

## PUMPKIN

Continued from Page 1B

They are just a mixture of coffee, Kahlua, heavy cream and just enough pumpkin spice, turned semi-solid in gelatin. It really is like pumpkin spice latte Jell-O.

They are not just fun to eat, they are also delectable. In fact, pumpkin spice has, in me, a new convert.

But don't expect me to like pumpkin spice pizza.

### PUMPKIN BLONDIE BARS

Yield: 16 servings

8 ounces cream cheese  
1 cup sour cream, at room temperature  
2½ cups plus 2 tablespoons all-purpose flour, divided  
2 tablespoons granulated sugar  
2 teaspoons vanilla extract, divided  
1½ teaspoons kosher salt, divided  
2 teaspoons pumpkin spice  
2 sticks (1 cup) unsalted butter, melted, plus more for the pan  
1½ cups packed light brown sugar  
1 large egg  
1 (15-ounce) can unsweetened pumpkin puree

1. Preheat oven to 350 degrees. Butter a 9-by-13-inch pan and line with parchment paper, leaving a 2-inch overhang.

2. Microwave the cream cheese in a medium, microwave-safe bowl in 15-second bursts, stirring after each one until smooth but not hot. Whisk in the sour cream, 2 tablespoons of the flour, granulated sugar, 1 teaspoon of the vanilla and ½ teaspoon of the salt until smooth. Set aside.

3. In a small bowl, whisk the remaining 2½ cups flour, pumpkin spice and the remaining teaspoon of the salt until well combined.

4. In a separate large bowl, whisk together melted butter and brown sugar until smooth, then

whisk in egg and remaining 1 teaspoon vanilla. Scrape the sides of the bowl with a rubber spatula, then whisk in pumpkin puree and scrape down sides again. Whisk in the flour mixture until no streaks remain.

5. Reserving about ½ cup of the blondie batter, spread batter evenly in the prepared pan. Spread the cream cheese topping on top, leaving a ½-inch border. Scatter dollops of the reserved blondie batter on top of the cream cheese topping; then use a chopstick, butter knife or toothpick to swirl the blondie batter and cream cheese layers together. Be careful not to overmix — the idea is to get pretty swirls of the two without combining them too much.

6. Bake until a toothpick inserted in the center comes out with just a few crumbs, 45 to 50 minutes. Let cool completely in the pan, then cut into bars and serve.

— Recipe by Delish.com

### HOMEMADE PUMPKIN PIE SPICE

Yield: 2½ tablespoons

4 teaspoons ground cinnamon  
2 teaspoons ground ginger  
1 teaspoon ground cloves  
½ teaspoon ground nutmeg

Mix all ingredients. Store in an airtight container in a cool, dry place for up to 6 months.

— Recipe by Tasteofhome.com

### PSL JELL-O SHOTS

Yield: 10 servings

1 cup coffee  
1 packet gelatin  
2/3 cup Kahlua  
1/3 cup heavy cream  
2 teaspoons pumpkin spice, plus more for garnish  
Whipped cream, for garnish

1. In a small saucepan, bring coffee to a boil. Remove from

heat and whisk in gelatin. Add Kahlua, heavy cream and pumpkin spice, and whisk to combine.

2. Divide mixture evenly among 10 plastic shot glasses. Transfer to refrigerator to set, about 1 hour. When fully set, top with whipped cream and a dusting of pumpkin pie spice before serving.

— Recipe from Delish.com

### SWEET SPICED BUTTERNUT SQUASH SOUP

Yield: 4 to 6 servings

1 medium butternut squash  
4 cups vegetable broth  
½ teaspoon pumpkin spice mix  
½ teaspoon sea salt  
2 tablespoons maple syrup  
Coconut cream or sour cream for garnish, optional

1. Preheat oven to 400 degrees. Place whole squash on baking tray and bake for 1 to 1¼ hours or until a knife pokes through skin easily. Remove from oven and let cool. Cut in half lengthwise and scoop out seeds; then scoop out flesh into a blender or food processor (you may have to do this in batches).

2. Add vegetable broth, pumpkin pie spice, salt and maple syrup. Blend until smooth. Heat in pot before serving. Drizzle each bowl with coconut cream or sour cream, if desired.

— Recipe from Jeanetteshealthyliving.com

### PUMPKIN CHEESECAKE

Yield: 12 to 16 servings

6 tablespoons (¾ stick) salted butter, plus more for greasing pan  
1½ cups graham cracker crumbs  
3 tablespoons light brown sugar  
1 teaspoon ground cinnamon, divided  
3 (8-ounce) packages cream cheese, room

temperature, see note  
1 (15-ounce) can pureed pumpkin  
¼ cup sour cream, room temperature, see note  
1½ cups granulated sugar  
1/8 teaspoon ground nutmeg  
1/8 teaspoon ground cloves  
2 tablespoons all-purpose flour  
1 teaspoon vanilla extract  
3 eggs plus 1 egg yolk, room temperature (see note)

Note: For best results, the cream cheese, eggs and sour cream must be at room temperature. Let them sit on the counter for 4 to 5 hours before cooking. If the cream cheese still feels a bit chilly, microwave it for 15 seconds until it is very smooth but not hot.

1. Preheat oven to 350 degrees. Grease the bottom and sides of a 9-inch springform pan with butter. Melt the remaining 6 tablespoons butter. 2. In a medium bowl, combine graham cracker crumbs, brown sugar and ½ teaspoon of the cinnamon. Add the melted butter and stir until well-combined. Press down flat into the bottom of the prepared springform pan. Set aside.

3. Beat cream cheese thoroughly until absolutely smooth and creamy; a hand-held or stand mixer will work best. Add pumpkin puree, sour cream, granulated sugar, the remaining ½ teaspoon cinnamon, nutmeg and cloves, stirring or whisking until mixed. Add flour and vanilla; beat until well-combined. Beat the eggs and add, stirring by hand until just combined. Do not overmix.

4. Put some water on to boil. Wrap bottom of pan with aluminum foil, coming up at

least a few inches on all sides. Pour custard into crust and spread out evenly. Place pan in a larger pan and pour in boiling water between them until it comes halfway up the sides of the springform pan,

but is below the top of the aluminum foil. Cook in oven for 1 hour. Remove from oven and remove springform pan from water bath. Let sit 15 minutes. Cover with plastic wrap and refrigerate at least 4 hours.



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## GARDEN

Continued from Page 1B

• Yellowtwig Dogwood — C. s. "Flaviramea." Has yellow twigs and branches.

"Colrigo Giant" C. n. Low branching but erect habit, vigorous, heavy trunked, with profusion of 6-inch flower heads. Named for Columbia River Gorge, where parent plant was found.

Dogwoods are a charming native and a good addition to your landscape. Just remember to locate them in a shade or partial shade condition as they are understory trees, naturally growing in forests and woods under other trees. Dogwood trees need good to excellent drainage. Soggy ground or over-watering in heavy clay

soil will kill a dogwood. Consider adding a western dogwood instead of the eastern dogwood to your garden if you can find a nursery that offers them.

If you have garden comments or questions please write: greengardencolumn@yahoo.com Thanks for reading!

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