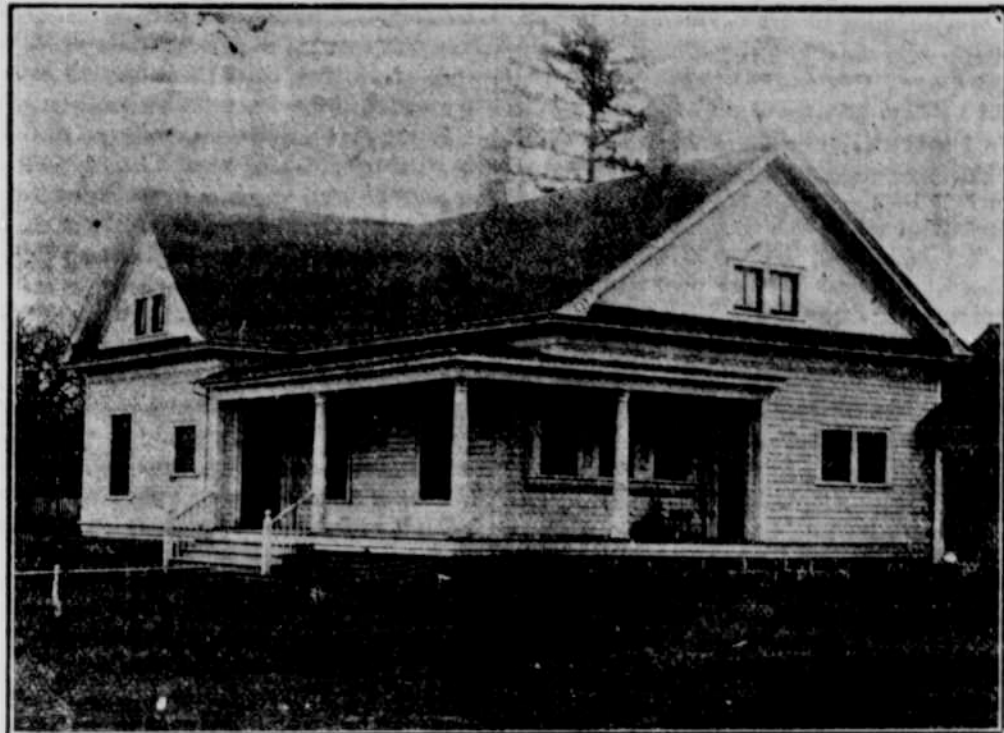
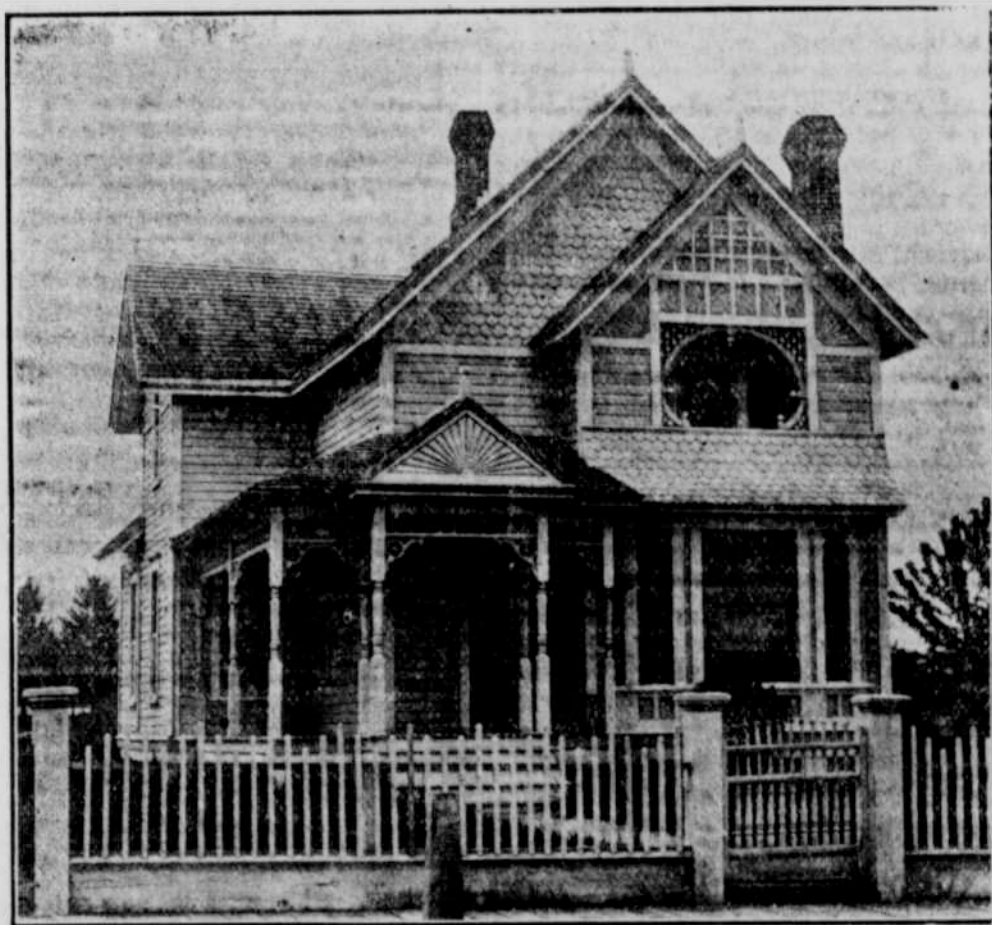


Some Forest Grove Homes



Residence of Mr. L. L. Hollinger
E. A. Jerome, Architect and Builder.



Residence of Dr. E. B. Rentz
E. A. Jerome, Architect and Builder

HOUSEHOLD SUGGESTIONS

By a Forest Grove, progressive house-wife:

A delicious way to can strawberries and raspberries is to look them over carefully and pack the cans full of unwashed berries, guiding the berries with a spoon and fingers, so as to leave no large spaces. Have boiling on the stove a good thick syrup; place the can on a thick plate and pour the boiling syrup over the berries in the can, until the can is entirely full, put on the rubber and top and seal air tight. Berries put up this way have their natural color and flavor.

An economical and durable kitchen floor covering can be made by taking burlap and after stretching it tightly on a floor, paint with venetian red and oil. Three coats will make a firm, attractive covering that will last a year, and then give one coat of paint and it will last indefinitely. Clean by washing with soap suds in which a spoon of ammonia is added.

A tongue steak can be made very palatable by scoring it with the edge of a plate, then roll in flour and fry in very hot suet.

When canning fruit, making preserves or jelly, always have the sugar hot, and you will not delay the cooking when the sugar is added.

When fruit is inclined to rise to the top of the can, it can be prevented by laying the cans on the side and turning a few times during the first day.

Whenever flour, corn starch or cocoa is used in a recipe with sugar and water or milk, always mix the sugar thoroughly with the flour, corn-starch or cocoa, and it will never be lumpy when added to the milk.

Dried prunes are not to be classed with the ordinary dishes when properly prepared. They should be soaked from 24 to 48 hours, then cooked slowly 6 hours and the sugar added just before taken from the fire.

Rice is a very wholesome food and should be found more often on the table. The more you wash the rice the whiter it will be when cooked. Always stir with a fork, so as to have the grains whole. Give extra care the first few minutes.

Mutton and lamb are very nutritious, but many object to the peculiar flavor. Mutton and lamb should always be wiped off with water in which there is vinegar and the outside skin trimmed off of steak and chops, and nothing could have a finer flavor when treated in this way.

An excellent strawberry or raspberry jam can be made without cooking by taking equal parts of sugar and berries. Put the berries through the potato ricer or a colander and stir the mixture once every hour for eight hours. Put away in an unsealed jar. This will keep.

A leg of mutton or lamb should be cut deep at the knuckles and all seasoning put in the cut—salt, pepper, sage and onion if liked. Put in a hot oven without any water and allow to sear, then add water and baste frequently. Lamb and mutton must not be served rare. A fine dressing is made by bruising some mint leaves in vinegar.

An excellent coffee is made by allowing a table spoon of coffee for each cup. Pour over this enough cold water to make the desired number of cups. Let stand over night and in the morning boil two minutes. Take from the fire and add a dash of cold water to clear. This gives a wholesome drink without extracting the caffeine, which is injurious.

Forest Dale

The frost was a very unwelcome visitor last week.

Willie Knox had the misfortune to get his arm broken, being kicked by a horse.

Mrs. Daisy Scott and son are visiting her parents Mr. and Mrs. H. Matteson.

Mrs. D. H. LaFollett of McMinnville is visiting her step-daughters Mrs. Scott and Wahl.

T. W. Sain commenced bailing his hay but was detained on account of the rain. We don't wish him any bad luck, but we are all glad to see the rain.

We extend a cordial invitation to all to attend our Sunday school at 10:30 a. m. every Sunday mornidg.

The Missionary society met at the home of Mrs. Sain last Wednesday. There was a large attendance and a good meeting reported.

Rev. Johnson of Portland, held services last Sunday. He preached some very fine sermons. Mr. Robinson, our pastor was with us again. It seems good to see him here again.

Mrs. Mary Miller, mother and daughter Hazel visited with Mrs. Harrington last Sunday.

Miss Grace Dennis of Forest Grove spent Sunday with her parents.

Miss Myrtle Porter of Forest Grove is visiting her sister Mrs. Wilcox.

Dr. Wm. M. Pollock,

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