Wife to perfect husband cheats without remorse

DEAR ABBY: I have a wonderful husband of 11 years and three children. "Carl" is attentive, caring and always puts the needs of our family first. You could say he is everyone's dream husband.

Long story short, I cheated on him while I was on vacation. It started as innocent flirtation, but then it went further. When "Brad" kissed me, I knew it wasn't going to stop there. Afterward, I not only didn't feel guilty, I did it again. I have been quietly communicating with Brad and sent him revealing photos and a graphic video of myself. He loved it, and we plan to meet again soon.

Please help me understand why I am cheating on such a wonderful husband. Shouldn't I feel guilty? What can I do to stop this before it gets out of control and Carl finds out? I really don't want to lose him.

— DON'T FEEL GUILTY

DEAR DON'T FEEL GUILTY: I have a flash for you. This fling is already out of control. While the excitement may have gone out of your marriage, I guarantee that when Carl gets wind of this — start the countdown now — you'll have an abundance of it.

If you really value your marriage, start devoting as much energy to working on it as you have been directing toward Brad. And pray that Brad is a good enough sport to delete the incriminating photos and video.

DEAR ABBY: I am in love with a man who is 28 years younger than I am. I'll call him Albert. We want to get married, but I'm not sure how much the age difference really matters. We have been seeing each other for almost a year, and I know he loves me. We haven't told anyone except a few people. My son, 28, and my daughter, 40, don't know how serious we are. My granddaughter knows everything.

I know my children may object because of the age difference and the fact that Albert is from another country (in Africa). To me, that doesn't matter, and it may not to them, but Albert is worried that Immigration may question us. We are both private people, and we want to be together as husband and wife.

I can't give him children, but there are other ways we can have a child of our own. I want my kids to be happy for me. I really need to know what you think.

— LOST IN LOVE

DEAR LOST: That Albert is afraid of the questions Immigration might ask raises a red flag for me. What I think is that if you choose to proceed — as I suspect you probably will — you should be very cautious doing so.

DEAR ABBY

DEAR ABBY: I have a concern I suspect is shared by others. Keeping a journal has been shown to be of significant psychological benefit, but I do not want my private thoughts and concerns read by others after my death. Is this silly of me? I realize I'll be dead and gone, but the possibility of it happening inhibits me from recording my thoughts and feelings. Thanks for any insights you and/or your readers can offer.

— PRIVATE IN VIRGINIA

DEAR PRIVATE: Unless you have an executor you can trust to dispose of your journals when you are gone, my recommendation would be to keep your journals online, in the cloud, and able to be accessed only by you.

DEAR ABBY: I recently reconnected with my best friend from high school. I moved out of state at the age of 30, and we lost touch. Turns out she lives about 70 miles from me. Neither of us married or had children.

Someone told me where she works and I called her. She called back the following weekend, and we talked for a couple of hours. It was a good conversation, and it ended with her saying she would be in touch in the next couple of months. We had discussed getting together for lunch.

It has been almost four months and I'm puzzled as to why I have not heard from her. Should I let it go or contact her once more? It bothers me that she doesn't seem to want to get together and hasn't told me why. Any suggestions?

— RECONNECTING

DEAR RECONNECTING: There could be any number of reasons why your old friend let this slide. Contact her again and "remind" her that you had discussed having lunch together. Her response — or lack of one — will tell you if she's really interested.

Many out of power, water in flood-hit Japan

The Associated Press

HIROSHIMA, Japan — Akira Tanimoto says his apartment narrowly survived the floods and mudslide at his residential complex over the weekend, and even if he wants to go back there with his wife and two pet birds, he can't because there is no water, power or food available.

After their desperate run from floods that had hit the apartment complex where about a dozen of his neighbors were found dead, he returned to his place Monday to check on his apartment, which was almost intact. He also had to bring with him his beloved birds, which he initially had to leave behind.

Tanimoto wants to go back there with his wife, Chieko, and their yellow and green parakeets, Pi-chan and Kyako-chan, but said it would take a few weeks until they get the utility services back and clean the place.

"I can't go back if I wanted to," the 66-year-old retired Self-Defense serviceman said, holding a bird cage, in which the birds chirped as he spoke. "Electricity is out, water is cut off and there is no information there."

Rescuers were combing through mud-covered hillsides and along riverbanks Tuesday searching for dozens of people missing after heavy rains unleashed flooding and mudslides in southwestern Japan, where the death toll has exceeded 150.

More than 50 people were unaccounted for as of Tuesday evening, many in the hardest-hit Hiroshima area. At Tanimoto's apartment complex, about a dozen victims have been found. He and his wife grabbed the minimum necessities and walked about 1.5 kilometers (1 mile) to a fire engine Sunday after the floods and mudslides hit the complex. Debris and mudslides had stopped right outside the couple's apartment door.

Tanimoto thinks he and his wife are the lucky ones. "Some of our neighbors had their apartments destroyed, others are still looking for their families. So we are lucky. Our parakeets even survived," he said.

Work under the scorching sun was hampered by mud and heat, and shipments of relief goods were delayed by damaged roads and transportation systems, especially in areas isolated by the disaster.

Residents sheltering at the Yano school were provided with water, blankets and cellphone chargers. But a local volunteer, Yuki Sato, 25, said local convenience stores were obviously in short supply, so she didn't buy anything there because she wanted to save them for the evacuees or others who can't drive out of town.

Water and other relief supplies were scarce in some of the other disaster-hit areas.

"No water, food, nothing gets here," Ichiro Tanabe, a 73-year-old resident in the neighboring port city of Kure, told the Mainichi newspaper. "We are going to be all dried up if we continue to be isolated."

Delivery companies Sagawa Express Co. and Yamato Transport Co. and cargo service Japan Freight Railway Co. said some of their shipments to and from the flooded areas have been suspended or reduced. Regional supermarket chains such as Every Co. said one outlet is closed and several other outlets shortened service hours due to delivery delays and supply shortage.

Thousands of homes were still without clean water and electricity in Hiroshima and other hard-hit areas. Residents lined up for water under the scorching sun as temperatures rose to 35 Celsius (95 Fahrenheit), raising risks of heat stroke.

In another hard-hit town, Ozu in Ehime prefecture, water supplies were entirely cut off and residents could not clean their mud-stained homes, or even their clothes. At a major supermarket in town, employees sold bottled water and tea, cups of noodles and other preserved foods that survived the floods, while employees cleaned damaged merchandise, throwing items into dozens of plastic bags.

The landslides and flooding across much of western Japan have killed at least 155 people, Chief Cabinet Secretary Yoshihide Suga told a news conference.

Some of the thousands of residents who had been evacuated, some rescued from their rooftops, began cleaning up after the rain stopped Monday.

Suga said the government set up a task force and was spending 2 billion yen ($18 million) to hasten deliveries of supplies and other support for evacuation centers and residents in the region.

Earlier Tuesday, the Self-Defense Force ferried seven oil trucks from Hiroshima to Kure, a manufacturing city whose 226,000 residents were cut off from the rest of the prefecture due to the disaster.

AccuWeather DOWNLOAD THE APP

weather

	TONIGHT	THU	FRI	SAT	SUN
	Clear	Mostly sunny and warm	Very hot with sunshine	Partly sunny and pleasant	Mostly sunny and warm
Baker City	47	91 46	98 56	92 54	94 54
Comfort Index™	8	5	2	6	4
La Grande	53	91 56	97 55	89 52	92 55
Comfort Index™	8	5	3	6	4
Enterprise	49	87 54	94 55	88 51	89 55
Comfort Index™	9	5	3	5	4

Comfort Index takes into account how the weather will feel based on a combination of factors. A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable.

ALMANAC

TEMPERATURES	Baker City	La Grande	Elgin
High Tuesday	81°	80°	79°
Low Tuesday	54°	53°	54°
PRECIPITATION (inches)			
Tuesday	0.00	0.00	0.00
Month to date	0.00	Trace	Trace
Normal month to date	0.25	0.29	0.29
Year to date	4.75	10.30	20.78
Normal year to date	5.96	9.63	13.96

AGRICULTURAL INFO.

HAY INFORMATION THURSDAY	
Lowest relative humidity	20%
Afternoon wind	NNE at 6 to 12 mph
Hours of sunshine	13.3
Evapotranspiration	0.28
RESERVOIR STORAGE (through midnight Tuesday)	
Phillips Reservoir	50% of capacity
Unity Reservoir	65% of capacity
Owyhee Reservoir	60% of capacity
McKay Reservoir	67% of capacity
Wallowa Lake	36% of capacity
Thief Valley Reservoir	78% of capacity
STREAM FLOWS (through midnight Tuesday)	
Grande Ronde at Troy	1050 cfs
Thief Valley Reservoir near North Powder	134 cfs
Burnt River near Unity	94 cfs
Umatilla River near Gibbon	45 cfs
Minam River at Minam	255 cfs
Powder River near Richland	24 cfs

TUESDAY EXTREMES

NATION (for the 48 contiguous states)

High: 114°	Death Valley, Calif.
Low: 35°	Bodie State Park, Calif.
Wettest: 1.81"	Fort Polk, La.
OREGON	
High: 94°	Ontario
Low: 38°	Lakeview
Wettest: 0.02"	Astoria

WEATHER HISTORY

Lightning sparked 335 separate forest fires in the northern Rockies on July 12, 1940. Too often, western thunderstorms contain little or no rain, and the fires quickly spread.

SUN & MOON

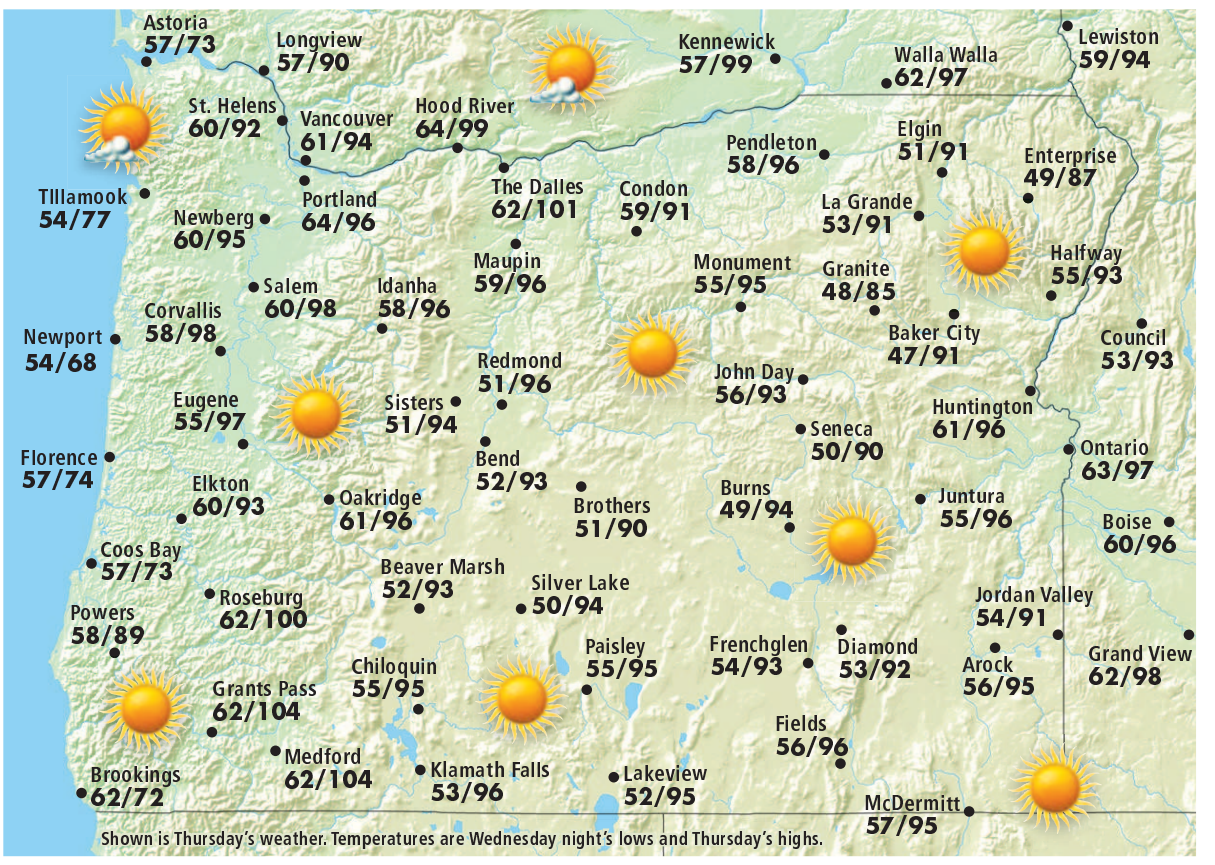
	WED.	THU.
Sunrise	5:15 a.m.	5:16 a.m.
Sunset	8:40 p.m.	8:40 p.m.
Moonrise	3:51 a.m.	4:50 a.m.
Moonset	7:23 p.m.	8:26 p.m.

MOON PHASES

New	First	Full	Last
Jul 12	Jul 19	Jul 27	Aug 4

AROUND OREGON AND THE REGION

Forecasts and graphics provided by AccuWeather, Inc. ©2018



Shown is Thursday's weather. Temperatures are Wednesday night's lows and Thursday's highs.

REGIONAL CITIES

City	THU. Hi/Lo/W	FRI. Hi/Lo/W	City	THU. Hi/Lo/W	FRI. Hi/Lo/W
Astoria	73/57/s	68/54/pc	Lewiston	94/62/s	100/67/s
Bend	93/58/s	97/57/s	Longview	90/58/s	82/54/s
Boise	96/64/s	101/70/s	Meacham	89/53/s	95/52/s
Brookings	72/57/pc	69/57/pc	Medford	104/69/s	102/69/s
Burns	94/50/s	99/56/s	Newport	68/54/s	66/52/s
Coos Bay	73/57/s	71/55/pc	Olympia	88/52/s	82/51/s
Corvallis	98/59/s	92/56/s	Ontario	97/61/s	103/71/s
Council	93/56/s	96/62/s	Pasco	99/59/s	106/64/s
Elgin	91/55/s	96/56/s	Pendleton	96/64/s	103/63/s
Eugene	97/57/s	94/54/s	Portland	96/65/s	90/60/s
Hermiston	100/63/s	107/66/s	Powers	89/60/s	85/58/pc
Hood River	99/67/s	95/62/s	Redmond	96/55/s	101/55/s
Imnaha	92/60/s	99/64/s	Roseburg	100/65/s	97/63/s
John Day	93/59/s	98/62/s	Salem	98/60/s	92/58/s
Joseph	88/53/s	93/54/s	Spokane	90/64/s	95/63/s
Kennewick	99/62/s	106/62/s	The Dalles	101/67/s	99/64/s
Klamath Falls	96/55/s	95/56/pc	Ukiah	88/52/s	94/49/s
Lakeview	95/53/s	94/55/pc	Walla Walla	97/66/s	103/69/s

Weather(W): **s**-sunny, **pc**-partly cloudy, **c**-cloudy, **sh**-showers, **t**-thunderstorms, **r**-rain, **sf**-snow flurries, **sn**-snow, **i**-ice

RECREATION FORECAST THURSDAY

ANTHONY LAKES
Plenty of sunshine
57 42

MT. EMILY REC.
Sunny and pleasant
71 50

EAGLE CAP WILD.
Sunny and pleasant
68 40

WALLOWA LAKE
Plenty of sunshine
81 50

THIEF VALLEY RES.
Plenty of sun
85 47

PHILLIPS LAKE
Plenty of sunshine
80 48

BROWNLEE RES.
Plenty of sunshine
88 56

EMIGRANT ST. PARK
Plenty of sun
77 43

MCKAY RESERVOIR
Plenty of sunshine
86 57

RED BRIDGE ST. PARK
Sunny and pleasant
84 53

GO NORTH EAST OREGON
Download & Explore Everything in NE Oregon
it's free and available at
Download on the App Store
GET IT ON Google play