

### ALL HAIL PE-RU-NA.

A Case of STOMACH CATARRH.



Miss Mary O'Brien, 306 Myrtle Ave., Brooklyn, N. Y., writes: "Peruna cured me in five weeks of catarrh of the stomach, after suffering for four years and doctoring without effect. In common with other grateful ones who have been benefited by your discovery I say, All hail to Peruna."

Mr. H. J. Henneman, Oakland, Neb., writes: "I waited before writing to you about my sickness, catarrh of the stomach, which I had over a year ago. "There were people who told me it would not stay cured, but I am sure that I am cured, for I do not feel any more ill effects, have a good appetite and am getting fat. "So I am, and will say to all, I am cured for good. "I thank you for your kindness. "Peruna will be our house medicine hereafter."

Catarrh of the stomach is also known in common parlance as dyspepsia, gastritis and indigestion. No medicine will be of any permanent benefit except it removes the catarrh.

**A Great Tonic.**  
Mr. Austin M. Small, Astoria, Ore., writes: "During the hot weather of the past summer I lost my appetite. I tried Peruna, and found it pleasant to take, a splendid appetizer and a great tonic."

**A Unique City.**  
In one respect, Quito, the capital of Ecuador, is the most unique city in the world. It is situated in both the northern and southern hemispheres—if we accept the equator as the real dividing line—a distinction claimed by no other place of importance on the globe. At Quito the sun rises and sets at 6 o'clock the year round. You may forget to wind your watch while you are visiting the Ecuadorian capital, but you need not hunt up a regulator; set it when the sun rises or sets, and you will be sure to be right. Old Sol makes no mistakes. The seasons, as far as names are concerned, change almost instantly; but, as the temperature is remarkably even, these curious points are seldom thought of by the people who make Quito their home.

**Our Locked Up Forces.**  
It is the locked up forces within that lie deep in our natures, not those that are on the surface, that test our mettle. It is within everybody's power to call out these hidden forces, to be somebody and to do something worth while in the world, and the man who does not do it is violating his sacred birthright.—Success Magazine.

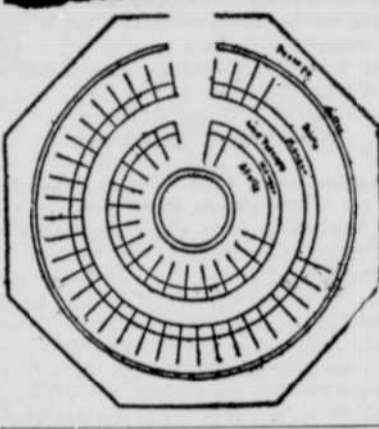
**Peter Pry's Philosophy.**  
Half truths are worse than whole lies. Some women make "flirting" cover a multitude of sins. Marriage is a partnership in which woman is never the "silent partner." Buy your wife a good diamond ring for economy's sake. She'll never wear out many pairs of gloves after that.—Pittsburg Gazette.

# FARMS AND FARMERS



**An Eight-Sided Barn.**  
Here is a plan for a barn of the eight-sided or octagon shape. This octagonal barn is 25 feet on each side, providing accommodation for about fifty head of cattle. There is a considerable gain in floor space when the octagon form is used instead of the square form, the same amount of wall enclosing a greater number of square feet. The main objection to an eight-sided barn is that it is difficult to fill with a hay fork or sheaf carrier. This may be largely overcome by erecting a gable on one of the sides of the roof and running a track in room that height, which may be extended to within 20 feet of the opposite wall. The roof requires to be self-supporting and to secure this the plates should be bolted together at the corners and held by a band of iron 4 feet long, bent to fit and solidly bolted so that the corners can never spread. In

**Traveling School of Agriculture.**  
Cornell University in New York will this summer make an entirely new and somewhat unique departure in its agricultural work. Following a petition signed by seventeen students who were desirous of becoming acquainted with agricultural conditions existing in different portions of the United States, the college will send out a special car, fitted with the accommodations for the housing and study equipment of the students during their trip. It has been styled a traveling school of agriculture. Those in charge plan to start on the trip about the 1st of July, the itinerary being planned with a view to covering about eight weeks, while the cost per student is placed at about \$400. The car will go from Ithaca to Buffalo and through Ohio, Illinois, Iowa, Nebraska, Colorado, Texas, Louisiana, Mississippi, Alabama, Georgia, South Carolina, Virginia, Pennsylvania and back home. In a way this experiment will be along the line of the seed corn and good road special trains which have been in operation on many lines of road in the upper Mississippi valley during the past two years, proving both popular and greatly beneficial to the agricultural interests of the localities visited. The course of agricultural instruction contemplated in the above tour will give the students who take advantage of it a first hand and intimate as well as extensive acquaintance with the conditions and methods of agriculture covering the whole country and will give a breadth of view and a fund of practical information that could hardly be got from study in one place or in one school.



the stable part the larger cattle should be assigned to the outer circle, the smaller ones to the inner row. One feeding alley serves for the two rows, and a circular track can be arranged for carrying silage. In order to get sufficient light there requires to be an almost continuous window about three feet above the ground.—Montreal Star.

**Profit in Forest Thinning.**  
A bulletin entitled "Improvement Thinning" has been issued by the State forester of Massachusetts. The author shows that the growth on considerable areas can be improved and made more productive by the application of moderate thinning while the stands are in the process of development. This is often as the material to be removed will pay for its removal is the rule laid down as to how often to thin. As to the degree to which it is safe to thin, the cover should never be broken to such an extent that it will not close again in two or three years and cast a dense shade. In answer to the objection that is sometimes urged that such work is impracticable under existing conditions of the labor and wood market, the author refers to the fact that thinning has been done and is going on now in Massachusetts and neighboring States, and that it has not only paid for itself, but has in some instances yielded a net profit of from twenty-five cents to \$2 on each cord of wood removed.

**Prepare the Wool Well.**  
A wool grower sending wool to market in a heavy, dirty condition, leaving anything in the fleece to make more weight, and expecting to get more money is greatly mistaken. Buyers estimate the value of the clip by the net yield of clean wool. When growers do their best they secure for themselves the best results. The soundness of the fiber may be tested by stretching a small staple between the fingers. Staple 2½ inches in length up, is classed combing below clothing. Labor expended in preparing the clip for sale is well bestowed and brings its own reward. The yolk in wool is the oily substance which gives color and lends softness to the fleece. It also promotes the growth of the fleece and prevents the wearing of the fiber. Good feeding, shelter and care promotes this secretion.

**Sheep and Bad Weather.**  
Sheep are tender, and but for their dense covering of wool, could not endure severe winters. In the wild state the lambs are not produced until mild weather. Domestication has changed the conditions somewhat, and lambs come early, but they are not well protected with wool covering and need warmth. This fact must not be overlooked when the ewes are due to lamb.

**Rye for Pasture.**  
The early rye always shows itself soon after the weather begins to moderate in the spring, and some farmers usually then begin to use it for pasture. It is a mistake to use the rye too early, as it may cause scours. It is very laxative in its effects, being watery, and a change from the dry feed to young rye very early in the season may result in loss of milk.

**Goats Will Eat Everything.**  
Here are some things which the brush goat will eat: Hazel, crab, blackberry, cedar, hemlock, holly, willows, haws, buck, squawberries, hickory, sage brush, elder, greasewood, sumac, ash, grape, jackoak, mahogany, pine, maple, fir, rosebush, cherry, alder, salal, apple, poplar, all kinds of oak, plum, elm and many others. As to weeds, everything appears to be to their taste, even to the poison ivy, which some breeders say they eat safely, provided they have a variety of other weeds to vary their diet. Browsing gives the venison or game flavor to the flesh, and for that reason is to be preferred; fed as sheep or cows, the flesh has the mutton flavor.

**Fumigating the Orchard.**  
The insect tax upon this country's agricultural interests is something stupendous. Indeed, were it not for the ravages of insects, great and small, the life and profits of the horticulturist would be so attractive as to completely change the present attitude toward their occupation. The government experts are doing an enormous amount of educational work in determining the exact organisms that are responsible for each particular form of damage and the best method of combating same. Fumigation is one of the modern farmer's magic science wands by which, in a

trice, he clears his crops of insect life that if not held eradicated would probably destroy his entire crop. In California immense balloonlike arrangements of canvas are used in fumigating fruit trees, and now a Texas inventor proposes to modify the plan, with the idea of making it available for smaller crops, such as cotton and corn. The appliance consists of a supporting truck for movement over the ground, generally by the use of horses, a combustion chamber for the formation of the fumes, or gases employed as fumigant, and a framework, adjustable as to heights, and a hood covering the whole. At the rear a deflector curtain is provided, with a depending shield extending across the combustion chamber to deflect the fumes and force them into contact with the plants. With an apparatus of this general type it is possible to effectively and rapidly treat large numbers of plants, the deflector or hood extending over two full rows of plants.—Sacramento Bee.

**How Are the Teeth?**  
Many farmers make the mistake of feeding stock food or other similar mixtures to horses when they seem to have difficulty in eating, when what the animal needs is to have his teeth cared for by a competent veterinarian. A horse whose teeth are out of order, bolts much of its food because it cannot masticate it, hence the food taken does little or no good and the animal loses both flesh and energy. If the horse is trying to eat and is not keeping up its vigor better look to its teeth, for in nine cases out of ten here is where the trouble lies.



**Unappreciated Ambition.**  
"My hair," remarked the middle-aged man, sadly, "is the most ambitious thing about me, it seems."  
"What's the answer?" queried his friend.  
"It is always coming out on top," explained the party of the first part."

**To Break in New Shoes.**  
Always shake in Allen's Foot-Ease, a powder. It cures hot, sweating, aching, swollen feet. Cures corns, ingrowing nails and bunions. At all druggists and shoe stores, 25c. Don't accept any substitute. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

**Special Terms!**  
"And have you any special terms for summer girls when they come in a party?" asked the pretty brunette in the mountain hotel.  
"Yes, indeed," responded the clerk, suavely.  
"And what are they?"  
"Peaches and 'dears.'"

**FITS** St. V. 's Dance and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Send for FREE trial bottle and treatise. Dr. R. H. Kline, 14, 161 Arch St., Phila., Pa.

**The Mole Has Eyes.**  
The majority of people believe that the mole is even "blinder" than the proverbial bat, but the naturalists know that such is not the case. Sir John Lubbock and Carl Hess, the latter a noted German naturalist, by careful investigation proved that the mole has eyes which are as perfect as those of a horse or an elephant. They are very small optics, to be sure (only one millimeter in diameter), but in the matter of reflection and refraction do not differ from the normal eyes in larger animals.

**Satisfied Them All.**  
Aunt Panthea Brooks lived in a little New Hampshire village very many years without quarrelling with any one, and was so thoroughly liked by every one for miles round that her popularity excited the interest of a summer visitor. "Aunt Panthea," he asked, "how is it that you keep on such good terms with every one, while they are all quarrelling among themselves?"  
"Well," said Aunt Panthea, "being as you aren't to stay here long I'll tell you. When I go down the street I meet Jason Purdy, and he says, 'Why, Panthea, how well you look!'  
"I'm glad you think so, Jaso," I say, smiling at him.  
"Next minute up comes Ezra Dracon. 'Well now, Panthea,' he says, 'how poorly you are looking this year.'  
"My land, Ezra," I say, 'how quick you are to notice those things!'  
"So it is with everything. Those who like to think one way, I let 'em think it, and those who like to think the other, I let 'em think it."  
Who can deny that Aunt Panthea had discovered a comfortable philosophy of life?

**Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.**

**Few Thoughts.**  
Fred (after six months' absence)—Are you married yet, old man?  
Joe—Not me.  
Fred—But I thought you were going to marry that wealthy young widow?  
Joe—I thought so, too, but I discovered that she was also a thinker.

# My Hair Ran Away

Don't have a falling out with your hair. It might leave you! Then what? That would mean thin, scraggly, uneven, rough hair. Keep your hair at home! Fasten it tightly to your scalp! You can easily do it with Ayer's Hair Vigor. It is something more than a simple hair dressing. It is a hair medicine, a hair tonic, a hair food.

The best kind of a testimonial—  
"Sold for over sixty years."

Made by J. C. Ayer Co., Lowell, Mass.  
Also manufacturers of  
SARSAPARILLA, PILLS, CHERRY PECTORAL.



**His Bitterness.**  
Maxim Gorky sneered, all the more bitterly because there were few to observe it. "Here you Americans," he said, "found me a bigamist in an hour and it has taken you three years to find that you can't find whether one of your Senators is a bigamist or not."  
Then he absorbed such solace as there was in a gallon of tea.—Philadelphia Ledger.

**LAND SCRIP FOR SALE**  
Approved Land Scrip for surveyed, unsurveyed, timbered or cleared government land. H. M. HAMILTON, Portland Hotel, Portland, Oregon.

**GASOLINE ENGINES** 2 to 4 horse power fully warranted. \$125. All sizes and styles at lowest prices. Write for catalog.  
REIERSON MACHINERY COMPANY  
Portland, Oregon.

**CLASSIFIED ADVERTISING**  
Portland Trade Directory  
Names and Addresses in Portland of Representative Business Firms.  
MAGN LANTERNS—Wester Co., Portland. Lowest prices on Lanterns and Slides.  
HORNS of all kinds for sale at very reasonable prices. Inquire 275 Front St.  
CREAM SEPARATORS—We guarantee the U. S. Separator to be the best. Write for free catalog. Hazelwood Co., Fifth and Oak.  
MEN'S CLOTHING—Bulfinch & Pendleton, sole agents Alfred Benjamin & Co.'s correct clothes. Everything in men's furnishings. Morrison and Sixth streets. Opposite postoffice.  
POULTRY FOOD—If you want your hens to lay more eggs write us for free particulars about P. U. RINA POULTRY FEED—Acme Mills Co., Portland, Oregon.  
FLANOS & ORGANS—Oldest piano house on Pacific coast. Organs and Flanos on easy payments. Write for list. Let us quote you a price. Also Gilbert-Banmaker Co., Portland, Oregon.  
WANTED—Men and Women to learn Barber trade in eight weeks; graduates earn from \$15 to \$20 weekly; expert hair restorers; catalog free; Moise System of Goggles, 25 N. Fourth St., Portland.  
TELEGRAPHY TAUGHT FREE. Complete course and position secured when graduated. This offer good only for short time. Write for particulars. FACULTY TELEGRAPHIC INSTITUTE, Grand Theatre Building, Portland, Oregon.  
P. N. U. No. 26-06  
When writing to advertisers please mention this paper.

**He Had Remembered.**  
Hiram Bobbs was absent-minded. He admitted that himself. Still, even he was occasionally surprised by his own failings. One morning he reached his office unaccountably late. "Dear me!" he thought. "Where can I have been?" The answer was not forthcoming. Hiram sat down at his desk and took out his pocket-handkerchief. It was tied tightly in a knot.  
"Now," he exclaimed, "what was that for? Oh, yes! Marthy told me to get my shoes soled."

With an air of resignation to the whims of womanhood he put on his hat, closed his desk, and went out to the "soled-while-you-wait" cobbler. He went in and sat down, took off his shoes, and settled back in a chair to read his newspaper.  
"What is it, Mr. Bobbs?" inquired the cobbler.  
"What? Oh, er—er—er—why—oh, yes! I want my shoes soled."  
"Pardon me, sir," said the cobbler, "but I finished sooling them only half an hour ago. They can't be worn out yet, sir."

**Deafness Cannot Be Cured**  
by local applications as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflammation of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.  
We will give One Hundred Dollars for any case of Deafness (caused by Catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.  
F. J. CHENEY & CO., Toledo, O.  
Sold by Druggists, etc.  
Hall's Family Pills are the best.

**An Owl.**  
"She thought he was very prominent before their marriage."  
"Yes, she saw his picture in a newspaper labeled 'A Young Man of the Day.'"  
"And now that they are married?"  
"She has found out that he is a young man of the night."

# Your Tongue is Coated!

LOOK inside your watch cover and see! That's bad business, Bill! What you been eating? What were you drinking? What kind of Lazy Chair did you take exercise in? Now don't think it doesn't matter! Because, it's your Bowels that talk now, every time you open your Mouth. That doesn't help your Popularity, nor your Earning capacity. Besides, a man with bad Bowels is in a bad way. And, a Coated Tongue, or a Bad Breath, are sure signs of bad Bowels and poor Digestion.



Into Blood, Brawn, Brain, Bone. No purging from CASCARETS, because there is no forcing of the Bowels with a lot of precious Digestive Juice with Salts, Castor Oil, "Physic," etc. Cascarets act like Elixirs—harmless, pleasant, simple, convenient, but sure as Shooting. The thin little Ten Cent Box, carried in your Pocket constantly, is protection against the risk of...  
—Late Suppers  
—Cheerful Boozing  
—Rapid Eating  
—Slow Walking  
—Easy Chair Athletics  
—And Lazy Liver.

Go and take a Ten Mile Walk, for Exercise! "Finest thing in the world for Constipation, Indigestion, or Dyspepsia, Ten Mile Walks. Haven't time? Too Lazy? Well,—there is another Way. Take Artificial Exercise for your Bowels. That's—CASCARETS. They rouse the Bowel Muscles, just as a Cold Bath freshens Athletic Muscles. "Waken them up. Strengthen them so they Contract and Expand the Bowels and Intestines in a healthy active manner. That's how these muscles work the Food along, through your thirty feet of Intestines, to its Finish. That's how they squeeze Gastric Juice into the food, to Digest it. That's how they make the millions of little Suckers in the Intestines draw the Nutrition out of Food, and transform it

One tablet taken whenever you see you need it will insure you against cent of all other ills likely to attack. Because 90 per cent of these ills, in the Bowels, or exist through Nutrition. Cascarets don't purge, don't w don't irritate, nor upset your stomach. Ten Cents, at all Druggists. Be careful to get the genuine, made at the Sterling Remedy Company, and sold in bulk. Every tablet is "CCC."

**IF FREE TO OUR FRIENDS.**  
We want to send to our friends a French-designed, GOLD-PLATED BOND, hard-mounted in colors. It is a beauty dressing table. Ten cents in stamps is a measure of good faith and to cover cost of C with which this dainty trinket is loaded. Send to-day, mentioning this paper, Sterling Remedy Company, Chicago or St.