

Sports

Blazers' bench keys win

By Anne M. Peterson
AP Sports Writer

PORTLAND — The Trail Blazers' bench is proving to be difficult to stop when all five players come together.

Portland's reserves were key in the team's 99-92 victory over the Grizzlies on Wednesday night, outscoring the Memphis bench 44-14.

It was the second time in the past week that Portland's bench has been instrumental in a victory. The reserves outscored their counterparts for Toronto 58-26 in a 128-122 victory over the Raptors Dec. 14.

Damian Lillard led the Blazers with 24 points, including 15 in the third quarter. Meyers Leonard combined for 12 points and eight rebounds.

HOLIDAY FIRE PREVENTION TIPS

Make sure everyone in your household is prepared with a fire evacuation plan and these important fire safety and prevention tips.

CHRISTMAS LIGHTS It's important to remember not to overload wall outlets and extension cords. Use a power strip where you can. If you must use an extension cord, be sure it is appropriate for your lighting — that is, do not use an indoor extension cord to run exterior lights, or a heavy appliance cord to power lights inside of your home. You should also only purchase UL-approved lights and never use frayed or damaged strings, or mix indoor and outdoor lights. Always remember to unplug all holiday lights at bedtime and before you leave home.

CANDLES Many fires occur when holiday decorations, such as centerpieces, contact a lit candle. That's why it's important to consider fire safety when using candles as part of your holiday decorating.

CHRISTMAS TREE Keep it away from heat sources and exits. If you use an artificial tree, make sure it's flame-resistant. Never burn a discarded Christmas tree, wreath or branches in your fireplace. A Christmas tree can be oily and may damage your fireplace. Dry trees burn hot and fast, and often release sparks. Just one spark could ignite home furnishings and floor coverings.

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BAKER GIRLS BASKETBALL

Bulldogs stop Liberty Charter

By Gerry Steele
gsteeler@bakercityherald.com

Baker opened play at the Nyssa Holiday Girls Basketball Tournament Thursday by stopping Liberty Charter, Idaho, 65-23.

"The girls played well today," said Baker coach Mat Sand.

"Everybody contributed and we were able to work on several different defensive and offensive sets. They executed most of them well."

Three Bulldogs scored in double figures — Sydney Younger and Anna Carter

each with 11, and Averi Elms with 10.

Jayne Ramos and Rose Gwillim each added nine, Lauren Benson seven, Sydney Keller six and Jocelyn Hellberg two.

Sand said the Bulldogs still have some rough spots to figure out during the preseason.

"We are still getting into basketball shape so our shots and timing are off at times, but we are getting there," Sand said.

Baker (7-1) plays Emmett today.

WEEKEND AHEAD IN HIGH SCHOOL SPORTS

FRIDAY, DEC. 21

- **Wrestling:** Baker at Best of the West tourney, tba, Pasco
- **Boys basketball:** Powder Valley at Union tourney, tba; Pine-Eagle at Huntington, 7:30 p.m.
- **Girls basketball:** Powder Valley at Union tourney, tba; Baker JV vs. Nyssa JV2, 10:30 a.m.; Nyssa; Baker vs. Emmett, 4:30 p.m.; Nyssa

SATURDAY, DEC. 22

- **Boys basketball:** Powder Valley at Union tourney, tba; Baker JV at Pine-Eagle, 5:30 p.m.
- **Wrestling:** Baker at Best of the West tourney, tba, Pasco
- **Girls basketball:** Baker JV vs. Harper, 12:30 p.m.; Nyssa; Cambridge at Pine-Eagle, 1 p.m.; Baker at Nyssa, 6:30 p.m.; Powder Valley at Union tourney, tba

AT A GLANCE

Powder Valley has 3 all-state

NORTH POWDER — Powder Valley's volleyball team laced three on the Class 1A all-state lists this week. Megan Bingham and Brooke Allen were named to the first team.

Powder coach Marji Lind also was named Coach of the Year.

Baker defeats Burns, 33-10

Baker's boys basketball intramural team beat the Burns C team 33-10 Dec. 14.

Baker was led by 10 points from Logan Speelman. Ernesto Lopez-Vilalanzo added six points,

Brandon McCullough four points, Patrick Bigler three points and two points each by Bryley Garvin, Ryan Hansen, Izek Cleveland, Dominic Myers and Dysan Robb.

Ducks' Ionescu sets record

EUGENE (AP) — It took only 19 seconds for Sabrina Ionescu to show she's mortal after all.

Her missed free throw snapped a streak of 22 makes, but that was about the only flaw Thursday.

Ionescu set an NCAA record with her 13th triple-double and Ruthy Hebard had 20 points on 9-for-9 shooting to lead No. 7 Oregon past Air Force 82-36.

"Yeah, I guess, awesome," Ionescu said nonchalantly of her accomplishment. "Just another day."

The junior All-America guard, who had shared the career mark with former BYU men's player Kyle Collinsworth, finished with 17 points, 11 rebounds and 13 assists for the Ducks (10-1) in her 82nd game.

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