

## DRUGS EXCITE YOUR KIDNEYS, USE SALTS

If your Back hurts or Bladder bothers, drink lots of water.

When your kidneys hurt and your back feels sore, don't get scared and proceed to load your stomach with a lot of drugs that excite the kidneys and irritate the entire urinary tract. Keep your kidneys clean like you keep your bowels clean, by flushing them with a mild, harmless salts which removes the body's urinous waste and stimulates them to their normal activity. The function of the kidneys is to filter the blood. In 24 hours they strain from it 500 grains of acid and waste, so we can readily understand the vital importance of keeping the kidneys active.

Drink lots of water—you can't drink too much; also get from any pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast each morning for a few days and your kidneys will act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate clogged kidneys; also to neutralize the acids in urine so it no longer is a source of irritation, thus ending bladder weakness.

Jad Salts is inexpensive; cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep their kidneys clean and active. Try this, also keep up the water drinking, and no doubt you will wonder what became of your kidney trouble and backache.

The Bird Being an Ostrich. "Out of mere curiosity," says an exchange, "we would like to read Mr. Hoover's own daily menu."

Judging from Herbert's lantern jaws and emaciated physique, he does not eat any more than a bird.—Exchange.

## Laugh When People Step On Your Feet

Try this yourself then pass it along to others. It works!

Ouch!?!?!?! This kind of rough talk will be heard less here in town if people troubled with corns will follow the simple advice of this Cincinnati authority, who claims that a few drops of a drug called freezezone when applied to a tender, aching corn or hardened callous stops soreness at once, and soon the corn or callous dries up and lifts right off without pain.

He says freezezone dries immediately and never inflames or even irritates the surrounding skin. A small bottle of freezezone will cost very little at any drug store, but will positively remove every hard or soft corn or callous from one's feet. Millions of American women will welcome this announcement since the inauguration of the high heels. If your druggist doesn't have freezezone tell him to order a small bottle for you.

Salted With Fine Words. "Where did you get that gold mine you are promoting? Who did the prospecting?" "No one; but we have a first-class man doing the prospecting."—Boston Transcript.

## SICK WOMAN HAD CRYING SPELLS

Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Enhaut, Pa.—"I was all run down and weak inwardly. I had female troubles and nervous feelings, and my head bothered me. I would often have crying spells and feel as if I was not safe. If I heard anyone coming I would run and lock the door so they would not see me. I tried several doctors and they did not help me so I said to my mother 'I guess I will have to die as there is no help for me.' She got me one of your little books and my husband said I should try one bottle. I stopped the doctor's medicine and took Lydia E. Pinkham's Vegetable Compound. It soon made a change in me and now I am strong and do all my work."—Mrs. AUGUSTUS BAUGHMAN, Box 86, Enhaut, Pa.

Why will women continue to suffer day in and day out and drag out a sickly, half-hearted existence, missing three-fourths of the joy of living, when they can find health in Lydia E. Pinkham's Vegetable Compound? If you would like free confidential advice address Lydia E. Pinkham Medicine Co., Lynn, Mass.

## SLENDER LINES IN LINGERIE



It has been always the aim of large women to appear slender and graceful, but sad to say they have seldom succeeded. The large woman with that ambition nowadays will receive some aid in her efforts from the new sveltline system of designing.

This new feature of late has been applied to dainty lingerie for the large woman. The sveltline system of designing clothes to produce a slender appearance has been extended even to undergarments. As a result, this pretty sveltline model in lingerie, gives to the large figure new lines of slimmness and youth, without the inconvenience of dieting to achieve the same effect.

## CARRY-YOUR-PURCHASE BAGS

Leather Bags Taboo With Women Patriots—An Apron Knitting Bag.

Now that patriotic women are helping release men from delivery service for war, designers are tabooring leather of prohibitive price and developing some quite wonderful ideas in economy bags. These are not as large as were the knitting bags, but they are made with the idea of convenience in carrying packages, and have adjustable snaps so that much space is given to the bag.

The bags do not carry out any somber idea or common thing which might be termed a "shopping" bag, but are fetching shapes, in bright or subdued colors.

A novel idea has been worked out in knitting bags by adding to one side of the bag an extended portion so cut as to form an apron.

When one is working on wool it is a simple matter to tie on the apron, as the bag is also attached, and the work is all in one's lap with no danger of falling to the floor. The apron portion folds into a bag itself, and such a plan gives a woman two necessary articles for work, all in one piece.

For wear other than shopping the leather bag is fast giving place to the velvet bags, in fancy shapes with gay linings, and some of the velvets having leather as trimmings.

## CARE IN FURNISHING ROOM

Hard to Realize How Much Color and Detail One Bookcase Will Give Room.

Do not make the mistake of over-furnishing a room that is to hold a large number of books. It is hard to realize how much color and detail just one bookcase full of books will give a room, and if we intend having many such cases in a room it is well to let them be the main point of interest and color around which the other furnishings revolve.

One beautifully proportioned room contained many lovely things, but the effect was spoiled by too much detail.

In the first place the walls were covered with a large patterned paper, which would have looked very well in some other kind of a room, but which was not the thing at all for this particular one.

Then there were bookcases. They were very large and covered almost three sides of the room, so you can imagine how many books were in sight. Their bindings made a soft glow of color on the walls, and that, with the lovely rug, would have been almost enough detail for that room.

It would have been much more beautiful and restful if the books could have been seen against a plain neutral wall.

Some Popular Colors. Turquoise and orange are two shades which are considered very strong for dressy wear this winter. All woody greens with touches of dull green are also favored, while wine, in satin and sprouts, is good.

# This is a Duplex



## THE FOUR-WHEEL DRIVE DUPLEX.

Here's the truck that was built to meet the conditions under which YOU must do your hauling. Here's the truck you don't have to lay up in Winter—the truck that goes through plowed fields and up un-roaded hills like stock take to the range.

## READ THIS!

We have been very successful with the Duplex under the condition that the truck must work in this territory, due to the fact that it is exclusively a FARMING district and most of the work is done in the FIELDS, in WHEAT STUBBLE or PLOWED GROUND.

M. A. Woods put his WHEAT in the warehouse for 2 3-4 cents a sack. Last year it cost him 7 cents a sack with teams. He hauled 11,000 sacks in 23 days, ALL OUT OF THE FIELD; never got stuck and never had to unload during the entire season. His farm is an average hilly one.—Excerpt from a letter from a Duplex owner.

On another occasion the DUPLEX negotiated a 45 per cent grade with 50 sacks of wheat where a TWO-WHEEL DRIVE TRUCK COULD NOT GET UP EMPTY. 4500 sacks were hauled over this road. The hill is three miles long.

Let's hear from you NOW. Give us the chance to show you how we can save you big money.

## DEALERS!

There's a little territory still open on the DUPLEX. Live agents, here's your chance to get hooked up with a winner—and with one of the oldest, largest and fastest growing automobile concerns in the Northwest. Mail the coupon today.

## NORTHWEST AUTO CO.,

PORTLAND,

Factory Distributors, "The Line Complete."

OREGON

## NORTHWEST AUTO COMPANY, PORTLAND, OREGON

Gentlemen: Please send me information about the Duplex four-wheel drive truck:

NAME..... ADDRESS.....

## TYPHOID

is no more necessary than Smallpox. Army experience has demonstrated the almost miraculous efficacy, and harmlessness, of Antityphoid Vaccination. Be vaccinated NOW by your physician, you and your family. It is more vital than house insurance. Ask your physician, druggist, or send for "Have you had Typhoid?" telling of Typhoid Vaccine, results from us, and danger from Typhoid Carriers. THE CUTLER LABORATORY, BERKELEY, CAL. PRODUCING VACCINES & SERUMS UNDER U. S. GOV. LICENSE

## MURINE Granulated Eyelids,

Sore Eyes, Eyes Inflamed by Sun, Dust and Wind quickly relieved by Murine. Try it in your Eyes and in Baby's Eyes. No Smarting, Just Eye Comfort. Murine Eye Remedy At Your Druggist's or by Mail, 50c per bottle. Murine Eye Salve, in Tubes 25c. For Book of the Eye—Free. Ask Murine Eye Remedy Co., Chicago

## ALLEN'S FOOT-EASE FOR THE TROOPS.

Shaken into the shoes and sprinkled in the foot bath it gives rest and comfort, takes the friction from the shoe and prevents blisters and sore spots. Makes walking easy. Accept no substitutes. Sold everywhere, 25c.

## CUTICURA IS SO SOOTHING

To Itching, Burning Skins—It Not Only Soothes, but Heals—Trial Free.

Treatment: Bathe the affected surface with Cuticura Soap and hot water, dry gently and apply Cuticura Ointment. Repeat morning and night. This method affords immediate relief, and points to speedy healing. They are ideal for every-day toilet uses. Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere. —Adv.

To keep clean and healthy take Dr. Pierce's Pleasant Pellets. They regulate liver, bowels and stomach.

"Is this a dry town?" "Are you a stranger here?" "I am."

"It is."—Exchange.

## COMB SAGE TEA IN HAIR TO DARKEN IT

It's Grandmother's Recipe to keep her Locks Dark, Glossy, Beautiful.

The old-time mixture of Sage Tea and Sulphur for darkening gray, streaked and faded hair is grandmother's recipe, and folks are again using it to keep their hair a good, even color, which is quite sensible, as we are living in an age when a youthful appearance is of the greatest advantage.

Nowadays, though, we don't have the troublesome task of gathering the sage and the mussy mixing at home. All drug stores sell the ready-to-use product, improved by the addition of other ingredients, called "Wyeth's Sage and Sulphur Compound" for about 50 cents a bottle. It is very popular because nobody can discover it has been applied. Simply moisten your comb or a soft brush with it and draw this through your hair, taking one small strand at a time; by morning the gray hair disappears, but what delights the ladies with Wyeth's Sage and Sulphur Compound, is that, besides beautifully darkening the hair after a few applications, it also produces that soft lustre and appearance of abundance which is so attractive. This ready-to-use preparation is a delightful toilet requisite for those who desire a more youthful appearance. It is not intended for the cure, mitigation or prevention of disease.

## Protecting Your Children

The long, hard school term drains the vitality of growing children and you wonder why they are listless, puny and pale.

Every school child will show marked improvement in health and growth if given

# SCOTT'S EMULSION

Its rich, uniform cod liver oil gets into their blood and gives them vim, snap and zest. It creates strength to resist school sicknesses, overcome pinched faces, sallow complexions and dull eyes.

High authorities have established again and again that cod liver oil promotes growth and energizes the body and brain.

The imported Norwegian cod liver oil always used in Scott's Emulsion is now refined in our own American laboratories which guarantees it free from impurities. Scott & Bowne, Bloomfield, N. J. 17-15