

Obsession with politics turns friendship into one-way street

DEAR ABBY: I have a friend who constantly talks about all the negative politics going on today. I'm sick of hearing it. It's not because I don't care or disagree, but it has become the topic of every conversation. She's extremely depressed, has major anxiety issues and, despite seeing a therapist, her condition has not only not improved, but has gotten worse.

I feel it has become a one-way conversation, and she's not interested in listening to me. This is extremely upsetting because my husband passed away two years ago, and she doesn't want to hear about it. She thinks it is less important since it "only affects me," and I "should have gotten over it by now." My husband and I were married 30 years, and his death was sudden and unexpected. Please help me get through this difficult time.

— OVERWHELMED IN IOWA



DEAR ABBY

lem, she calls my son and tells him about it, and obviously, only from her point of view. I'm afraid irreparable damage has been done to our relationship, and I don't know what to do. I have no other relatives. Please advise.

— BROKENHEARTED IN TEXAS

DEAR BROKENHEARTED: I'm sorry you are brokenhearted, but with time your broken heart will heal. From your description of her, your sister appears to be overbearing and loose-lipped. Unless you are willing to live according to her rules, what you should do is hire someone to help you unpack and begin cultivating relationships outside the family that are less high-maintenance than the one you have with your sister. If you do, I'm sure you will be much happier.

DEAR ABBY: My 24-year-old daughter and 21-year-old son work as banquet servers at a local country club. Many of the receptions at which they serve include guests consuming large amounts of alcohol.

If an intoxicated male guest made suggestive comments to my daughter or touched her, he would be asked to leave the facility. But what is my son supposed to do when an intoxicated woman, usually much older than he, pinches his backside and makes inappropriate comments or "invitations"?

My son isn't a prude. His sense of humor allows him to "laugh it off," but it happens often and he is becoming annoyed. In fact, he'll say, "Mom, it's pretty gross!" Abby, what are these women thinking? What should he do to promote self-respect but not cause an uncomfortable atmosphere for himself and the guests?

— CURIOUS MOM IN NEW JERSEY

DEAR MOM: The employee protection rules are no different for males than they are for females. What your son should do first is document the incidents with dates, times and the women involved. He should then report their behavior to the banquet supervisor at the country club. I'm sure the person in charge will want to know, because if the sexual harassment isn't stopped, it could result in a very embarrassing — and possibly costly — lawsuit against the club.

DEAR OVERWHELMED: Please accept my sympathy for the loss of your husband. Because you are still grieving, and your friend is unable to help you cope with your sadness, it might help you to join a grief support group in which you can air those feelings with others who understand.

As to your friendship with the troubled individual you wrote about, it might be healthier for you to step back for a time. You are not equipped to handle — or help her handle — her anxiety and depression. That's her therapist's job, and unless you can pry her off the topic of politics and on to something more neutral, your time would be better spent with people who are better balanced.

DEAR ABBY: I have one sister, who is 10 years my junior. I have always lived in a big city; she lives on a ranch near a small town. I'm moving now and recently moved to another town to be near my son.

On two occasions my sister has come to help me with unpacking and has overruled many of my decisions regarding what I will keep or sell, where to put things, etc. When I objected, she became emotional and left in a huff.

She and her husband were coming to help again, but beforehand she had already told my son how they were planning to get things done. Any time there's even a hint of a prob-

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weather

	TONIGHT	TUE	WED	THU	FRI
	Clear and cold	Mostly sunny	Mostly cloudy	A couple of showers	Periods of sun, a shower
Baker City	15	48 20	46 26	47 28	44 22
Comfort Index™	3	3	3	1	1
La Grande	25	48 31	49 37	48 36	43 30
Comfort Index™	3	3	3	1	2
Enterprise	23	48 28	49 35	46 34	42 28
Comfort Index™	8	5	4	0	1

Comfort Index takes into account how the weather will feel based on a combination of factors. A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable.

ALMANAC

TEMPERATURES	Baker City	La Grande	Elgin
High Sunday	48°	48°	47°
Low Sunday	10°	22°	15°
PRECIPITATION (inches)			
Sunday	0.00	0.00	0.00
Month to date	Trace	0.65	1.59
Normal month to date	0.53	1.20	1.77
Year to date	5.24	13.57	24.66
Normal year to date	8.78	14.03	19.32

SUNDAY EXTREMES

NATION (for the 48 contiguous states)
High: 86° Hollywood, Fla.
Low: -13° Jeffrey City, Wyo.
Wettest: 2.13" Corpus Christi, Texas

OREGON
High: 65° Medford
Low: 4° Burns
Wettest: none

AGRICULTURAL INFO.

HAY INFORMATION TUESDAY
Lowest relative humidity 35%
Afternoon wind SSE at 7 to 14 mph
Hours of sunshine 6.3
Evapotranspiration 0.07

RESERVOIR STORAGE (through midnight Sunday)
Phillips Reservoir 8% of capacity
Unity Reservoir 15% of capacity
Owyhee Reservoir 32% of capacity
McKay Reservoir 12% of capacity
Wallowa Lake 11% of capacity
Thief Valley Reservoir 18% of capacity

STREAM FLOWS (through midnight Sunday)
Grande Ronde at Troy 770 cfs
Thief Valley Reservoir near North Powder N.A.
Burnt River near Unity 7 cfs
Umatilla River near Gibbon 56 cfs
Minam River at Minam 50 cfs
Powder River near Richland 17 cfs

WEATHER HISTORY

A storm on Nov. 20, 1798, brought heavy snow with high winds to New England. The storm caused great damage to vessels on coast, and many people were killed.

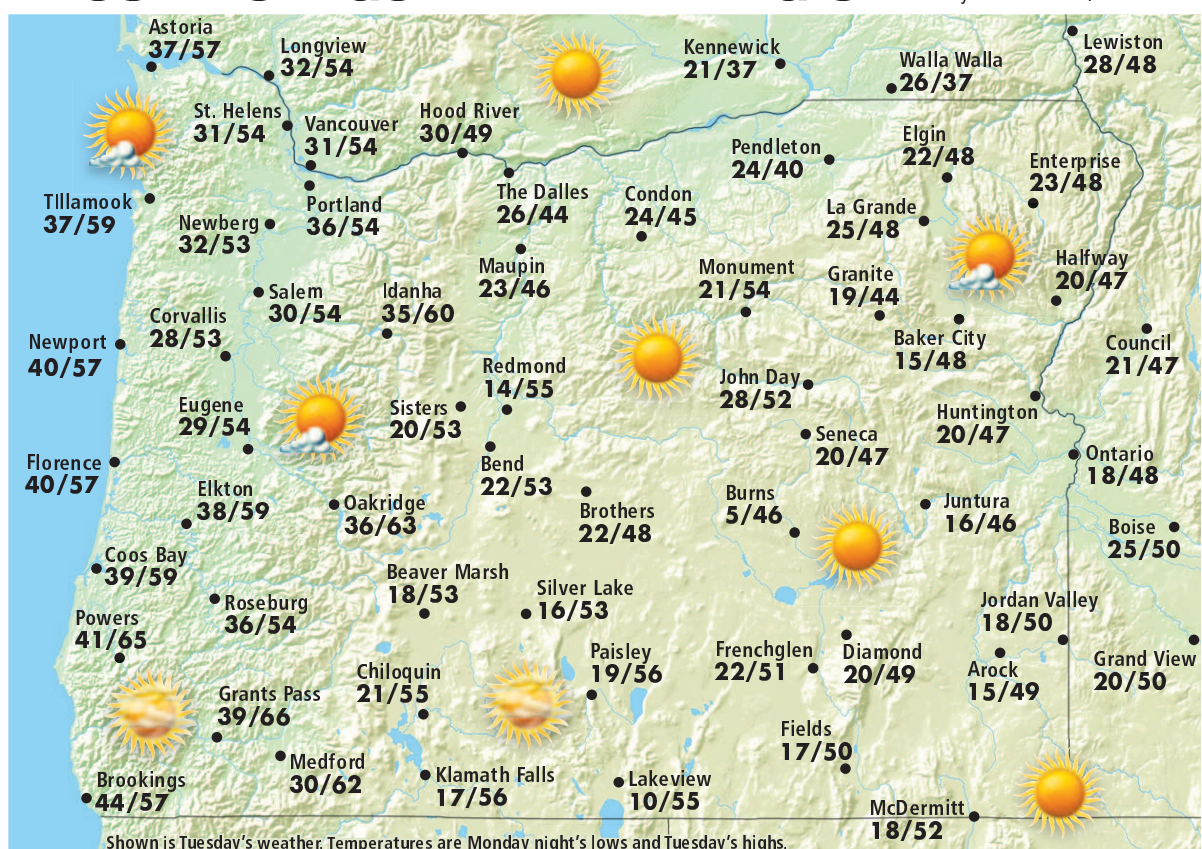
SUN & MOON

MON. TUE.
Sunrise 6:56 a.m. 6:57 a.m.
Sunset 4:19 p.m. 4:18 p.m.
Moonrise 2:57 p.m. 3:24 p.m.
Moonset 2:39 a.m. 3:45 a.m.

MOON PHASES
Full Last New First
Nov 22 Nov 29 Dec 6 Dec 15

AROUND OREGON AND THE REGION

Forecasts and graphics provided by AccuWeather, Inc. ©2018



REGIONAL CITIES

City	TUE. HI/Lo/W	WED. HI/Lo/W	City	TUE. HI/Lo/W	WED. HI/Lo/W
Astoria	57/42/pc	55/43/r	Lewiston	48/28/s	48/38/c
Bend	53/32/pc	52/35/c	Longview	54/39/pc	49/45/r
Boise	50/25/s	51/36/c	Meacham	47/28/s	48/36/c
Brookings	57/48/pc	56/46/r	Medford	62/40/s	55/39/r
Burns	46/11/s	44/22/c	Newport	57/44/pc	54/46/r
Coos Bay	59/46/pc	57/47/r	Olympia	53/35/pc	50/40/r
Corvallis	53/35/pc	51/42/r	Ontario	48/19/s	46/30/c
Council	47/21/s	48/34/c	Pasco	38/24/s	40/27/c
Elgin	48/28/s	49/37/c	Pendleton	40/26/s	45/35/c
Eugene	54/36/pc	51/43/r	Portland	54/39/s	49/45/r
Hermiston	38/25/s	42/33/c	Powers	65/48/pc	57/45/r
Hood River	49/36/pc	45/40/c	Redmond	55/27/pc	56/31/c
Imnaha	54/34/s	53/42/c	Roseburg	54/43/s	54/44/r
John Day	52/34/s	51/40/c	Salem	54/36/s	52/45/r
Joseph	48/28/s	49/33/c	Spokane	43/26/s	42/35/c
Kennewick	37/25/s	42/31/c	The Dalles	44/30/pc	43/34/c
Klamath Falls	56/29/s	49/26/r	Ukiah	50/26/s	50/36/c
Lakeview	55/21/s	48/28/c	Walla Walla	37/27/s	43/38/c

Weather (W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, f-ice

RECREATION FORECAST TUESDAY

Location	Forecast	Temp
ANTHONY LAKES	Plenty of sunshine	34 18
PHILLIPS LAKE	Plenty of sun	44 15
MT. EMILY REC.	Freezing fog	42 27
BROWNLEE RES.	Plenty of sunshine	50 22
EAGLE CAP WILD.	Plenty of sunshine	38 14
EMIGRANT ST. PARK	Freezing fog	45 23
WALLOWA LAKE	Plenty of sunshine	47 23
MCKAY RESERVOIR	Freezing fog	45 25
THIEF VALLEY RES.	Plenty of sun	47 15
RED BRIDGE ST. PARK	Freezing fog	48 25

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