

For Bilioussness

Sick Headache, Sour Stomach, Bloating, Gas, Constipation—all these distressing consequences of indigestion are avoided if the bowels are kept open and regular.

FOLEY CATHARTIC TABLETS

act promptly, without pain or nausea. They clear the bowels, sweeten the stomach and tone up the liver.

E. R. Whitehurst, R. F. D. 1, Norfolk, Va.: "Foley Cathartic Tablets have done me more good than any medicine I ever used."

FRENCH REWARD BRAVE UNITS OF THIRD DIVISION

Decorate Regimental Flag of 30th Infantry with Croix de Guerre with Palm

This is the reward the French gave a regiment of United States regulars who made the name "Chateau-Thierry Immortal" in American history.

On the regimental flag of the 30th Infantry, 3rd Division, near Meuse there hangs today the Croix de Guerre with palm—tribute of the 28th French Army Corps for the magnificent work of the 30th at Chateau-Thierry the night of July 14-15.

In addition, Col. E. L. Butts, who commanded the 99th that night in the Bois d'Arcement, was given the Croix de Guerre. Colonel Perry is now in command. Three men also were given the French war cross: Maj. Gen. Joseph T. Lickman, former commander of the 3d Division and now commander of the Third American Army, was present at the ceremony.

The 28th Infantry had been decorated previously, as well as the 7th Machine Gun Battalion, which was the first unit of the 3rd Division to reach the bridge at Chateau-Thierry. In the 7th, 29 decorations were awarded, 8 men being cited at the order of the army.

One of the greatest records the American people could make to these heroes would be to oversubscribe the Victory Loan.

(An Editorial)

COLD PATRIOTS

Under the stress of a patriotic impulse thousands of us purchased Liberty Bonds. We pledged ourselves at that time to support to the fullest our government. Now is the time when we are to be called upon to show that we were sincere in our promise. One way in which we can prove this sincerity is by holding on to the Liberty Bonds we bought last year so as to make it easier to sell the Victory Loan this spring.

In the three weeks following April 21 the government will offer to the people \$5,000,000,000 in short term bonds which is to be known as the Victory Loan. If the government bonds now outstanding are held close to par it will be easy to dispose of the new issue. If millions of dollars of the old issues are thoughtlessly dumped on the market it will be a harder task to sell the Victory Loan. By holding the bonds you now have you will not only be doing a patriotic duty but retaining a sound investment for yourself. The investment you now hold involves no hazard. Any bank will accept government bonds as collateral if money is desired. Any investment house will in an hour's time change your bond into money if the circumstances require.

Be ready for the Victory Liberty Loan. Buy the bonds and keep them. Saving means thrift. Thrift means success.

A good time to send one of the Children here for meats?



When the phone is out of order and you can't come yourself!

YOU CAN SEND YOUR CHILDREN HERE WITH THE ASSURANCE THAT THEY WILL RETURN WITH AS CHOICE A CUT OF MEAT AS YOU WOULD PROCURE YOURSELF. WE SEEK YOUR CONTINUED PATRONAGE

The City Market
408 G STREET PHONE 52

BONELESS BEEF SAVES U. S. ARMY \$73,000 DAILY

War Department Cuts Expenses on Meat Shipments for the A. E. F.

Thousands of tons of boneless beef was shipped to the American Expeditionary Forces, in order to cut the cost of transportation and save valuable freight space. This is only one of scores of ways in which the government eliminated unnecessary expense in the endeavor to make every dollar raised through the four popular Liberty Loans go as far as possible. By shipping all meat for the overseas troops with the bones cut out at the packing houses in America it has been estimated that a saving of \$73,000 daily was made. The suggestion to ship the meat in this economical manner was made by an army man after he watched thousands of tons go forward by the old method. A carcass of beef contains twenty-five pounds of bone to every hundred pounds of meat and requires twice the shipping space. It is with such unanswerable arguments as these that the government is replying to the charges that money was carelessly spent during the war making necessary the calling of the Victory Loan.

VICTORY DRIVE MEDALS

Medals made from captured German cannon will be awarded by the Treasury Department to volunteer workers who take part in the Victory Liberty Loan drive for \$5,000,000,000 which will start April 21.

Inscribed on the face of the medal will be the name of the worker and the service for which the medal was awarded.

Round Trip.

Aunt Mary Wells is one of the few "befo' de wab" darkies left in a little Kentucky town. Recently she was discussing with her employer the merry-go-round that was running up on the corner.

"Nawsuh, Mr. Malcolm," she said, "nawsuh, I don't ride on none o' dem things. Why, Mr. Malcolm, I've seen some o' these here fool niggers git on that thing and ride as much as a dollar's worth, and git off at the very same place they gits on at; an' I see to 'em, 'Now you spent yo' money, nigger, whah yo' been?'—Saturday Evening Post.

For Mending China.

Mix a teaspoonful of alum and a tablespoonful of water and place in a hot oven until it is quite transparent. Wash the broken pieces in hot water and, while warm, coat the broken edges thinly and quickly, as it sticks instantly. Your china thus mended will bear hot water and ordinary usage.

12 WAR TANKS TO ADVERTISE VICTORY LOAN

Each Pacific Coast State to Get at Least One Tank to Aid Fifth Drive

Twelve tanks which have been assigned to the Twelfth Federal Reserve District for use during the Victory Liberty Loan drive opening April 21 have been assigned to the seven states in the district so that each state in the district will get at least one of the tanks to display during the campaign. The tanks have been assigned as follows: Two to Washington, one to Oregon, one to Idaho, one to Utah, one to Nevada, two to Northern California and two to Southern California and Arizona. The remaining two tanks are to be carried or special trophy trains which will tour the district.

Tanks in Sham Battle

Veterans of the American Expeditionary Forces who have seen actual service in France will be the drivers of the tanks during the campaign. Before being distributed throughout the district for the opening of the campaign the tanks will parade in San Francisco and give a sham battle.

All of the tanks are being shipped from the East direct to San Francisco. They are due to arrive there about April 6 when they will be taken to a four acre tract near the Southern Pacific freight yards and assembled by the men who are to drive them. Each of the tanks will be armed with a Marlin machine gun or 37 M.M. smoke bombs with special pistols and lights.

Display of War Relics

In addition to the tanks the special trophy trains will carry a complete display of relics which have been gathered on the battlefields of France and which have been shipped back to this country since the signing of the armistice. Accompanying each of the trains will be an American war hero who will speak for the Victory Loan. One of the trains will tour the Northwest and the other will travel through California and the Southwest.

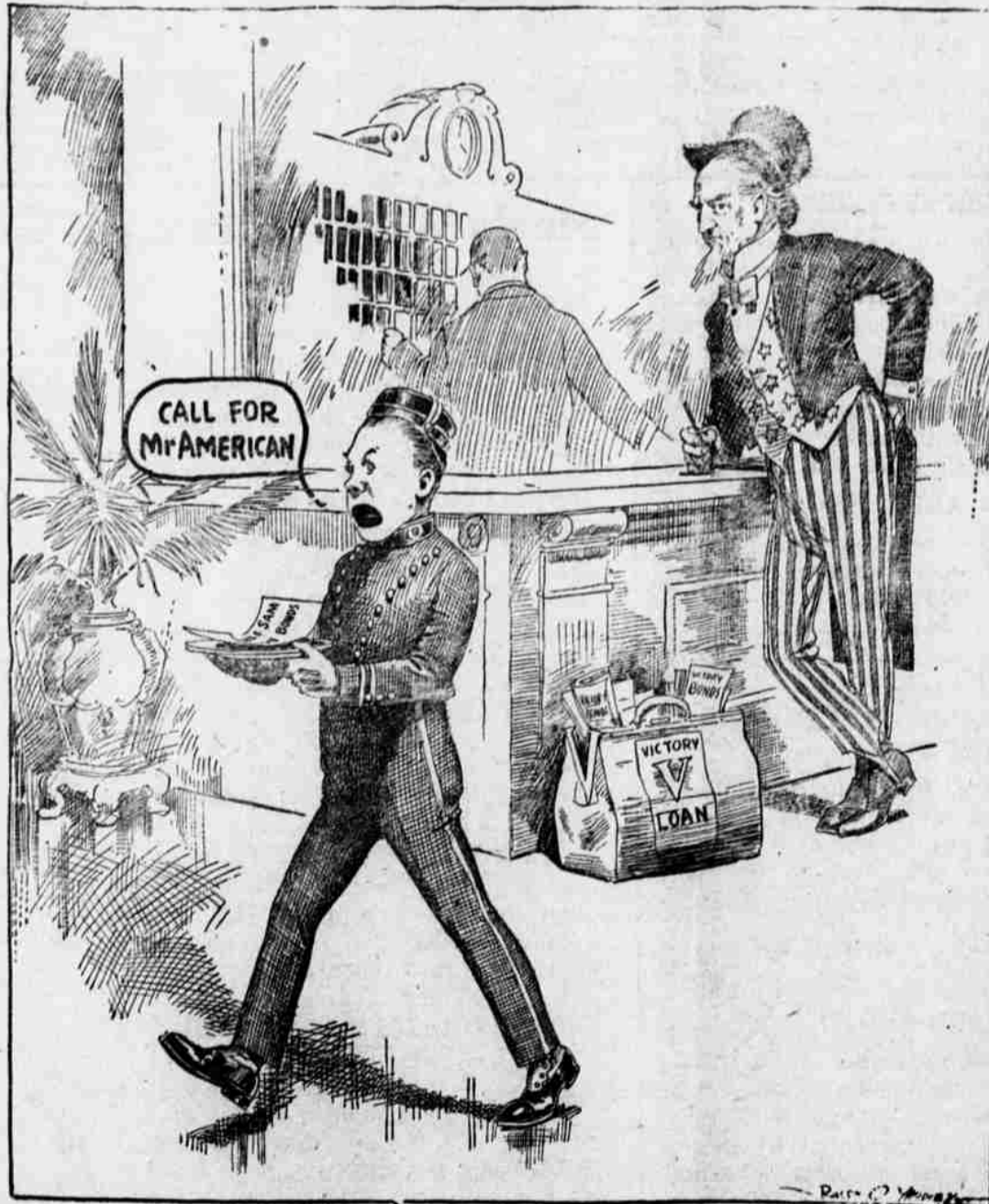
Matter of Patches.

Seven-year-old James and his mother were visiting the latter's spinster aunts. As was their custom these maiden ladies showed their visitors their vast supply of home-pieced quilts. "This is the first four-patch Jane ever made," announced one proudly, displaying a quilt whose blocks were made up of four square pieces.

"And this is Mary's nine-patch," explained Jane. "She made it when she was only seven years old."

The third quilt was an embroidered silk one, made of myriads of tiny irregular pieces—the gifts of friends and the remnants from ancient wedding and reception clothes. James stared at it a few minutes and then he turned to his mother. "Is this one an all-patch?" he asked.

ANSWER



LETTERS WORK FOR VICTORY LIBERTY LOAN

Yours for the Victory Loan. A prominent business man of St. Louis has suggested that if all business letters were signed in this manner the thought of the Victory Liberty Loan would be so firmly impressed on everyone's mind that it would be much easier to raise the \$5,000,000,000 to be asked for by the government beginning with the fifth drive April 21.

Make your letters work for the Victory Loan. Start in now to boost. Make the slogan "Yours for the Victory Loan," help put the fifth drive over the top.

(An Editorial)

AMERICANS NEVER QUIT

The Germans found that the American doughboys at the front were not quitters. Let us show those doughboys that the Americans who stayed at home are not quitters. There is no better way to do this than to hold on to the Liberty Bonds we have and buy to the limit when we are asked to take more.

Carter Glass, Secretary of the Treasury, said recently: "Our boys at the front in the service of the government have never quit. If you sell your Liberty Bonds you quit at a time when the government needs your continued support. Every time you quit by selling your Liberty Bonds you hurt the credit of our government and make it more difficult to finance the war. The cost of the war continues until peace is signed and our gallant boys are brought back to American soil."

There is no excuse for you to sell your bonds unless you are without food or are to be turned out of your home. In a Liberty Bond you have the safest investment in the world. The credit of the United States, whose wealth is estimated at \$250,000,000,000, is guarantee that you will get your money back. In the meantime your money will be working for you at a fair rate of interest.

Sad Blow to Pride.

"Mr. and Mrs. Whiffer put on a great many airs since they have returned from Europe."

"Yes, they do, but while they were away several people mistook the caretaker and his wife for Mr. and Mrs. Whiffer."—Brooklyn Citizen.

Proper Acknowledgment.

"You are what they call a self-made man."

"No," replied Mr. Dustin Stax; "my wife and family helped with advice and encouragement. I'm not self-made. I'm home-made."

Creatures That Weep.

Among the creatures that weep most easily are the ruminants. All hunters know that the stag weeps, and it is asserted that the bear sheds tears when severely wounded. The graffe is not less sensitive and regards with tearful eyes the hunter who has wounded it.

SAVE the Leather

2 IN 1

Shoe Polishes

Keep Your Shoes Neat

LIQUIDS AND PASTES FOR BLACK WHITE, TAN AND OX-BLOOD (DARK BROWN) SHOES

THE F. R. DALLEY CO. BUFFALO, N. Y.

Roast Rarity

GOOD roasts of choice beef, veal, etc., are as rare at some butcher shops as a cup race without a Shamrock.

But not here. We haven't been handling meat for years with our eyes shut.

We know meat. We've studied and talked and dreamed meat until we can see a side of beef ten miles away with our eyes shut.

We guarantee choice, tender roasts, the kind that makes your meals a joy instead of a dirge.



The Temple Market

What Can Be Done to a Side-Wall?

We have the equipment and specialize on doing it right! our prices are reasonable.

High-Class Work Pays on Good Tires

If we cannot satisfy we refund your money

Auto Service Co.

503 South Sixth Street

Opposite Oxford Hotel

IT RAISES THE DOUGH

Crescent Baking Powder

Wholly Pure

Crescent Baking Powder

Write for Cook Book

Crescent Bk. Co., Seattle, Wash.

Sold by Grocers