

Financial Preparedness

By depositing your money with us, you can help directly in developing the Federal Reserve System, as we are required to keep on deposit with the Federal Reserve Bank a portion of your balance with us. At the same time, and without cost, you benefit directly from the protection the system affords.

Authorized by Treasury Department Distributing Station for War Savings and Thrift Stamps.

Send for Booklet, "How Does It Benefit Me?"

The First National Bank

of Forest Grove, Ore

A Strong Bank
in a Good Town



Safe Deposit
Boxes for Rent

Directors—M. R. Johnson, President; Chris Peterson, Vice President; A. J. Demorest, Cashier; Allan Rice and J. E. Loomis.

NOTES AND PERSONALS

Mrs. R. J. Eastwood is very sick at her home on North A street. Mrs. Bayne is caring for her.

Wanted—A loan of \$4,500 for 5 years on farm property worth \$13,000. Enquire at Express office.

Vera Schiffer, who fell and seriously injured herself last week, is much improved and able to be about again.

No. 8 steel range, in good condition, for sale cheap. W. R. Whitney, northwest corner of 4th avenue south and 2nd street.

Miss Pearl Hall, who was operated on at the local hospital a short time ago, is much improved and able to resume her office work.

The accommodate our patrons, we will resume the custom of keeping our store open Saturday evenings until 9 o'clock. Schultz Food Company.

Mrs. A. G. Hoffman very delightfully entertained Mrs. Chas. Hines, Mrs. J. E. Loomis, Mrs. M. S. Allen and Mrs. J. H. McFeeters in honor of Mrs. McFeeters, who will soon move to Portland with her family.

The PLACE ...TO BUY...

Work Shirts, - 60 and 75c
Wool and Wool Mixed
for - - \$1.25 to \$3.00
Dress Shirts - \$1.70 to \$4
Wool and Cotton
Underwear \$1.50 to \$3.00
Work Sox, - 3 pr for 25c
Work Sox, . 2 pr for 25c
Lisle Sox - - 25c
Wool Sox - 25c to 40c
Canvas Gloves, 2 pr for 25c
Canvas Gloves, pair - 15c
Boys' Waists - - 65c
Boys' Shirts - - 50c
Sweaters - \$2.00 to \$7.00
Shoes - \$3.50 to \$6.50
Hats - \$2.00 to \$3.50
Mackinaw Mitts,
(water proof) - 65c
Leather-faced Mitts - 65c
Leather Gloves,
- - 65c, 75c, \$1.35

C. E. ROY & CO.
Forest Grove

How Women Can Help

An important part of the work of the American Red Cross in France and Belgium is among the refugees. Many of these are entirely destitute, and they are looking to the Red Cross for help. Among these returning refugees there are a great many wee babies; in dire need of warm clothing. If they are not helped many of them will die. The Red Cross has sent an appeal to all Branches and auxiliaries to make simple layettes. The Forest Grove Red Cross is going to make a number of these and we ask that many who have not yet taken up some kind of Red Cross work will be willing to help make these. The work can be done in the homes, under the direction of the Military Relief Committee. The garments can also be made by girls above the eighth grade.

Most of the material in these layettes must be of new and very durable cloth; but there will be need of some things that may be found in most every home; therefore we are asking you to save all half worn underwear that has any wool in it to be used in making infant's shirts. Also, all available bits of white or colored yarn for babies booties and caps; also bits of warm material which may be used for the same.

The Red Cross sewing unit is still in need of the loan of sewing machines. If any one has one which is out of repairs it would be acceptable, as Mr. Bud Watson has kindly offered to repair them free of charge.

There is a great need of ambulance pillows, which are filled with clippings and feathers. Clippings from clean white or very light colored cotton rags, (which are not good for anything else) will be acceptable. Also there is need of old sheets, towels, linen, and flour sacks for dish towels.

Save all your old rubbers for the Red Cross, instead of selling it to the junk man for almost nothing—Chairman of Military Relief Committee.

M. W. A. Adoption

Tomorrow night the Forest Grove and Banks Modern Woodmen will meet in this city and accept several members into each of the two camps, the Banks Foresters having charge of the initiation ceremonies. A weiner feed will follow the ceremony of adoption and all members are urged to attend.

J. W. Simmons of Portland, state deputy, will be in attendance and assist in the adoption ceremony.

Patriotic League Meeting

The executive council of the Patriotic League met at Hillsboro Monday afternoon and made plans for a more complete organization of the county. President Simpson appointed N. A. Frost, J. E. Reeves, W. H. Hollis, B. W. Barnes and J. W. Vandervelden a committee to look after the organization work and C. E. Wolf's R. F. Clark and M. McDonald to draft a constitution and bylaws. Other minor matters kept the meeting in session until dark.

Public sale bills printed at the Express office.

Dr. Hawke wishes to announce his return from the East. While there, he was attending the Mayo, Chicago and New York Clinics, specializing in diseases of Women and Children. Phone 803.

HIGH SCHOOL NOTES

Last Saturday night the Forest Grove basket ball squad went to Tualatin to play with the Tualatin high school. Here the high school boys were able to defeat Tualatin by a score of 28 to 11. Tualatin has a very good team this year and Forest Grove can be very justly proud of its victory. Albert Schneider opened the game with a foul and from then on the fates pointed to Forest Grove as winner. The boys have been spending a good deal of time in hard practice and prospects for a score against Newberg are large on the horizon. The game which was played with Franklin two weeks ago was most interesting and exciting and gave promise of the fine playing which the boys have now developed.

Following is the lineup at Tualatin:

Tualatin	Forest Grove
Martinuzzi	F
Hill	F
Reinemer	G
Geiberger	C
Viene	G
	Hoar
	Barbour-Humberg
	Patton
	Schneider
	Troutman

Beginning on Tuesday afternoon the final examinations are to be held. Many students were exempted because their monthly work had been high enough to give them an average of ninety or over. The second semester of work will begin next Monday.

On Friday night the affirmative debating team went to Beaverton to meet their negative team. Although this was the first year Beaverton had ever debated, they were fortunate enough to have an experienced coach and also debaters of ability. At the end of a hard fought battle Forest Grove came out victorious with a decision 2-1. The debaters were Elizabeth Whitehouse and Nellie Walker affirmative and Nathan Sweet and Wilma Norris negative. Much of the credit of the victory is due to the splendid coaching the team received from Supt. Inlow. The debate between Tillamook and Forest Grove, which was postponed, will be held next Friday night. If Forest Grove is victorious in this debate there is a good chance for the championship.

Mrs. Emma Armentrout of Idaho is visiting her mother, Mrs. M. A. Armentrout of this city.

Methodist Church Services

Sunday School next Sunday at 9:45, followed by the preaching service at 11 o'clock. Junior League at 3 and Intermediate League at 6:30. There will be no meeting of the Epworth League but the classmeeting will be held in the League room. Endeavor and Epworth League at 7:30 in this church.

The Woman's Home Missionary society will meet Wednesday afternoon with Mrs. W. F. Johnson.

The regular monthly meeting of the Sunday school board will be held next Wednesday evening in the League room at 7:30.

Congregational Church

At 11 a. m. the pastor will complete the sermon on "The Foursquare Life" and Miss Taylor will sing "The City Foursquare."

At 7:30 p. m. our congregation will join with the Methodist and Christian at the Methodist church in a Union Young Peoples' Service with a varied and gripping program.

A. B. PATTEN, Pastor.

Christian Church

Bible School 9:45 a. m. Communion and sermon 11 a. m. Subj. "Christian Education," Junior and Intermediate C. E. 6:30 p. m.

In the evening this congregation will join in the union young people's meeting at the M. E. church. Everybody welcome.

R. L. PUTNAM, Minister.

The bursting of a compressed air tank in the Peterson garage, at Hillsboro, yesterday caused many of the denizens of that burg to imagine the Bolsheviks had attacked the city. Many windows in the garage were shattered, but, strange as it may appear, nobody was injured.

Quite a number of the Shriners from this city attended a big gathering of that branch of the Masonic order in Portland Monday night. More than one hundred candidates took the Shrine degree.



"Quality First!"

That's our watchword And as to prices—

look at these

MEAT SPECIALS

Shoulder Lamb Chops 20c lb — Breast of Mutton 12 1/2c lb

Grocery Specials

Speaking of Cheese—Well, our Cheese speaks for itself. But we have MILD, NEW CHEESE now, direct from Tillamook—soft and creamy—at 30c lb. Sharp, nippy cheese at 28c lb., just the right dope for Macaroni, etc.

WHILE THEY LAST--

Washington Crisps (corn flakes) 9c per pkg

A REAL SPECIAL

Hershey's Cocoa, 1/2-lb. cans, 22c; pound cans, 43c

USE KREAM KRISP INSTEAD OF BUTTER—You can make one cake or pudding with Kream Krisp and another with butter, and nobody can tell them apart. But you will make a saving of 60 to 75 per cent, or even more, in the cost of shortening. We sell it in bulk at 32c a pound.

FOOD DEMONSTRATION

Every day this week a Domestic Science Instructress will be at our store to show housekeepers how they can, by using Roman Meal, conserve wheat flour and promote the health of their families. Everybody welcome.


LOST AND FOUND—in our Store—Ladies' and Gents' Umbrellas and a pair of Ladies' Gloves. Call and inspect.

Did you get one of our 1918 CALENDARS? Hurry!
Only a few left.

To accommodate our patrons, we will resume the custom of remaining open Saturday evenings until 9 o'clock.

SCHULTZ'S

Phone 061



JEWELER and
OPTICIAN

M. J. Abbott

Abbott building
Forest Grove