

GASTON

There was a large crowd out to enjoy the Christmas program at the Congregational church Wednesday evening.

Glenn Raymond employed by the Portland Telegram was home for Christmas.

Hon. E. W. Haines of Forest Grove was here Tuesday evening of last week to make an address at the Knights of Pythias anniversary.

Frank Wescott and family of Roseburg spent part of the holidays at the home of his parents Mr. and Mrs. J. H. Wescott of Gaston.

HOW TO ERECT A GARBAGE PLANT

Many Cities Without Works For Proper Disposal.

SEWAGE QUESTION COMPLEX

Four Important Steps Should Be Taken by Any Municipality Planning to Improve Plant For Disposal or Method of Collection—Must Consider Local Conditions.

As quite a number of cities are yet without the best modern works for collecting sewage and garbage, Rudolph Hering, consulting engineer of New York city and president of the American Public Health association, writes interestingly in the American City.

Sewage and garbage problems must both be considered from three aspects. They have both some connection with the dissemination of disease, with the establishment of nuisances and with the pocketbook of the taxpayer.

The first step to take when attacking either the sewage or garbage problem is to make a study of the existing local conditions and works, so as to be able to advise a solution to protect health, to avoid nuisance and to require an expenditure that is comfortably within the available means of the community.

The second step to be taken, both with sewage and garbage problems, is to make plans and estimates for cost for collection and disposal according to the best experiences of the day. Such plans should indicate the simplest and most economical means of thoroughly satisfying all the above three requirements.

The third step to be taken, if the plans are accepted and ordered to be carried out, will be the preparation of detailed contract drawings and specifications for the execution of the work.

The specifications must be carefully and skillfully prepared to avoid misunderstandings and to get what was intended by the adopted general design.

The fourth step to be taken is actual execution of the work. This part of the undertaking is at least as important as any other. It has happened that good plans have been adopted, but that their execution was so inferior, both as regards materials used and labor employed, that the works failed in their purpose.

one construction of the works is essential.

Besides the laying out of the works, records should be kept and preserved of every part as it has finally been built. It too often occurs that from the lack of such records subsequent happenings cannot be completely understood and that changes or extensions become more expensive than would otherwise be necessary were the underground conditions exactly known.

The last step to be taken in public works of the nature here considered is that of securing a suitable organization to maintain and operate them. The operating staff must be competent and faithful.

Sewers, if not well cleaned and ventilated; sewage disposal works, if not kept in order and cleaned and not properly and conscientiously attended, will all be liable to cause nuisances and perhaps also injury to health. The greater the liability of creating nuisances the greater should be the care exercised to prevent them.

Practically the same can be said regarding the garbage collecting wagons and garbage disposal plants. The wagons, if not daily cleaned and kept covered when passing through the streets, and the disposal plants, if not kept scrupulously clean and if not operated with great care and skill, will also be liable to cause nuisances and unhealthy conditions.

It Sounded Like Thunder

By F. A. MITCHEL

I met Lillie Longman and was introduced to her at a barn dance. I fell head over heels in love with her at once. There was some attempt at fancy costume among the girls, and Lillie was dressed like an Indian girl, her long black hair hanging below her waist.

After the dance I hunted for some one to introduce me to Lillie and was successful. The girl had known I was watching her in the dance, and every one of her antics was for me. I wasn't a dancing man and persuaded her to sit out a dance with me. Then a nice looking, dapper young fellow took her for another dance, and I looked on again. This time her antics were for me all the same, but they were of another kind. She flashed her eyes alternately at me and into those of the fellow she danced with.

It wasn't long before I was going to see Lillie. She was an orphan and lived with her grandmother, an old lady deaf as a trolley car conductor whose car is jammed full of strap hangers. She was half blind too. But she must have heard by contact with substances if she didn't hear through the air, and, as for seeing, the darker it was the better chance she had of distinguishing objects. She was like other deaf and blind persons in that respect. She couldn't see or hear what she should see and hear, but had remarkable facilities for detecting what was most inconvenient for others for her to know.

About the time I made Lillie's acquaintance her grandmother was taken with her last illness. Lillie loved the old lady, and her approaching demise was an affliction to the niece. As for me, I was but twenty-one years old and had years before me in which to do courting, but so impatient was I that I grudged the old lady what little time she needed from Lillie. I feared I would be too old for matrimony before the invalid got into her grave and ceased to require attention.

Now that I look back on this period I can see that I was very unreasonable. I would go to the house and wait a whole evening for Lillie while she remained upstairs with her grandmother, hoping every minute that she could come downstairs for a brief sitting with me. One evening when I had waited a couple of hours in this way I concluded, considering that the old woman was blind and deaf and her imperfect senses must be further dimmed by illness, to go upstairs to the bedroom, steal in and see if I couldn't get a word with Lillie.

I tiptoed up the staircase and to the door of the room, which fortunately I found ajar. Lillie was sitting in a chair where she could see me. She came to the door, and I told her that if she couldn't come to me I was bound to go to her. She went back into the room, turned the light very low and beckoned me to enter. There was a sofa placed where the invalid could not very well see it. I stole toward it, and Lillie and I sat down side by side with our arms around each other.

We whispered more love than today, at fifty, I could talk in a year, and to be heard by each other we scarcely needed to whisper, for when I spoke my lips touched her coral ear, and when she spoke her lips were a millimonth of an inch from mine. "Who's there?" came from the invalid.

Lillie arose, went to the bed and asked her grandmother if she wanted anything. She replied that she thought she heard whispering. Lillie told her that she must be mistaken, put her hand on the sick woman's head to soothe her and told her she had better try to get a little sleep.

Whether grandma was satisfied with this or not she said no more, and Lillie, after coddling her awhile, came back to me. I had been wishing I could burst the remains of the drum of the old lady's ear with a ramrod, but when Lillie came back I felt better. However, we didn't think it prudent to do any more whispering and refrained. I took a pencil from my pocket and some old letters and wrote what I had to say—very short sentences, in every one of which the word "love" figured conspicuously.

Men, instead of choosing, as is supposed, appropriate opportunities for proposals, are quite likely to choose the most unfitting. I was unable to even whisper without being heard by a deaf and dying old woman, and yet I must needs choose the moment to make a declaration (on paper) and ask Lillie to be my wife. She accepted me (on paper), and I sealed our engagement with a kiss which was unintentionally a smack.

"Lillie!" came from the sickbed. "What, grandma, dear?" "Is it raining?" "No, grandma." "Oh, I thought I heard something that sounded like thunder."

The KITCHEN CUPBOARD

- FISH SALADS. LUNCHEON MENU. Hallbut Salad. Baked Potatoes. Rice Muffins. Crackers. Cheese. Tea.

GOOD salads may be made with salmon, sardines, hallbut—with almost any fish, in fact.

They are mixed with chopped celery, cucumbers, cabbage, potatoes, pickles and hard boiled eggs. Any preferred dressing may be used.

When Salmon is Used. Salmon Salad.—Take a can of salmon, pour the fish into a bowl, remove skin and bones and break into pieces convenient for the salad. Squeeze over the fish the juice of half a lemon and then set it away to get chilled upon the ice. Take some celery; cut it rather coarsely, preparing the same quantity of the chopped celery as there is fish. When ready to serve add the celery to the fish together with a dozen broken English walnut meats, three small pickles and a half dozen minced olives. Mix with a silver fork. Serve with mayonnaise on lettuce leaves.

An Ornamental Salad. Hallbut Salad.—Chop very fine one pound of cooked hallbut, add five drops of onion juice, two teaspoonfuls lemon juice, one-half teaspoonful paprika, one-half teaspoonful salt; add one-eighth cupful of thick cream which has been beaten stiff and the whites of two eggs beaten stiff. Bake in buttered individual molds until firm. Chill on ice, remove from pans, arrange on salad dish, garnish with mayonnaise dressing.

Codfish Salad.—Take some fresh codfish and boil until it is cooked but not broken. Sprinkle with salt and let it get very cold. Then cut into neat pieces about an inch square. Line a bowl with lettuce, lay the bits of fish among the leaves and put on each piece of fish a slice of crisp cucumber. Pour mayonnaise dressing over all.

Simple Combinations. Sardine Salad.—To a large box of sardines take six hard boiled eggs. Drain the oil from the fish, remove the backbone, tail and skin and mix thoroughly with the eggs, minced fine. Season with pepper and salt. Serve on lettuce leaves with vinegar or lemon juice or with mayonnaise dressing.

Anchovy Salad.—Fillet the anchovies. Cut each fillet into two, lengthwise, and arrange in lattice fashion on small dishes, garnish with slices of hard boiled eggs and capers. Pour a little olive oil over and sprinkle with chopped chives or parsley and serve.

Tea Punch With Fruit.—Take the juice of three oranges, three lemons and the pulp and juice of one ripe pineapple and one pint of sugar and let it stand until the sugar is dissolved. Pour a quart of boiling water over one tablespoonful of strong tea and let it stand until cold. Strain and add to fruit pulp and juice. Add one quart of apollinaris water and pour over a block of ice in a punch bowl.

Anna Thompson

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