

**FOREST GROVE PRESS**

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Display advertisements for publication in the Press must be in this office not later than Tuesday evening to insure appearance in current issue.

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About time to start work toward the fall fair, if it is the intention to make it a financial and educational success.

Begins to look as if the bicycle races were due for regular weekly postponements. Who's the rainmaker, anyway?

The chap who is on the water wagon should be comforted by the thought that he can soon change to the ice wagon, one of the most comfortable spots in the summer time.

It is truthfully said that rain or shine, cold or hot, hard times or good times, measles or no measles, the printer, the preacher and the doctor are always expected to make their visits on time.

The lad who sounded the fire alarm early Saturday morning did so with good intent, but the firemen who hustled from their beds only to be disappointed were not in a very amiable mood when they found out 'twas a false alarm.

"Man wants but little here below" and man generally gets it after he's cold—a little pine box, a ride in the hearse, a two by eight lot, several spades full of earth—Hello! Here's another one just dropped below; start up a new furnace and order more coal.

Don't run down your own city. Be loyal to its institutions as you are to your personal interests, don't condemn its enterprises and at the same time withhold your support and patronage, which would aid in making the enterprises a creditable success. This sentiment will apply to the treatment of your home papers as well as to other business.

A drummer for a well known Portland house, who makes this city about every three months, recently got into an argument with one of the phone girls in a rural exchange, and while somewhat excited told the young lady to "Just keep her shirt on." The proprietor of the store where the phone was located which the traveling man was using told the gentleman he had better apologize. He rang central and asked: "Are you the young lady I told to keep her shirt on?" "I sure am," she snapped back. "Well, its all right with me; you can take it off if you want to," was his apology.

Whether you handle a pick or a pen, a wheelbarrow or a set of books; dig ditches or edit a paper, ring an auction bell or write funny things, you must work. If you look around, you will see that the men who are most able to live the rest of their lives without work are the men who work the hardest. Don't be afraid of killing yourself with work. Work gives an appetite for meals, it lends solidity to your slumbers. It gives the appreciation of a holiday. There are young men who do not work but the world is not proud of them. It does not even know their names; it speaks of them as so-and-so's son. The great, busy world does not even know they are here. So find out what you want to know and go in;

**DEVOTED TO THE W. C. T. U.**

Edited by Mrs. Katherine R. Kerr

**A New Arithmetic.**

"I am not much of a mathematician," said the cigarette, "but I can add to a man's nervous troubles, I can subtract from his physical energy, I can multiply his aches and pains, I can divide his mental powers, I take interest from his work and discount his chances for success."

The regular business meeting of the W. C. T. U. was held at the home of Mrs. Morgan. After devotional exercises, the ladies responded to roll call by quotations from "Miss Frances Willard." The hour was full of business. The question of cigarette selling was discussed and it was decided to make a protest and to have the different ministers take a hand in protecting the boys from getting cigarettes in defiance of the law. A motion was made and carried that we investigate the lively stable question in regard to liquor selling. The meeting was large and enthusiastic.

Every one knows that the liquor traffic is directly responsible for a large share of the child labor evils, the children having been put to work to earn money to take the place of that the father spends for drink. Then destroy the liquor traffic if you would strike directly at the great wrongs, raged against the world's childhood.

There is but one way of reversing prohibition—give it the earth.

take off your hat and make a dust in the world. The busier you are the less devilry you will get into, the sweeter will be your sleep and the better the world will be for you.

The command to "Remember the Sabbath Day and keep it holy" is immediately followed by "Six days shalt thou labor and do all thy work." The latter is just as imperative as the former, and the Lord has as much disgust for the loafer as for the Sabbath breaker.

There is more benefit in a good laugh than in all the hot water remedies—cold water, electric and all the other new fangled treatments in the world, and it does not cost anything. Laugh. If you have nothing else to laugh at, laugh at your neighbor. He is probably improving his health by laughing at you.

If men are the salt of the earth, women are undoubtedly the sugar. Salt is necessary—sugar a luxury. Vicious men are salt-peter; stern men are rock salt; nice men are table salt. Old maids are brown sugar; good natured matrons are loaf sugar, and pretty girls are pulverized sugar. Please pass the pulverized sugar.

There's a smudge in the garden, a smoke in the air; a smell combined of burnt leather and hair. There's a girl on the lawn with a rake in her hand; there's woe and distress all over the land. There's carpets to beat and rugs to shake; enough of such work to make a man quake. There's stoves to be moved and carpets to put down, no wonder a man wants to get out of town.

Those of the craft who dwell in the burghs, where thousands of humans continually herd are more to be pified than envied, we're sure, for never a breath of air that is pure is permitted to enter the lungs that are parched or enliven the brains that are twisted and warped. Hypocrisy and insincerity, with dissimulation, have become so identified

Fifty years of National prohibition, so says E. W. Mills, would produce the finest race of men and women the world has ever known and the people at the end of that time would reflect the purity and wisdom of the greatest government in the history of men. To make our government then the best and wisest known to men every patriotic voter in the United States should support the prohibition party at the ballot box. Prohibition originated in the heart of God. It is found ten times in the ten commandments on which all civil law is based. This United States government ought to be solicitous for the welfare of its people. It should uphold the right and prohibit the wrong.

The whole world will be a better and a happier place when people are praised more and blamed less.—Frances Willard.

We shall never climb to heaven by making it our life time business to save ourselves.—Frances Willard.

Selence is the most smothering blanket that was ever yet woven or spun.—Frances Willard.

Three bad bees—brewery, barroom, booze. Oh! beware of their sting, boys.

America pays five dollars for drink for every dollar spent on education. The way to defeat the liquor trust is to defeat the parties that protect the liquor trust.


with these accumulations—of countless atoms of vitalized dust—that the simplest truth, when flatteringly spoken, is cast to one side and irreparably broken, as merely the mouthings of studied circumvention applied with a view to weaken emulation and further the purpose of the better accrescent, of he who in all honesty of mind, misspent, misdirected, that rarest of utterances, the simplest truth.

There are various ways to succeed in this life. The man who minds his own business is likely to be a success; the one who lets other peoples' business alone is likely to get there; the man who strictly attends to that which concerns himself alone, and leaves that which concerns others to take care of itself, will be certain to be a success; while he who neglects his own affairs and attempts to manage those of his neighbor is certain to be left behind in the race of life.

One of our most popular young ladies played a cruel joke on her mother, and this is how it happened. She accidentally found a love letter that her father had written to her mother in their halcyon days of courtship. She read the letter to her mother substituting her own name and that of her lover. The mother raved with anger and stamped her foot in disgust, forbidding her daughter to have anything to do with a man who could write such nonsensical stuff to a girl. The girl then gave the letter to her mother to read and the home suddenly became so quiet that she could hear the raindrops falling on the grass in the backyard.

**SAYINGS OF A STATESMAN.**

Man is not the creature of circumstances. Circumstances are the creatures of men.  
Patience is a necessary ingredient of genius.  
To be conscious that you are ignorant is a great step to knowledge.  
Property has its duties as well as its rights.  
It is much easier to be critical than to be correct. Apologies only account for what they do not alter.—Disraeli.



**Economy Hints**  
A penny saved is a penny earned.—Benjamin Franklin.

THE present high cost of living reminds one of the housewife who, looking at Niagara falls for the first time, said, "Oh, this big splash of water reminds me that I left the kitchen tap running." Like this visitor to the falls many women keep a weather eye out for big economies and leave the tap of little savings running. Taking care of clothes is a means of much saving to the woman who will spend time and thought upon her wardrobe. Every woman knows the ruinous sums it costs each season to have her evening frocks, light suits and silk blouses and other unwashable materials cleaned. Where gasoline is possible as a renovator she may sometimes try the experiment of doing a little of her own cleaning, but it is seldom successful, and it is as hard to lose the odor of gasoline as it is to acquire the odor of sanctity. Also it is dangerous.

Therefore the knowledge of some simple methods of dry cleaning that can be done at home and that leave no trace of the process would save many a precious dollar to the woman who is running to the limit of her allowance for dress. The materials required are very simple—fuller's earth, block magnesite, boracic talcum powder, flour and borax or even plain cornmeal. The first three can be bought by the ounce or pound from any druggist, and the others are always in the pantry or store chest.

For a white silk blouse it is perfectly safe to use either the meals or talcum powder. A white serge suit for example can be very successfully cleaned by putting it into a dry, clean tub and covering it over with cornmeal slightly salted. The suit can be rubbed with the hands exactly as if it were in soap-suds, the most energetic rubbing naturally being given to the spots which are most soiled. After it has been thoroughly gone over the meal should be thrown out and the gown put back into the tub and covered over with clean meal. It should be left there for two days, with a cloth over the tub to keep out the dust, and then shaken out and brushed with a perfectly clean brush.

**LENTEN COOKERY.**

**How to Make Japanese Dishes For Penitential Fare.**

Soy, the national sauce of Japan, made from the soy bean, is used in most of the popular dishes of the Mikado's realm, the recipes for a few of which are quoted.

"Ni sakana," which being translated means "fish cooked in soy," is well worth trying. Bring to a boil in a saucepan one cupful of soy, one-quarter cupful of water and one heaping teaspoonful of sugar. Then add one small turbot, sole or any other fish of your choice. Cook until the fish is thoroughly done, and serve it in the liquor in which it was cooked. This dish is good whether hot or cold.

"Hachi sakana" means broiled fish, and the Japanese method of preparing it is interesting. They scorn a gas range, and the fire of their choice comes from a bed of red-hot charcoal. First of all they split their fish in half and as they broil it sprinkle over it occasionally a little salt and a few dashes of the almost omnipresent soy. Salmon is particularly appetizing after having been subjected to this treatment. If you care to take the trouble to grate half a dozen large, firm radishes and mix with them one tablespoonful of soy you will have an excellent sauce for the fish.

A somewhat novel way of stewing vegetables is to boil or steam them. Then let them simmer for a quarter of an hour in a sauce made of one cupful of boiling soy which has been diluted with a small amount of water. Squash, carrots, salsify, sweet or white potatoes are very good when treated thus. For vegetables other than squash or sweet potatoes it is well to add a heaping teaspoonful of sugar to the sauce.

**How to Freshen Hair Ribbons.**

When the little daughter's school ribbons become faded and discolored in spots try freshening and brightening them up with dye made from scraps of crepe tissue paper you may have used for house or tree decorations some time. Use plenty of hot water, and when boiling hot drop in the paper and stir with a stick till the water is about the shade you wish the ribbon. Have ribbons previously washed clean in hot soap-suds and rinsed in clear water. Dye while still wet, and be sure the dye is boiling. Drop them in and with a stick keep lifting and stirring till the desired shade is obtained. If too light remove ribbons, add more paper and repeat process.

**How to Make Military Salad.**

Here is a salad recipe from the officers' mess at West Point that once tried will not thereafter be neglected: To a can of soured mackerel (freed of bone and skin and broken up) add double the quantity of celery cut in quarter inch pieces and a suspicion of onion chopped fine. Mix thoroughly and heap on lettuce leaves, then cover liberally with the mayonnaise which should really be a tartare sauce, with mustard (English), chopped pickles and capers.

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