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MONDAY, MAY 6, 1918.

OREGON WEATHER
 Fair, warmer Tuesday; light to heavy frost in the morning; moderate northerly winds.

ABUNDANT OPPORTUNITIES

Sunday's issue of the Courier contained some mighty interesting news to the well-wishers for the prosperity of Josephine county. The approval of the \$105,000 bond issue for the Grants Pass Irrigation project by the federal board in San Francisco is sufficient cause for great rejoicing.

It is a fact that, as fertile as the soil is in this county, the long dry season makes the use of water imperative in most sections for the successful raising of crops. With water on the land there is nothing that cannot be accomplished and the construction of this project, which is coupled with the Gold Hill district's, will mean the addition of more crops on 2,800 acres of valuable land and will make a great increase to the tonnage shipments from this city.

The announcement that the Irrigation and Power company, which has re-organized the former Rogue River Public Service Corporation, that Mr. Favre has succeeded in getting that company on its feet again and will be in a position to furnish water to a large acreage in 1919, is also encouraging. Mr. Favre is known to be a man who does things and has invested a large amount of his own money in the project and has confidence in its future. These developments, added to the many small irrigation organizations now operating will make a substantial showing in the county. And more may be expected from time to time.

The other piece of pleasing news is in the chrome developments. While large bodies of this necessary compound exist in Josephine county it has remained for the war to make them of sufficient value to be mined and for outside capital to undertake the work. Chrome mining is a rich man's business, but several local companies are getting the ore out and selling it.

The mining of chrome and copper, both war necessities, will add hundreds of thousands of dollars to the circulation of the county this year and next. But it seems that to derive the fullest benefit possible from this production for Josephine county that the improvement of a few miles of roads is necessary. If as good roads as California has are not provided it is said that this product will be hauled over to Crescent City and shipped by boat.

The county court is up against a hard problem in this respect. No

doubt it would like to undertake the work, but funds are limited. It may be able to spend something on the work, but it cannot hope to raise the entire amount. It is bound to meet protests from sections which are not directly benefitted and will have a thousand wraths to appease.

But nothing should stand in the way of obtaining this prosperity which will be felt by the entire county. It would be well for some sections to sacrifice a little this year for the greater benefit of all. There is hope of aid being given the county from other sources, and it is to be hoped that this will come to pass. The opportunity is too great to be thrown away.

THE SPORTING SPIRIT

In Brand Whitlock's articles on Belgium, in Everybody's magazine, there is an illuminating commentary of sports and their influence on character.

"Almost as much has been said of German discipline as of German organization," writes Mr. Whitlock. "There is, of course, much of both in Germany, but the discipline is mostly of the military kind. There seems to be little self-discipline.

"There are no sports in Germany, and the sense of fair play is not developed; the idea of 'playing the game' does not exist. It is said that German schoolboys see nothing but of the way in 'switching,' in informing, and are encouraged to do so."

Doesn't that explain numberless things that we haven't been able to understand in the conduct of the Germans during this war? They have no sports. Their young men do not play the vigorous give-and-take games that develop strength of mind and character along with strength of body. There are no national sports like baseball or football. There is scarcely any tennis. There are no college track meets. There is little athletic competition of any sort. Instead of sports, they drink beer and sing, or take walks. Those pastimes may be well enough in their way, but they don't develop the sense of fair play that has become instinctive with the two great outdoor-sport nations, the British and the Americans.

We and our British friends have been accused of being sport-crazy. The Germans particularly have criticized us for "wasting so much time" on athletic games, when we might be training our minds. We may have overdone it, but the results speak for themselves. In the supreme game of war, the sporting nations fight clean. It is the nation without sports that has done the "dirty fighting" and set the standard of this war at its lowest mark since Europe first rose above sheer savagery.

PICTURE MESSAGES FROM HOME

A good many people have had to do their traveling sitting in a lecture room looking at stereopticon pictures of foreign lands. And while it hasn't been so completely satisfactory as the real thing, it has done a lot to broaden the interests of the men and women who haven't had the chance to go and see for themselves.

Now a new use for the stereopticon machine has been found. It is not to bring strange scenes and people to the viewer's eye, but to put before him the old familiar, loved scenes. The Y. M. C. A. plans to

provide a stereopticon machine for every 500 Americans abroad. And the pictures they show will be "bits of home."

Those in charge of the work are asking governors, mayors, chambers of commerce, colleges and museums for slides and descriptive material of everything from "Main street" to the "ol' swimmin' hole." It isn't hard to imagine the individual thrills that will come to men who see in this way a little bit of home. A New York skyscraper, a typical farm house, a scene from a college campus, a railroad station, a toll bridge—countless things can be thought of that would serve the purpose.

Perhaps the man who thrills at the skyscraper will not at first appreciate the joy of the other who laughs at recollections the swimming hole picture brings. But by and by both will realize that every picture brings a message from home to someone, and a kindly feeling of kinship will gladden the heart of every soldier who sees them. The boys at the front aren't going to mope in homesickness, but just the same they'll be mighty glad for just this bit of home the Y. M. C. A. is going to give them.

SUGAR BEET SYRUP GOOD SUGAR SUBSTITUTE

Corvallis, Ore., May 4.—Save sugar by using sugar beet sirup and make the sirup yourself, is the possibility held out to Oregon citizens by their college chemist, R. H. Robinson.

Residents of the Pacific coast regions do not yet feel the sugar-shortage now bearing hard on many parts of the United States as well as on the soldiers of America and its allies. But unless the supply of sweetening can be greatly increased the condition is expected to become serious here.

Sirup or raw sugar can be prepared in the home by growing a few bushels of sugar beets in the home garden or field and making them up. As made heretofore from Oregon-grown beets the sirup had a strong beety flavor that rendered it unfit for table use. This can be overcome by the following method: Scrub the beets until perfectly clean. Cut off the crown just under the lowest leaf scar, for the part above contains the salts that impart the bad flavor. Slice very thin and soak for an hour or more in water near the boiling temperature. Drain off the water and evaporate by heating until the desired thickness. Scum will rise and should be dipped off to keep the flavor good. The sirup will be good and wholesome for table use.

If the evaporation is carried still further a dark colored sugar will settle out, good for cooking.

Write Prof. Robinson for bulletins and other information in the making of sugar beet sirup.

ATTRACTIONS AT THE MOVIE SHOW TODAY

"Red, White and Blue Blood," starring Francis X. Bushman and Beverly Bayne at the Joy yesterday and today, is said to be the best production in which these two stars have yet appeared. There is some mighty fine acting and the dramatic quality of the picture is good. Mr. and Mrs. Sydney Drew also present a screaming farce comedy entitled "His Awful Calm."

Mae Marsh Tuesday
 An exceptionally good bill will be

presented Tuesday when Mae Marsh one of the most loved figures on the screen, will be seen in "Sunshine Alley," and Charlie Chaplin will cavort in "The Floorwalker," a two-reel concoction of his best comedy. In "The Floorwalker" Charlie is at his funniest and performs many daring and comic feats on the escalator, or moving stairway, in a large department store. It is one big laugh from first to last.

"The Quaintest Play of a Quaint Actress" is perhaps the best descriptive line that may be applied in advertising the celebrated actress, Mae Marsh, in her new Goldwyn photoplay, "Sunshine Alley," from the story of Mary Rider. The vehicle was especially written to fit the capabilities of the star, and it is so close-fitting that one may describe it as the best play ever produced for the full display of Mae Marsh talents. It is a production that is replete with human interest, and full opportunity is given to the little star to develop her part in her own inimitable way.

RECEIPTS GIVEN FOR WAR BREADS

Any community in Josephine county or any groups of women in Grants Pass who wish to see a "wheatless bread" demonstration, should at once make arrangements with Miss McCormick, government food demonstration agent, for such a demonstration. Miss McCormick will be in the county only until the end of this week.

Wheatless Breads
 The use of the substitutes to save wheat is now demanded by the present food situation of the country. Potatoes should play an important part in this wheat saving. It will very often be found, with a little experimenting, that one third to one-half of the flour in some favorite recipe can be replaced with mashed potatoes.

All measurements are level.

Potato Cornmeal Muffins

- 2 tablespoons fat.
 - 1 tablespoon sugar.
 - 1 egg, well beaten.
 - 1 cup milk.
 - 1 cup mashed potatoes.
 - 1 cup cornmeal.
 - 4 tablespoons baking powder.
 - 1 teaspoon salt.
- Mix in order given. Bake 40 minutes in hot oven. This makes 12 muffins. They are delicious.

Potato Muffins

- 1 cup cooked mashed potatoes.
 - 2 cups barley flour.
 - 6 teaspoons baking powder.
 - 2 tablespoons sugar.
 - 1 cup milk.
 - 1 tablespoon fat.
 - 1 egg.
- Make as any muffin. Bake.

you can flavor most daintily with

LESLIE SALT

it is full flavored free flowing strong without bitterness

THE GREAT WAR HAS MADE CIGARETTES A NECESSITY.

"Our boys must have their smokes. Send them cigarettes!" This is a familiar appeal now to all of us.

Among those most in demand is the now famous "toasted" cigarette—LUCKY STRIKE. Thousands of this favorite brand have been shipped to France. There is something home-like and friendly to the boys in the sight of the familiar green packages with the red circle.

This homelike, appetizing quality of the LUCKY STRIKE cigarette is largely due to the fact that the Barley tobacco used in making it has been toasted. "It's toasted" was the slogan that made a great success of LUCKY STRIKE in less than a year. Now the American Tobacco Co. is making 15 million LUCKY STRIKE Cigarettes a day.

A good part of this immense production is making its way across the water to cheer our boys. The Red Cross has distributed thousands of LUCKY STRIKE Cigarettes.

WRIGLEY'S

Keep WRIGLEY'S in mind as the longest-lasting confection you can buy. Send it to the boys at the front.

War Time Economy In Sweetmeats—

a 5-cent package of WRIGLEY'S will give you several days' enjoyment: it's an investment in benefit as well as pleasure, for it helps teeth, breath, appetite, digestion.

Chew It After Every Meal The Flavor Lasts!

WRIGLEY'S DOUBLE MINT
 WRIGLEY'S JULY FRUIT

- Rice and Oat Biscuits**
 1 cup ground rolled oats.
 1 cup rice flour.
 1 teaspoon salt.
 6 teaspoons baking powder.
 3 tablespoons fat.
 1 cup liquid.
- Sift the dry materials together. Work fat in well. Combine liquid and dry materials, handling lightly. Shape as a biscuit and bake in a hot oven. Grind your rolled oats in a meat grinder.
- Cornflour Biscuits**
 2 and 2-3 cups cornflour.
 1 teaspoon salt.
 6 teaspoons baking powder.
 3 Tablespoons fat.
 1 cup liquid.
- Sift dry materials together. Work in fat well. Combine liquid and dry materials, handling lightly. Shape as biscuit and bake in hot over (450 F or 230 C). This will make 14 medium sized biscuits.
- Wheat Substitute Nut Loaf**
 1 cup rice flour.
 1½ cups oat flour.
 1 cup barley flour.
 1½ teaspoons salt.
 6 Teaspoons baking powder.
 1 egg, well beaten.
 2 tablespoons Karo.
 ½ cup milk.
 ¼ cup chopped nuts.
- Make about the consistency of cake dough. Bake about one hour in medium oven. This makes one loaf. Raisins can be added in place of the nuts if desired.

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