

Long-married couple clashes over wife's right to privacy

DEAR ABBY: My husband and I have been married 25 years. I was 19 and he was 28. Among a number of things we disagree about, there's the notion that he feels I should have zero privacy. If he finds out I locked the bathroom door or the bedroom door for five minutes to get something private done, like shave or use the potty, he freaks out and yells at me. He insists that he's the husband and I shouldn't feel the need to lock him out.



DEAR ABBY

This morning I locked the bedroom door for less than 10 minutes to pack my bag for a flight. I was running late and wanted to eliminate the distraction of him going in and out of the room so I could finish quickly. He flipped out, calling me rude for making him feel like he is a pervert by locking the door. In the nicest way possible I had asked him when he came to the door if he would please let me have the room until I was done packing.

Don't I have the right to lock the door if I feel I need privacy, or is he right that there's no need for privacy from a husband? I hardly get five or 10 minutes a month of it. We have a large home with four other bathrooms. It isn't a lack-of-space thing. Please help me resolve this.

— IT'S PERSONAL, IN NEW YORK

DEAR IT'S PERSONAL: Everyone needs privacy at one time or another. Because someone is married does not mean she (or he) shouldn't have the right to some — especially when using the bathroom. Your husband is either extremely controlling or doesn't trust you to be alone, and that's not healthy. What's causing his behavior I can't guess, but a licensed mental health professional may be able to help you figure it out. If he won't agree to go, go without him.

DEAR ABBY: I am a 28-year-old man with a serious drinking problem. I function normally at work, but I have no real life outside of work or drinking.

I tried AA, but didn't feel comfortable in an organization that emphasizes God as part of the path to sobriety. I am desperate to find a way to recover, but I feel helpless

Please point me in the right direction. —ADDICTED IN KANSAS CITY, MO.

DEAR ADDICTED: Because, for the reason you stated, Alcoholics Anonymous isn't for you, I'm glad to offer secular alternatives. The first is SMART Recovery, a four-point program that encourages motivation to abstain and provides help in coping with cravings, managing negative emotions and finding a healthy life balance.

SMART Recovery offers face-to-face support groups worldwide as well as online meetings. Its goal, like AA, and help are also free. Unlike AA, lifetime attendance at meetings is not required. To find more information, visit smartrecovery.org.

Another resource is Secular Organizations for Sobriety (also known as Save Our Selves). You will find a list of meetings at sossobriety.org. Whichever you choose, I wish you a successful recovery.

DEAR ABBY: Years ago, I bought a beautiful little cottage in the North Carolina mountains as a second home. I feel very lucky to be able to afford such a luxury and have always been generous, sharing it with family and friends. However, it has reached the point where people constantly ask to use it.

Abby, my guests have left holes in cushions, bubble gum on couches and someone's child even peed in the bed. Only once in 10 years was I left with a thank-you note and a gift card to a local store. Most of the time I find a bottle of cheap wine. (I don't drink.)

How can I stop this? I'm being taken advantage of. I know I'm partly at fault for being so generous. This cottage was bought for me, my children and grandchildren to enjoy.

— TOO GENEROUS

DEAR TOO GENEROUS: People can be taken advantage of only if they allow it. You need to learn to say no. And when (not if) you are asked why you no longer allow friends and family to use the cottage in your absence, tell the individuals exactly what you have told me about your reasons.

Hurricane Lane shifts closer to Hawaii

By Jennifer Sinco Kelleher
The Associated Press

HONOLULU — Hurricane Lane soaked Hawaii's Big Island on Thursday, dumping nearly 20 inches of rain in nearly 24 hours as residents stocked up on supplies and tried to protect their homes ahead of the state's first hurricane since 1992.

The National Weather Service warned that Lane will get "perilously close" to Hawaii and that some areas could see up to 30 inches (about 80 centimeters) before the system passes.

Lane was not projected to make direct hit on the islands, but officials warned that even a lesser blow could do significant harm.

"You do not need a direct strike to have major impacts from a hurricane this strong," said Steve Goldstein, a meteorologist at the National Oceanic and Atmospheric Administration in Washington.

The center of the Category 4 storm was predicted to move close to or over portions of the main islands later Thursday or Friday, bringing dangerous surf of 20 feet (6 meters) and a storm surge of up to 4 feet (1 meter), forecasters said. As of 11 a.m., the hurricane was about 275 miles (460 kilometers) south of Honolulu.

Lane "shifted a little closer to the islands, unfortunately," meteorologist Melissa Dye said. "Big Island and Maui are in the thick of it now."

As Lane moved closer to the islands, it was expected to weaken more rapidly and turn toward the west. But it was unknown exactly when that would happen, forecasters said.

Pablo Akira Beimler, who lives on the coast in Honokaa on the Big Island, said the

road to Hilo was cut off due to landslides.

"Rain has been nonstop for the last half hour or so and winds are just starting to pick up," Beimler said as he posted videos of trees being blown sideways. "Our usually quiet stream is raging right now."

He said staying put is about the only choice he has.

"We essentially have one way in and out of our towns so sheltering in place is the priority," Beimler said in a Twitter message.

Two campers were reported trapped overnight in Waipio Valley, along the Big Island's northern coast. The campers called authorities Wednesday, but emergency crews could not mount a rescue operation.

"We can't go in because the roads — there's a river of water down there," said Hawaii County Managing Director Wil Okabe. Landslides had closed some roads.

In addition, there were reports of boulders falling into a park in Hilo on the east side of the island, Okabe said.

Shelters opened Wednesday on the Big Island and on the islands of Maui, Molokai and Lanai. Officials urged those needing the Molokai shelter to get there soon because of concerns that the main highway on the island's south coast could become impassable.

On the island of Oahu, shelters were scheduled to open Thursday. Aid agencies were also working to help Hawaii's sizeable homeless population, many of whom live near beaches and streams that could flood.

Because there's not enough shelter space statewide, Hawaii Emergency Management Agency Administrator Tom Travis urged people who

were not in flood zones to stay home.

On the island of Lanai, it was eerily dead still and gray, said Nick Palumbo II, who owns Lanai Surf School and Safari.

"It's relatively like a regular day," he said by telephone. "I got friends calling me telling me there's surf at the beach, and they're actually going surfing right now."

He won't be joining them and instead is staying home with his four children since there's no school.

Palumbo is prepared for the storm after boarding up one large window and stocking up on snack food. He's also got a freezer full of fish he's caught on dives and deer he's hunted on the island to last them through the storm.

"I don't have a generator, but I figure as things thaw out, if the electricity goes, we'll just get cooking," he said.

The central Pacific gets fewer hurricanes than other regions, with about only four or five named storms a year. Hawaii rarely gets hit. The last major storm to hit was Iniki in 1992. Others have come close in recent years.

Napua Puaoi of Wailuku, Maui, said she and her husband planned on boarding up their windows and sliding doors. She was 12 at the time of Hurricane Iniki.

"When it did happen, I just remember pandemonium. It was all-out craziness," she said.

Unlike Florida or Texas, where residents can get in their cars and drive hundreds of miles to safety, people in Hawaii are confined to the islands. They have to make sure they have enough supplies to outlast power outages and other potential emergencies.

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weather

	TONIGHT	SAT	SUN	MON	TUE
Turning out clear	Times of sun and clouds	Times of clouds and sun	Times of clouds and sun	Clouds and sun; warmer	
Baker City	37	79 45	71 44	69 42	78 44
Comfort Index™	10	9	10	10	9
La Grande	44	77 49	68 48	68 46	78 50
Comfort Index™	10	10	6	6	9
Enterprise	40	75 45	65 48	65 42	76 46
Comfort Index™	10	10	8	8	9

Comfort Index takes into account how the weather will feel based on a combination of factors. A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable.

ALMANAC

TEMPERATURES	Baker City	La Grande	Elgin
High Thursday	91°	88°	88°
Low Thursday	42°	48°	44°
PRECIPITATION (inches)			
Thursday	0.00	0.00	0.00
Month to date	Trace	0.03	0.03
Normal month to date	0.51	0.63	0.46
Year to date	4.75	10.33	20.81
Normal year to date	6.87	10.65	14.83

THURSDAY EXTREMES

NATION (for the 48 contiguous states)	OREGON
High: 115°	High: 91°
Low: 27°	Low: 38°
Wettest: 3.73"	Wettest: 0.13"
Death Valley, Calif.	Rome
Bodie State Park, Calif.	Burns
Gainesville, Fla.	Brookings

AGRICULTURAL INFO.

HAY INFORMATION SATURDAY	
Lowest relative humidity	25%
Afternoon wind	WNW at 6 to 12 mph
Hours of sunshine	8.1
Evapotranspiration	0.18

RESERVOIR STORAGE (through midnight Thursday)	
Phillips Reservoir	16% of capacity
Unity Reservoir	28% of capacity
Owyhee Reservoir	42% of capacity
McKay Reservoir	44% of capacity
Wallowa Lake	13% of capacity
Thief Valley Reservoir	9% of capacity

STREAM FLOWS (through midnight Thursday)	
Grande Ronde at Troy	489 cfs
Thief Valley Reservoir near North Powder	82 cfs
Burnt River near Unity	118 cfs
Umatilla River near Gibbon	35 cfs
Minam River at Minam	62 cfs
Powder River near Richland	46 cfs

WEATHER HISTORY

The temperature plummeted to 10 degrees in Bowen, Mont., on Aug. 25, 1910. This is the lowest temperature ever reported in the United States in August.

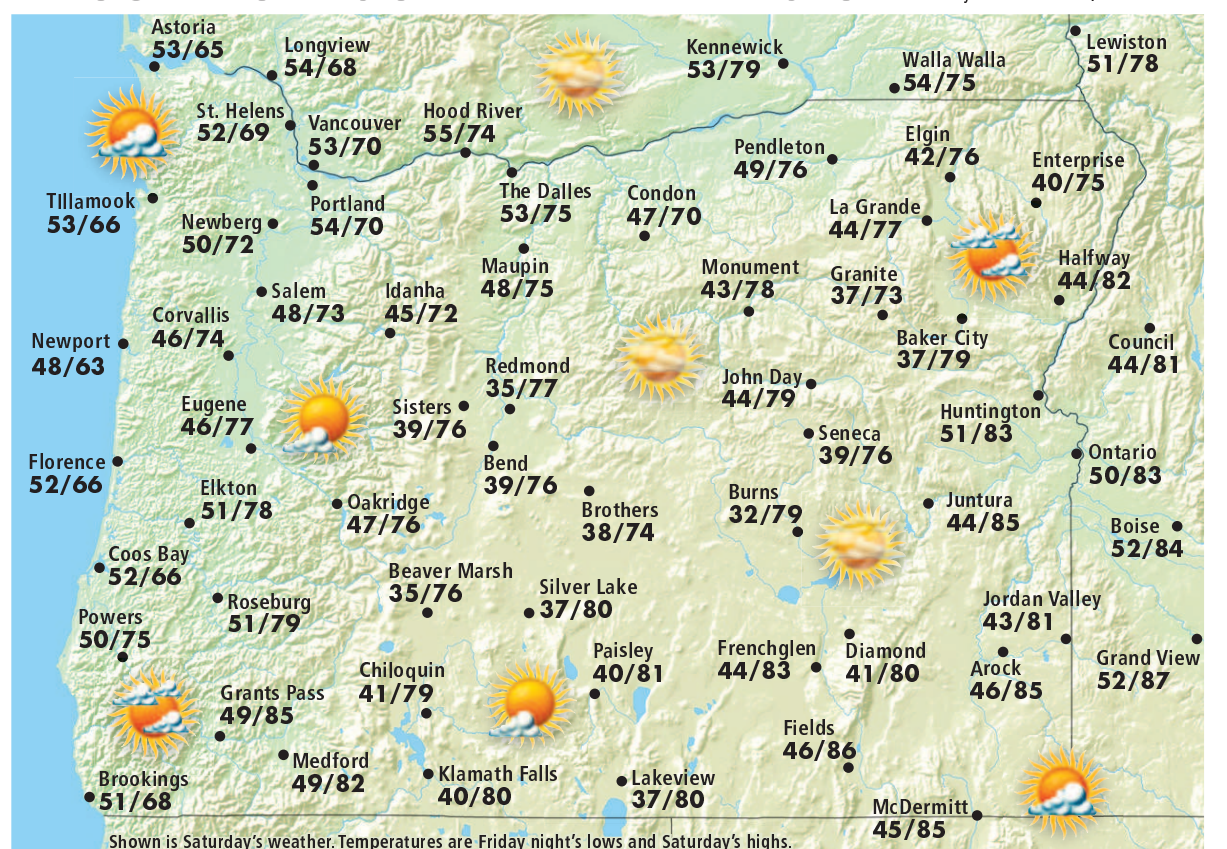
SUN & MOON

	FRI.	SAT.
Sunrise	6:04 a.m.	6:05 a.m.
Sunset	7:45 p.m.	7:43 p.m.
Moonrise	7:07 p.m.	7:39 p.m.
Moonset	4:09 a.m.	5:07 a.m.

MOON PHASES	Full	Last	New	First
	Aug 26	Sep 2	Sep 9	Sep 16

AROUND OREGON AND THE REGION

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REGIONAL CITIES

City	SAT. HI/Lo/W	SUN. HI/Lo/W	City	SAT. HI/Lo/W	SUN. HI/Lo/W
Astoria	65/55/pc	65/55/c	Lewiston	78/55/pc	73/56/pc
Bend	76/43/s	71/44/pc	Longview	68/57/pc	67/57/c
Boise	84/55/s	78/53/pc	Meacham	73/47/pc	65/47/pc
Brookings	68/53/pc	68/54/pc	Medford	82/54/s	80/53/pc
Burns	79/36/s	73/35/pc	Newport	63/50/pc	63/53/c
Coos Bay	66/56/s	67/58/c	Olympia	67/51/pc	67/50/c
Corvallis	74/51/pc	69/52/c	Ontario	83/56/s	78/52/s
Council	81/48/s	72/47/pc	Pasco	77/51/pc	76/50/pc
Elgin	76/49/pc	67/49/pc	Pendleton	76/54/s	72/54/s
Eugene	77/51/s	73/52/c	Portland	70/56/pc	69/57/c
Hermiston	78/56/s	76/56/s	Powers	75/54/s	72/56/c
Hood River	74/58/pc	70/59/pc	Redmond	77/43/s	72/41/pc
Imnaha	81/51/pc	72/54/pc	Roseburg	79/56/s	78/56/c
John Day	79/48/s	72/50/pc	Salem	73/54/pc	70/54/c
Joseph	76/45/pc	65/47/pc	Spokane	71/50/pc	69/52/pc
Kennewick	79/56/pc	77/55/pc	The Dalles	75/57/s	71/57/pc
Klamath Falls	80/41/s	77/42/pc	Ukiah	73/43/pc	63/47/pc
Lakeview	80/37/s	78/37/s	Walla Walla	75/57/pc	73/57/pc

RECREATION FORECAST SATURDAY

Location	Forecast	High	Low
ANTHONY LAKES	Cooler	51	31
PHILLIPS LAKE	Partly sunny	73	37
MT. EMILY REC.	Cooler	61	39
BROWNLEE RES.	Hazy sun and smoky	82	46
EAGLE CAP WILD.	Hazy and smoky	62	30
EMIGRANT ST. PARK	Cooler	66	32
WALLOWA LAKE	Hazy and smoky	75	40
MCKAY RESERVOIR	Not as warm	76	47
THIEF VALLEY RES.	Not as warm	78	37
RED BRIDGE ST. PARK	Not as warm	75	44



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