

Wednesday



EDDM
PERMIT 25
Pendleton, Ore.

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A Classified Publication of
Baker City Herald | THE OBSERVER

VOTE FOR CHANGE, VOTE FOR EXPERIENCE

**INTEGRITY
TRANSPARENCY
HARD WORK
EXPERIENCED
VETERAN
PRO 2ND AMENDMENT**



BILL MILLER FOR SHERIFF

"His integrity will never be in question nor will his ethics. He has considerable experience in all of the Law Enforcement disciplines, which make him the most viable candidate."

~ Stephen G. Oliver, Union County Sheriff Retired

"I believe Bill has the leadership skills to elevate the quality of the services provided by the Union County Sheriff's Office."

~ Brian C. Dretke, Union/Wallowa Circuit Court Judge, Retired

A few of my priorities:

Expansion of the drug task force, bring back a comprehensive Reserve Program, full support of Union County Search & Rescue, and better policing/visibiliy in all communities

**Look me up on Facebook: Bill Miller For Union County Sheriff
Email me: billmillerforucsheriff@gmail.com**

Paid for by Committee to elect Bill Miller, Sheriff. Jared Rogers - Treasurer, 73001 Palmer Junction Rd., Elgin, OR 97827



GRANDE RONDE HOSPITAL & CLINICS
TELEHEALTH SERVICES

Did you know we expanded telehealth services to offer GRH Virtual Visits as an option in some of our clinics?

To protect our patients, improve access and convenience, and decrease potential exposure to germs, we have now expanded our award-winning telehealth services to include Virtual Visits at many of our clinics!

If a GRH Virtual Visit makes sense for your next appointment, either call your GRH clinic today to find out more, or message your care team via MyChart!



Frank Szumski, DO, Family Medicine—Regional Medical Clinic

Some health concerns are best evaluated face-to-face, so if your provider decides a GRH Virtual Visit is not right for you, please know we're taking every precaution to keep you safe, including screening patients and employees, enforcing strict cleaning routines, and using medical masks and other PPE as the situation requires it. We're committed to keeping you safe and healthy!

For trusted health information you need right now, visit [GRH.org](https://grh.org) or follow us:

Facebook: facebook.com/grh01 Instagram: [@granderondhospital](https://www.instagram.com/granderondhospital)

Covid-19 = Loss of Income vs. Health Insurance

You have options where your health insurance is concerned. You don't have to drop it, just rework it to reduce your monthly premiums!

Teresa Schwab
541-523-5467

InsureMeTeresa@gmail.com
<https://ezcard.com/insure>
Multi-Line Insurance Broker



LISTED SERVICES FROM COMMUNITY CONNECTION

Baker, Union, and Wallowa County Senior Centers: Take Out Meals available for pick-up; Meals On Wheels being delivered.

Northeast Oregon Public Transit: Baker, Union, and Wallowa County transportation services are running. Primary focus is medical, pharmacy, groceries, and essential services and appointments.

Housing Resource Center: Property Tax Relief program, call Debbie or Susy 541-963-3186 for information

Telephone Reassurance - We make regularly scheduled telephone calls to seniors who live alone and who need someone to call and check on them. If no one answers, we begin calling emergency contacts, up to and including the police department to do a wellness check.

PEARLS - The Program to Encourage Active, Rewarding Lives (PEARLS) is a national evidence-based program for late-life depression. PEARLS brings high quality mental health care into community-based settings that reach vulnerable older adults.

Kids Club - Open 7:00 AM to 5:30 PM, health care workers and first responders given preference.

Give Back

***Needed: food donations
for food pantries, pet food,
childcare supplies: diapers,
etc household supplies &
staples: toilet paper, paper
towels, cleaners, etc,
personal hygiene items:
shampoo, toothpaste, etc***



Volunteers needed for Meals on Wheels and Kids Club

- Keep at least 6 feet away from other people
- Wash your hands with soap frequently
- Avoid group gatherings
- Avoid touching your face
- Stay at home as much as possible
- Use services like delivery and curbside pickup whenever possible to avoid close contact with others

We are closed during the Covid-19 crisis

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