

**Good Nut Bread**  
is delicious and very wholesome  
**Crescent Baking Powder** makes perfect nut bread. Here is a receipt that NEVER fails.



1/2 cup sugar  
1 teaspoon Mapleine  
1 teaspoon salt  
2 cups milk  
1 cup chopped nuts  
1 cup flour  
4 cups Graham flour  
4 teaspoons Crescent Baking Powder  
Let the batter stand 1/2 hour, then bake in moderate oven.

Grocers Sell Crescent Baking Powder

25c per Pound.  
Ask Your Grocer

Crescent Manufacturing Co.  
Seattle, Washington

**Notice.**

The Sunrise Grocery will pay cash for all farm products, Eggs, Butter, Veal and pork, the best market price paid and all goods sold at the bottom price. Pacific Avenue at Third street. JOHN DODGE, Proprietor. 23tf

**Forest Grove Steam Laundry**  
**Wood, Coal, Cold Storage and Ice.**  
**MERTZ & LATTA**  
Cor. 5th Ave. and 2nd St.,  
Forest Grove, Ore.

**BUTTER WRAPPER PRINTING**  
at the  
**FOREST GROVE PRESS**  
100 for \$1.25  
250 for \$1.75  
500 for \$2.25

**Contractor**  
**E. A. DIXON**  
Phone 876 Forest Grove, Ore.

**House Moving and Repairing.**  
We have the best equipped outfit in the county.  
Brick, Stone and Concrete Work  
Let us figure on your work.

Spend August at "Nature's Playground"  
**Tillamook County Beaches**  
New hotels with every modern accommodation, cozy cottages and camping grounds at nominal cost. The trip down there  
Through the Virgin Forests of Tillamook County  
Is one that should not be missed.  
Two Daily Trains--Chair Buffet Car Service  
on the afternoon train  
**Low Season and Week End Fares**  
from various points on the Southern Pacific  
Splendid fishing along the Nehalem and Salmonberry rivers, as well as on the briny deep.  
Call for our new folder "Tillamook County Beaches," it contains full information, or consult with any S. P. Agent.  
**JOHN M. SCOTT**  
General Passenger Agent  
Portland, Oregon



**Help Fight the Great Red Plague**  
Citizens of the state are urged to inform themselves regarding this plague which is causing great suffering among boys and young men and especially among the innocent girls and women of the state. Parents are urged to protect their children, and provide clean, wholesome information in place of the unclean misinformation they cannot now help getting. Such instruction will be found in the following  
**Free Circulars**  
For Young Men  
Circular No. 2 - The Four Sex Lies.  
Circular No. 9 - Sex Truths for Men.  
For Older Boys (13 to 18 yrs. of age)  
Circular No. 8 - Virility and Physical Development.  
For Younger Boys (10 to 13 yrs. of age)  
Circular No. 7 - The Secret of Strength.  
For Girls  
Circular No. 4 - A Plain Talk with Girls about their Health.  
For Young Women  
Circular No. 10 - Physical Development, Marriage and Motherhood.  
For Parents  
Circular No. 1 - The Need for Education in Sexual Hygiene.  
Circular No. 3 - When and How to Tell the Children.  
Circular No. 5 - A List of Books for Use in the Family on Sex.  
Circular No. 18 - How One Boy Was Instructed in Sex Matters and What Happened. Illustrated.  
Send 2-cent stamp with your address to  
Department D  
**The Oregon State Board of Health**  
720 Selling Building, Portland, Oregon  
Applicants are kindly asked to select only those circulars for which they have a definite use. These will be gladly sent.

**Purely Personal**

Mrs. Beatrice Davis has returned home after a two weeks visit in Portland with her sister, Mrs. R. W. VanValin.  
Mrs. C. Russell and two sisters and grand-daughter, Helen McEldowny, left for an outing at Newport Monday.  
Mrs. F. Robinson and children of Portland are visiting with Mrs. Atwell in this city.  
Mrs. W. W. McEldowney has returned to this city after a visit with her son in Independence.  
Miss Julia Demon spent Sunday and Monday with friends in Portland.  
Hugh Smith returned from Tillamook last Friday, where he spent a two weeks' vacation.  
Ivan Noble formerly of Forest Grove but now of Portland spent the week in Forest Grove.  
T. E. Loomis and family returned from a months visit at his ranch in Sherman county Oregon.  
Jay and Levi Austin spent Sunday with home folks. The boys are working in Portland this summer.  
Mr. and Mrs. Henry Wirtz were in Oak Park the latter part of the week visiting old friends.  
John Adelott of the Cedar Canyon section was transacting business in the Grove the first of the week.  
Bert Doan was in town on business Saturday.  
Mr. B. L. Purdy and family spent the week end with J. M. Hiatt of Oak Hill.  
Robert Alexander was in town with his team on business Monday.  
Mrs. Venoy and son were in the Grove on business Monday.  
Mrs. Harry Giltner returned from Seattle and on Monday left for Seaview.  
Manche Langley was in Hillsboro Sunday.  
H. L. Bates, principal of Tualita academy, preached at Gaston Sunday morning.  
George McGee county surveyor was visiting at the Langley home the past week.  
Allen Dale of Portland was visiting at the Langley home the latter part of the week.  
Francis P. Devlin, the landscape gardner who was employed at the Forbis ranch last year, returned to the city last week. He has been spending the last few months at Hayden Lake, Idaho.  
Mrs. Nelson Emmerson of College Place, Washington has been visiting at the home of W. C. Emmerson the week.  
Harold McFeeters spent Saturday and Sunday in Portland.  
Estelle Stokes left Saturday for a visit with her uncle and aunt in Portland.  
Carl Scow of Hillsboro was in town the latter part of the week.  
Mr. and Mrs. L. C. Pennell of Portland, and childred, who have been visiting at the Langley home returned the past week.  
Mr. and Mrs. Webley have returned from a two weeks vacation on Pricitt creek west of Forest Grove.  
Mrs. W. J. Good returned Monday evening from Palmer Oregon after a three weeks visit with her daughter Mrs. J. E. May  
Mr. Greer came home from Gearhart Saturday. He reports it is becoming quite chilly on the coast.  
Charles Swaney who works on the train running from Hillsboro to Tillamook was a Grove visitor last week.

Mrs. W. L. Cady and son Clarise went to Barview Thursday for a vacation.  
Mrs. Harvey French was taken home from the sanitarium Saturday, much improved in health.  
Charley Munckers left for a vacation at Barview Monday morning.  
Charley Cady, who has been working at Beaverton the past month, has secured employment at Tillamook and is now in that city.  
Mr. and Mrs. Geo. Ringle of Hillboro spent the week end at the home of Mrs. W. H. Ringle in this city.  
Mesdames James Baldwin and W. L. Cady drove to Cornelius Wednesday evening.  
Mrs. Claude Gupton and son are visiting at the home of M. Munckers this week.  
Mr. Harry Thomas and family have moved to a small town near Sheridan where Mr Thomas has a position as mason. He says that there is more work than can be handled down there.  
Will Haynie, of Camas, Washington, an old resident of Forest Grove, was back visiting friends the past week.  
Mrs. Cheadle is home from a visit to Lebanon. She intends to stay until the first of September, when she will leave for Iowa to visit her brother.  
Mrs. Johnson of Rapid City, South Dakota, who has been visiting with Mr. and Mrs. Cole here has left for a week's stay at Newport after which she will return here. Mrs. Johnson is out here partly because of her health and is improving rapidly.  
Oscar Burnsworth and family made a trip to The Dalles Sunday on the excursion boat from Portland.  
Dr. S. H. Stewart has joined his family at Seaside for a week's vacation.  
Mrs. Dyke and Miss E. Griffith returned home from a two weeks' recuperation at Newport.  
Mrs. L. D. Crane spent Sunday at Laurelwood.  
Miss E. Deyo of Eagle Creek is visiting at the Haskell Ferrin home this week.  
Margaret Littlehales has returned to her position as book-keeper in the Forest Grove National Bank after a two weeks' vacation.  
Frank Fletcher has returned to visit home folks after attending summer school at Berkley, California.  
James Baldwin and son Vern, Roy Schneringer and Mrs. Chas. Munckers left Thursday morning for Barview.  
Ray Giltner and R. Markham returned from Tillamook Monday evening, where they spent the week end. They report very poor weather at the beach.  
Archie Hicks and Fred Thomas along with a party of boys from Hillsboro motored to Tillamook Saturday evening. They were caught in the rain and received quite a soaking.  
Julia Demon visited friends in the Rose City over Sunday.  
Mr. and Mrs. Fred Rosenburg and Frank Smith, of Salem, visited over Sunday with Charles Smith and family.  
J. D. Drake and family, of Grants Pass visited at the home of Mrs. Margaret Mallory the past week.  
Alta Haynie spent Sunday with her parents, Mr. and Mrs. J. Haynie, of this city.  
Mrs. H. T. McFeeters and son Harold spent the week end in Portland.  
The Reiter brothers "Jude" and "Pinkie" were here on business Friday morning.  
Miss Dee Darling is spending two weeks visiting friends at the Colonial in Seaside.

**OREGON AGRICULTURAL COLLEGE**  
BEGINS its forty-fifth school year SEPTEMBER 19, 1913.  
DEGREE COURSES in many phases of AGRICULTURE, ENGINEERING, HOME ECONOMICS, MINING, FORESTRY, COMMERCE, PHARMACY.  
TWO-YEAR COURSES in AGRICULTURE, HOME ECONOMICS, MECHANIC ARTS, FORESTRY, COMMERCE, PHARMACY  
TEACHER'S COURSES in manual training, agriculture, domestic science and art.  
MUSIC, including piano, string, band instruments and voice culture.  
A BEAUTIFUL BOOKLET entitled "THE ENRICHMENT OF RURAL LIFE" and a CATALOGUE will be mailed free on application.  
Address H. M. TENNANT, Registrar, (Room 7-15 to 9-9) Corvallis, Oregon.

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**WALKER & LIDYARD**  
**SHOEMAKERS**  
1st Ave. N., near Main St.  
We are prepared to do the very best of all kind of shoe work.  
UP-TO-DATE MACHINERY  
Special attention given to crippled feet.

Put that Property You Want to Sell  
"Under the Spot-Light!"  
ADVERTISE IT! Not once, timidly and penny-wise! But as often as needed—and a showing of FACTS about it which will unfailingly interest the probable purchaser! Make it the best advertised real estate in the city—for a little while—and your buyer will seek you out and quickly close the transaction!

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To have us make the Kiddie's Picture  
**Now**  
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N Main Street

Absolutely Safe and Reliable  
**The Bankers & Merchants Mutual Fire Association**  
Of Forest Grove, Oregon  
Conducted on Economic and Business Principles. The Home Company That Has Made Good. Insure Your Business or Dwelling in The Bankers & Merchants

**Main Street Garage**  
Auto Repairing, Vulcanizing and General Machine Work. Storage and Supplies. Phone Main 62X  
**W. A. CHALMERS,**  
Main Street, Forest Grove.

**WASHINGTON - OREGON CORPORATION**  
will  
Beginning June 1st give to its patrons in Beaverton, Elmonica, Orenco, Hillsboro, Cornelius, Forest Grove, Gaston, Dilley and all country lines a  
**4c.**  
Electric rate on all cooking and heating appliances and small domestic motors.  
Phone Main 922 Hillsboro for particulars and our representative will call.