

LOW COLONIST FARES

Daily March 15 to April 15th,

TO ALL POINTS ON OREGON ELECTRIC RAILWAY



Chicago	\$38.00	St. Paul	\$30.00
Peoria	37.00	Minneapolis	30.00
St. Louis	37.00	Duluth	30.00
Milwaukee	36.70	Kansas City	30.00
Little Rock	42.50	Omaha	30.00
Memphis	42.50	St. Joseph	30.00
New Orleans	48.05	Lincoln	30.00

From other eastern points in proportion.

Tell your friends in the East of this opportunity of moving West on low fares. Direct train service via Burlington Route, Northern Pacific, Great Northern and Spokane, Portland & Seattle and Oregon Electric Railways.



W. D. SKINNER, Traffic Manager, Portland, Ore.

J. E. FARMER, Agent, Forest Grove, Ore.

IF IT IS TO BE HAD IN TOWN

You'll find it at our store. If we haven't it, we will get it for you. Everything in the drug line at the

PACIFIC DRUG COMPANY

A Growing Pharmacy in A Growing Town

Main Street Garage

Auto Repairing, Vulcanizing and General Machine Work. Storage and Supplies. Phone Main 62X

W. A. CHALMERS,
Main Street, Forest Grove.

The Approach of Spring

is the signal for greater effort in all lines of endeavor. Warmer and dryer weather means greater activity in building operations. Now

Is the Time to Start

work on your new residence, store building, barn or other structure. When you are ready to start

That New House,

get our estimates on all the material you will require.

Willis-Place Lumber Co.,

Phone 024X. So. A St., Forest Grove.

Fresh Fish

Forest Grove Fish Market

Anything and Everything in Sea-food

Cash Paid FOR BUTTER AND EGGS

Highest cash price paid for Fresh Eggs
Telephone 216

EVERETT BURNWORTH

Every Day

STAEHR'S BAZAAR

K. N. Staehr, Proprietor
Forest Grove, Oregon. Next Door to Postoffice

PIANOS, ORGANS, SEWING MACHINES,
STATIONERY AND SCHOOL SUPPLIES
PHONOGRAPHS AND RECORDS

Pianos; 40 different makes. Organs; any style, parlor or chapel. Instruments; for band and orchestra. Sheet Music; the latest popular pieces, 10 to 25c. Phonographs; Edison in all styles. Records; full Edison catalogue. Sewing Machines; latest improved makes. Needles and Extras; for any machine made. School Supplies; books and stationery. Notions; toys and birthday gifts.

HOW TO COMPEL LOVE FROM THE MERE MAN.

Can a woman make a man love her? Yes, often she can if she lays herself out to do it. The most important point is that he must not know it. The world's history gives us many instances of the love compelling power of even unattractive women. To compel love a woman must sympathize with a man. She must not often contradict him. She must flatter him, and let him think that his opinion is the only one that matters. She must put him into good conceit with himself. She must exert her powers of charm and never bore him. She must be bright and amusing in his presence. She must see a good deal of him, for absence generally makes the heart grow fonder—of some one else!

HEALTH RULES.

How to Keep Well as the Japanese Do in Their Country.
The following rules for the general guidance of the people in health matters have been printed and widely distributed by the Japanese government:
First.—Spend as much time out of doors as possible. Bask much in the sun and take plenty of exercise. Take care that your respiration is always deep and regular.
Second.—As regards meals eat meat only once a day, and let the diet be eggs, cereals and vegetables, fruits and fresh cow's milk. Take the last named as much as possible. Masticate your food carefully.
Third.—Take a hot bath every day and a steam bath once or twice a week if the heart is strong enough to bear it.
Fourth.—Early to bed and early to rise.
Fifth.—Sleep in a very dark and very quiet room, with windows open. Let the minimum of sleeping hours be six or six and one-half hours. In case of woman eight and one-half hours is advisable.
Sixth.—Take one day of absolute rest each week in which you must refrain from even reading or writing.
Seventh.—Try to avoid any outbursts of passion and strong mental stimulations. Do not tax your brain at the occurrence of inevitable incidents or of coming events. Do not say unpleasant things nor listen, if possible to avoid it, to disagreeable things.
Eighth.—Be married! Widows and widowers should be married with the least possible delay.
Ninth.—Be moderate in the consumption of even tea and coffee, not to say tobacco and alcoholic beverages.
Tenth.—Avoid places that are too warm, especially steam heated and badly ventilated rooms.

CARE OF REAL LACE.

How to Clean These Rare Possessions Without Injury.
There are many women who possess among their treasures pieces of real lace which have become so soiled that they do not know what to do with them. Of course, a good many women like the brown color of old lace, thinking that it shows that it is real. Our great-grandmothers, who scorned the idea of wearing imitations of any sort, would have been pretty astonished at hearing that real lace would not wash. It was washed in their day just as we would wash our imitations, but as they always took infinite pains with their clear starching and bleaching, no doubt the lace came in for some of this care. Some old lace is in such a frail condition that it would be unwise to attempt to clean it at home, and it should be sent to a good lace cleaner who would understand how to do it. Still, there is much of this that will come through the ordeal quite safely. The best plan, if the lace is not too soiled, is to dry clean it. Do not use naphtha or any spirit, for though this is very good, it has a tendency to weaken the already frail threads. Instead, procure three ounces of powdered magnesia. Place in a warm oven until very dry. (Leave the oven door open.) Lay a clean white cloth on a table or flat surface, and spreading the lace flatly on this, sprinkle thickly with the dry powder. Fold the lace, taking care that the magnesia has reached every part. Lay a sheet of white paper over and then fold the cloth up over all. Place under a weight or between two mattresses and leave for five days. Then unfold and shake out the powder. The dirt will come away with it.

How to Clean Statuary.

To clean statuary or ornaments of white Parian marble put a small tablespoonful of washing soda into a pail half full of tepid water. Soap yellows marble and should not be used. Scrub gently with a nail brush, after which rinse twice. Wipe dry with a clean towel. Be sure the ornaments are perfectly dry before they are put back in their places, for if not a moist ring at the base of each may injure the table or mantel on which they stand.

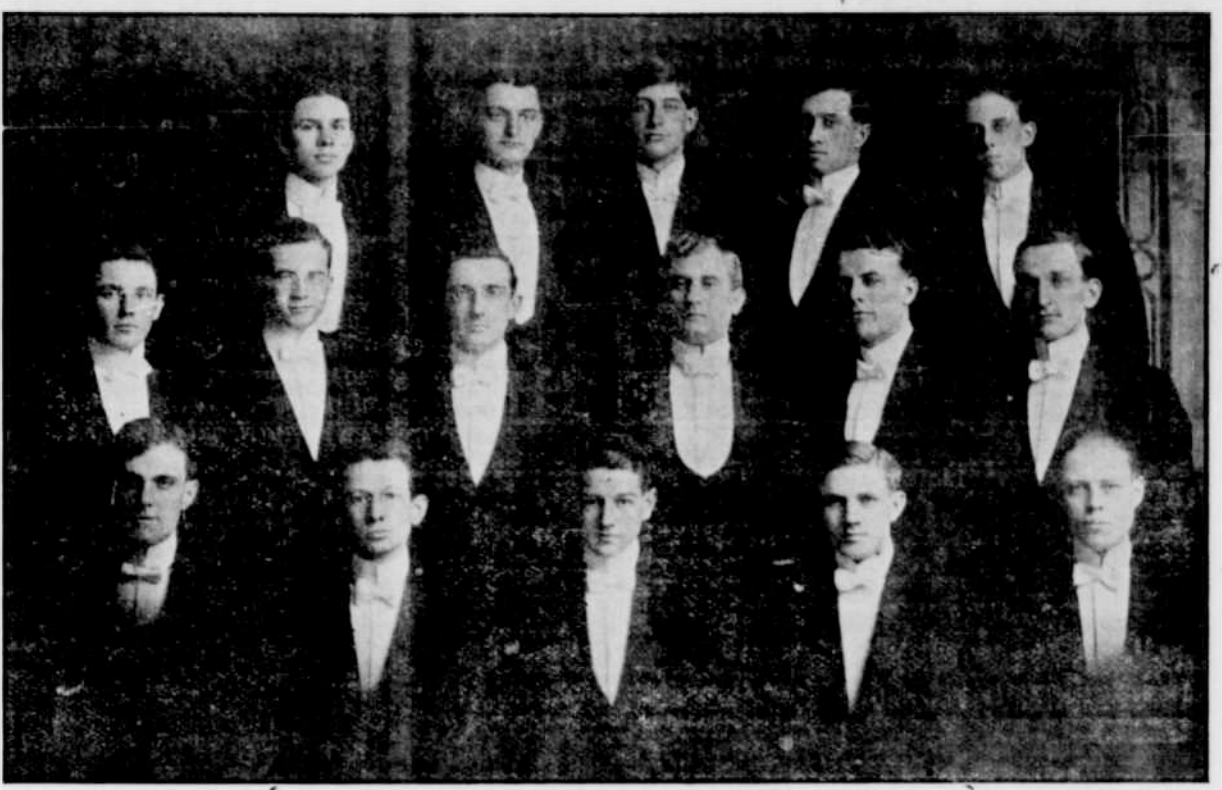
How to Warm Over Biscuits.

To warm over biscuits and have them as fresh as when first baked put them without wetting into the inner kettle of a double boiler. Have plenty of water in the outer boiler and let it boil for ten or fifteen minutes.

How to Clean Painted Walls.

Borax and boiling hot water applied with a stiff brush having a handle to sooty painted walls will make them like new.

MEMBERS OF WILLAMETTE UNIVERSITY GLEE CLUB



Will appear at the Star Theater next Thursday evening

DEVOTED TO THE W. C. T. U.

Edited by Mrs. Katherine R. Kerr

The regular business meeting of the W. C. T. U. was held at the Congregational parsonage March 9. A large number were out and a very interesting meeting had. Mrs. Kerr and Mrs. Reynolds had charge of the Devotional exercises. After the usual business was disposed of the meeting was addressed by Mrs. Bolderick, her subject being on the recent new laws passed by the legislature in which the members of the Woman's Christian Temperance organization are very much interested. Mrs. Kerr read an interesting leaflet from the Oregon Anti-Saloon league, on the recent new laws. Supt. H. L. Sheldon, of the Anti-saloon league reports he was present nearly every day of the session looking after these measures, and that the present legislature was the most responsive to the appeals for moral legislation of any he had ever attended. It is a very good thing to note that the liquor interests did not have the grip upon the legislature here that they seemed to have in so many of the other states. And I feel that as Oregon W. C. T. U. women, we cannot give too much credit to Gov. West for his consistent efforts in behalf of all this legislation, for the liquor interests had a strong lobby all through the session.

The law passed providing that if the court finds that the criminal laws are not being faithfully enforced, the Governor may appoint for ninety days, special officers to enforce the law. This, in the opinion of many, is the most important and far reaching law passed at this session. This law puts a club in the hands of the governor that may be held over delinquent officials and we may look for better enforcement of the laws for at least the next two years.

"A partnership with God, is motherhood. What strength, what purity, what self control, what wisdom, what love should belong to her who helps God fashion an immortal soul."
"A nation rises no higher than its mothers."

Father, do not forget that you are an example of a perfect man in the eyes of your small boy; that he just longs for the time when he will be big and can do the things that papa can do. Do not fail to teach him a disgust for all that is vulgar and impure. Not long ago I heard of a young man who had become very wayward and lay dying. His mother and father knelt beside him pouring out words of love. The boy turned and said: "Oh! if you loved me so, why! Oh why! did you not tell me before. It

Certificate No. 596 Registered No. 3529

ONE OF THE BEST JACKS IN THE STATE

BEECHER
AGE SEVEN YEARS. WHITE POINTS AND STANDS 16 HANDS HIGH
PURE BRED BLACK JACK

Stallion Registration Board

STATE OF OREGON
LICENSE CERTIFICATE OF PURE BRED STALLION OR JACK, NO. 596

DATED AT CORVALLIS, OREGON, OCTOBER 12, 1911
The pedigree of the jack BEECHER, No. 3529 (American), registered in the studbook of American Breeders' Association of Jacks and Jennets, owned by W. H. French, Forest Grove, Oregon, bred by John Beldingbrook, Heppner, Oregon, described as follows: Black, White points, Sire, Theodor; Dam, Queen; Bred JACK, foaled June 15, 1906, has been examined by the Stallion Registration Board of Oregon, and it is hereby certified that the said jack is of PURE BREEDING, is registered in the studbook that is recognized by the associations named in section nine of an Act of the Legislative Assembly of the State of Oregon providing for the licensing of stallions, etc., filed in the office of the Secretary of State February 23, 1911, and that the above named jack has been examined by the veterinarian appointed by the Stallion Registration Board and is hereby reported free from infectious, contagious or transmissible diseases or unsoundness and is hereby licensed to stand for public service in the State of Oregon.
E. L. POTTER, Secretary Stallion Registration Board

NOTE—This license has been recorded in the office of the Recorder of Conveyances of Washington County and must be renewed Oct. 12, 1914

A SURE FOAL GETTER

All mares left in my care will have the best of attention. If desired will furnish pasture for a few days.

TERMS OF BREEDING To insure a live colt . . . \$20.00
For the season . . . 15.00
For single service . . . 10.00
In case mare is sold or traded breeding charges are there and then due.

Will commence breeding
March 15th, close June 30th.
Will make the season at my place

W. H. FRENCH First Ave. North
Forest Grove, Ore.

The union services of the evening, at the Congregational church March 9, were held under the auspices of the W. C. T. U. Memorial services for Francis Willard and Neal Dow, Methodist and Congregational churches.

Notice to Farmers.

Get our prices on produce before you sell. We pay the cash. Poultry and veal wanted. Schultz, Forest Grove. 18tf

Sterling—in label and in value. Silver for the table or buffet—rich in design and workmanship; the utmost word in quality; the lowest price possible at Shearer & Son's, the Main street jewelers, Forest Grove. 18tf

When you want that suit pressed or cleaned take it to Marion Markham, who can do it, and do it right. Repairing a specialty. Shop on Pacific avenue. 10tf