Albbon Cookles.

Mix fire, after your favorite recipe, a batch of white cookies flavored with lemon. In another dish mix a batch of chocolate cookies, flavoring with vanilla. Roll out chocolate cookies quite thin, then roll out white ones, same as chocolate. Place one on top of the other and roll as jelly roll. Take a sharp knife and cut slices from the roll, turn them over and lay them in baking pan. When cooked they are a delight to the eye as well as the palate.

Make molasses cookies, cutting them in strips with sharp knife, about the length and width of lady fingers. When baked and while warm spread with good jelly and press two together, making a dainty cookie sandwich.

Instant Relief for All Eyes

that are irritated from dust, heat, sun or wind, PETTIT'S EYE SALVE. All All druggists or Howard Bros., Buffalo, N. Y.

The Red Shawl.

There lives in Atchison a woman who has been happily married 40 years and who has raised five children. Recently she was out walking when she caught sight of a peculiarly bright red shawl. The men will sniff at what happened next: The woman felt a twinge at her heart; the shawl had reminded her of a girl who had stolen her first lover. The girl always wore red of that shade. Then the old woman went home, took out her false teeth that she might not swallow them in her grief, and gave herself up to sad memories. We will bet no woman will sniff. An incident like this appeals to the women.-Atchison Globe.

Red, Weak, Weary, Watery Eyes, Relieved By Murine Eye Remedy. Try Murine For Your Eye Troubles, You Will Like Murine. It Soothes, 50c at Your Druggists, Write For Eye Books, Free, Murine Eye Remedy Co., Chicago.

To Cook Veal Cutlets.

To cook veal cutlets or steak, so it will be as good as chicken, egg and crumb it and fry brown in hot grease. Then put in a bakingpan and add enough hot water to not quite cover the meat and cook in the oven for an hour. It will be so tender it can be almost cut with a fork and is as good cold as hot.

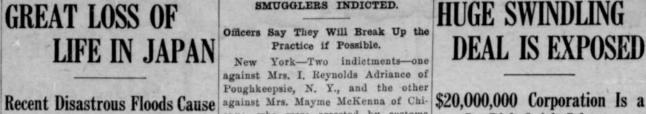
The Artless Query.

"Yes," said the poultry fancier, "these chickens are too expensive to eat."

"Indeed!" rejoined the young lady from the city. feeding them?" "Then why are you



ashore. Societé



Starvation Ends Misery of Men Who Had Climbed to Tops of Poles to Escape Drowning.

Death of 1.400.

Victoria. Sept. 6.-More than 1400 lives were lost in the Japanese floods according to official reports received by the Kamakura Maru to-day. In addition several hundred are missing. Arrivals by the steamer say the scenes in Central Japan were of unparalleled misery and destitution. Many cases of looting by boatmen were reported from the flooded districts of Tokio and the health authorities were bending

every effort to prevent the outbreak

houses where parties from 20 to 100 it to foil possible robbers on ship-board in number were cut off and starving and estimates that 1000 perished in this district alone.

death.

Relief parties found the bodies of 13 men and women tied with ropes to posts.

The official list for 15 prefectures shows the drowned or missing to total 1113, while more than 180,-000 houses were flooded and wrecked, 3593 heing swept away. 000 lief.

Among the victims was the fam-ily of Mr. Kondo, president of the Nippon Yusen Kaisha, who were drowned when his villa was demolished.

The great floods were followed by heavy storms at sea, in which sev-eral Japanese steamers were badly Over Water. wrecked. The steamer Hokuriku Maru was lost in Tsuruga Strait, with all hands, on August 13. On the same day the Shingu Maru

on the same day the Shingu Maru went ashore near Atsuta, her com-plement of 130 being saved by reve-nue steamers. The Kwannon Maru, which was driven into Toba for shelter, had some of her boats rushed by panic-stricken passen-gers who thought she was about to founder. The boat crews left the founder. The boat crews left the vessel and their fate was uncertain when the Antilochus left. The ves-sel ultimately reached Yokkaichi in safety.

The big volunteer steamer Ume-gaki Maru had a severe struggle with the gale with 308 passengers on board and reached Yokkaichi in on board and reached Yokkaichi in distress with her coal exhausted. Several other steamers suffered and several sailing vessels were badly wrecked, the Eiriki Maru, laden with coal, foundered off Nikijima, Miye Prefecture, her captain and several others being drowned. Two conditions. schooners also foundered, a ma-

SMUGGLERS INDICTED.

Officers Say They Will Break Up the Practice if Possible.

New York-Two indictments-one against Mrs. I. Reynolds Adriance of Poughkeepsie, N. Y., and the other cago, who were arrested by customs authorities upon their return from Europe on charges of smuggling-were returned by the Federal grand jury.

Suspicion was aroused in the case of Postoffice Officials Conduct Investiga-Mrs. Adriance by the finding in the crown of her expensive Parisian hat a necklace valued at \$6000. She had in her possession other valuable jawelry, the gems being roughly estimated as worth in excess of \$100,000. The authorities also seized a \$3000 necklace from Miss Marion, the daughter of

Mrs. Adriance, who accompanied her. These arrests were made on Sunday and there has been much activity in the case since that time. Relatives of Mrs. Adriance summoned jewelers from Poughkeepsie, this city and other points and she proved today that all these of epidemics. M. L. Ryan, who took food to the Honjo district of Tokio says the official estimates of the deaths is far too low. He tells of finding

She does not admit or deny that this In Senju districts a number of necklace was purchased abroad and the persons climbed telephone poles to escape the waters and starved to of \$7500, pending a thorough investigation.

> The customs officials assert they will break up smuggling practices, regardless of who is hit.

Customs authorities are adding many investigators to the force, in view of the unprecedented rush homeward of American tourists, who fear the spread More than 50,000 acres of land were flooded and 200,000 people are homeless and are receiving re-will endeavor to snuggla in implementation of these tourists will endeavor to snuggle in jewelry and other dutiable goods and the offi-cials are preparing for the rush.

AVIATOR BEATS TRAIN.

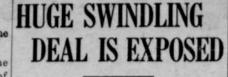
Cleveland, O .- Racing with a fast Lake Shore mail train, Glenn H. Curtiss, the aviator, drove his biplane over the water from Cedar Point to Euclid Beach, an air line distance of 60 miles, completing a 120-mile run he began yesterday and establishing an unquestioned world's record for over-the-water flights. He beat the train into Cleveland by 17 minutes.

Encountering contrary air currents, Curtiss was unable to maintain high speed, taking 1 hour and 42 minutes for the flight. The actual distance tra-versed, estimated at the United States hydrographic office, was 64% miles. The first ten miles were covered in 13 minutes, but after that the breeze grew

gusty, necessitating many dips and maneuvers. The 100,000 people lining the lake front and perched on the top of every available building in Cleveland had opportunity to judge the difficulty of air navigation under unfavorable

Later the aviator was entertained at jority of those on board swimming a banquet given by the Cleveland Aero Club.

PHONES TO BE REGULATED.



Get-Rich-Quick Scheme.

tion Into Operations of "Rufus Wallingfords."

Chicago—The "gas bag" of the Co-operative United Exchange \$20,000,000 "get-rich-quick" corporation, organized last April under the laws of Arizona, was punctured today with the arrest of William H. Holcomb, vice-president and general counsel, by the United States postoffice inspectors at the Park Row depot after his arrival here from Wash-

depot arter ington, D. C. Holcomb, who is regarded by the Endoral officers as the "dupe?" for a Federal officers as the "dupe?" for a coterie of "J. Rufus Wallingford" type high-finance swindlers, is charged with using the mails for fraudulent purposes. Warrants for the arrest of the alleged principal in the big swindling deal have been sworn out and a score of

arrests are expected in various parts of the United States by tomorrow. Strenuous efforts were put forth by the Government to keep the arrest a secret and this became public through the arraignment of Holcomb before United States Commissioner Mark A. Foote, where he was released on \$5000 bonds.

The arrest is the result of disclosures made by F. B. Bennett, division man-ager No. 1 in Chicago of the Washing-ton offices. Previous to this time, it is said, thousands of phamplets sent out by the concern had been confiscated by the postal authorities. A contract made by the Co-operative United Exchange with Bennett was in the possession of inspectors.

The extent of the corporation's activities is being held a secret by the postoffice.

Several hundred state managers, agents and representatives of the concern are said to be on the company's books. Each of them is declared to have been compelled to pay from \$500 to \$550 into the company's coffers. Two methods by which the corporation is alleged to have swindled its own emyes are as follows: plo

Each employe who held a position lower than state manager was compelled to buy \$50 worth of stock in the company.

Each minor employe was compelled to be bonded for \$500 in the associate concern, the Metropolitan Deposit Trust Company. For this bond they paid \$5 cash State managers under their contracts

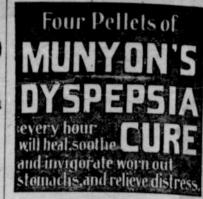
were to receive their first year's salary in the stock of the concern.

The Federal officers charge that contracts which the agents entered into contained so many "jokers" that it contained so many "jokers" that it would be impossible for the employes to meet the requirements. As a result, an endless chain of "fire and hire" would result with \$55 clear money going into the company's treasury with each appointment.

PICKET NOT CONVICTED.

Los Angeles Jury Disagrees For Third Time.

Los Angeles-As a jury disagreed for a third time in the picketing cases being tried before Police Justice Rose, Record for Abstinence Broken and Stomach Trouble Cured. Denven A new Fork Commission Also Assumes Charge of Telegraphs. Charge of Telegraphs.



A Fat Reducer.

Before starting to starve or drug off your extra layers of fat try the effect of this simple exercise, which is a great reducer of adipose tissue.

Standing with knees close together, rise on the tips of the toes, and, at the same time, elevate the chest and force down the palms of the hands as if pushing hard on a board. Bend the hands up slightly so the muscular strain comes on the fleshy part of the hand close to the wrist.

Do this whenever you happen to think of it during the day, and you will soon notice a decided difference in your flesh, particularly in a prominent abdomen.

Mothers will find Mrs. Winslow's Scothing Byrup the best remedy to use for their children during the teething period.

To Make a Home.

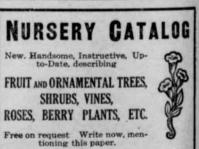
What do you include when you think of housekeeping? If you take it to mean merely the work of the house which could be accomplished by a hired servant, then perhaps it does not matter that you should miss such things as opportunity for thought, daily reading, etc., says Home Notes. But if you make housekeeping mean home-making and home-keeping, the formation of a home into a center for the life of the soul and spirit as well as of the body, then you must cultivate your mind, not keep it always to the level of the mundane things of life.

Washing Crepe de Chine.

Washing crepe de chine is no more difficult than to wash a frock of colored muslin. If tepid water and good soap are used with care it will come from the laundry as triumphantly as a piece of white linen. Do not let it lie in the water longer than is absolutely necessary, rinse thoroughly, and when half dry press on the wrong side with a medium hot iron. If of a dellcate color the garment must be dried in a shady place after pressing.

KODAKS AND KODAK SUPPLIES Write for catalogues and literature. Developing and printing. Mail orders given prompt attention Fortland Photo Supply Co. ird Street PORTLAND, ORE 149 Third Street





ENGINEER FASTS 57 DAYS.

Chocolats

A trial will convince you of their quality. If he does not carry them send direct to us 406 Lowis Bldg., Portland, Or.

MEDICAL OF EPARTMENT (UNIVERSITY OF CREUCH High Standard Thorough Courses Session begins Sept. 12. 10. For catalogue ad-dress Dran, Dr. S. E. Josephi, 610 Dekum Bidg., Portland. Oregon

"FILL YOUR OWN TEETH" FILL-O

If you have aching teeth or cavities and you are to nervous for the dental ordeal, try Fill-O, the ome dentist. At druggists or by mail, 25c.

FILL-O MFG CO., 351 Empire Bidg., Seattle, Wash. Blumaer-Frank Drug Co., distributors for Orego

ASTHMA AND HAY FEVEL

are quickly relieved by Wyatt's Asthm Remedy. Guaranteed or money refund ed. Ask your druggist or send six cents postage for Free Sample to

J. C. WYATT, Druggist. VANCOUVER. WASHINGTON

USE DR. PLUMMERS COUGH STOP

It is a sure stopper, promptly re-lieves Bronchitis, Whooping Cough, Cough Croup, and especially those harsh, hacking coughs, also most useful for lung diseases. For sale by all dealers; 25c a bottle.



Denver—A new record for long fasting is believed to have been made by Roland Moeller, a young civil engineer, who, after going 57 days without food, began taking neurishment in the form of orange nourishment in the form of orange and plum juices. Young Moeller, whose rather is a prominent physician of Milwaukee, began his fast for the purpose of regaining his health. He had been suffering from

health. He had been suffering from stomach trouble and a form of deafness that he believed could be cured by abstaining from eating. When he began his fast Moeller weighed 148 pounds. Today he weighs 97 and one half pounds. For the last two or three weeks one of the four physicians who have For the last two or three weeks one of the four physicians who have been watching Moeller has been giving him daily olive rubs and these are believed to have given him nourishment sufficient to sus-him hourishment sufficient to sushim nourishment sufficient to sus-tain him beyond the 40-day period of fasting which physicians say is the limit of safety.

Cyr Is Victim of Fires.

Hindus Shoot Official.

hemorrhages resulted.

hours.

New York-The public service commission of the Second district has as jurisdiction of telephone and sumed telegraph companies operating in New York State and opened its New York City office in the Metropolitan tower. Under the new law, all telephone companies, corporations, associations, partnerships or persons owning or oper-ating any telephone lines in the state for profit, whose property is in excess of value of \$10,000, will come under the jurisdiction of the commission.

The new law is very similar to that which has been in force during the last three years, covering other public service corporations.

Telephone and telegraph companies prohibited.

Plumas County Goes Dry.

Quincy, Cal., Sept. 3 .- Every saloon in Plumas closed its doors at 12 o'clock Los Angeles-Joe Cyr, who died Los Angeles-Joe Cyr, who died last night and went out of business. at Bakersfield after a severe hemor- Each of the six saloons in Quincy this

rhage of the lungs was a victim of the forest fires in Montana. In fighting the flames he breathed so much hot air and smoke that

have made up their minds to obey it, they evidently intend to make condi-tions just as disagreeable as they can, hoping to have a more favorable vote at another election on the liquor ques-tion in Warenham He was sent here by the Missoula, Mont., Eagles in the hope that the change in air and climate would prove beneficial. He was seized with hemorrhages a short time after arriving and died in a few

Large Sea Otter Killed.

Hoquiam, Wash .- A large sea otter Hindus Shoot Official. Silas, British India-A native po-lice inspector, Sarat Chandra, was shot and probably fatally wounded at Dacca, where a number of young Hindus are on trial for conspiracy against the government. The as-sailants of the inspector are mem-bers of good families.

have won a victory.

Following the failure to get a verdict in the case of George Hart, who was arrested at the Baker Iron Works, the case against James A, Gray was virtually dismissed by being "carried over." The veniremen were dismissed and the case was set aside.

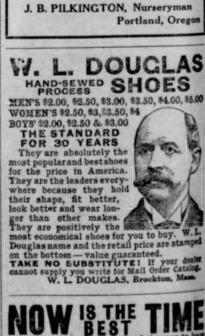
Court employes say that they do not think any of the 29 prisoners now in jail on picketing charges will be tried.

Attorneys from San Francisco ap-Attorneys from San Francisco ap-peared for the union labor organiza-tions in the Superior Court and began in earnest the fight on the injunction forbidding picketing, issued several weeks ago by Judge Bordwell. Louis Corlean appeared in court on an order Carlson appeared in court on an order to show cause why he should not be cited for contempt for alleged failure to observe the terms of the restraining order. The San Francisco lawyers sought to prove that Judge Bordwell exceeded his jurisdiction.

Hitchcock Warns Arizona.

Phoenix, Ariz .-- Governor Stone was host at a dinner given in honor of Postmaster-General Hitchcock, The dinner was followed by a reception, which was conducted as a nonpartisan function. In his after-dinner remarks the Postmaster-General urged the people of Arizona to recall the remarks of President Taft on constitution-making while the President was in the territory last He also advised that the constiyear. tutional convention confine itself to fundamentals and leave experiments to the Legislature.

Children Overcome By Gas.





Gold Fillings

Wise Dental Co.

Painless Dentists

Ing Bullding, Third & Washington, PORTLAND, BUT Office Rears: 8 A. M. to 8 7. M. Sundays, 8 W.T