

When
St. Jacobs Oil
 The old monk cure, strong, straight, sure, tackles
Hurts, Sprains, Bruises
 The muscles flex, the kinks untwist,
 the soreness dies out. Price 25c. and 50c.

JAPAN BUILDING RAILWAYS.

Twenty Thousand Miles of Track Under Construction.
 Although the miles of railway already built and in use in the diminutive country of Japan would make a double track across the American continent, the sunrise kingdom has reached only the first period in its railway age, says the Booklovers' Magazine. When the lines now under construction and proposed are completed, Japan will have 20,000 miles of track. Its railway men estimate that during the coming decade their country will purchase 7,000 locomotives, 30,000 passenger coaches and 150,000 freight cars.
 Here is an opportunity for American enterprise; for there is a tendency on the part of the Japanese, just at present, to look to the United States for ideas in regard to railway equipment and management. Hitherto England has been Japan's model in railway affairs.
 One ride in a railway train in the land of the rising sun does much to disillusionize the American, who carries to that country the belief that Uncle Sam is the godfather of Japan. Take a train at Yokohama and ride to Tokyo, and but for the character of your fellow passengers you could readily believe you were traveling from Liverpool to London. The whole system is thoroughly British. It is a revelation to find painted in English over the booth where he buys his ticket at the railway station, the sign: "Booking Office." He gets a card of instructions which tell him, among other things, how he can "forward his luggage." You never "check your baggage" in Japan.

Walk as if You Were Somebody.

Never allow your physical standard to drop. Keep up your energy; walk as if you were somebody and were going to do something worth while in the world, so that even a stranger will note your bearing and mark your superiority. If you have fallen into a habit of walking in a listless, indolent way, turn right about face at once and make a change. You don't want to shuffle along like the failures we often see sitting around on park benches, or loitering about the streets, with their hands in their pockets, or haunting intelligence offices, and wondering why fate has been so hard with them. You don't want to give people the impression that you are discouraged, or that you are already falling to the rear. Straighten up, then! Stand erect! Be a man! You are a child of the Infinite King. You have royal blood in your veins. Emphasize it by your bearing. A man who is conscious of his kinship with God, and of his power, and who believes thoroughly in himself, walks with a firm, vigorous step, with his head erect, his chin in, his shoulders thrown back and down, and his chest well protected in order to give a large lung capacity; he is the man who does things.

You cannot aspire, or accomplish great or noble things so long as you assume the attitude and bearing of a coward or weakling. If you would be noble and do noble things, you must look up. You were made to look upward and to walk upright, not to look down or to shamble along in a semi-horizontal position. Put character, dignity, nobility into your walk.—O. S. Marden in Success.

Mosquitoes and Malaria.
 Mosquitoes as carriers of the germs of malaria cause 15,000 deaths every year in Italy.

CASTORIA
 The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, Imitations and "Just-as-good" are but Experiments, and endanger the health of Children—Experience against Experiment.
What is CASTORIA
 Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.
The Kind You Have Always Bought
 Bears the Signature of
Chas. H. Fletcher
 In Use For Over 30 Years.
 THE CENTAUR COMPANY, 27 MURRAY STREET, NEW YORK CITY.



Charles—"Were any of your seaside engagements genuine?" Myrtle—"No. Simply war rumors."—Chicago News.

Casey—"Did you take a vacation this year, Mike?" Conrigan—"Oh did not. Ol was out on strike from May to October."—Puck.

"Walter, I find here in my soup a needle—a needle, sir!" "That must be a misprint—that should be a noodle."—Judge.

"How's you gettin' on wid youah 'rithmetic, Lou?" "I done learned to add up the oughts, but de figures bodder me."—Collier's Magazine.

All in the brand: Homer—"What's the difference in time between Chicago and Paris?" Rounder—"Well, that depends on the kind of a time you are looking for."—Chicago News.

"He says he proposes to make automobiles that will easily attain a speed of eighty miles an hour." "Whew! that's a great business undertaking." "Yes, but, most of all, it means a great undertaking business."—Philadelphia Press.

"How did they ever come to send him to the legislature?" "Well, you see, they were prevented by a technicality from sending him to the penitentiary and he showed no disposition to move out of town."—Chicago Record Herald.

Farmer Jones—"Wal, thar's one thing I like about these plaguy automobiles, anyway." Farmer Brown—"What is that?" Farmer Jones—"They don't mind getting killed themselves any more than they do killing other folk."—Brooklyn Life.

Baggs—"And so poor Daggs is dead. I never got a chance to bid him good-by. The first thing I do when I get to heaven will be to say how sorry I was." Faggs—"But suppose he didn't get to heaven?" Baggs—"Then you tell him for me."—Town Topics.

"How is your school of Journalism doing?" "Well, it is a little slow. We have no trouble in getting people who are willing to be teachers. The trouble is to find anybody who doesn't think he knows all about how a newspaper ought to be run."—Washington Star.

"I understand your wife is quite literary." "I should say so; she won a ten-dollar prize from the Ladies' Own Journal with an article on 'How we managed to save enough in two years to move twice and pay the plumber for connecting the gas range.'"—Puck.

"I don't like to say such long prayers," said a little girl the other night; "I want to say nice short ones like nursery does." "What kind does nursery say?" inquired her mother. "Oh, she just says, 'Oh, Lord, why do I have to get up!'"—Philadelphia Ledger.

Kifter—"That's a nice umbrella you've got." Lifter—"Yes, it is a present." Kifter—"Indeed? Who gave it to you?" Lifter—"Nobody gave it to me, but it has an inscription on it showing that it was 'presented to John F. Jones, whoever that is.'"—Philadelphia Press.

"Old Biggers is such a strong Democrat I should not have supposed he would consent to his daughter's marrying young Smith, who is a Republican." "Well, Biggers says his wife is a Democrat, too, and he is going to get somebody else into the family for her to argue with."—Life.

The sick man had called his lawyer. "I wish to explain again to you," said he, weakly, "about willing my property." The attorney held up his hand reassuringly. "There, there," said he; "leave that all to me." The sick man sighed resignedly. "I suppose I might as well," said he, turning upon his pillow; "you'll get it, anyway."—Judge.

Anxious Inquirer—"Is it true that for fifteen shillings I can insure my house for a thousand pounds?" Clerk—"Quite true, madam. If your house burns down we pay you a thousand pounds." Anxious Inquirer—"And do you make any inquiries as to how the fire originated?" Clerk—"Certainly. We make the most careful inquiries." Anxious Inquirer—"Ah! I thought there was a catch in it somewhere."—Tatler.

Mrs. Kidder—"Charles, can't you give me another check? I see you have a whole book full." Mr. Kidder—"That doesn't signify, dear. I have used up my balance at the bank." Mrs. Kidder—"Then why didn't you give up your check-book? Now, it's no use for you to tell stories, Joseph Kidder. If you mean to say I shan't have any money, why don't you say so right out, like a man?"—Ex.

The principal of the school was talking with him about his boy. "By the way, Mr. Wipedunks," he said; "I have made a discovery about Jerry. He's ambidextrous." "I don't see how that can be," replied Mr. Wipedunks, with rising indignation; "he hasn't never been exposed to it. Besides, he was vaccinated last year, we bathe him reg'lar every week, and his mother always makes him wear a little bag of aseffidity tied around his neck. Some of the other boys has been lyin' on him."—Chicago Tribune.

One Small Pair.
 "Well, Mr. Hart," said the doctor, "I congratulate you. You are the father of—?" "Ah!" exclaimed the proud man, "A Hart turns up, eh? I hope it's the Jack—that is, a boy." "Two boys. Twins, in fact." "The deuce."—Philadelphia Record.

PE-RU-NA CONQUERS CATARRH THE WORLD OVER.

The Population of the Earth is 1,400,000,000
 One Million Die Annually of Catarrh

PERUNA has been successfully introduced in CANADA, MEXICO, WEST INDIES, AFRICA, AUSTRALIA, AND THE ORIENT.

All over the world Peruna is known and used for catarrhal diseases. The Peruna Girl has traveled 'round the globe.
 Her face is familiar everywhere that civilization reaches.
 From Africa to Greenland, from Manchuria to Patagonia, the face of the Peruna girl is familiar and the praises of Peruna as a catarrh remedy are heard.
 Successful in North and South
 Peruna crossed the Equator several years ago, to find in the Southern Hemisphere the same triumphant success that has marked its career in the Northern Hemisphere.
 A Standard
 Peruna is a standard catarrh remedy the world over.
 It cures catarrh by eradicating it from the system.
 Permanent Cure
 It obviates the necessity of all local treatment and its relief is of permanent character.
 Without a Peer
 No other remedy has so completely dominated the whole earth as Peruna.
 In Every Tongue
 In all languages its glowing testimonials are written.
 In all climes the demands for Peruna increase.
 An Extensive Laboratory
 To supply this remedy to the whole

world takes to the utmost one of the best laboratories in the United States.
A Word from Australia
 Walter H. Woodward, Bomadier Royal Australian Artillery, Hobart, Tasmania, writes:
 "I suffered for several years with a distressing condition of the head and throat, caused by continual colds.
 "My head and nostrils were stopped up most of the time and there was a discharge, and my sense of smell was affected badly.
 "After two weeks use of Peruna I found this condition quite changed, and so I continued to use this remarkable medicine for over a month.
 "I am very glad to say that at the end of that time I was cured and felt in fine health generally, and am pleased to give Peruna my honest endorsement."
From Hawaii
 Prince Jonah Kalaniana'ole, delegate in Congress from Hawaii, writes from

Washington, D. C., as follows:
 "I can cheerfully recommend you Peruna as a very effective remedy for coughs, colds and catarrhal trouble."
A Cuban Minister
 Senor Quesada, Cuban Minister to the United States, writes from Washington, D. C., as follows:
 "Peruna I can recommend as a very good medicine. It is an excellent strengthening tonic, and is also an efficacious cure for the almost universal complaint of catarrh."—Gonzalo De Quesada.
From All Quarters of the Globe
 We have on file thousands of testimonials like those given above. We can give our readers only a slight glimpse of the vast number of grateful letters Dr. Hartman is constantly receiving from all quarters of the globe, in behalf of his famous catarrh remedy, Peruna.

The Wild Duck.
 "You were out gunning yesterday, I hear. See any wild ducks?"
 "One," replied the amateur hunter.
 "But you didn't get within range, I suppose?"
 "I was within range of his voice all right while he swore at me for shooting his tame ones."—Philadelphia Press.

A GUARANTEED CURE FOR PILES
 Itching, Bleeding or Protruding Piles. Your druggist will refund money if PAIN EXPELLER fails to cure you in 8 to 14 days. 50c.

Tired of English.
 Husband—You once told me that you studied French, Italian and Spanish while at school. Can you speak any of them now?
 Cultured Wife—All of them. Why?
 Husband—I wish you'd do your talking in one or the other of them until I get through with this newspaper.

BOILS AND ERUPTIONS

Have been suffering from Impure Blood for many years, having Boils and other Eruptions. Having heard of S. S. S. I decided to try it, and am glad to say that it has done me a great deal of good. Intend to continue to use it, as I believe it to be the best Blood Medicine on the market.
 GEO. C. FERRIS,
 Cleveland, Tenn.

For over fifteen years I have suffered more or less from Impure Blood. About a year ago I had a boil appear on my leg below the knee, which was followed by three more on my neck. I saw S. S. S. advertised and decided to try it. After taking three bottles all Boils disappeared and I have not been troubled any since.
 GEO. C. FERRIS,
 114 W. Jefferson St., Louisville, Ky.

Newark, Ohio, May 23, 1903.
 From childhood I had been bothered with bad blood, skin eruptions and boils. I had boils ranging from five to twenty in number each season. The burning accompanying the eruption was terrible. S. S. S. seemed to be just the medicine needed in my case. It drove out all impurities and bad blood, giving me permanent relief from the skin eruption and boils. This has been ten years ago, and I have never had a return of the disease.
 MRS. J. D. ATHERTON.
 Write for our book on blood and skin diseases.
 Medical advice or any special information about your case will cost you nothing.
SSS
 The Swift Specific Company, Atlanta, Ga.

MALLEABLE IRON STUMP PULLERS
 Fastest, lightest and strongest Stump Puller on the market. Has horse power on the stump with two horses. Write for descriptive catalog and prices.
 HEYERSON MACHINERY CO.,
 Foot of Morrison Street Portland, Oregon

ABOVE ALL OTHERS
TOWERS FISH BRAND WATERPROOF OILED CLOTHING
DON'T GET WET
 THE RICHEST STANDARD OF QUALITY FOR MORE THAN HALF A CENTURY
 MADE IN U.S.A.
 ALL-WEATHER GARMENTS MADE IN U.S.A.
 YOUR LADIES' GARMENTS FURNISHED BY THE SAME REPUTABLE WORKMEN

VERY FEW, IF ANY, CIGARS SOLD AT 5 CENTS. COST AS MUCH TO MANUFACTURE, OR COST THE DEALER AS MUCH AS

"CREMO"
 IF THE DEALER TRIES TO SELL YOU SOME OTHER
ASK YOURSELF WHY?

W. L. DOUGLAS
MADE \$3.50 & \$3.00 SHOES FOR MEN
 W. L. Douglas \$3.50 shoes are the greatest sellers in the world because of their excellent style and superior wearing qualities. They are just as good as those that cost from \$5.00 to \$12.00. The only difference is the price.
 W. L. Douglas \$3.50 shoes cost more to make, but I know what the better, more generous and more generous shoe maker does. I make \$3.50 shoes on the market today. W. L. Douglas \$3.50 shoes are worth the price you pay for them. I know the value of my shoes and I know the value of your money. I know the value of my shoes and I know the value of your money. I know the value of my shoes and I know the value of your money.
BETTER THAN OTHER MAKES AT ANY PRICE
 "For the last three years I have worn W. L. Douglas \$3.50 shoes and I could not get any other shoes that were as good as they are. I have worn W. L. Douglas \$3.50 shoes and I could not get any other shoes that were as good as they are. I have worn W. L. Douglas \$3.50 shoes and I could not get any other shoes that were as good as they are.
W. L. DOUGLAS \$4.00 SHOES CANNOT BE EQUALLED AT ANY PRICE.
 W. L. Douglas's famous Corns and Bunions are his \$3.50 shoes. Corns and Bunions are his \$3.50 shoes. Corns and Bunions are his \$3.50 shoes.
FAST COLOR BY ELECTRIC LIGHT. NEW WEAR RESISTANT
 W. L. Douglas has the largest shoe mail order business in the world. No trouble to get a fit by mail. 50c extra prepaid delivery. If you desire further information, write for illustrated Catalogue of Spring Goods.
W. L. DOUGLAS, BROCKTON, MASSACHUSETTS

Salzer's National Oats
 Greatest oat of the country. Yielded in Ohio 150, in Mich. 211, in Mo 250, and in N. Dakota 310 bush. per acre.
 You can beat that record in 1903.
For 10c and this notice
 we mail you free lots of farm seed samples and our big catalog, telling all about this oat wonder and thousands of other seeds.
JOHN A. SALZER SEED CO.
 P. O. Box 100,
 Wm.

Dr. C. Gee Wo
Wonderful Home Treatment
 This wonderful Chinese doctor is called great because he cures people without operation that are given up to die. He cures with those wonderful Chinese herbs, roots, buds, bark and vegetables that are entirely unknown to medical science in this country. Through the use of these harmless remedies this famous doctor knows the action of over 500 different remedies which he successfully uses to different diseases. He guarantees to cure catarrh, asthma, lung, throat, rheumatism, nervousness, stomach, liver, kidney, etc. has hundreds of testimonials. Charges moderate. Call and see him. Patients out of the city write for blanks and circulars. Send stamp. CONSULTATION FREE.
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The C. Gee Wo Chinese Medicine Co.
 251 1/2-253 ALDER ST., PORTLAND, OREGON
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 WHEN writing to advertisers please mention this paper.

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W. L. DOUGLAS, BROCKTON, MASSACHUSETTS

PUTNAM FADELESS DYES
 Color more goods brighter and faster colors than any other dye. One 10c package colors silk, wool and cotton equally well and is guaranteed to give perfect results. Ask dealer, or we will send post paid at 10c a package. Write for free booklet how to dye, bleach and mix colors. MONROE DRUG CO., Union-ville, Missouri.