12:05 pm Baker Presbyterian Church 1995 4th St. (4th & Court, Side Door)

THURSDAYS Survivor's Group

12:05 pm Baker Presbyterian Church 1995 4th St. (4th & Court, Side Door)

FRIDAYS Been There Done That (Grapevine Meeting) 5:30 - 6:30 pm 2970 Walnut (Corner of "D" & Grove St.) Grove Apts. Community Rm

A.A. Book Study 6:00 - 7:00 pm

SATURDAYS As Bill Sees It Group

10:00 am 2970 Walnut (Corner of "D" & Grove St.) Grove Apts. Community Rm

SUNDAYS Been There Done That

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