

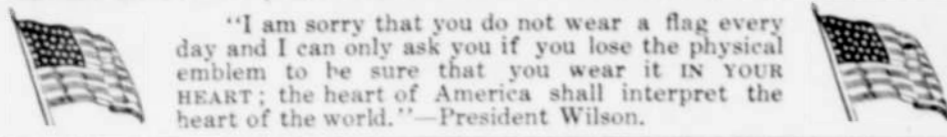
# The Forest Grove Express

Published every Thursday at Forest Grove, Oregon.  
W. C. Benfer, Editor and Publisher.

Entered as second-class matter Jan. 12, 1916, at the postoffice at Forest Grove, Oregon, under the Act of March 3, 1879

Subscription Rates	
Paid in advance	On Credit
One year \$1.00	One year \$1.50
Six months .50	Six months .75
Three Months .25	Three months .40

THURSDAY, FEB. 7, 1918



"I am sorry that you do not wear a flag every day and I can only ask you if you lose the physical emblem to be sure that you wear it IN YOUR HEART; the heart of America shall interpret the heart of the world."—President Wilson.

## NOTES AND COMMENTS

If the groundhog saw his shadow Saturday he had sharper eyes than most of us.

It would seem to the writer that publishing a testimonial written by a man now deceased is mighty poor advertising for a patent medicine.

It is stated on good authority that \$36.50 will keep a French or Belgian orphan for one year. Let us spend a little less for clothing and help save the children.

"Ladies' skirts, one-third off" is the sign in a Hillsboro store window. Some of the ladies in this town have gone farther than that in the conservation of cloth.

It is rumored that Judge Goodin of North Plains, former county judge, has decided he would like Judge Reasoner's place, and there are a lot of people who believe it is time for a change.

Since Director McAdoo has instructed the railroads to get rid of a lot of their lesser attorneys and paid lobbyists, lots of people have become converted to the government control plan for railroads, but they are not attorneys or lobbyists.

Boy Scouts all over the nation last week did a splendid service for their country by distributing from house to house President Wilson's Flag Day address and other information concerning the war. Forest Grove Scouts did their "bit" along with other Scouts.

According to information received in Washington, butter is selling in Berlin at \$2.25 a pound, sugar at 56 cents a pound, ham and bacon at \$2.11 a pound, and Ivory soap at five bars for \$1.12. The burden falls heaviest on the civilians, who must support the soldiers and go hungry themselves.

American soldiers have been under fire in the trenches and a French general, who watched them from a balloon, says they returned shot for shot and their marksmanship is "almost perfect." We knew all along these things would be so. Americans are marksmen by inheritance and no race is braver or more resourceful. Kaiser Bill is camouflaging when



O. P. HOFF

Candidate for Republican Nomination for State Treasurer.

he pre ends to believe they are not worthy foes. Let his soldiers try the "Kamarad" stunt with Uncle Sam's nephews and see what happens.

A. R. Talbot, head consul of the Modern Woodmen of America, has issued an appeal to the 14,792 camps of the order to pledge themselves to supply at least \$36.50 per year each toward the support of the orphaned children of Belgium and France. Some of the larger camps are supporting several orphans and Consul Talbot thinks every camp should support at least one of these unfortunate children. The Modern Woodmen of America take a back seat for no set of men on earth as patriots.

C. C. Chapman, editor of the Oregon Voter, says that, while everyone with whom he has talked recently, predicts the nomination of Ben Olcott for governor, he (Chapman) is almost certain that Gov. Withycombe will be re-nominated. That's merely one man's opinion, Charley, against the many with whom you have talked. Around this neck of the woods those who talk on the subject are pretty much in favor of promoting Mr. Olcott for the good he has done as secretary of the state. Don't allow your prejudices in favor of the present governor make a monkey of your judgment.

Running a newspaper is not all "honey and jam," for sometimes when the editor thinks he is going to please people by publishing their names as having accomplished something in the world, he (the editor) gets a reprimand for his pains. A few weeks ago the Express made a slight mistake in spelling a local lady's name and inside of six hours the lady had called the editor's attention to the mistake. In dozens of previous issues of the paper this woman's name had been spelled properly, but she gave no sign that she was pleased. And that's the way it goes. Your good deeds go unnoticed, but when you make a mistake, even unintentionally, you get called to account. But in spite of these little bitter-coated pills, there is lots of fun in running a newspaper; it gives you such a good chance to study human nature, doncherknow?

The liquor interests oppose the submission of national prohibition NOW on the ground that they fear it will prevent a united support of the government during the war. And yet this is the same crowd that would, if it could, make a drunkard of every soldier and leave the nation defenseless before a foreign foe.—Bryan's Commoner.

John Adkins of The Dalles, who has been away from this section for seven years, was in the city last Saturday, enroute up Gales Creek to visit his father, J. W. H. Adkins, who was operated on several months ago.

## TURNING CASH INTO GUN-FIRE

By FRANK A. VANDERLIP.

We fought and won the Spanish war with 150,000 soldiers and a \$200,000,000 bond issue. In men under arms we now have ten times that number. We issued ten times that amount of bonds in the first Liberty loan. We are proposing to spend and loan to the allies in the first fiscal year of the war \$19,000,000,000. From now until the end of this fiscal year the treasury anticipates needing \$300,000,000 a week—that is, the treasury has got to fight financially a Spanish war every four days. That indicates a money measure of the size of this work, but that is not the real measure. We have just seen that one might have plenty of money, but an empty coal bin. In just the same way the government can have plenty of money, but an un-equipped army. This army cannot be equipped as modern warfare demands if the man power of the country is at the same time called upon to produce all of our ordinary comforts and luxuries. It is as plain as two and two that all of us must make personal sacrifices, must give up comforts and luxuries, even necessary expenditures that can be postponed, if there is to be labor and material enough to equip the army in time for it to fight while it will do some good to have it fight.

In war the only effort that is of any value is that which is ultimately translated into gun fire on the field of battle. The gun fire that will win this war cannot be delivered until all America recognizes individual responsibility, until the whole people join in the effort by giving up things that they can do without, so that the labor that would have been employed in making these things can do work that will ultimately result in gun fire. The government has offered the opportunity to translate at once every one's personal patriotism into the sort of help that will win the war. Forego buying something that is unnecessary; loan the money you would have used to the government by buying \$5 war savings certificates. You will thus have released labor, you will have given credit to the government, you will have acquired the best security in the world, a United States government bond.

Warranty deed and mortgage blanks for sale at this office.



HARVEY G. STARKWEATHER  
of Clackamas County  
candidate for Democratic nomination  
for Governor of Oregon.

## WE SELL Lumber Cement Shingles Roofing



We Buy  
for Cash  
and Sell  
C-H-E-A-P

## The Main Street Lumber Yard

Copeland & McCready

### GENERAL PERSHING PRAISES SOLDIERS

In a recent communication to Secretary of War Baker, the commander of the American Expeditionary Forces said:

"There has never been a similar body of men to lead as clean lives as our American soldiers in France. They have entered this war with the highest devotion to duty and with no other idea than to perform these duties in most efficient manner possible. They fully realize their obligation to their own people, their friends, and the country. A rigid program of instructions is carried out daily with traditional American enthusiasm. Engaged in healthy, interesting exercises in the open air, with simple diets, officers and men, like trained athletes, are ready for their tasks. Forbidden the use of strong drink and protected by stringent regulations against sexual evils, and supported by their own moral courage, their good behavior is the subject of most favorable comments, especially by our allies. American mothers may rest assured that their sons are a credit to them and to the Nation, and they may well look forward to the proud day when on the battle field these splendid men will shed a new luster on American manhood."

### Possible Jurors

In the list from which the circuit court jurors for 1918 will be drawn are the following names from this city:

A. V. Brown, J. W. Baldwin, H. T. Buxton, James Devlin, W. H. French, C. F. Peterson, J. R. Loving, John A. Ranes, John E. Woell, Wm. E. Parkin, Calvin Wylder, Alonzo W. Wilson, Geo. Mann, Ora Smith, Chas. E. Potts, Earnest Olson, John McClaran, Joseph W. McRoberts, Chas. Adams, Chas. W. Blair, John E. Bailey, S. L. Carlyle, Brady Chowning, D. Frank Fleck, Herbert Glaisyer, John F. Haynie, John P. Ireland, Robert Alexander, John D. Bellinger, H. R. Bernard, A. B. Caples, M. R. Johnson, Francis Kirby, B. E. LaMont, E. E. Lyons, I. H. Smith.

### Why Not Potatoes?

Potatoes are a splendid food; excellent for the body; delicious when well cooked.

Potatoes are a fuel food. They furnish starch which burns in your muscles to let you work, much as gasoline burns in an automobile engine to make the car go. One medium sized potato gives you as much starch as two slices of bread. When you have potatoes for a meal you need less bread, therefore potatoes can save wheat.

They give you salts like other vegetables. You need the salts to build and renew all the parts of your body and to keep in order.

Much depends upon the cooking of the potato. Even the best potatoes can be spoiled by a poor cook. They can be used in many ways in cooking. They are good in bread and can be substituted for 10 to 15 percent of the wheat flour. They are also good in cake and keep it from drying out. You may use your usual recipe, substituting one cup of mashed potato for one-half cup of milk and one-half cup of flour.

Potatoes, left over or fresh, may be combined with cheese, nuts, meat or other material to make the main dish of a meal.

Try these Potato - Cornmeal Muffins:

- 2 tablespoons fat
- 1 tablespoon corn syrup
- 1 egg, well beaten
- 1 cup milk
- 1 cup mashed potato
- 1 cup corn meal
- 4 teaspoons baking powder
- 1 teaspoon salt

Mix in order given. Bake 40 minutes in modern oven. This makes 12 muffins.

EDNA L. MILLS,

Emergency Home Demonstration Agent.

The Good Investment company put over a big deal last week, when they sold the big Bisbee place of 196 acres, located in the Watts district, to Geo. and Will Bagley for \$17,500. Will Bagley will farm the place and is figuring on running a dairy of 40 cows in connection.

Job printing—phone 821.

## The Pacific Market

Under the new management, this market has been stocked up with a tempting line of

### Fresh Beef, Veal, Pork Mutton and Poultry . . .

Hams, Bacon, Sausage, Hamburger, Wieners, etc.

Also Bread, Cookies, Pickles, Spices,  
Fruits and Vegetables.

COME AND SEE OUR GOODS.

Free Deliveries  
9 a. m. and 3 p. m.  
Phone 0301

We pay Cash for Veal,  
Pork, Hides, Poultry  
and Eggs