

TWO WOMEN FOUND HELP

Their Sickness Banished by Lydia E. Pinkham's Vegetable Compound

Mrs. Nina Matteson, Box 206, Oxford, N. Y., writes—"If it had not been for your medicine, I could not have done my work as it should have been done. Mother told me of Lydia E. Pinkham's Vegetable Compound, and I had read in different papers what it had done for different women. She wanted me to try it, so my husband got me one bottle at first; then I took two others. Now I am feeling quite strong again."

Mrs. Ernest Tanguay of Adams, Mass., says she was ill for four years and could not sleep nights or go out on the street. She read about the Vegetable Compound and decided to try it. After taking eight bottles she was able to do all her work and go anywhere and is quite herself again.

This dependable Vegetable Compound is a household word in thousands of homes. The fourth generation is now learning the merit of Lydia E. Pinkham's Vegetable Compound.

For more than half a century, this reliable medicine has been used by women with very satisfactory results. If the Vegetable Compound has helped other women, why shouldn't it help you?

Green's August Flower

For Indigestion, Dyspepsia, etc. Relieves Distress after Hurried Meals or Overeating. Being a gentle laxative, it keeps the digestive tract working normally. 30c & 90c. At all Druggists. G. G. GREEN, Inc. WOODBURY, N. J.

Heals Eczema in 7 Days or Less Or Your Money Back

Here is a surgeon's wonderful prescription now dispensed by pharmacists at trifling cost, that will do more towards helping you get rid of unsightly spots and skin diseases than anything you've ever used. Not only does this great healing antiseptic oil promote rapid and healthy healing in open sores and wounds, but boils, abscesses and ulcers that are discharging are almost immediately relieved and cleanly healed. In skin diseases its action is little less than magical. The itching of eczema is instantly stopped; the eruptions dry up and scale off in a very few days. The same is true of barbers' itch, salt rheum and other irritating and unsightly skin troubles. You can obtain Moore's Emerald Oil in the original bottle at any modern drug store. It is safe to use, and failure in any of the ailments noted above is next to impossible. Your druggist can supply you at any time.

Object in Holding Particle of Land

What would you do if some friend died and bequeathed you a trillionth of an acre of land? You couldn't build a summer home, but you might start a microbe farm. Although land is not partitioned out in such minute parcels today, transactions involving pieces of property ranging in size from a trillionth of an acre to a square inch were common in Contra Costa county, Calif., 38 years ago. The trillionth of an acre, probably the smallest piece of described land on record, was purchased at a tax sale. The land was a portion of the Tar ranch at San Pablo. The purchaser paid \$24.80, which represented tax delinquency and costs of sale. The small piece of land would be merely large enough to place the point of a fine needle on. In accepting minute pieces in the center of large ranches, the bidders secured a lien which clouded the title, and were often paid well before a private sale could be transacted.—Oakland Tribune.

Dr. Peery's "Red Shot" is not a lozenge or syrup, but a new, old-fashioned medicine which cleans out worms or Tapeworm with a single dose. 873 Pearl St., N. Y. Adv.

A real financier wants his million to perform wonders with; average man would just loaf on it.

Efficiency generally does not proceed at lightning pace.

BABIES CRY FOR "CASTORIA"

Prepared Especially for Infants and Children of All Ages

Mother! Fletcher's Castoria has been in use for over 30 years as a pleasant, harmless substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups. Contains no narcotics. Proven directions are on each package. Physicians everywhere recommend it.

The genuine bears signature of *Chas. H. Fletcher*

SCHOOL DAYS



SOMETHING TO THINK ABOUT

By F. A. WALKER

ART OF RECUPERATION

THE idea prevails that when one is inclined to lag a bit in one's field of routine duty one needs a season of absolute idleness, as if loafing were the open sesame to perfect rest and the fairyland of youthful dreams.

Generally speaking, no thought can be more erroneous and misleading. There is nothing quite so befogging and injurious to the active mind as a sudden cessation of its energy or curtailment of its habitual effort.

Rest is not to be found in indolence but in a change of activity, where both body and mind perform a new form of work.

When the thinker becomes tired and feels that he cannot proceed another step in the direction he has been so long pursuing, he is in need of change in his mental environment, where he will encounter new thoughts in new settings.

The brain requires a new diet, a savory dish of some sort which will be easily digested and leave a pleasant taste.

Frequently a radical change in reading will work this transformation in a day or two, and rekindle the slumbering fire from live embers hidden in the ashes.

If you are worn out in the tiresome chase of letters, turn awhile to figures, where you are compelled by the mere novelty of the change to conjure up some long-forgotten rule in algebra.

Should that fail to satisfy, take a peep into the body of your old Latin reader, or dip into astronomy, where you are forced to think in new dimensions and move out into the immeasurable vastness of which our own little globe is but a speck no larger than a grain of mustard seed.

In a little while you will find that this novel operation of the mind gives rest to your thinking faculties, broadens your vision, refreshes and strengthens your whole being.

Life assumes a new meaning. The dull skies become golden and glad. Frowning faces wear winsome smiles, and in the very joy of your new existence you go back to your old, dry humdrum work, which in some way realizes that you are the master to whom it must yield in the future with utmost complacency.

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THE YOUNG LADY ACROSS THE WAY



The young lady across the way says it must be awful when a flapper must decide whether to show her new-style bob or wear her new hat.

(© by McClure Newspaper Syndicate.)

Mother's Cook Book

In a sense, love is everything. It is the key to life, and its influences are those that move the world. Live only in the thought of love for all and you will draw love to you from all. Live in the thought of malice and hatred and malice and hatred will come back to you.—Trine.

MILK DISHES

MILK, the best of all foods for children, is always a good foundation for any number of desserts, wholesome alike for old and young, and for those of weakened digestion.

A smooth, good custard is made by using a pint of milk with two eggs, adding a pinch of salt and such flavoring as suits the taste. If one wishes a custard thick enough to mold, add three to four eggs to a pint of milk. The more egg the more nutriment, so it is a dish to be recommended for those who would be built up.

Baked Custard. Beat four eggs slightly, add a half cupful of sugar, a pinch of salt, a half teaspoonful of grated nutmeg or cinnamon, and one quart of milk. Set into the oven in a pan of water and bake until firm enough to cut with a knife, and the knife comes out clean. Overcooking will curdle or coarsen the custard, making it less digestible and far less attractive in appearance. A perfect custard should be as smooth and even grained as cream. Remember to remove the custards from the water pan when taken from the oven, or they will continue to cook in the hot water. Set into cold water to chill and serve well chilled.

Ginger Custard. Line buttered custard cups with strips of Canton ginger, then pour in carefully a thick custard, using four eggs, a pint of milk, one-third of a cupful of sugar, a pinch of salt and two teaspoonfuls of the ginger sirup. Lacking the sirup, flavor to taste with orange or lemon. Beat the eggs very slightly, add sugar, salt, milk and flavoring, then strain into molds. Set into hot water and bake until firm. Serve with a spoonful of the sirup over the top of each.

Caramel Custard. This is a custard which is particularly well liked. It may be made by adding the caramel (melted sugar until brown) to the custard prepared as above or the sugar may be browned and poured into the molds; have them hot and turn until the bottom and sides are well coated with the caramel, then turn in the custard and bake as usual. As it is well to remember that caramelizing sugar destroys some of its sweetness, more sugar should be used than is usual.

Nellie Maxwell
(© 1927, Western Newspaper Union)

Do You Know That:???

THE expression "A little bird told me" is based on the popular idea that the bird from its point of vantage in the upper air found out all sorts of strange and mystical things and then revealed them to those who understood. This is a very old idea and we even read of it in the Bible, Ecc. 10:20: "Curse not the King, no not in thy thought; and curse not the rich in thy bedchamber: for a bird of the air shall carry the voice, and that which hath wings shall tell the matter."—Anna S. Turnquist.
(© 1927, Western Newspaper Union)

Tender Flower

"Well, Algy, I hear you have taken up walking as the doctor ordered. How does it go?"
"Seems a bit awkward at first with-out a windshield."—The American Boy Magazine.

SUCCESS

By SIDNEY J. BURGOYNE

"AS A man thinketh, he is," my friend; So if you would win Success, You must THINK and WORK to that very end, And you'll have Success—no less.

When you are ready, you'll find it there Waiting outside your door, And you can take just as big a share As you deserve—but no more.

Success doesn't come to those who shirk, It's not at your beck and call— You must add your "thinking" some darn good work And EARN Success—that's all.

So THINK Success—But don't stop there, Pitch in and work for it, too; There's nothing too great to do and dare To help you "put it through."

If you'll "use your dome" to THINK Success, And your hands and heart and soul To tackle the job and WORK for Success— You're going to reach your goal!

But don't let a thought of failure in, And shut every fear-thought out; For there's one thing sure—no man can win Success through distrust and doubt.

You've got to KNOW you can and will, And value yourself at par Whatever the job you have to fill; AS YOU THINK AND WORK— YOU ARE.
(Copyright.)

THE WHY of SUPERSTITIONS

By H. IRVING KING

THE MEASURING WORM

IF YOU are sitting on the piazza of a farmhouse and see one of those little creatures known as the measuring worm looping its way over your clothing, brush it off right away. If you don't you are likely to die before your time—as any country-bred person can tell you. They will probably laugh at the superstition as they recount it, but, nevertheless, watch how quickly they brush off a measuring worm if one gets on them.

This old superstition arises from that association of ideas with things, so common with our prehistoric ancestors and so natural to the human mind in all ages—not by any means excepting this age.

The little larva of the geometric moth has feet only at bow and stern, so when he moves he draws up his hind feet, places them close to his front feet and then sends his front feet on ahead for a fresh foothold; apparently measuring off the person upon whom he crawls in slow and solemn manner.

Why is he making this peculiar motion, so different from the method of locomotion with other worms? The submerged, primitive mind arises from the "unconscious" and answers, "He is measuring out the life of man"; "He is measuring for a shroud." It is useless to argue that he may be measuring you for a new suit of clothes; for the primitive mind's natural tendency is to look on the dark side of things and regard the unusual as the threatening. The writer has heard children cry with awe: "Brush off that measuring worm! If you don't, when he takes his last measure you die."
(© by McClure Newspaper Syndicate.)

Highest Clouds

The highest altitude at which clouds float is nine to ten miles above the earth, attained by cirrus clouds, easily recognizable by their faint, feathery shape, according to an answered question in Liberty Magazine.

The United States uses up about four-fifths of the world's gasoline production.



"A wart on the chin doesn't enhance beauty," says Sentimental Sally. "but it's surprising what a help they are in keeping kisses from skidding."
—O—

Safe Parachute

A new type of parachute has been developed in Switzerland that works by machinery. It is so controlled that after it is launched from a balloon or airplane it automatically stops falling within a few feet of the ground, thereby preventing the contents of the basket from being damaged.



"Beware, my son, beware!"
"Stay away from Peterman's! It has killed your whole family!"
DON'T walk through it. Don't smell it. Don't touch it. Go hungry for days first.
She's right. Peterman's Roach Food exterminates every roach in your house. Nothing is left but a little dry dust.
Some housewives make the mistake of fighting cockroaches with a spray. Those are the houses roaches stay in. They live down behind baseboards, under the floors. No spray can possibly reach them, or their young, or their eggs.
Only a powder can exterminate them. Peterman's Roach Food is the right powder. Just

Peterman's has the right insecticide for each insect. On sale wherever drugs are sold.

Peterman's

200 Fifth Ave., N. Y. City

Cities Losing Residents
Villages and small towns are again showing increase in population, contrary to popular understanding. As a matter of fact the Institute of Social and Religious Research has found from heretofore unpublished census figures that the rate of city population increase in 1900 to 1920, fell from 84 per cent to 52.1 per cent, while the rural rate was pushed up to 20.7 per cent.
The discrepancy is due to government bookkeeping, according to Robert McCullough who made a study for the survey. The government automatically changes a town or village to a city when it reaches 2,500 population.

Something New in Fowls

A new type of fowl is being raised in Alberta to supplant the high-priced holiday turkey. A cross between a turkey and a chicken, the "turken" resembles the turkey in head and body, but in size, comb and wattles it is more like the chicken.

Rabbit Economics

Australia is unable to prove by figures whether the rabbit is a pest or a perquisite. In four years she shipped abroad as food frozen rabbits reaching a total valuation of £3,000,000. But in one province alone, New South Wales, 110,000 miles of rabbit-proof fence had to be erected to keep the little creatures from devastating farms. The cost of that fence was \$5,000,000. Another fence, cost not reported, and surely one of the longest in the world, was stretched the whole distance of 612 miles between Bourka and Corrowa.

The Method

Helress—"And will you keep our marriage a secret." Dave (to himself)—"To everybody but my creditors."
Faith is a higher faculty than reason.—Bailey.

Genuine BAYER ASPIRIN

SAY "BAYER ASPIRIN" and INSIST!

Unless you see the "Bayer Cross" on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians for 25 years.

DOES NOT AFFECT THE HEART

Safe Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark of Bayer Manufacture of Monocetylacetic acid of Balleigheim

Highest Clouds

The highest altitude at which clouds float is nine to ten miles above the earth, attained by cirrus clouds, easily recognizable by their faint, feathery shape, according to an answered question in Liberty Magazine.

Why It's There

Customer—The bread you sold me had sand in it.
Grocer—Yes, ma'am, that was to keep the butter from slipping off!—Progressive Grocer.

Large quantities of American seed trees are being sent to the battlefields of Europe by the American Tree association.

Oakland G. A. R. Veteran and Wife Regain Health

Aged Couple, Suffering Acutely from Rheumatism, Neuritis and Indigestion, Find Quick and Permanent Relief in Tanlac and Praise It Highly

"From the day I was fortunate enough to line up with Tanlac," says Mr. Emil Langhans, ex-cavalryman and retired customs official, "it has kept my health and strength up to highest standard."
Sitting in his comfortable home at 2219 107th Avenue, Oakland, Calif., Mr. Langhans told how Tanlac had rebuilt strength and vigor for himself and his charming wife. "Tanlac worked wonders for my wife," he said. "She suffered from high blood pressure, neuritis and general run-down condition. Tanlac relieved her."
"I had sciatic rheumatism—suffered for five years with it—so that I could sleep but little, on account of the pain. Kidney trouble, indigestion and loss of appetite had reduced my strength to a low ebb."
"Since taking Tanlac my health, as well as that of my wife, has been remarkable. Though I am retired, I could resume my old work any time. No rheumatism—nor kidney trouble—in past two years. I never miss an opportunity to praise Tanlac."
Old and young, from coast to coast, unite in praising this famous remedy of nature. Made of roots, barks and herbs, according to the exclusive Tanlac formula, it is an amazing tonic medicine. All good druggists sell Tanlac. Get a bottle today! Over 40 million bottles sold.

