

**IFIED ADVERTISING**  
 Portland Trade Directory  
 and Addresses in Portland of Representative Firms.  
 APPLIERS: Kodak developing and printing presses; Woodard, Clarke & Co.  
 ANTIQUARIAN: Webster Co., Portland.  
 ARTISTS: Lanterns and Slides.  
 BATHING: Supporters, Braces; Kull to measurement blanks; Woodard, Clarke & Co.  
 BOOKS: All kinds for sale at very reasonable prices; 27 Front St.  
 CLOTHING: We guarantee fit in all cases; Woodard, Clarke & Co.  
 EYE: Every shade and shape; Woodard, Clarke & Co.  
 FURNITURE: We guarantee the U. S. to be the best. Write for free catalog and prices.  
 GROCERIES: Buffum & Pendleton, sole agents for Benjamin & Co.'s correct clothes; Morrison and  
 HATS: Opposite postoffice.  
 ICE: Under the Carey Trillium; Best direct from state. Write today, and may free. B. S. Cooke & Co., 251  
 INSURANCE: If you want your home to be protected from fire, write us for free particulars about PORTLAND FIRE INSURANCE ACME MILLS CO.,  
 JEWELRY: Columbia Woolen Mills Co., Portland.  
 LUMBER: Style clothes made to measure cheap; measurement system insures perfect fit and samples and prices.  
 MUSIC: URSANS—Oldest piano house on Pacific coast; Organs and Pianos on easy payments. Let us quote you a price. Allen & Sankaker Co., Portland, Oregon.  
 OPTIC: Switches, Pompadours, Men's and Women's; lowest prices; mail orders a specialty. 305 Washington St. Est. 1888.



**"PE-RU-NA WORKED SIMPLY MARVELOUS"**  
**Suffered Severely With Headaches—Unable to Work**  
 Miss Lucy V. McGivney, 452 3rd Ave. Brooklyn, N. Y., writes:  
 "For many months I suffered severely from headaches and pains in the side and back, sometimes being unable to attend to my daily work.  
 "I am better now, thanks to Peruna, and am as active as ever and have no more headaches.  
 "The way Peruna worked in my case was simply marvelous."  
 We have in our files many grateful letters from women who have suffered with the symptoms named above. Lack of space prevents our giving more than one testimonial here.  
 It is impossible even to approximate the great amount of suffering which Peruna has relieved, or the number of women who have been restored to health and strength by its faithful use.

**GASOLINE ENGINES** 2 to 4 horsepower fully warranted, \$125. All sizes and styles at lowest prices. Write for catalog.  
**REIERSON MACHINERY COMPANY**  
 Portland, Oregon.

**BEST BY TEST**  
 "I have tried all kinds of waterproof clothing and have never found anything at any price to compare with your Fish Brand for protection from all kinds of weather."  
 (The name and address of the writer of this unsolicited letter may be had upon application.)  
**Highest Award World's Fair, 1904.**  
**A. J. TOWER CO.** The Sign of the Fish Boston, U.S.A.  
**TOWER CANADIAN CO., LIMITED** Toronto, Canada  
 Makers of Warranted Wet Weather Clothing

**Didn't Make Good.**  
 Tess—Don't you think Mr. Galley is awfully handsome?  
 Jess—Huh! "Handsome is as handsome does." He told me last evening that he was going to kiss me before he left.  
 Tess—The idea! Weren't you indignant?  
 Jess—I should say I was. When a man promises to do a thing he ought to keep his word.—Philadelphia Press.

Do you know the secret of the Wave Circle? Wonderful! Don't delay another day!

Send for K.C. right away. It's purer and more efficient than any Baking Powder that costs three times as much.  
 25 oz. for 25c.  
 All grocers  
**Jaques Mfg. Co. Chicago**

**IT'S PLAIN BUSINESS**  
 When you get dental work done. System and precision all the way through in our office, but we do temper treatment with a little compassion for a nervous patient. We try to make it a painless business.  
**WISE BROS., Dentists**  
 Falling Building, Third and Washington Sts. m. to 9 p. m.; Sundays 9 to 12.  
**WORK DONE ON WEEKLY AND MONTHLY PAYMENTS**  
 DR. W. A. WISE DR. T. P. WISE

**OLD Favorites**

**Speak Gently.**  
 Speak gently! It is better far To rule by love than fear. Speak gently—let not harsh words mar The good we might do here!  
 Speak gently—love doth whisper low The vows that true hearts bind; And gently Friendship's accents flow, Affection's voice is kind.  
 Speak gently to the little child! Its love be sure to gain; Teach it in accents soft and mild— It may not long remain.  
 Speak gently to the young, for they Will have enough to bear; Pass through this life as best they may, 'Tis full of anxious care.  
 Speak gently to the aged one, Grieve not the careworn heart; The sands of life are nearly run, Let such in peace depart.  
 Speak gently, kindly, to the poor; Let no harsh tone be heard; They have enough they must endure, Without an unkind word.  
 Speak gently to the erring—know They may have toiled in vain; Perchance unkindness made them so; Without an unkind word.  
 Speak gently! He who gave His life To bend man's stubborn will, When elements were fierce with strife, Spoke to them: "Peace, be still!"  
 Speak gently! 'Tis a little thing Dropped in the heart's deep well; The good, the joy, which it may bring Eternity shall tell.  
 —David Bates.

**HONEY AS A FOOD.**  
**It Is Nourishing and Saves Work for the Digestive Organs.**  
 Honey, which is described as "one of nature's best foods," is the subject of a report by the Ontario department of agriculture. In this it is pointed out that it is only within the past few centuries that sugar has become known and only within the last generation that refined sugars have become so low in price that they may be commonly used in the poorest families. Formerly honey was the principal sweet, and it was highly valued 3,000 years before the first sugar refinery was built. "It would add greatly to the health of the present generation," it is declared, "if honey could be at least partially restored to its former place as a common article of diet."  
 Excessive use of sugar brings in its train a long list of ills. When sugar is taken into the stomach it cannot be assimilated until first changed by digestion into grape sugar. Only too often the overtaxed stomach fails properly to perform this digestion, and then come sour stomach and various phases of indigestion and dyspepsia. In the laboratory of the hive the honey has been fully prepared by the bees for prompt assimilation without taxing either stomach or the kidneys, so that in eating honey the digestive machinery is saved work and health is maintained.  
 Moreover, the same report says that "in many cases it will be a real economy to lessen the butter bill by letting honey in part take its place. One pound of honey will go as far as a pound of butter, and if both articles be of the same quality, the honey will cost the less. Honey is strongly recommended for children, while for persons of all ages a pleasant and wholesome drink is called 'German honey tea.' This is made by pouring a teaspoonful of hot water on from one to two teaspoonfuls of honey."

**He Hated Typewriters.**  
 The late Associate Justice Gray of the Supreme Court was very eccentric. Among his prejudices was a deep and lasting aversion for a typewriter. That machine did not come into general use until Justice Gray was an old man, and he never became reconciled to it. It maye him furious if a lawyer filed with him a motion or other court paper typewritten. He invariably returned it with a brusque request that the matter be written in longhand. He had a stenographer at his disposal, but never utilized his services, as he wrote all his letters as well as his opinions. He notified the clerk of the Supreme Court not to send him any typewritten paper, no matter how important it might be. He never neglected an opportunity to denounce typewriters. The result of his hatred for these machines was that he did three times as much work as the other justices.  
**No Let-up.**  
 Lovett—You don't believe in divorce, then?  
 Hayter—No, sir; I've got too much sportin' blood.  
 Lovett—What has that to do with it?  
 Hayter—I believe in a fight to the finish.—Philadelphia Ledger.

**The Club Woman's Spouse.**  
 "Does your wife insist on knowing exactly when you get home?" asked the intrusive friend.  
 "My wife never knows when I get home," answered Mr. Meekton. "I'm always home before she is."—Washington Star.  
 Women are such capable creatures that they have been known to play whist and take care of a baby crawling around on their lap at the same time.

**SKIN DISEASES**

There is nothing more distressing than an itching, burning skin disease, and upon the return of warm weather those who are afflicted with skin troubles find the symptoms appearing and know that they will be tormented through the hot summer months. The blood is heated with humors and acrid matter, and as they are forced to the surface the skin seems to be on fire. The treatment of skin diseases with external applications is all wrong, because they do not reach the trouble which is in the blood. The most such treatment can be expected to do is, allay the itching and burning and cover up the trouble for awhile, but as soon as it is left off the disease returns.

All food taken into the body contains, in some form, the elements necessary to sustain the different parts. One portion is used for the making of blood, another for muscle, one for bone, still another for fat, and so on. After these different properties are extracted from the food there still remains a portion that is useless, or waste matter, which is intended to be disposed of through the natural channels of bodily waste, the Liver, Kidneys and Bowels. At this season of the year, however, these organs become torpid, dull and sluggish, and fail to perform this duty, and these accumulations remain in the system and are absorbed by the blood to ferment and sour, producing burning acids and acrid humors. The blood cannot properly nourish the system while in this impure condition, and begins to throw off these acids through the pores and glands of the skin, producing Acne, Eczema, Tetter, Psoriasis, Salt Rheum and skin diseases of every description.

**ECZEMA** appears usually with a slight redness of the skin, followed by pustules from which there flows a sticky fluid that dries and forms a crust, and the itching is intense. It is generally on the back, breast, arms, legs and face, though other parts of the body may be afflicted. In **TETTER** the skin dries, cracks and bleeds, and is often very painful. The acid in the blood dries up the natural oils of the skin, causing a dry, feverish, hardened condition and giving it a leathery appearance. **ACNE** makes its appearance on the face in the form of pimples and black-heads, and is particularly disagreeable because of its unsightly appearance, while **PSORIASIS**, a scaly disease, comes in patches on different parts of the body. One of the worst forms of skin disease is **SALT RHEUM**. It discharges a watery fluid, forming sores and producing intense itching. The head and face are the parts usually affected, and sometimes the hair falls out and a mass of sores forms on the scalp.

These and all skin diseases are due to the same cause—burning acids and humors in the blood, and until this vital fluid is cleansed and made pure they will continue. The best treatment for all skin diseases is S. S. S., a remedy that is purely vegetable, being made entirely from roots, herbs and barks, and acts directly on the blood with a cleansing, healing effect. It neutralizes the acids and purifies the blood so that the skin, instead of being blistered and burned by the fiery fluids, is nourished by a supply of cooling, healthy blood. It goes down into the circulation and forces out every particle of waste or foreign matter, builds up the blood and cures all skin diseases promptly and permanently. S. S. S. does not leave the least particle of the poison for future outbreaks, but entirely rids the blood of the cause for all skin diseases. S. S. S. tones up the system and regulates the Liver, Kidneys and Bowels so that they will carry off the natural waste and refuse matter through the proper channels, instead of leaving it to be absorbed by the blood. Nothing equals S. S. S. in the treatment of these troubles and for building up the general health. Write for our treatise on skin diseases and any medical advice you wish. We make no charge for either.

**THE SWIFT SPECIFIC COMPANY, ATLANTA, GA.**



When a Japanese audience wish to express disapproval of a play, they turn their backs to the stage.

A policeman who had been on the force of London six years has been sent to prison for stealing milk from doorsteps.

**THE WHOLE LOT**  
 If we don't heed prevention, we will need a cure. The Old-Monk-Cure  
**St. Jacobs Oil**  
 Is ready always for all forms of muscular aches or pains, from  
**LUMBAGO RHEUMATISM**  
**STIFF NECK to SPRAIN**  
 IT CURES ALIKE THE WHOLE LOT.

**A Friend in Need—**  
**THAT** thin, little, 10-cent Box of Cascarets.  
 When carried constantly in your Vest Pocket, or in "my Lady's" Purse it will ward off ninety per cent of Life's ordinary ills.  
 Eat one of the six candy tablets contained in that "Vest Pocket Box" whenever you suspect you need one.  
 It can't hurt you, and is sure insurance against serious sickness.  
 Want of Exercise, Indoor Employment, weaken the Bowel Muscles, just as they weaken Arm and Leg Muscles.  
 The Muscles lose tone, tension, strength, to force the food onward.  
 And the longer they stay in that state the weaker they become, because the less exercise they get through the slow passage of food.  
 Cascarets contain the only combination of drugs that acts on the Muscles of the Bowels and Intestines, just as Cold Water, or Exercise, act on a Larynx man.  
 They act like Exercise.  
 When you have Heartburn, Colic, Coated Tongue, Suspected Breath, Acid-rising-in-throat, Gas-belching, or an incipient Cold, take a Cascaret.  
 Remember, all these are not merely Discomforts, but indications of a serious Cause.  
 Nip them in the bud—eat a Candy Cascaret. Cascarets don't purge, nor punish the stomach like "Bile-driving" "Physic."  
 They act like Exercise on the Bowel-Muscles that propel Food, and that squeeze the natural Digestive Juices of the body into Food.  
 Cascarets ward off, or cure, the following diseases:  
 Constipation Bad Breath  
 Biliousness Diabetes  
 Indigestion Headache  
 Dyspepsia Diarrhea  
 Torpid Liver Flatulence  
 Appendicitis Hives  
 Rheumatism Jaundice  
 Catarrh Nausea  
 Colic Vertigo  
 Scrofula Pimples  
 Womanly Troubles  
 Worms Blisters  
 Piles Eczema  
 Ulcers Dysentery  
 In such cases a little Cascaret in time is worth fifty dollars worth of Treatment later on, to say nothing of the suffering, discomfort, loss of Business Energy, and loss of Social Sunshine it saves.  
 A coming Headache can be warded off in short order, by a single Cascaret, and the cause removed.  
 Heartburn, Gas-belching, Acid-risings in the throat, and Colicky feeling are sure signs of bowel trouble from food poisons, and should be dealt with promptly.  
 One Cascaret will stop the coming trouble, and move on the Bowel load, if taken at the first signs.  
 Don't fail to carry the Vest Pocket Box of Cascarets with you constantly.  
 All Druggists sell them—over ten million boxes a year.  
 Be very careful to get the genuine, made only by the Sterling Remedy Company and never sold in bulk. Every tablet sits ped "CCC."  
**IF FREE TO OUR FRIENDS!**  
 We want to send to our friends a beautiful French-designed, GOLD-PLATED BONBON BOX, hard-mounted in colors. It is a beauty for the dressing table. Ten cents in stamps is asked as a measure of good faith and to cover cost of Cascarets, with which this dainty trinket is loaded. Send to-day, mentioning this paper. Address Sterling Remedy Company, Chicago or New York.

**Send Your Eastern Friends**  
 a copy of our handsomely illustrated 88-page book, "Oregon, Washington, Idaho and Their Resources," which tells all about this section of the Union, where there are more openings in every line of industry than anywhere else in the United States. Four cents in postage.  
**A. L. CRAIG**  
 General Passenger Agt. The Oregon Railroad & Navigation Company  
 PORTLAND, OREGON  
 Write for it today.

**W. L. DOUGLAS**  
**\$3.50 & \$3.00 SHOES** FOR MEN  
 W. L. Douglas \$4.00 Clit Edge Line cannot be equalled at any price.  
 W. L. DOUGLAS MAKES & SELLS MORE MEN'S \$3.50 SHOES THAN ANY OTHER MANUFACTURER IN THE WORLD.  
**\$10,000** REWARD to anyone who can disprove this statement.  
 If I could take you into my three large factories at Brockton, Mass., and show you the infinite care with which every pair of shoes is made, you would realize why W. L. Douglas \$3.50 shoes cost more to make, why they hold their shape, fit better, wear longer, and are of greater intrinsic value than any other \$3.50 shoe.  
**W. L. Douglas Strong Made Shoes for Men, \$2.50, \$2.00, Boys' School & Dress Shoes, \$2.50, \$2.00, \$1.75, \$1.50**  
**CAUTION**—Insist upon having W. L. Douglas shoes. Take no substitute. None genuine without his name and price stamped on bottom. Fast Color Eyelets used; they will not wear brown. Write for Illustrated Catalog.  
**W. L. DOUGLAS, Brockton, Mass.**  
 P. N. U. No. 17-06  
**WHEN writing to advertisers please mention this paper.**