GIRLHOOD TO MOTHERHOOD

Iowa Woman Found Lydia E. Pinkham's Vegetable Com-pound Always Helpful

Vinton, Iowa.—"When I was seven-een years old I had to stay at

home from school. I finally had to quit school, I was so weak. I suffered for about two years be-fore I took Lydia E. Pinkham's Vegetable Compound, then I picked up one of your books and read it. I be-gan taking the medi-cine. Now I am a

six children, and I have taken it before each one was born. I cannot tell you all the good I have received from it. When I am not as well as can be I take it. I have been doing this for over thirteen wears and it allows. this for over thirteen years and it al-ways helps me. I read all of your little books I can get and I tell everyone I know what the Vegetable Compound does for me."—Mrs. Frank Sellers, 510 7th Avenue, Vinton, Iowa. Many girls in the fourth generation are learning through their own per-

are learning through their own personal experiences the beneficial effects of Lydia E. Pinkham's Vegetable Compound. Mothers who took it when they were young are glad to recommend it to their daughters. For over half a century, women have praised this reliable medicine.

Makes Life Sweet

For seven generations the National Household Remedy of Holland for kid-ney, liver and bowel troubles has helped make life brighter for suffering men and women. Begin taking them today and notice how quickly your troubles will vanish. At all druggists in 3 sizes.

GOLD MEDAL



Boschee's Syrup

Soothes the Throat

WHAT CAUSES BOILS.

Boils and carbuncles are the result of improper diet or infection of the skin. It is hard to determine the exact cause but CARBOIL will give quick relief. No expensive operation is necessary as one application of CARBOIL promptly stops the pain and continued use daws out the core. Get a generous 50e box from your druggist. Money back if not satisfied. SPURLOCK-NEAL CO., NASHVILLE, TENN.

For Pipe Sores, Fistula, Poll Evil Hanford's Balsam of Myrrh

40 TULIP BULBS, four each of ten varieties \$1; 15 Iris, three each of five varieties, \$1; postpaid. W. P. KIMBALL, 264 East Twenty-third Street, PORTLAND, OREGON.

Wise Bluejay

Mrs. Kate Holden of Memphis tells Nature Magazine she was puzzled by the antics of a bluejay flying madly among the branches of a wide-spreading elm. She discovered the wise bird was taking advantage of a heavy dew the night before and buslly knocking the mosture off the leaves and onto its wings, thus taking its morning bath.

Farmer's Time Saved

Statisticians estimate that a bushel of wheat can now be raised with the expenditure of but ten minutes of the farmer's time, as compared with three hours and three minutes in 1850.



Don't blame the feed or the condition of your stock if market men grade you low and customers complain on account of the color of your butter. You can keep your butter always that golden June color which brings top prices by using Dandelion Butter Color. It's purely vegetable and meets all State and National Pure Food Laws-used by all large creameries for years. It's harmless, tasteless and It's harmless, tasteless and doesn't color buttermilk. Large bottles, 35c at all drug and gro-

Write for FREE SAMPLE BOTTLE Wells & Richardson Co., Inc. Berlington, Vermont

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"I MUST HIKE ALONG, DEAR. I HAVE AN APPOINTMENT TO HAVE MY KNEES MASSAGED!"

SOMETHING TO

THINK ABOUT

By F. A. WALKER

CHEMIST NOW ALCHEMIST

IN THE Middle ages the alchemists

possibility of transmuting the baser

metals into gold. They falled. But

the discoveries made by the chem-

ists of the present surpass all the

dreams of the wise men of the past.

So there was no exaggeration in-

volved when Robert E. Rose of the

Department of the Interior talked

about the work that was being done

in the laboratories of America as

the "treasure hunting" of the period.

fiber of cotton; vivid dyes and oriental perfumes in a pot of tar; bright

metals in dull, common clay; silver

hidden in lead; deadly poisons and

medicines in one lump of coal, and

All the discoveries from radium to

modern explosives have been made

by men and women who wanted to

The chemists are always trying to

discover if there is anything in the

world that cannot be made simpler.

millions of different substances, mil-

lions of different kinds of molecules.

But there are only 92 different kinds

of atoms and about twenty of them

There are seldom more than three

or four kinds of atoms in one kind of

characteristic molecules. But the

only things in molecules are atoms. It follows that the difference in the

molecules must depend on the num-

So here, according to Doctor Rose,

is the whole secret. Once we have

learned to rearrange atoms we have

Here is an example that covers the

It was in 1843 that, by a long

process of boiling and redistilling coal

tar, a substance called aniline was

A quarter of a century later a boy

of the name of Perekin, who was in-terested in chemistry, tried to make

quinine artificially. He put oxygen into the aniline. This resulted in his obtaining a brightly colored substance. When tested it was found to

This caused a stir, for it meant

that dyes could be made, instead of taking them from plants. It was also

found that the manufactured colors were more vivid than the natural

The first striking success of Perekin was in making turkey red from

coal tar. Then he tried for indigo. This was more difficult. It took twenty years of experimenting before

It was the same story with regard

to medicine. For instance, salicylic acid was found originally only in the

wintergreen plant. Hence it was

scarce and expensive. It is now extracted from coal tar, that inexhaust-

lble source of things, plentiful and

So there is no knowing what needs

of humanity the chemists may be

able to supply through new combina-

What Editors Have to Stand

Editor (considering article)-You

say here, "seems to advance, but real-

ly is as unprogressive as a clock." I

Writer-Why, you see, a clock is running all day and yet it always

tions of elementary material. (© by McClure Newspaper Syndicate.)

winds up at the same place.

be a bright violet-mauve dye.

learned how to transform matter,

atoms.

ones.

he succeeded.

cheap.

whole subject.

finally discovered.

Each substance is composed

form the majority of molecules.

They have found that there are

find out what things were made of.

fertilizer out of the air.

They came upon silk hidden in the

were always thinking about the

Mother's Cook Book

GEND (AIRIZ)

Take every good thing that comes your way. There are so many pleasant little outings that would send you home rested and with a different viewpoint, but you think up some excuse for work that must be done and do not go.

DELECTABLE DISHES

F YOUR family has never been edu-I cated to eat clabbered milk, they may refuse to eat one of the most delightful as well as healthful dishes. Put a quart of whole milk into a deep dish and set away to thicken. Chill, cover with a sprinkling of brown sugar, cinnamon or nutmeg and serve. With a little bread and butter, this will make a wholesome meal,

Orange Layer Cake.

Take one-third of a cupful of butter, add one cupful of sugar, gradually, one beaten egg, one cupful of milk, adding the latter alternately with one and three-fourths cupfuls of flour which has been well sifted with threeteaspoonfuls of baking pewder: Fla-vor with orange extract and bake in two layers in a moderate oven for twenty minutes. Spread with whipped cream, flavored with grated orange rind or with a filling prepared as follows: Use one egg well beaten, a tablespoonful of flour; one-half cupful of sugar and one-half cupful of boil-

top may be covered with whipped cream or an leing.

ing water; cook until smooth, adding a

tablespoonful of butter, the grated rind

and juice of an orange and spread when cold on the cake for filling. The

Fruit Punch. Boll together for ten minutes three cupfuls of sugar, two cupfuls of water with the grated rind of one lemon and orange. Strain while hot, add one glass of jelly-current is best, ice and when ready to serve add the juice of nine lemons, five oranges, one cupful of cherries and shredded pineapple. Pour into a punch bowl, add ice water and a pint of charged water, one at a time, to give it sparkle.

Coronado Bavarian Cream.

Soak two ounces of gelatin in cold water to cover. Take one quart of ripe strawberries, crush and mix with one pound of powdered sugar. Beat cupfuls of double cream until stiff, add the gelatin to the crushed fruit and stir until the mixture is set. Mix lightly with whipped cream, fill the molds and harden. When ready to serve unmold and decorate with whipped cream and shapely berries.

Neceie Maxwell





DOES A RIVER FLOW FAST. EST IN THE MIDDLE?

The water at the edges Must slow its rapid pace Because it rubs against the banks That keep it in its place.

The things that help may matter more Than things that men may battle for.

deeds, The heart more love than honor needs,

The things that help perhaps may hold More treasure than the proudest hall-May be our treasure, after all!

THE WHY of SUPERSTITIONS

is customary when a death has occurred in the family to cover the mirrors and to keep them shrouded while the body remains in the house. Generally, however, it is only a mirror which happens to be in the room where the body lies which is veiled,

Frazer to the belief of primitive manof which belief we still see vestiges remaining-that the ghost, the soul, of a dead person hovers for a while about its late tenement. A man's reflected Image was considered to be a part of himself, possibly his "exterior soul"and concerning the belief in "exterior souls" the professor accumu lated a vast amount of data. The idea in veiling the mirror was to obviate the chance of the lingering soul of the deceased taking away with it the "exterior soul" of any person those

mirrors were introduced there were pleces of bright metal in which an image might be reflected and which were covered upon occasions of death, a custom still observed by some savage tribes.

Whether the "exterior soul" idea applies here, as the professor thinks, or not, it is certain that primitive man like the savage who is the primitive man of today regarded his reflection as something vitally pertaining to his personality, and it was natural that he should protect it against any possibility of contact with a lingering by preventing its existence. And what was begun as a precaution is practiced today because of an atavism which makes the superstitious feel it might be "unlucky" not to do it.

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THE YOUNG LADY ACROSS THE WAY



The young lady across the way says her father's business ideals are very high and she doesn't believe he'll be satisfied until he's cleaned up \$10,-000,000 by some book or crook. (by McClure Newspaper Syndicate.)

Both Ways

"Can you serve company?" asked "Yes, both ways, mum," replied the

"Both ways?"

"Yes, mum. So they'll come again or so they'll stay away."

For a Good Boy

Friend-You lucky devil! Hear yo cleaned up a million last week. Broker-Fil say I'm lucky. My wife has promised me five thousand of it!

THE THINGS

THAT HELP By DOUGLAS MALLOCH

THE things that help are things like this: The good wife's arms, the husband's

The comrade hall, the fireside glow-Whataver fortune men may know, However much their fame esteem, Whatever else the world may seem, These are the things that really aid.

The things that help are little things: We think that genius fortune brings, And yet a song, a merry phrase, A sun that shines or wintry days, May help us more to climb the hill Than all our genius ever will, Ah, friend, if you would help me climb Help keep me happy all the time!

Though now they dream of doughty

The hearth more merriment than gold-

(© by McClure Newspaper Syndicate.)

By H. IRVING KING

COVERING MIRRORS

N SOME sections of the country it

This custom is traced by Professor reflected image appeared in the glass

Mirrors are very ancient and before

(@ by McClure Newspaper Syndicate.)

Pertinent Remarks on

People of Prominence

Some of Lady Oxford's thumbnall sketches of prominent Englishmen are quite clever. Abbreviating the already brief, we quote from her characterization of Lord Birkenhead: "He listens to himself, but his brains-which are of the most remarkablesometimes go to his head and he hears confused noises,"

Of Lord Reading: "Though he has a warm corner for himself, he has no cold corners for other people."

Lloyd George "loves a crowd more than himself or his friend. He guesses without pause what the person he is talking to is thinking; but while they are stationary, he is a movie. In spite of an intelligence amounting to gentus, he waylays himself."

The Cecil family, she says, have "minds and merals of distinction, but have subconsciously massaged away some of the more active muscles of their conscience."—Boston Transcript.

Demand for Rat Skins May Check the Pest

Europe has discovered a scheme for holding in check the prolific rat. Various industries have created a demand in London alone for rat skins that amounts to very nearly \$200,000 a year, and there is every indication that the consumption of this material will increase. Book-binding, photograph frames, purses and thumbs for ladies' gloves are among the uses to which the skins are put.

After the passing of the rat act in Denmark some time ago, the great body of unemployed laborers took immediate advantage of the bill, and the individual rat-catcher's earnings averaged between \$1.75 and \$1.90 a day. It is estimated that the damage by rats in England alone amounts annually to many millions of dellars, so that any inducement to promote their capture should be encouraged as far as possible.

Maybe This Contains a Hint for You!

Los Angeles, Calif.—"It was my good fortune to get one of Dr. Pierce's books several years ago and it has been a wonderful help to me while bringing up my family. The up my family. The plain advice given is invaluable to mothers.

"The use of Dr. Pierce's Favorite Prescription during expectancy and afterward was to me the greatest help.

It gave me strength, spirit and nerve. I have also used the 'Golden Medical Discovery' for a bad cough and bili ousness, and it has entirely rid me of these troubles."—Mrs. Noemis Reynler. 150 N. Ditman St. Dealers Write Dr. Pierce, Buffalo, N. Y. for free medical advice.

A Real Boss

This generation has seen a number of child monarchs. King Alfonso of Spain was born after the death of his father and became king at birth. He seems to have taken himself seriously as a king from babyhood and to have rebelled lustily against his mother's regency whenever it took the form of reproof or punishment.

Many stories have come out of Spain of the way he kinged it around the palace in infancy. In the nursery he was corrected for putting a knife in is mouth. "Gentlemen never eat like that," he was told. He retorted, "I'm not a gentleman, I'm a king."

Many a man who believes that the hat he is the axis.





Why do so many, many bables of today escape all the little fretful spells and infantile allments that used to worry mothers through the day, and keep them up half the night?

If you don't know the answer, you haven't discovered pure, harmless Castoria. It is sweet to the taste, and sweet in the little stomach. And its gentle influence seems felt all through the tiny system. Not even a distasteful dose of castor oil does so much

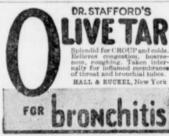
Fletcher's Castoria is purely vegetable, so you may give it freely, at first sign of colle; or constipation; or diarrhea. Or those many times when you just don't know what is the matter. For real sickness, call the doctor, always. At other times, a few drops of Fletcher's Castoria.

The doctor often tells you to do fust that; and always says Fletcher's. Other preparations may be just as pure, just as free from dangerous drugs, but why experiment? Besides, the book on care and feeding of babies that comes with Fletcher's Castoria is worth its weight in gold!

Children Cry for

MITCHELL EYE SALVE

heals inflamed eyes, granulated lids, styes, etc. Sure. Safe. Speedy. 25c at all druggists. Hall & Ruckel, N.Y.C.



W. N. U., PORTLAND, NO. 44-1927.

Kitty! Kitty!

Jane-That lace is thirty-five years

-Pretty, Dld you make it your-



BAYER ASPIRIN

Unless you see the "Bayer Cross" on tablets, you are not getting the genuine Bayer Aspirin prescribed by physicians and proved safe by millions over 25 years for

Colds Headache Pain

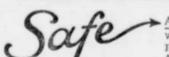
Neuralgia

Neuritis Toothache

Lumbago Rheumatism

DOES NOT AFFECT THE HEART

Bayer Manufacture of Monoacutic



Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.