HELP FOR

Lydia F. Pinkham's Vegetable

Brooklyn, New York.—Mrs. G. Heg-mann of 228 Schaeffer St., was in a run-down condition and could not do her housework. She could not sleep at

time in their lives.
"I found your advertisement in my letter box." wrote with a work of the compound and got relief." Mrs. Hegmann also took Lydia E. Pinkham's Vegetable Compound and got relief." Mrs. Hegmann also took Lydia E. Pinkham's Pills for Constipation, with good results. She says, "I am recommending your medicines to all. I know who have symptoms the same as mine, and to others whom I think it will help. You may use my statement as a testimonial, and I will answer any letters sent to me by women who would like information regarding your medicines."

There are women in your state—

who would like information regarding your medicines."

There are women in your state—perhaps in your town—who have written letters similar to this one telling how much Lydia E. Pinkham's Vegetable Compound has helped them.

The Pinkham Medicina Company, Lynn, Mass., will gladly furnish other women with these names upon request.

BABIES LOVE

MRS. WINSLOW'S SYRUP

The Infants' and Children's Regulator

ad Has Restored the

night. Her story ta

not an unusual one.
Thousands of women find themselves in a similar condition at some time in their lives.

Compe and Has Research Health of Thousands



In fair weather or foul, zero nights or rainy days, I have always found that my car starts instantly and performs perfectly with Cham-pion Spark Plugs-

they're dependable. Champion is the better spark plug because of its double-ribbed silliman-

HAMPION

TOLEDO, CHIO For your protection be sure the Champions you buy are in the original Champion cartons.

SCHOOL FOR MEN Training for BUSINESS, TRADES or PROFESSIONS Enroll any time. Send for literature. OREGON INSTITUTE OF TECHNOLOGY X.M.C. A. Bidg. Portland, Oregon

Strange Individual

An East Grand boulevard resident received a shock recently when a motorist, who proved to be from out of town, knocked at the door and said he had accidentally collided with a parked car in front of the house. In answer to the motorist's request to make it right the resident said: "I can see that the car isn't hurt much, but if it were, I wouldn't charge you a thing. You're the fifth man to hit that car but the first one to stop and own up to it."-Detroit News.

Got His Money Back

In plowing near Fairlee, Md., a farmer turned up a pocketbook which he had lost two years ago while at work in the same spot. The wallet was practically decayed and a \$5 bill it contained had fallen into seven pieces. The money was forwarded to Washington to be redeemed for the benefit of the owner.

Actively Engaged

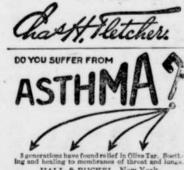
Mae-Don't overexert yourself. John-Thanks. I find it terribly hard to keep from kissing you.

# CHILDREN CRY FOR "CASTORIA"

Especially Prepared for Infants and Children of All Ages

been in use for over 30 years to re- to leave her walk on you, or tell her lleve babies and children of Constipation, Flatulency, Wind Colic and Diarrhea; allaying Feverishness arising therefrom, and, by regulating the Stomach and Bowels, aids the assimilation of Food; giving natural sleep without oplates.

The genuine bears signature of



Green's August Flower

for sixty years for the relief of con stipation, indigestion and similar ston ach disorders. A trial will convince you of its merit. 30c and 90c bottles At all druggists. G. G. Green, Inc.

Deafness—Head Noises LEONARD EAR OIL

"Rub Back of Ears" INSERT IN NOSTRILS At All Druggists. Price \$1
Folder about "DEAFNESS" on request.
A. O. LEONARD, INC., 70 FIFTH AVE., N. Y.

CARBUNCLES Cause DEATH

death, several descriptions, the way of CARBOIL is scientific antiseptic) quickly of CARBOIL is scientific antiseptic) quickly stops pain and draws out core. Get a generous 50e box from your druggist today and keep it on hand. Money back if not satisfied, Don't name, ask for CARBOIL, by name, accept substitutes—ask for CARBOIL, by name, and the company of the comp

For Barbed Wire Cuts Try Hanford's Balsam of Myr.

## JUST HUMANS

By GENE CARR





"HOWDY, OL' TIMER?" "K. O., OL' MAN!"

### BE A LITTLE "GREEN!"

By EVELYN GAGE BROWNE

IT DOES'NT matter where you go. You're bound to meet the chap Who thinks that what he doesn't know Isn't worth a rap.

But there's a lot to learn, and so It's easy to be seen, That just as all things green must

We must be a little "green."



FOR THE GOOSE-

O A worrisome woman, even a dia-T mond is only one more thing to worry about.

When your girl friend starts ravin' about her new boyish bob, remember the fox that got his tail cut off in the trap, went around sayin' how much cooler it was.

The darlingest mole in the world, once it starts gettin' big, is nothin' but a wart.

FOR THE GANDER-

If you loan a woman money and don't leave her pay you back, she is insulted. But if you do, she is disap-

When a girl starts treatin' you bad, Mother! Fletcher's Castoria has you gotta consider seriously whether where she gets off.

> It all depends on whether you want to be discarded from strength or weakness.

(Copyright.)

# Do You Know

THE expression "eavesdropper" had its origin in Saxon times when the owners of private estates were not allowed to cultivate their possessions to the extremity, but were obliged to leave a space for the eaves. This space was known as the enves-drip. An eavesdropper is one who stands under the eaves-drip, or near a window or door of the house to overhear what is being said inside the house.

And so "envesdropper" has come to denote one who listens secretly to what is told in private,-Anna S. Turnquist.

(©, 1927, Western Newspaper Union.)



"So far as I have observed," says Flippant Flo, "it doesn't matter to the men what the women wear so long as they keep their affections warm."

# Mother's Cook Book

"The character of all work depends upon the intelligence of the person who performs it."

People who are most busy are most happy and contented in life. Labor ir itself is the greatest blessing to mankind.

#### SOMETHING GOOD

WE ARE growing to appreciate more and more the value of vegetables of all kinds in our diet. We learn that we should serve at least one green vegetable daily to our families, and more is better.

Vegetable Tamale Loaf.

Chop and brown one-fourth of a ound of salt pork with one onion or with a clove of garlic finely minced. Add one quart of tomatoes, a can of corn or hominy, one tablespoonful of chili powder, three tablespoonfuls of oll, one tablespoonful each of butter and sait. Heat to the bolling point. then add one and one-fourth cupfuls of milk and one and one-half cupfuls of yellow corn meal, cook ten minutes, stirring constantly. Remove from the fire, add three well-beaten eggs, one cupful each of minced ripe olives and seedless raisins. Bake one hour.

Steak and Peppers.

Spread over a round steak the following mixture: A cupful of bread crumbs, one small onlon, one cupful each of fresh tomato and green peppers chopped. Season with salt, cay enne pepper and a bit of poultry dressing. Roll up and tie and pour over a little tomato juice. Cover tightly and cook slowly for three hours. Add more tomato juice, basting the meat occasionally. Use suct while cooking or butter to give flavor If the steak lacks fat.

Apricot Jelly.

Take one pound of dried apricots, wash and cover with cold water, let them soak overnight. Cook with one cupful of sugar in the same water in which they were soaked. Strain through a fine sleve. While hot add tablespoonfuls of gelatin which has been softened in cold water. Mold and when chilled serve with whipped cream. Sherbet is delicious made from apricots; add water and a bit of lemon juice and freeze.

Stuffed Peppers With Beef.

Parboil six green peppers for five minutes, then stuff with a mixture of cooked rice, rare roast beef or steak seasoned and chopped and moistened with brown sauce or soup stock. Cover the peppers with buttered crumbs. place in a baking pan and baste with broth while baking. Serve with brown sauce.

Apple Custard Ple.

Add a cupful of sugar to a cuptul of fresh grated apple, two beaten eggs. one cupful of sweet cream and the grated rind of a lemon. Pour into a pastry-lined tin and bake. Cover with a meringue and brown.

Add a cupful of cooked green peas to a mayonnaise dressing; it will give color, flavor and food value to the dressing to be used with a vegetable

Almond Soup.

Blanch, chop and pound two-thirds of a cupful of almonds in a mortar. Add gradually four tablespoonfuls of water and one-eighth of a teaspoonful of salt, then add three cupfuls of stock, chicken or veal, one small sliced onion, three stalks of celery, let simmer one hour, rub through a sleve. Melt three tablespoonfuls of butter and the same of flour, then pour on gradually the hot liquor; add a pint of scalded milk, one cupful of cream and salt and pepper to taste. Serve with

Nellie Maxwell

## SOMETHING TO THINK ABOUT

By F. A. WALKER

#### WATCHING THE CLOCK

HOW far back the measurement of times goes is lost in the unrecorded events of prehistoric times. It is altogether probable that early man reckoned the passage of time by the length of shadows cast on the ground and later perhaps an instrument simflar to the hour glass served to measure the divisions of the day.

Certain it is that clocks as we know them were not invented until the Ninth century and the credit for the idea is given to a man of Verona named Pacificus.

Like all things mortal the clock had faults as well as virtues. Before the hours were automatically measured for him man worked until he was tired and then "called it a day." With the coming of the clock he began measuring his efforts by time and acquired the habit of "watching the clock."

There is one certain thing; no creature not endowed with more than two eyes can watch his job and the clock at the same time,

When a man is looking at a clock his sole interest is the answer to the question, "What time is it?"

The most efficient office in Washington during the war was one par-ticular division of the Navy depart-ment. In that big room there was neither a calendar nor a clock.

The head of that bureau said to the writer: "I do not want any one here who cares what day it is or what time it is. The measure of a day here is the finishing of the work in hand, then we can all go home."

No truly in-earnest worker was ever able to quite finish his day's task. There always remains some portion upon which he would like to spend a little longer time.

er watches the clock is because his heart is not in his labors and his pride is not in their results.

The reason the not-in-earnest work

Don't be a clock watcher. Work while you work with so much energy so much interest, so much intensity that time doesn't matter,

Play when you play with so much abandon, so much enjoyment, so much enthusiasm that the day passes with-

out your measurement. The man who measures time in

cycles or circles is wrong. Time must be computed in straight line along which there is no

backward motion, "What did he say?" You can never have yesterday again. If you wasted it, try and make today do double duty. But you can't do that my tune." lf you watch the clock,

(© by McClure Newspaper Syndicate.)

#### WHEN I WAS TWENTY-ONE BY JOSEPH KAYE

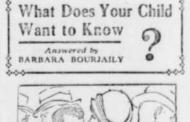
AT 21:-Lee Shubert Did Not Own One Theater.

A T THIS time my brother, Sam, and I were managing road companies It was almost impossible then for in dependent managers to get a house in which to play for even one night, the theaters being controlled by a syndi cate, and we soon ran up against this All the best theaters were closed to us, so we got hold of old run-down places and fixed them up as well as we could. We rented halls anything we could find, so we could play our companies.-Lee Shubert,

TODAY :- As if destiny had played a designing hand in the case, the Shuberts own and direct more theaters in this country than anyone else in the theatrical profession, and have the greatest theatrical organization in he world.

The Shuberts are also the producers of numerous plays and musical pieces every year, among them such almost institutional productions as the Win ter Garden shows.

(€ by McClure Newspaper Syndicate.)





WHY DO WE FEEL CROSS AND TIRED IN A CROWDED ROOM?

Convright.

The air supply is not enough For everyone to get A good supply of oxygen

### Occasion Found Sister Equipped With Thrust

"A lot of modern writers-Samuel Butler, Bernard Shaw, Wells and so on-preach that family life is a farce. hat relatives are more apt to hate han love each other, and therefore

own with marriage. The speaker was Lester Scott, excutive secretary of the Camp Fire Girls. He continued:

"These writers are all wrong, of course. I told one of them so the other day, and the best he could do was to come back at me with an anecdote. But anecdotes, as I told him, prove nothing.

It was an anecdote about two sisters. They sat on a moonlit pier. and a wealthy bachelor sat between them. The older sister looked up into the bachelor's eyes and said in a far-

"'I have always had a presenti-ment that I would die young.'

"She drew a deep breath and nestled closer to the bachelor, and then the other sister said dryly in the silence: "'But you didn't, did you?"

Reward Goes Begging

Back in 1893 Mme. Anna-Emille Juzman left 100,000 francs to the French Academy of Science to be awarded to the first scientist who would communicate with another planet, Mars excluded. During the 34 years since this prize, it has caused more trouble for the academy than all its other duties combined. Thou sands have claimed the award. Letters have come from all parts of the earth purporting to prove the writers had communicated with other worlds. The academy would like to get rid of money, but acesn't know how, legally.

#### Fosters Nature Study

The move made by Rev. Joseph Murgas, pastor of a Slovak congregation in North Wilkes-Barre, to bring the chidren of the parish, and all others who care to avail themselves of the opportunity, into closer touch with nature, is worthy of special commen dation. The pastor, says Nature Magazine, has secured a tract of 30 acres where bird and plant life are to be propagated and encouraged, and all phases of nature fostered for their educational inspirational value.

#### Saved by Her Hunger

Mme. Florestina Huebcar's appe fite ruined her funeral at Madrid. Spain. The madame, supposedly dead. suddenly sat up en route to the cemetery and demanded nourishment. The funeral attendants fled for their lives and Mme. Huebcar, deserted, calmly walked home to get a bite to eat.

#### In a Musical Voice

"I told my husband about those gowns that are selling for a song."

"He said that if I expected him to furnish the notes I'd better change

That's Love Sarah-You said you'd do anything

Ted-Yes, dear. Sarah-All right. Make love to Grace and let me cut her out.

Tots Notice Those Things

"Well, son, did you have a good time at the little party?" "Yes, but I was waitin' for quittin'

Flattery may become a vice, but sincere praise can't be, If you like to write poetry, study

the dictionary diffigently,

W. N. U., PORTLAND, NO. 40--1927.

### Breaking in a Husband

The perils a prospective husband of Jersey City is willing to undergo, as related by a news dispatch from that town:

"Married in a lion's cage, Ernest P. Gervais, chauffeur, and his bride are on their honeymoon with a substantial gift of cash and furniture. The Lions dub arranged matters. A trainer kept sharp watch on three lionesses, but they sat perfectly still."-American

### According to Request

Customer-Say, those shoes you sold me haven't any tongues! Dealer-Well, sir, you said you liked to dress as quietly as possible,

Where She Shines "Does Mary go in for athletics?" Rather! You should see her jump to conclusions,"

All mankind likes a kind man,



SAY "BAYER ASPIRIN" - Genuine

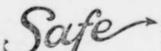
Unless you see the "Bayer Cross" on tablets, you are no getting the genuine Bayer Aspirin prescribed by physicians and proved safe by millions over 25 years for

Colds Pain

-Headache Neuritis Neuralgia Toothache

Lumbago Rheumatism

DOES NOT AFFECT THE HEART



Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists. I Barer Manufacture of Monor