n Noah blew his horn, the camel ed himself to get aboard, and by a as freak he stayed humped all his life. ago or lame back humps a man's mply because he cannot straighten If on account of the stiffness and sore-

accompanying the ailment. Nature d the camel to his hump for a special ose. Nature will help a man to get his hump right off if he uses St. il, because the character of the such that it needs just such a to warm, soften and straighten out tracted muscles. From the time of own to the present time men have ame backs, but only since the introbeen known. Lumbago really dis-but St. Jacobs Oil enables one to at-to business without loss of time.

rriet Maxwell Converse, the Inchieftain, is soon to start out on a iring tour, her subjects being the ory and traditions of the red men. is a fluent speaker and able writer.

ORMS NEED MORE THAN A DAY

ng them about, and are always more the and lasting when they proceed with regularity to a consummation. Few observant among us can have failed to that permanently healthful changes in man system are not wrought by abrupt dent means, and that those are the most y medicines which are progressive. er's Stomach Bitters is the chief of these, sia, a disease of obstinate character, is sted by it.

e proportion of blood to the total od is less that in the adult and is inished in old age.

Some Things That Never Sleep.

re are several species of fish which ver sleep, and that many species of s are awake from the time they are tched until they die. There are me dogs and cats, also, that appartly never sleep-that is, at night.

Veteran of the Clans.

Sir R. Menzies, the hereditary chief the Clan Menzies, is the oldest ghland chief of any clan now living. is in his eightieth year, and, wears kilt winter and summer continuously. stands 6 feet 3 inches in height.

Constitution

is a disease which afflicts over 75 per cent. of the American people. It is a dangerous disease because it not only poisons the blood but causes heaviness, poisons the blood but causes heaviness, oppression, and dulls the intellect. Then follow chronic headache, loss of appetite, slow digestion, nervousness, bad breath, dingy complexion and low spirits. It will eventually bring on liver and kidney disease in some incurable form. But sufferers from this dreaded malady are speedily

Cured by

Warner's SAFE Cure and Warner's SAFE Pills. Leading physicians the world over, have acknowledged this fact, and thousands of people throughout the land have testified to it.

Warners

SAFE Cure puts a stop to backaches, headaches, constipation, loss of appetite, dyspepsia, tired feelings and sleeplessness. It builds up the exhausted system. It is a sure cure for liver and kidney complaint in any form, and the only remedy that has ever been able to cure Bright's disease.

If you are feeling the need of such a remedy, you cannot do better than try this king of remedies, the great

Safe loure

Cancer

Mr. A. H. Crausby, of 158 Kerr St., Memphis, Tenn., says that his wife paid no attention to a small lump which ppeared in her breast, but it soon de-reloped into a cancer of the worst type, and notwithstanding the treatment of the best physicians, it continued to spread and grow rapidly, eating two holes in her breast. The doctors

specialist then treated her, but she continued to grow worse and when informed that both her aunt and grandmother had died from cancer he gave the case up as hopeless.

Someone then recommended S.S.S. and though little hope remained, she begun it, and an improvement was no-ticed. The cancer commenced to heal and when she had taken several bottles it disappeared entirely, and although several years have elapsed, not a sign of the disease has ever returned.

A Real Blood Remedy.

S.S.S. (guaranteed purely vegetable) is a real blood remedy, and never fails to cure Cancer, Eczema, Rheumatism Scrofula, or any other blood disease.

Our books will be mailed free to any address. Swift Specific Co.,

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Something New, Positively cannot break at waistline. LADY CANVASSERS WANTED. Write us for particulars.

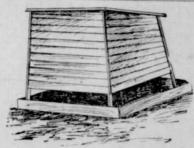
BEN. J. SCHMIDT & CO., 125 Sansome St., Sau Francisco. Cal.



Desirable Feed Rack.

When hay is fed loose in the barnyard a certain per cent, of it is trampled under foot and wasted. In order to prevent this, in part at least, a feed rack of some kind should be erected in the center of the yard at a point which will be the most sunny and pleasant possible. A writer in the New York Tribune gives an illustrated description of a good rack. He says:

A simple but effectual way in which to build one of these feed racks is to beweight is about one to ten. In gin by setting four tall posts in the infant the relative quantity of ground in the form of a rectangle, as shown in the cut. Their height and distance apart will determine the size and capacity of the rack. It is inadvisable, however, to make it very wide-say not Naturalists have discovered that over six feet—as some difficulty would be experienced by the animals in pull-



CONVENIENT AND INEXPENSIVE.

ing out the hay if bound solidly in the center. Set the posts leaning toward the center in order to make the opening wider at the bottom than at the top. This will prevent binding, and in consequence the hay will readily settle as it is being eaten away from below. From about eighteen inches above ground to the top of the posts the sides and ends should be boarded tightly, making it possibl for the animal to get at the hay only at the bottom. Many consider it a good plan to cover such a rack with a shed roof, thus always keeping the hay

Defiance to Hard Times.

Farmers are the most comfortable and independent people on the earth. although to be a successful farmer nowadays requires a man not only to be a good worker, but a student as well, for it requires brains as well as muscle to grow the right kind of crops in the right way and sell them at the right time. When I am asked by strangers what my occupation is, I proudly answer that I am a farmer. As I sat down to dinner yesterday (just a common everyday farmer's dinner) I remarked to my wife that we had raised nearly every thing on the table. There was fresh pork steak with brown gravy, potatoes, Hubbard squash, turnips (the last three were mashed with a little cream added), eucumber pickles, tomato soy, fresh butter, bread, preserved strawberries, apple pie, comb honey, cream (the good, thick, yellow kind), milk with the "top on it," and coffee. When a farmer can raise so much for his own use, he has not much in the grocery line to buy, and still be comfortably well fed. With a small piece of land well tilled, the farmer can bid defiance to hard times .- A Contented Farmer, in American Agriculturist.

For Handling Barrels.

The usual storage place for apples is in the cellar, says American Gardening. The barrels then have to be carried up the roll-way by two men-a matter of no little difficulty when the roll-way is narrow, as is usually the case. A plan is shown in the cut by which the barrels of apples are carried to the surface with but little lifting, and without jarring the fruit. The diagram tells its ring the fruit. The diagram tens the rincurable. A celebrated New York ruck that is mounted on two rollers is represented larger than need be, thus



HAULING FROM THE CELLAR.

making it higher than is actually neces sary. The rollers run on a wide plank that rests on the edge of the stair treads. The same arrangement will be found equally serviceable in putting apples into the cellar in the fall, and

for use with vegetables, etc.

Handling reed Potatoes. Taking the results of a large number of trials at experiment stations, and deducting the small potatoes and the number of bushels of seed dsed from the total yield, two-eye pieces give an increase of fifteen bushels per acre over one-eye pieces; quarters give an inone-eye processed bushels per acre over any thinking person only brands them two-eye pleces; halves give an increase of five bushels per acre over quarters, and halves give an increase of eight and one-half bushels per acre over whole potatoes. The price per bushel is usually so much higher for seed than for the freshly harvested crop, that the advantage of five bushels in yield of balves mentors.

than wiped out; so that the net profit will usually be greatest where the seed potatoes were cut in quarters.

Testing Cows.

Do not depend on a single test to determine the value of any cow, as she may be off her feed, in heat, or in some other way not quite right. When a cow in the World's Fair test showed an abnormal per cent, of fat, the superintendents would go immediately to the barn and take the cow's temperature. They would nearly always find her feverish. There were some days a cow gave nearly twice as much butter as the day before. A test made on either of the days would have been unjust, The Guernsey cow that made the highest weekly record for that breed in the World's Fair test, 161/4 pounds, was fourth among the Guernseys in production in the ninety-day test, and was the tail-ender of the Guernseys in the thirty-day test. There were ten Guernseys in that test that had been milked longer than she had, and that excelled her in both production and profit. A single test is better than none, and it is an excellent way to buy cows by testing them, but every dairyman should keep a daily record of milk from each of his cows, and test the milk as often as once a month, so as to know what he is doing. Commence to-day. Don't put it off.-Wisconsin Farmer.

More Use of Wind Power. Not nearly enough use is made of wind power. Most of the wind mills we see are used wholly to pump water from wells. Though this as a steady job probably saves as much labor as any one thing the wind power could be set to doing, there are many other back-aching jobs that are on many farms done by hand power, which might quite as well be given over to wind power. Turning grindstones and churning are among these. When young we knew some farmer boys who put up a light windmill which turned a lathe in a shop. Here they spent many hours making all kinds of wooden articles. All of these boys kept up their love of farm life, because their windmill was set to do tasks that on other farms the boys had to perform by what sailors call "main" strength and stupidness. In Holland there can be no use of water power, for the land is too level. Nowhere in the world is wind power used to so much advantage or for so great a variety of purposes .-American Cultivator.

Orchard and Garden.

The best grass for the orchard is orchard grass, mixed well with red

Potash makes firm and stocky peach wood, but has little effect on the fruit. Fruits are a luxury, necessity, appetizer, stimulant, tonic, food and medicine all in one.

Thorough pruning of the gooseberry plants is one of the most effective preventives of mildew.

It is the freezing and thawing of the ground that hurts the strawberry beds. Three or four strong canes to one hill of raspberries are better than a dozen weak, spindling ones.

The cause of moss appearing on the stems of apple and other fruit trees is wet, cold, undrained land

A Safety Drinking Dish. The sketch herewith shows a device for keeping fowls from upsetting their drinking dish. A shallow box has a crosspiece fitted to it, as shown. The box is tilted on one end and the dish of water inserted without spilling. The box is then gently set back upon the ground, when it successfully holds the dish from being upset. This device is



suitable for both window and outdoor

use.-Orange Judd Farmer.

Spring-Sown Timothy Seed. While it is always safer to sow timothy seed in the fall at or soon after the time fall grain is sown, the farmer who grows only spring grain need not despair of getting a good timothy catch with it. He should get the land fitted as early and as thoroughly as possible, which will be easy if the land has been fail plowed. It will then only need surface cultivation in the spring. Probably the grain growth will keep the timothy back the first season, so that it will be very small in the fall. It is better to sow some alsike clover seed with the timothy, so as to occupy the land the first year.

Carriage Horses. We have a fine class of brood mares suitable for raising carriage horses, and if we are to breed colts, in my opinion this class would pay best. As like will produce like, would only breed from the best, just the individuals that find a ready sale in our home or city markets. Speed, combined with good qualities, helps to sell colts, so would breed to a stallion with trotting blood in his veins, provided he possesses the other qualities necessary in a stock horse, but I would first examine his colts, and make sure he was not breeding those little scrubs so often seen among our high bloods-Farm News.

parrows and Other Birds. It is not altogether the fault of sparrows that other native birds are becom-ing scarce. It is mainty caused by the wanton slaughter of birds by men and boys, and the habit of women of wearing birds upon their bonnets, which to as heartless, or at least as thoughtless. The common birds have some of them learned to defend themselves against the sparrow. The robin, especially, which is much larger than the sparrow, has learned that, if he will, be can be more than a match for the little torGladstone Still a Dresser.

Mr. Gladstone is now very deaf, but, in spite of increasing decrepitude, he dresses as jauntily as of yore, is never seen without a flower in his coat, and can hurl defiance at the "great assas-sin" as forcefully as if he was 40 years younger. Somebody who saw the right honorable gentleman as he was departing for Cannes not many weeks ago writes that he reminded her of an ancient oak tree, with a pink blossoming on its hoary trunk.

Raising the Backs of Pews.

A device for heightening the backs of pews when the same are too low has been patented by a church-goer of Sandy Lake, Pa. It consists of brackets being grooved to receive the end of a panel, and having a recess in the sides of the upper part of the bracket to receive the top rail. Clamps in the center of the panel strenghten the attachment, which can be rendered as ornamental as may be desired.

Legislation in Wisconsin.

The Wisconsin senate has passed a bill providing that no foreign corporation which is a member of a trust be permitted to enforce any contract in the state. It also adopted an amendment to the general election law to allow the gold Democrats a place on the ticket and to enable them to retain their party organization. The house rejected a bill for the taxation of church property.

Leprosy Congress.

The German government is sending out invitations to an international congress on leprosy, at which Dr. Koch, the eminent bacteriologist, will preside. Sweden, Denmark, Norway and Russia have already intimated their intention of being officially repre-

Rival Seaports.

Hamburg has passed Liverpool within the last few years in the tonnage of its foreign commerce. Liverpool still is far ahead in the matter of coastwise trade by sea, and, owing to that fact. the total tonnage of shipping entering and clearing in a year is greater in the English city.

HOME PRODUCTS AND PURE FOOD.

All Eastern Syrup, so-called, usually very light colored and of heavy body, is made from gh.cose. "Tea Garden Drips" is made from Sugar Cane and is strictly pure. It is for saie by first-class grocers, in cans only. Manufactured by the Pactfic Coast Syrup Co. All genuine "Tea Garden Drips" have the manufacturer's name lithographed on every can.

\$100 REWARD \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure knows to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers, that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address, F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c.

Hall's Family Pills are the best.

Piso's Cure for Consumption has been a God-send to me.—William B. McCleilan, Chester Florida, Sept. 17. 1895.



Gladness Comes

With a better understanding of the transient nature of the many physical ills, which vanish before proper efforts—gentle efforts—pleasant efforts—rightly directed. There is comfort in the knowledge, that so many forms of sickness are not due to any actual disease, but simply to a constipated condi-tion of the system, which the pleasant family laxative, Syrup of Figs. prompt-ly removes. That is why it is the only remedy with millions of families, and is remedy with millions of families, and is everywhere esteemed so highly by all who value good health. Its beneficial effects are due to the fact, that it is the one remedy which promotes internal cleanliness without debilitating the organs on which it acts. It is therefore all important, in order to get its beneficial effects, to note when you pur-chase, that you have the genuine arti-cle, which is manufactured by the Cali-

fornia Fig Syrup Co. only and sold by all reputable druggists.

If in the enjoyment of good health, and the system is regular, laxatives or other remedies are then not needed. If afflicted with any actual disease, one may be commended to the most skillful physicians, but if in need of a laxative, one should have the best, and with the well-informed everywhere, Syrup of Figs stands highest and is most largely and gives most general satisfaction.

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NEILL OF ARKANSAS.

Another U. S. Congressman Indorses Paine's Celery Compound.



thousands of hearty testimonials to the not hesitate to recommend it to the wonderful curative powers of Paine's suffering." celery compound that have been received by Wells, Richardson & Com- this regulating the nerves and purifypany-among the thousands of grateful ing the blood is a serious mistake. letters received from every state and Men and women distressed by nervous town in the country, there have come troubles or the effects of impure blood no less than six hearty indorsements cannot afford now to lose a day before

representatives. All were willing that their experience should be published, believing cept nothing but Paine's celery comrightly that they might thus do good to

published, the letters received from eye to profits more than to the good of Congressmen Meredith, Beil, Grout and customers. Powers. Now comes a letter from Congressman Robert Neill of Arkansas, as follows: "My home is at Batesville, Ark.

During the last spring and summer my led, have carried home something beeldest daughter, then 17 years of age, sides Paine's celery compound, and general debility, nervous prostration they had hoped for. and frequent slight fevers. She had The strongest indorsement ever rethe best medical attention, but ap- ceived for this great spring remedy

To postpone at such a vital time as from members of the national house of taking advantage of Paine's celery compound.

In order to avoid disappointment acpound. A clerk who tries to sell something else than what people ask for in In these columns have already been evidently not disinterested. He has an

> There can be no substitute for Paine's celery compound.

This has been shown time and time again in cases where persons, too easily was in very poor health, suffering from have failed to get the decided benefit

parently with little benefit. In the and no remedy ever compared with latter part of September last, while Paine's celery compound in the charstill feeble she began the use of Paine's acter and the number of the witnesses celery compound, and improved in to its efficiency-the strongest indorsehealth continuously. In three months ment it ever received did not overestishe had fully recovered, and is now in mate or exaggerate in the least its un-perfect health. I am bound to think rivalled power of making people well.



Full of

Dr. Sanden's Electric Belt...

My eyes are brighter and have a much better luster than before. Have gained about four pounds, and am more cheerful and in better humor than I was before. By using your Belt another mouth or two I hope to be cured entirely." -CHRIS HANSEN, Ellensburg, Wash., Feb. 5, 1897.

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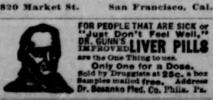
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