DNIIY ROOUE RMVER COURER Pabitohed Dally Exrept saturday C. EVORHIBs, Pub, and Propr.
ENJ. C. BHELDON, Edtor Exiered at the Poatomice, Granta Puse, Ore, as aecond close mall matte ADVERTIBING RATES Orapiay space. per inch.
iweal or pers) anal column. incal or perssana
WEEKLY COURIDR
mall. per year.,..........
dAILY COURIER



## orbgon weather

## Oregon-Rals. strong so

 + easterly winds.+ Washington-Raln, warmer + tonight southwest
nood conservation
We bave had it proven to the pent ple of America, beyond all pessibil Ity of a doubt, that the German bo ornment has sone to extreme mea
ares to prevent the sucress of the food conservation pledge work which the nation engaged in la to assume that the thing which th kaiser is spending milltons of dollars co prevent is the thing that every real American wants? And when
every American belp is bearing this about, surely it is his duty so to do. The request of the government in this matter is extremely stmple. The
trouble is that it calls for a little ts trivial but the sum total is tremendous.
The Germans know that if every
perion in this country an save a pound of wheat flour a week, there will be $133,000,000$ extra bushels for In Europe.
So too. by eating one-third of an
ounce less tat every day, each an erican can help save 395,000 tons of fat greatly needed in Europe. ounce of sungar a day saved by each of as means $1,185,000$ tons more
sugar for the men fighting your batthe and mine.
The question is, will every Amer be oniy a matter of getting enough people to attend to this little dury to contribute one of the most impor mocracy to the human race time.
Soz, every one to do his or her part. Do the little bit. every
task is accompished.

NEW RUssia
An instance that Hlustrates the throush which Rusela is now passing has to do with the famous "Battalio women. All that the outside worlic heitr of these women is high pralse
But the fact is they are being severe. ly entilized by thele fellow
trymen on every The soldiers' and workmen's cour Cl) has demanded the dissolution a mater of prinelple it is not demo cratic that there should be in th diers who arrogate to themselves the

Anlly attention on the part a de counch express to you the very high At night make a suonse of Hions of our people. No tew can to which has been accomplished hy the four and I quarnimg make a thick mush mater. it Millonaires can do no more than bohaif of our own army and navy, as 1 mixed with 1 cup white sukar,--stirlaborers. The part assigned to each well as in tehatf of the prisoners of red into toiling water. Cook s mini-

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## gealaty fiks



- The all share in it. humorouss side, notwflestanding its
grimness. But $i t$ means, to the stu- SJIE RFODTS FOR
 selousness, a resolution to put all
men and women on an equality,
which is going to work ltself out In Thursday's issue of the Courier into such an expression. In govern- Mrs. Aice Bacon asked for a reche mental constitution and laws, as will for corn bread ralsed with seast. - make Russla fodeed a true dem- Here is one from Mrs. H. M. Webo, acracy. They believe in treedom: of this ctty.

Take two caps of yellow corn
Theal over it pour enough boiling ir meal over It pour enough boiling steam until it is loke warm. Take
the saine amount of white bread the saine amount of white bread
ipponge, salt and sweeten, using about a table spoon of sugar, then proceod
as with white bread nsting white as with white bread ustng white
flour, into a hand loat: let it rise flour, into a sand loaf: let it rise
to twice its size, kaeed in into loaves
and take the same as white ireas and bake the same as white bread.
More or less corn meat tray bo ased as desired.
amps of Europe, and may I not ox-
ress my sincere personal lnterest in Add this when cool to sponge.
he large plans of the war work
 The followisociation.
Ger recently written to a resident of likhat add enoukh whte flomer to make
Grants Pass shows the imperative bread as thick as you can ecessity of such work as the Y, M. stir. Put into round tins filling hal
fill. Moisten top witt cold water
A. alone does:
$\qquad$



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 OR SALE:-Yellow German canary


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One 1912 Maxwell
One Studebaker
One Packard

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ald, hotrs day and night.
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