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Your Blood

Needs purifying and your whole system renovating in the spring, as pimples, boils, eruptions, loss of appetite and that tired feeling annually prove.

Hood's Sarsaparilla is the most effective medicine ever devised for the complete purification of the blood and the complete renovation of the whole system.

It will make you feel better, look better, eat and sleep better and give you the best possible preparation for the hot days of summer, as over 40,000 people have testified in the last two years. Today buy and begin to take

Hood's Sarsaparilla

Usual form, liquid, or in tablet form, called Sarsatabs, 100 Doses \$1.

Buttermilk Yeast.

For the best yeast ever made, the day you churn take one pint of fresh buttermilk and put in a stepman to boil. When it boils stir in enough white corn meal to make like thick gruel. Let it boil up well, then remove from fire and let cool. When lukewarm stir into this one cup of good yeast; set in a warm place to rise. In two hours it should be nice and light. Then thicken with corn meal and make into cakes. Do not put one bit of salt, sugar, flour or hops in this yeast; nothing but buttermilk, meal and the yeast you put in to raise it. Make bread the same as with hop yeast. In making new yeast use a cup of this yeast to start with.—Tusah Smith.

Preserved Bartlett Pears.

The quantities given will fill four pint jars. Select fifteen good-sized ripe Bartlett pears; peel and cut them in halves; remove core and drop fruit into a bowl of cold water to which the juice of a lemon has been added. Place a preserving kettle with two pounds of sugar and one pint of water over the fire; stir to partly melt the sugar, boil a few minutes, removing all the black scum; put in the pears, cover and cook until a straw will penetrate them easily. Then fill them with the syrup into the jars; let the syrup overflow, and once, turn upside down until cold, then set aside.

New York, with 4,000,000 population, had been adding to its total in the three years preceding 1905 at the rate of 100,000 a year. Philadelphia, with a little less than 1,500,000 population, had increased at the rate of 30,000 a year.

Needless Sacrifice.
Mr. Filippun—Maria, here's that \$25 you say you need for a new hat. By the way, Maria, do I ever talk in my sleep?
Mrs. Filippun—Thanks. No, John, you never do.—Chicago Tribune.

Maybe So.
Squigg—Why do they call those interurban cars "limited"?
Squaggs—Because such a small number of people who travel on them get to their destination alive.—Toledo Blade.

Syrup of Figs and Elixir of Senna

acts gently yet promptly on the bowels, cleanses the system effectually, assists one in overcoming habitual constipation permanently. To get its beneficial effects buy the genuine.

Manufactured by the
CALIFORNIA FIG SYRUP CO.
SOLD BY LEADING DRUGGISTS—50¢ PER BOTTLE

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ILLUSTRATED
SEED
ANNUAL
FOR 1908

Ferry's Seeds are the best known and the most reliable seeds grown. Every package has behind it the reputation of a house whose business standards are the highest in the trade.

Ferry's 1908 Seed Annual will be mailed FREE to all applicants. It contains colored plates, many drawings and full descriptions, prices and directions of planting over 100 varieties of Vegetables and Flower Seeds. Invaluable to all. Seed for \$5.
D. M. FERRY & CO., Detroit, Mich.



"OUCH" OH, MY BACK
IT IS WONDERFUL HOW QUICKLY THE PAIN AND STIFFNESS GO WHEN YOU USE

ST. JACOBS OIL

THIS WELL-TRIED, OLD-TIME REMEDY FILLS THE BILL
25c.—ALL DRUGGISTS.—50c.

CONQUERS PAIN

About 100,000 nets are in use during the herring season by the 800 fishing smacks of the Netherlands. A net lasts about three seasons, but owing to losses from storms and other causes between 40,000 and 50,000 new nets are purchased annually.

No Clow.
Reporter—I suppose you don't know what the Senator thinks about this tariff reform business?
Senator's Private Secretary—No; no more than you do. I only know what he says about it.

A Sure Sign.
"How do you know Belinda is in love?" asked father.
"Because," answered mother, "every-time the telephone rings she thinks it's for her."

Avuncular Advice.
Anxious Mother—O, John, I'm afraid baby has the whooping cough! What ought I to do?
Bachelor Brother—Let him whoop, Miranda. Do you want to take away the only amusement the little fellow has?

No Need of a Fire.
"Wasn't it awful?" exclaimed the apartment-house girl. "The furnace was entirely out last night."
"I never noticed it," replied her bum.
"What? Never noticed it? And you sat in the cold parlor for two hours with that young man. Who was it, anyway?"
"An old flame."

Practical Demonstration.
Teacher—As to those old superstitions we have been talking about, they are all exploded. Nobody believes now, for instance, that it brings bad luck to walk under a ladder.
Shaggy Haired Pupil—I do, ma'am. I walked under a ladder once, and it fell on me.

Not Cutting Prices.
Caller—Is that the best you can promise me—a wife fifteen years older than I am, with a sharp nose, thin lips, and a sour disposition?
Fortune Teller—What more do you expect? Did you think you could get a real flinty for a dollar?

Wedding Cake.
Cream a half-pound of sugar with a half-pound of butter, and when very light, whip in six well-beaten eggs. Stir in a half-teaspoonful each of powdered cinnamon, nutmeg and cloves and a cupful of flour. Have ready prepared and mixed the following fruits—a half-pound each of seeded and chopped raisins and cleaned currants and a quarter-pound of minced citron. Dredge this fruit plentifully with flour and fold it into the batter. Last of all, add a table-spoonful of vanilla. Turn into a well-greased tin and bake in a steady oven until well done. Cover for the first half-hour with brown paper. When cold, ice all over with white frosting.

Toaster and Broiler.
In the illustration is shown a toaster or broiler, which contains a simple attachment to make the broiling of meats or the toasting of bread an easy matter. In fact, the broiling can be readily done on a gas stove as on a coal fire. Attached to each side of the frame of this broiler are supports which prevent it from tipping in direct contact with the top of the stove. When placed over the circular opening in the stove the supports keep the frame and its contents extended from the fire. By placing the supports on each side the broiler can be reversed as occasion demands. Every housewife knows that broiling a steak or other piece of meat is the most difficult branch of the cooking art, and success is seldom assured. With the aid of this broiler she would undoubtedly find the feat easy of accomplishment.

FORM BERKSHIRE ASSOCIATION

Marks Important Step in Livestock Industry of Northwest.

By J. L. Ashlock, Washington State College, Pullman.

President E. A. Bryan, of the Washington State college, has just received notice of his appointment as temporary president of the State Berkshire association, which is affiliated with the American Berkshire congress. President Bryan's appointment is the beginning of the organization of the Berkshire association in the state of Washington. This association reaches through nearly all the states of the union, and in the opinion of President Bryan, its coming into the state of Washington marks an important step in the livestock industry of the Northwest. Discussing the matter President Bryan said:

"I believe the Berkshire association is one of the most active and successful livestock associations in the United States, and that its work in the Northwest cannot fail to produce good results. The Berkshire is favored by many of the most prominent stock-raisers in America, among whom I might mention Nick Gentry, of Sedalia, Missouri, who is the greatest breeder of Berkshire hogs in the country; Reuben Gentry, of Kentucky; Mr. Hood, of 'Hood's Sarsaparilla' fame; and George Vanderbilt, of Asheville, Tennessee. Among the most prominent breeders of Berkshires in the Northwest are the Ladd estate, of Portland, and Mr. Paul Clagstone, of Spokane. I have raised Berkshire hogs on my Pusey Willow ranch near Pullman for the past ten years, and am thoroughly convinced of the desirable qualities of this breed.

"It is proposed by the Berkshire association to conduct an active campaign in the state of Washington, in favor of this breed of hogs, prior to the Alaska-Yukon exposition at Seattle. Then by the time of the exhibit, our state organization will be able to get up a splendid exhibit, and we will show the farmers of the state what sort of an animal the Berkshire is when proper attention is given him. Yes, it is very likely that the state experiment station will have a few Berkshires at the exhibit. At the present time we have some specimens of this breed that have been pronounced by the best Eastern experts as equal to anything in the United States."

President Bryan today announced his appointment of the officers and directors of the state association which will work with him in getting the Berkshire association established in Washington. They follow:

Vice president, Paul Clagstone, Spokane; secretary, J. H. Smith, Pullman; treasurer, W. D. Goodrich, Wauna. Directors: A. M. Stevens, Ellensburg; A. A. Somerville, Centralia; Pliny Shephardson, Castle Rock; W. W. Shields, Sprague; D. C. Dilworth, Spokane.

Of Interest to Farmers.
The following publications of interest to farmers and others have been issued by the Agricultural department of the Federal government and will be furnished free, so long as they are available, except where otherwise noted, upon application to the Superintendent of Documents, Government Printing Office, Washington, D. C.:

Bulletin No. 108.—Irrigation Practice Among Fruit Growers on the Pacific Coast. By E. J. Wickson, M. A., professor of agriculture practice, University of California, and horticulturist of the California agricultural experiment station. Pp. 54, pls. 10, figs. 7. Price 15 cents. This bulletin gives the results of a special investigation into the conditions, extent and methods of irrigation as practiced among fruit growers of the Pacific coast.

Bulletin No. 131.—Plans of Structures in Use on Irrigation Canals in the United States, prepared under the direction of Elwood Mead, chief of irrigation investigations, office of experiment stations. Pp. 51, pls. 22. Price 60 cents. This is an album of plans for irrigation structures, designed by leading irrigation engineers of the West, made from drawings exhibited at Paris in 1900 and at Buffalo in 1901.

Bulletin No. 158.—Annual Report of Irrigation and Drainage Investigations under the direction of Elwood Mead, chief of irrigation and drainage investigations, office of experiment stations. Pp. 755, pls. 12, figs. 129. This is the general report of irrigation and drainage investigations in 1904. The complete report was issued in limited edition, which is now exhausted, but it has been reprinted in form of nine separate free distributions.

Bulletin No. 177.—Evaporation Losses in Irrigation and Water Requirements of crops. By S. Fortier. Pp. 64, pls. 2, figs. 19. Price 10 cents. This contains the results of tank experiments to determine the quantities of water evaporated from soils which receive various cultural treatments and to which the water was applied at different depths; it contains also a few experiments on the quantities of water consumed by plants.

Bulletin No. 188.—Irrigation in the Yakima Valley, Washington. By S. O. Jayne. Pp. 89, pls. 2, figs. 4. Price 15 cents. This bulletin describes the irrigation works in the Yakima valley, Washington, and discusses the water supply, water rights, crops, and opportunities for settlement.

To make an iron run smoothly, get some leaves from evergreen trees. Rub hot irons on them, and they will run without sticking to starched clothes. Leaves may be dried for use.

Peel fresh cucumbers and cut in thin slices. Sprinkle lightly with salt and let stand for an hour. Drain, sprinkle with lemon juice and paprika, let stand for half an hour or longer, then use for a filling between thin slices of buttered bread.

SKIN DISEASES HUMORS IN THE BLOOD

When the blood is pure, fresh and healthy, the skin will be soft, smooth and free from blemishes, but when some acid humor takes root in the circulation its presence is manifested by a skin eruption or disease. These humors get into the blood, generally because of an inactive or sluggish condition of the members of the body whose duty it is to collect and carry off the waste and refuse matter of the system. This unhealthy matter is left to sour and ferment and soon the circulation becomes charged with the acid poison. The blood begins to throw off the humors and acids through the pores and glands of the skin, producing Eczema, Acne, Tetter, Psoriasis, Salt Rheum and skin eruptions of various kinds. Eczema appears, usually with a slight redness of the skin followed by pustules from which there flows a sticky fluid that dries and forms a crust, and the itching is intense. It is generally on the back, breast, face, arms and legs, though other parts of the body may be affected. In Tetter the skin dries, cracks and bleeds; the acid in the blood dries up the natural oils of the skin, which are intended to keep it soft and pliant, causing a dry, feverish condition and giving it a hard, leathery appearance. Acne makes its appearance on the face in the form of pimples and black heads, while Psoriasis comes in scaly patches on different parts of the body. One of the worst forms of skin trouble is Salt Rheum; its favorite point of attack is the scalp, sometimes causing baldness. Poison Oak and Ivy are also disagreeable types of skin disease. The humor producing the trouble lies dormant in the blood through the winter to break out and torment the sufferer with the return of Spring. The best treatment for all skin diseases is S. S. S. It neutralizes the acids and removes the humors so that the skin instead of being irritated and diseased, is nourished by a supply of fresh, healthy blood. External applications of salves, washes, lotions, etc., while they soothe the itching caused by skin affections, can never cure the trouble because they do not reach the blood. S. S. S. goes down into the circulation and forces out every particle of foreign matter and restores the blood to its normal, pure condition, thereby permanently curing every form of skin affection. Book on Skin Diseases and any medical advice desired sent free to all who write. S. S. S. is for sale at all first class drug stores.

I suffered with Eczema for forty years and could find nothing to cure me until I tried S. S. S. I suffered intensely with the itching and burning pustules would form from which there flowed a sticky fluid; crusts would come on the skin and when scratched of the skin was left as raw as a piece of beef. I suffered agony in the four years I was afflicted, but when I used S. S. S. I found a perfect cure. There has never been any return of the trouble.

C. H. EVANS,
Stockman, Neb.

S.S.S.

PURELY VEGETABLE

because they do not reach the blood. S. S. S. goes down into the circulation and forces out every particle of foreign matter and restores the blood to its normal, pure condition, thereby permanently curing every form of skin affection. Book on Skin Diseases and any medical advice desired sent free to all who write. S. S. S. is for sale at all first class drug stores.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

Enigmatical.
"That forward Miss Flip openly advocates kissing games. Hasn't she nerve?"
"Well, encouraging osculation is a thing which does require cheek."—Baltimore American.

The Brute!
"Papa, what's the use of saying 'good by' when you're talking over the telephone?"
"No use, I suppose, Tommy, except that it means that the conversation has closed. I mean that it's correct when I am talking to your mother."

St. Vitus' Dance and all Nervous Diseases permanently cured by Dr. King's Great Nerve Restorer. Send for FREE 62-page bottle and treatise. Dr. R. H. King, Ltd., 931 Arch St., Phila., Pa.

Unpardonable.
Mrs. Droppyn—It's a wonder your kitchen girl doesn't insist on using the piano.
Mrs. Staynum—Let the impudent thing do it if she dares! I've found out that she can play it better than my girls can!

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

A Good Fisherman.
A small boy who lives near a lake was fishing and his mother had to call him five times to make him hear, says the Philadelphia Telegraph. Finally, she landed on him, and shaking him in a terrible manner, wanted to know why he did not answer. This was the reply: "I didn't hear you for the first three times, and the last time I had a bite."

A Legislative Paradox.
"The representative part of the British Parliament is a practical paradox."
"Why?"
"Because it is a house of commons and yet peerless among legislatures."—Baltimore American.

There are, altogether, foreign and native, 25,700 persons that are actively engaged in bringing the gospel to India, while ten years ago there were only 16,150—a gain of nearly 60 per cent.

Local Color.
"George, I shall need some money to-day."
"What for?"
"There's a white sale at one of the stores, and I want to attend it."
"A white sale? All right, Laura. A few silver dollars will do for that, won't they?"

Spread of Knowledge.
Teacher (at night school)—What is a sacred cow, and why is it so called?
Shaggy Haired Pupil—"Sacred cow" is a corruption of "sick red cow," its sickness being caused by a large lump on its shoulders.—Chicago Tribune.


The jaws of a wasp are so powerful that the insect can cut its way through shells.

The Taking Cold Habit

The old cold goes; a new one quickly comes. It's the story of a weak throat, weak lungs, a tendency to consumption. Ayer's Cherry Pectoral breaks up the taking-cold habit. It strengthens, soothes, heals. Ask your doctor about it.

I had a terrible cold, and nothing relieved me. I tried Ayer's Cherry Pectoral and it promptly broke up my cold, stopped my cough, and eased every part of my body. It did wonderful work for me.—M. J. F. Lutz, Toledo, Ohio.

Made by J. C. Ayer Co., Lowell, Mass. Also manufacturers of Sarsaparilla, Pills, Hair Vigor.



Ayer's

Keep the bowels regular with Ayer's Pills, just one pill each night.

20 YEARS IN PORTLAND DOING WORK FOR THE BEST PEOPLE

In positive proof of the reliability and confidence our patients have in us. Specialists always in attendance, awaiting prompt and courteous attention. Lady attendants always present.

Painless Dentistry.—Our reputation for reliability and thoroughness is well established. Cleanliness, Good Work and Quick Service.

AND IT DIDN'T HURT A BIT!
Painless Extractions, 50 cents. Extraction Free when plates or bridges are ordered. Plates \$1 and up.

Best Plate Work.—Perhaps your teeth have become so decayed that it is impossible to firmly set a bridge. Then the old stumps are removed without causing you the slightest pain, and a plate is fitted. If the plate fits perfectly it will look well and perform its work of maintaining your food satisfactorily. With my 20 years' experience in this work will guarantee satisfaction in every case.

Crown and Bridge Work.—It's a shame to spoil your personal appearance and ruin your digestion from the lack of teeth to properly masticate your food, when a bridge can be supplied that will cause no discomfort what-so-ever. Write for free booklet.

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Color more goods brighter and faster colors than any other dye. One 10c package colors silk, wool and cotton equally well and is guaranteed to give perfect results. How to dye, bleach and mix colors.

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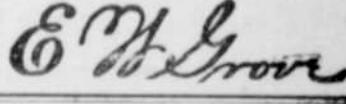
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W. L. Douglas makes and sells more men's \$2.50, \$3.00 and \$3.50 shoes than any other manufacturer in the world. Because they hold their shape, fit better, wear longer, and are of greater value than any other shoes in the world to-day.

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CAUTION: W. L. Douglas name and price is stamped on bottom. Take No Substitute. Sold by the best shoe dealers everywhere. Shoes mailed from factory to any part of the world. Illustrated Catalog free to any address.

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ever, will show your food properly and thoroughly, while your teeth are improved by good dentistry. A hollow tooth that is now useless can be filled and crowned so that it is used for probably a lifetime. To secure the best results you must secure the highest grade of skill.

Examination free and invited. When desired you can have T. P. Wise of my personal service.

Our force is so organized that we can do your entire Crown, Bridge and Plate Work in a day if necessary.

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