WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV MOVIES SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		Pandemic-You		General Hospital		Afternoon Live		Tamron Hall		KATU News First		News	ABC
PBS	3	5			SciGirls	Biz Kid$	NOVA		History Detectives		Varied	Oregon	Power Trip		Operation Wild		Poetry	On Story	Varied Programs					
CBS	6	6	6	6	CBS This Morning		Let's Make a Deal		The Price Is Right		Young & Restless		News	Bold	The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast	Blast	News	Paid Prg.	Days of our Lives		The Dr. Oz Show		Ellen DeGeneres		KGW News at 4		News	News
CW	9	9	32	32	(7:00) KOIN AM Extra		DailyMail	DailyMail	Paternity	Court	Steve Wilkos Show		Maury		Jerry Springer		Mel Robbins		King	Friends	Mom	Last Man	black-ish	black-ish
FOX	12	12	12	12	Good Day Oregon		Good Day Or.		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy Williams		The People's Court		Jdg Judy	Jdg Judy	4 O'Clock News		5 O'Clock News	
MNT	13	13	49	49	Good Day Oregon		Paid Prg.	Paid Prg.	25 Words	25 Words	TMZ Live		Jerry	Protection	Divorce	Divorce	Judge Mathis		Hot	Hot	Jdg Judy	Jdg Judy	FamFeud	FamFeud
UNIV	22	22	16	47	(7:00) ¡Despierta América!						Que te perdone		Noticiero	Nosotr.	Hoy		Como dice el dicho		Me declaro culpable		El gordo y la flaca		Primer impacto	
A&E	52	55	118	265	After the First 48		The First 48		The First 48		The First 48		First 48	Varied	First 48	Varied	First 48	Varied Programs						
AMC	60	45	131	254	Paid Prg.	Paid Prg.	Stooges	Varied Programs																
ANP	24	49	184	282	Tanked		Secret Life-Zoo		The Zoo		Pit Bulls-Parole		Pit Bulls-Parole		Varied Programs									
BET	4	72	124	392	Martin	Martin	Martin	Varied	Martin	Martin	Parkers	Parkers	Parkers	Parkers	Browns	Browns	Browns	Browns	Browns	Varied Programs				
BRAVO	54	65	129	237	Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck	
CARTOON	25	59	177	297	Apple	Apple	Teen	Teen	Craig	Craig	Teen	Teen	Victor	Victor	Gumball	Gumball	Gumball	Gumball	Craig	Craig	Total	Total	Teen	Teen
CNN	68	44	200	202	Pandemic		Pandemic		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Situation Room		Situation Room		Erin Burnett OutFront		Anderson Cooper	
COM	77	56	107	249	Futurama	Futurama	Varied Programs														Office	Office	Office	Office
COOK	123	123	113	232	Varied Programs																			
DISN	26	48	173	290	Puppy	Puppy	T.O.T.S.	Mira	Ladybug	Ladybug	Big City	Big City	Big City	Big City	Raven	Raven	Bunk'd	Bunk'd	Bunk'd	Jessie	Jessie	Big City	Big City	Big City
E!	64	76	114	236	Varied Programs									Daily Pop	Varied Programs									
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		SportsCenter		NFL Live		The Jump	First Take	Jalen	Question	SportsCenter		SportsCenter		Varied Programs			
ESPN2	34	28	143	209	(7:00) Get Up		First Take		Varied Programs		Korean Baseball		Varied Programs				NFL Live		Jalen	Question	Varied Programs			
FNC	66	25	205	360	America's Newsroom		Outnumbered		Outnumbered		The Daily Briefing		Bill Hemmer Reports		Neil Cavuto		The Five		Special Report		The Story		Tucker Carlson	
FOOD	61	54	110	231	Paid Prg.	Paid Prg.	Paid Prg.	Varied Programs																
FREE	32	33	180	311	Melissa	Melissa	Melissa	700 Club	The 700 Club		Movie	Varied Programs								Simpsons	Simpsons	Simpsons	Simpsons	Varied
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak for Yourself		Skip	Varied Programs								
FX	65	24	136	249	Movie	Varied Programs																		
FXX	35	64	125	259	Movie	Varied Programs																		
GOLF	88	88	401	218	Varied Programs														Central	Central	Varied Programs			
HALL	87	87	185	312	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Home & Family				Movie				Movie				Movie			
HALLMM	86	86	187	565	M Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.	
					T Monk		Monk		Monk		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.	
					W Monk		Monk		Monk		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.	
					Th Monk		Monk		Monk		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.	
					F Monk		Monk		Monk		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.	
HGTV	62	57	112	229	Varied Programs																			
HIST	50	60	120	269	Varied Programs																			
LIFE	29	29	108	252	King	King	King	King	King	King	King	King	King	King	King	King	King	King	King	King	King	King	King	Varied
MSNBC	71	67	209	356	MSNBC Live		Andrea Mitchell		MSNBC Live					Deadline: White House			MTP Daily		The Beat With		Decision 2020		All In With	
NBCSN	89	89	159	220	Dan Patrick		Varied Programs																	
NBCSNW	426	37	424		Varied Programs		The Brian Noe Show						Paid Prg.	Paid Prg.	The Bridge		Lunch Talk Live		The Brian Noe Show					
NGEO	55	78	197	276	Paid Prg.	Paid Prg.	Varied Programs																	
NICK	27	51	171	299	Bubble	Bubble	Blue	PAW	PAW	PAW	PAW	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Loud	Loud	Loud	Loud	Loud	Loud
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Varied Programs			
OXY	30	69	127	251	Varied Programs																			
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Rescue	Varied	Bar Rescue		Bar Rescue		Bar Rescue		Mom	Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men
ROOT	37	26	426	687	Paid Prg.	Paid Prg.	Varied Programs																	Mariners
SYFY	67	50	122	244	Varied Programs																			
TCM	56	73	132	256	M (:15) ★★★★ "The Great Escape" (1963, War) Steve McQueen.						(:15) ★★★ "The Dirty Dozen" (1967, War) Lee Marvin.						★★★ "Battle of the Bulge" (1965) Henry Fonda, Robert Shaw.						"Best Yrs-Lives"	
					T Lady Van.	So You're	(:15) ★★★★ "I Know Where I'm Going!"				"Indiscretion"		(:15) ★★ "The V.I.P.s" (1963) Elizabeth Taylor.						★★★ "Travels With My Aunt" (1972)				"Incendiary Blonde"	
					W So This Is	(:45) ★★★★ "Interrupted Melody" (1955)				(:45) ★★★ "The Singing Nun" (1966)				All Girl	★★ "Song of Love" (1947)				★★★ "I'll Cry Tomorrow" (1955)				"Horse Soldiers"	
					Th Hap		★★ "Too Late for Tears" (1949)			★★ "A Guy Named Joe" (1943)				(:45) ★★ "The Stork Club" (1945)				Return	Men of	★★ "A Girl in Every Port"			"Our Vines-Grps"	
					F (7:45) ★★ "A Stolen Life"			(:45) ★★★ "Deception" (1946)				(:45) ★★★ "It's Love I'm After" (1937)				★★★ "June Bride" (1948)			(:15) ★★★ "The Bride Came C.O.D."				"Pickup-South"	
TDC	51	42	182	278	Varied Programs																			
TLC	49	62	183	280	7 Little	Varied Programs																		
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Varied Programs											
TRAV	53	38	196	277	Varied Programs																			
TRUTV	73	75	242	246	Funniest	Funniest	Jokers	Jokers	Jokers	Jokers	Dumbest	Varied	Dumbest	Varied	Dumbest	Varied	Dumbest	Varied	Carbon	Carbon	Carbon	Carbon	Jokers	Jokers
TVL	75	74	106	304	Paid Prg.	Paid Prg.	Andy G.	Andy G.	Andy G.	Andy G.	Bonanza	Varied	G'nsmoke	Varied	G'nsmoke	Varied	G'nsmoke	Varied	G'nsmoke	Varied	Andy G.	Andy G.	Andy G.	Andy G.
USA	58	39	105	242	NCIS		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Varied Programs			
WE	118	118	128	260	Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.	Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Varied Programs					
WEATH	14	19	214	362	Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Underground		Underground		Underground		Varied Programs	
WTBS	59	40	139	247	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	American	American	American	American
HBO	518	518	303	504	M (7:15) ★★★ "Shazam!"			★★ "Aquaman" (2018, Action) Jason Momoa.					★★ "Armageddon" (1998) Bruce Willis, Liv Tyler.					★★ "Godzilla: King of the Monsters"				(:45) Run	(:12) Run	(:37) Run
					T "They Shall Not Grow Old"		(:35) ★★★ "Chocolat" (2000, Drama)				(:40) ★★★★ "Jaws" (1975) Roy Scheider.					(:45) "Fantastic Beasts: The Crimes of Grindelwald"					★★★ "Unstoppable" (2010)			Real Time
					W (:10) ★ "Never Back Down" (2008)				(:10) ★★★ "Downton Abbey" (2019)				(:15) Behind Closed Doors			(:35) Behind Closed Doors			★★★ "Crazy Rich Asians" (2018)				"Mr. & Mrs. Smith"	
					Th (:15) ★★ "Freeheld" (2015) Ellen Page				★★ "Fast & Furious Presents: Hobbs & Shaw"					"Dodgeball: Underdog"			REAL Sports Gumbel		★★★ "Friday Night Lights" (2004, Drama)				"School of Rock"	
					F (7:25) "Wild Hogs"		(:05) "The Art of Getting By"		★★ "Armageddon" (1998) Bruce Willis, Liv Tyler.						(:05) ★★ "The Adjustment Bureau"				(2:55) ★★★ "Cast Away" (2000, Drama) Tom Hanks.					Wood
MAX	531	531	311	516	M Very 3D	(:45) ★★★ "The Family Man" (2000) Nicolas Cage.					(10:55) ★★ "Lowriders"			(:35) ★★ "The Bridge of San Luis Rey"			(:35) ★★ "Mary Queen of Scots"					(:40) ★★ "Tower Heist"	
					T Replicas	(:25) ★★ "Don't Let Go" (2019)			(:10) ★★ "Mulholland Falls" (1996)				★ "The Whole Ten Yards"			(:40) ★★★ "Far and Away" (1992) Tom Cruise.				"Revenge of the Nerds" (1984)			First Man
					W (:15) ★★★ "Somewhere" (2010)				(9:52) "The Sitter"		(:15) ★★ "Stay" (2005) Ewan McGregor.				(12:55) ★★ "The Eagle" (2011, Action)				(2:48) "Welcome to Marwen"			(:45) ★ "Rollerball" (2002)		
					Th (6:35) "Backdraft"		(8:55) ★★ "Red Tails" (2012)				★★★ "Shanghai Knights" (2003, Comedy)				(12:55) ★★ "Made" (2001)			★★ "The Ladykillers"			(:15) ★★ "The Mule" (2018)			
					F (:10) ★★ "Ghoulies" (1985)			★★ "Possession" (2002)			(:15) ★★ "Still of the Night" (1982)				(12:50) ★★ "Mary Queen of Scots"				(2:55) "The Operative" (2019) Diane Kruger.			(4:55) "Ghoulies"		
SHOW	578	578	319	546	M (7:30) ★★★ "Chicago"			"Red Joan" (2018) Judi Dench.			Penny Dreadful: City		(:10) ★★ "The Holiday" (2006) Cameron Diaz.					★★★ "Hustlers" (2019) Julia Stiles				Billions		Clear
					T ★★ "A Dog's Journey" (2019, Children's)			"While You Were Sleeping"				(:45) ★★ "Addams Family Values"				★★ "Carriers" (2009, Horror)			(:05) Billions		(:05) ★★ "A Dog's Journey" (2019)			
					W (:15) ★★★ "Chicago" (2002, Musical)				(:15) "Win a Date With Tad Hamilton!"				★★ "I Feel Pretty" (2018) Amy Schumer.				★★★ "The Sixth Sense" (1999)				(3:50) ★★★ "Kill Bill: Vol. 1"			Kill Bill 2
					Th (7:45) ★★★ "Traitor" (2008)		Basketball County		(:45) ★★★ "Donnie Brasco" (1997) Al Pacino.						Penny Dreadful: City		(1:55) ★★ "The Upside" (2017) Kevin Hart.				★★ "Beauty Shop" (2005)			Best
					F (:05) "Tyler Perry's the Family That Preys"			★★ "Indecent Proposal" (1993)					"My Best Friend's Wedding"			(:45) ★★ "Faster" (2010, Action)				★ "Peppermint" (2018)			(:15) "Red Joan"	
STARZ	621	621	351	526	M (:14) ★★★ "Little Miss Sunshine"			★★★ "Serenity" (2005) Nathan Fillion.					(:02) "Zombieland: Double Tap"			"George A. Romero's Land of the Dead"				(:20) Hightown		(:19) ★ "Showtime" (2002)		
					T (6:57) "Serenity"		(8:59) "Don't Think Twice"			(:33) ★★★ "Black Hawk Down" (2001, War)					(:01) Hightown		(1:59) "Undercover Brother"				(:27) ★★★ "The Cider House Rules"			Meddler
					W "Looking Glass"		(8:49) ★★ "Funny People" (2009) Adam Sandler.					(:18) ★★ "Black and Blue"			(:09) ★★ "Vertical Limit" (2000) Chris O'Donnell.						(:17) "A Dog's Way Home"		"McFarland, USA"	
					Th (7:59) "Sicario: Day of the Soldado" (2018)			(:05) ★★ "Think Like a Man" (2012)					(:09) ★★ "The Equalizer 2" (2018, Action)				(:13) ★★ "X-Men Origins: Wolverine"				(:04) "Sicario: Day of the Soldado" (2018)			
					F (7:04) ★★★ "Changeling"			(:28) ★★★ "The Meddler"			(:14) ★★ "Hostage" (2005) Bruce Willis.				(:10) ★★ "Welcome to Mooseport" (2004)			(:03) Hightown			(:01) ★★ "Venom" (2018) Tom Hardy.		
TMC	591	591	327	554	M ★★ "The Hummingbird Project" (2018)			★★ "Rounders" (1998) Matt Damon.					(:05) ★★ "Red Dawn" (1984) Premiere.				★★★ "Kill Bill: Vol. 1" (2003) Premiere.				★★★ "Kill Bill: Vol. 2" (2004) Premiere.			
					T (7:35) "Being Rose"		★★ "Remember Me" (2010, Romance)				★★ "The Prince & Me" (2004) Julia Stiles.			"Nighthawks" (2019, Drama)			(:34) "Selfie From Hell" (2018)				"The Appearance" (2018) Jake Stormoen.		
					W Sorry	(:45) ★★★ "The Falcon and the Snowman" (1985)					★★ "Rounders" (1998) Matt Damon.				(:05) "Searching for Bobby Fischer" (1993)			★★★ "Good Will Hunting" (1997)					(:15) "Phantom"	
					Th "Hoodwinked Too"		"The Wind" (2018, Horror)			"All Creatures Here Below"			(:05) ★★ "El Chicano" (2018, Action)				★★★ "Chicago" (2002, Musical)				★★ "Seven Pounds" (2008) Will Smith.			
					F (7:30) "Nighthawks"		(:05) "The 4th" (2016, Comedy)			"Win a Date-Tad Hamilton!"			Scram	(:35) "Sorry for Your Loss"			(:15) "Phil" (2019) Greg Kinnear.				★★ "The Holiday" (2006) Kate Winslet			