

TEALTH VERY POOR---RESTORED BY PE-RU-NA

Catarrh Twenty-five Years--Had a Bad Cough

Miles Sanhia Kittleson, Evanston, Il., writes:

Then my brother advised me to try Peruna, and I did.

"My health was very poor at the ime I began taking Peruna. My hroat was very sore and I had a bad

"Peruna has cured me. The chronic atarrh is gone and my health is very nuch improved."

I recommend Peruna to all my 'riends who are troubled as I was.' PERUNA TABLETS: -Some people pre-'er tablets, rather than medicine in a luid form. Such people can obtain Peuna tablets, which represent the nedicinal ingredients of Peruna. Each ablet equals one average dose of Pe-

Man-a-lin the Ideal Laxative Ask Your Druggist for a Free Peruna Almanac for i909.

Let's flee from this odious world, May, And go to the land of frothless sodas, thumbless waiters and countless de lights; where your pipe doesn't go out every few minutes and you don't have to tramp ten miles to -Yale Record.

"Madam," said the attorney for the other side, "you seem to have an exceed-

ingly sharp temper."
"Yes, sir," answered the complaining witness in the divorce case. "It comes to by direct inheritance from my husband's ancestors."

"That's absurd, madam. How could rou inherit an irritable disposition from husband's ancestors?"
Inherited my husband from them, fidn't 1?"-Chicago Tribune

Mothers will find Mrs. Winslow's Soothing lyrup the best remedy to use for their ch'idrus luring the teething period.

Stanzas to a Chorus Girl am sorry you can't be my bride, May father won't give his And if he, in a rage, cut me off, May, Why I never could pay for our rent.

In death we should not be apart.

I suffer alone, and am seized, May, With a grief that is searing my beart So let's flee from the odious world, May Where there's nothing but troubles and

cares, Ab, won't it be grand, when we two, hand Are climbing the golden stairs?

FITS St. Vitus' Dance and ervous Diseases perms nently cared by Dr. I line's Great Nerve Retorer. Send for FREE 52.00 trial bottle and treatise Dr. R. H. Kline, Ld., 331 Arch St., Philadelphia, Pa To Avoid Mistakes want a bottle of Rybold's Extract,

mid the prominent politician of the Steenth ward, stepping into a drug store "Rybold's Extract?" queried the drug-st. "That's a medicine I never heard before. "I never heard of it, either, until to-day

but I'm under contract to write a testi nonial for it, and I want to find out what diseases it claims to be good for." You Can Get Allen's Foot-Ease FREE.

Write Allen S, Olmsted, Le Roy, N. Y., for a ree sample of Allen's Foot-Ease. It cures weating, hot swollen, aching feet. It makes new or tight shoes easy. A certain cure for corns, ingrowing nails and bunions. All druggists sell it, 25c. Don't accept any substitute

"But your country is so lacking in places of historic interest," said the Eu-"That's one of it's great advantages,"

inswered Mr. Cumrox. "In this country a man can travel for hours without being obliged to listen to a lecture."-Washington Star. Lame Back Prescription.

The increased use of whiskey for

iame back rheumatism is causing considerable discussion among the medical fraternity. It is an almost infallible cure when mixed with certain other in gredients and taken properly. The following formula is effective: "To one half pint of good whiskey add one ounce of Toris Compound and one ounce Syrup Sarsaparilla Compound. Take in tablespoonful doses before each mea and before retiring." Toris compound is a product of the

laboratories of the Globe Pharmaceuti cal Co., Chicago, but it as well as the other ingredients can be had from any good druggist. Illustrating It.

"Josiah." asked Mrs. Chugwater, look ing up from the newspaper she was read ing, "what is a homestretch ?
"This," answered Mr. Chugwater, lean

ing back in his easy chair, slowly extendhis arms at right angles with his body, and accompanying the exercise with n dismal yawn. "You've seen me do it a



CONGRESS MEETS IN SHORT SESSION

Hearty Greetings Extended Leaders of Both Parties.

Both Houses Soon Adjourn Out of Respect for Members Who Died During Recess-Hundreds of Visitors Crowd Galleries to Witness Opening Ceremonies.

Washington, Dec. 8 .- After being n session an hour, half of the time being consumed by a roll call, the house of representatives, which met at noon yesterday for the second session of the 60th congress, adjourned out of respect to the memory of several of its own members and of Senator Allison, all of whom died during the recess. For an hour or more pre ceding the formal calling of the body o order, the galleries were packed to heir fullest capacity. Many hunfreds sat in the aisles, while long nes patiently waited outside the galery doors, hoping to find an oppor-unity to get inside. On the floor the members mingled

1 are been troubled with catarrh or nearly twenty-five years and have ried many cures for it, but obtained very little help.

"Then my brother advised me to try harp Williams, minority leader, re

eived ovations. The most important action of the ouse was the passage by unanimous onsent of a resolution authorizing he committee on ways and means in ts tariff hearings to subpena wit-resses and to call for books and pa-rers. A number of bills of public inerest were introduced.

the absence of the late Senator William B. Allison, of Iowa, who died last August, after a service of more than 35 years in that body.

The assemblage was a brilliant one. Eighty-two of the members were present, and the galleries were filled with al life of the office.

nt, and the galleries were filled with epresentatives of the official and so-ial life of the capital. Besides the ives and daughters of senators, who formed a large company in the private gallery, James Bryce, the British ambassador to the United States; Tong Shoa Yi, special envoy of the Chinese empire; Prince Tsai Fu and others of his suite occupied seats in the reservation set aside for the diplo-matic corps. The procedure in the pening of the new session was sim-le and dignified, following a long

stablished precedent.
Senator Dolliver announced the eath of the late Senator Allison, of owa, and resolutions expressing the profound sorrow of the senate over his bereavement were adopted. As a further mark of respect to his memory the senate, after a session lasting but 15 minutes, adjourned for the day.

PORTLAND BANK ROBBED.

Three Men Hold Up President and

Secure \$17,000. Portland, Dec. 8.-Three unmasked en held up and robbed the East Side, it something you ent?" ilver and currency was the plunder laimed by the robbers. This they athered in two big sacks and ran out of the bank, turning eastward and of the bank, turning eastward and staggering under the weight of the loot. H. H. Newhall, president of the bank, and Roger Newhall, his son, fired six shots after them, but without effect. Up to a late hour the small army of detectives, deputy sheriffs and secret service agents at work on the case had no definite clew aln the case had no definite clew, al-hough many theories were being corked out and many rumors run

Just two minutes were required to complete a robbery that has few precedents for desperation and dar g. Entering the bank, in the heart the East Side business district, at in hour when hundreds of pere on the streets, the leader an nost determined of the three men, pistol's point forced Mr. Newhall and their hands up, into Mr. Newhall private office. This done two men who were waiting outside jumped in side the swinging door, and while one stood with a cocked revolver watch ng the entrance, the other held sacks nto which the leader dumped the money from the counter and cash tills. They left \$300 in silver half-dollars, and did not go into the vault, which was open, evidently realizing that they had all they could carry way. Rockefeller Builds in England.

London, Dec. 8 .- John D. Rocke

Oil magnate has purchased houses 38 and 40 Queen Anne's Gate. Worken have begun the demolition of th structures to make way for a marble palace. The news on reaching Bond street caused speculation as to how the prosecution of the Standard Oil company by the United States of ficials affected the purchase.

Simon Would Be President. Port Au Prince, Dec. 8 .- The quick

stablishment of a peace pact between General Simon, leader of the Haytian evolutionary army, and General Fou hard, the latest presidential candi ate, is taken to mean that Simon imself wants the position at the head of the Haytian affairs, and intends to see that nothing interferes with his ambition. General Fouchard arrived here yesterday. It is rumored that he out of the race for the presidency

Six Jurors Are Secured.

San Francisco, Dec. 8.—Six juro ere secured yesterday in the trial N. Chang, the Corean charged with e murder of Durham White Stev ens, the American adviser to the Corean emperor, who was killed on March 23 last at the entrance to the

Catarrh

Is a Constitutional Disease It originates in impure blood and equires constitutional treatment, acting through and purifying the blood, for its radical and permanent cure. The greatest constitutional remedy is

Hood's Sarsaparilla

In usual liquid form or in chocolated tab-lets known as **Sarsatabs.** 100 doses \$1. Nasal and other local forms of catarrh are promptly relieved by Antiseplets or 50e., druggists or mail C. I. Hood Co., Lowell, Mass.

Teacher-Tommy, do you know what

latitude is?
Tommy—Yes, ma'am. It's distance north and south of the Chicago river.—Chicago Tribune. One More Unfortunate. The police justice looked at the bat-tered, disreputable specimen of maphood

"Officer," he asked, "what is the con "Rheumatiz, y'r honor," spoke up the prisoner, answering for himself.-Chicage

Tribune. Ostend-Pa, what do they mean when

they say "Money is easy" in Wall Pa-They mean that it is easy, my son, because they have just gotten it

from easy people Ostend-Then why can't we get it? Pa-Because those that have a hold on it are not easy.

From 8 Tt; 10 P. M.

Talk about your moving pictures that they charge a dime to see, Well, they may be real amusing, bu just take a tip from me:

There's a transparent curtain and two "spooners" on our street. Talk about your moving pictures-well we guess we have them beat.

Misplaced Confidence. "I beg your pardon," said the man at the front door, "but does a --does a man

of the name of Snoodle live in this build-

"I can't, mamma," protested the little girl, "I'm a fidgetarian."

Ten-Minute Bulletins. Hiram Burrows-How's yer chawin terbacker, Ezra? Ezra Skinner (reluctantly producing

plug)-Failin' fast; I don't expect it to last the day out.-Puck. Triumph of Human Nature.

"Them seventeen mothers in the vil lage mothers' club agreed to decide by ballot which had the handsomest baby

"Well, who won it?"

"Each kid got one vote."-Judge. The St. Petersburg correspondent of the London Mail says that ear drums made of thin leaves of silver are being used in the Russian military hospitals for

liseases of the ear, to replace defective organs. Particulars Required.

"Kitty, wouldn't you like to know something about Esperanto?" "Do you have to learn to play it, or is

IF YOU'VE



This sterling household remedy is most successfully prescribed for a "world of troubles." For derangements of the digestive organs it is a natural corrective. gestive organs it is a natural corrective, operating directly upon the liver and alignmentary caual, gently but persistently stimulating a healthful activity. Its beneficial influence extends, however, to every portion of the system, aiding in the processes of digestion and assimilation of food, promoting a wholesome, natural appetite, correcting sour stomach, bad breath, irregularities of the bowels, constipation and the long list of troubles directly traceable to those unwholesome conditions. Kasparilla dispels drowsitive. feller will become a member of the colony of fashionables, at least a part of every year, according to indications. It is learned that the Standard If it fails to satisfy we authorize all dealers to refund the purchase price.

HOYT CHEMICAL CO. Portland, Oregon



CONSULTATION FREE

The C. Gee Wo Medicine Co. 162% First St., Near Morrison Portland, Or.

WHEN writing to advertisers please mention this paper.

WHY EGGS ARE HIGH.

me Ways This Expensive Necessity

May Be Turned to Profit. James Dryden, Poultryman Oregon Agricul-

wont lay, or very seldom will. But through centuries of training and breeding the hen is gradually getting away from her old habit of laying a few eggs in the spring and hatching them, and it is possible now, with the proper skill in handling, to make her the laying capacity, and it is no fault dren the story of the fox and the goes back to her ancestors.

COMMERCIAL POTATO GROWING

But the fow and the story of the fox and the grapes. Tony was especially delighted with the story, and eagerly sought its chum. Joe, who was in another class.

COMMERCIAL POTATO GROWING

But the fow and the story of the fox and the grapes. Tony was especially delighted with the story, and eagerly sought its chum. Joe, who was in another class.

By good luck, the teacher overheard I wish you wouldn't work so hard." in winter whether she will or But the first thing we have to learn is that to get eggs in winter means a fight before him and turned to the policeman. against nature, against the old hen na-ture. Winter is not the natural laying

When a pullet has reached maturity, no matter at what season of the year, if she be maintained in good health and vigor and gets the proper kind and quantity of food, she will lay eggs if she has the laying capacity. Let us analyze that sentence a little. analyze that sentence a little.

The first point raised is a question of maturity. The pullet must be mature before she lays. If a pullet lays in October she must be hatched early enough tober she must be hatched early enough in the spring so that she will reach maturity in October. A Plymouth Rock hatched the first of April should lay the middle of October or first of November. If they are to lay a month earlier they should be hatched a month earlier. The Legiorns should lay the rst of October if hatched the first of

The next point refers to health and The next point refers to health and vigor. The pullet must come to maturity with good health and vigor. She must have had proper care during the brooding and growing period. A stunted chick, a chick hatched from an egg laid by a hen out of condition a chick if the sail plows up aleddy, a plank clod. hat has had to battle with insect pests, or a chick that has not had proper food and exercise, will not be a profitable ayer in any season. How to maintain biggest problem in poultry keeping. To get eggs in winter the hens must have

onstitutional vigor.

The third point is that to get eggs the hens must have the proper kind and quantity of food. The hen requires more kinds of food than a cow or a hog. The cow needs no animal food; the hen does. The hen gives more consideration to cleanliness of the product than the cow. She seals it up in a shell of lime to keep it clean, and she therefore must have a liberal supply of mineral matter. All foods furnish a mineral matter. All foods furnish a certain amount of mineral matter, but

certain amount of mineral matter, but not enough to supply all the shell material when hens are laying heavily.

What foods should they be fed? They should have grain, but grain alone won't do. What will happen if the hen eats nothing but wheat? Remembering that she puts nothing into an ergo that she does not eat that a gray. egg that she does not eat, that an egg contains about one-fifth ounce of fat and hat if she ate nothing but wheat she rould get enough far for three or four tent, and the care given the crop. leggs a day and about enough protein for half an egg a day, the thing that will happen will be that she will refuse to make eggs. The hen does not adulterate her product, otherwise she could fill up the egg with surplus fat, like some people make butter, out of spurious oil or beef fat. She will make the heavest estimated by the spurious oil or beef fat. She will make the best perfect of the spurious oil or beef fat. The spurious oil or beef fat. She will make the spurious oil or beef fat. She will ma an honest article or none at all. The point is that the hen should have such foods as will furnish the necessary food elements in proper proportions; in other words, she should have a balanced several methods of hand planting, the bank, southeast corner of Grand average and East Washington street, at the English language acknowledged by the best authorities, or about 70,000 more than in the German, French, Spanish and Seventeen thousand dollars in gold.

There are now over 250,000 words in the English language acknowledged by the best authorities, or about 70,000 more than in the German, French, Spanish and Italian languages combined.

There are now over 250,000 words in the English language acknowledged by the best authorities, or about 70,000 more or kale and to grasshoppers, angle-worms and grit, she will balance her own ration. She will eat a little wheat, or opped, cover with the plow and harvorms and grit, she will balance her own ration. She will eat a little wheat,

> be fed? Again you must take ac-ount of the nature of the hen. She is The amount of seed to use va or let her be busy. If she has free range on the farm she will keep herself busy and her muscle and digestion in ood order, but when you shut her n yards you are imposing artificial conditions and you must provide exer-ise for her. I have kept hens for a rear on a bare board floor in a sm ben and fed them well. They laid abo hree dozen eggs each during the year and at the end of the year with this sor of luxury and ease they had lost their constitution and their usefulness; while other hens fed in the same way, bu with a ground floor and deep litter scratch in and yards to run in, la over twelve dozen eggs each, and the end of the year were still in t usiness. The hen needs exercise. Th contain disease germs, and unless it known to be free from disease it better to cook it. The commercial article of beef scraps put up by the large Finally, in the dryer sections, potatoes

> Raspherry Ice. Boll four cupfuls of water and one
> All lard to fry fritters and doughnuts
> and a half cupfuls of sugar twenty must be sizzling hot before putting in minutes. Cool, add two cupfuls of rasp- the batter. berry juice and two tablespoonfuls three parts finely crushed ice to one part rock salt. To obtain the raspberry juice wash the berries and stre'n

through double cheesecloth. The men who can give satisfactor explanations of their failures are the ones who become loafers.

Green Tomato Soy. Cook together four quarts of green tomatoes, six onions (tomatoes and

When a man has managed to save childish, and don't know how to take and he will wish for something to care of it.

Better in two months than in one.

seasons of the year when insects and worms are plentiful and the fowls have the liberty of the farm, little animal food may be fed.

Another point about feeding grain y James Dryden. Poultryman Oregon Agricul-tural College, Corvallis.

Eggs are 50 cents a dozen, because the food of fowls is used to produce the hens don't lay. The main reason why they don't lay is because this is not the natural laying season. In a state of nature fowls lay and breed in the spring season, and they haven't got quite away from that habit. Old habits do have the hard with hens as with men.

the final point in this discussion is the laying capacity of the hen. If all the three things mentioned above be properly attended to, there will still be a scarcity of eggs unless the fowls have through centuries of training and

Some Good Points on One of the Most Profitable of Crops.

By A. G. Craig. Assistant Horticulturist, State College of Washington, Pullman.

surface soil to settle and the surface can be worked earlier in the spring. If the fall plowing is impossible, the land should be disced in the fall so that the surface may be rough and open through the winter. Deep plowing usually gives better results than shallow. The plowed land should be well winter moisture, and allows the sublow. The plowed land should be well harrowed early in the spring, and if not immediately planted, it should be frequently harrowed in order to con-serve moisture and kill the weeds which start after the first harrowing. Spring plowed land should be harrowed immediately after the plow, to pre-

id by a hen out of condition, a chick If the soil plows up cloddy, a plank clod masher may be used quite profitably. The time of planting should be govand exercise, will not be a position and the part of the flock is the purposes for which the potatoes are problem in poultry keeping. To grown. The potato plant needs ample taken was as much as 500,000 pounds top?"

erned largely by the climate and the purposes for which the potatoes are problem in poultry keeping. To grown. The potato plant needs ample taken was as much as 500,000 pounds top?" moisture when the tubers are setting; hence, the grower should endeavor to have the plants reach that stage of development at the time when the moisture supply is likely to be favorable For early new potatoes, the seed should be planed as early in the spring as the soil will permit, on light, warm soil. For late potatoes they may be planted as late as the middle of June, provided the moisture supply is ample and continuous; but where summer rains can-

not be depended upon, the earier the potatoes are planted the better, if the danger from frost is guarded against. The distance between rows and be tween hills in the row is an important point in the potato culture. Varieties that tend to produce very large tubers should be planted close. Soil will admit of close planting in direct proportion to its fertility and moisture coneggs a day and about enough protein for half an egg a day, the thing that should be practiced and the rows and

No farmer who grows six or There are different ways of following is the most satisfactory

tubers is apt to be increased.

or kale and to grasshoppers, angle-worms and grit, she will balance her dropped, cover with the plow and harlittle clover and a few grasshoppers rangleworms and cat enough of each planting should depend upon the textfurnish the egg-making elements in ure of the soil, and upon whether early ight proportion. An occasional feed of or late potatoes are desired. Five orn or oats in place of wheat would inches is not too deep for late potatoes, on light, mellow soils, but three to four inches is better for an early crop, on light, mellow soils, but three to

The amount of seed to use varies busy creature naturally; that is part from three to ten sacks per acre, and of her life, and you must keep her busy depends upon the variety of the soil. Varieties which tend to produce very large tubers should have a large quan tity of seed. Rich land should receive more seed than poor land. If the seed pieces are not too large, the number of eves to each piece makes no difference. It is more important that the size of the pieces soluld be uniform than that there should be the same number of eyes in each piece. Frequently only a part of the pota-

toes which are planted come up. may be due to one or more of several causess, all of which should be guarded against. Cut seed potatoes should never be allowed to remain in piles un til they heat, and are thereby seriously Seed potatoes that have bee injured. exposed to too low temperature will seldom give a uniform stand. All decayed tubers and those which have brown or black spots through the flesh should not be planted as there are two diseases which are found in this state which are sure to result in an unsatisfactory stand if seed infected with them is planted. Cut seed should never be planted

deeply in the cold wet soil, or unsatis

Short Suggestions. All lard to fry fritters and doughnuts

Candles will burn slowly and steadily emon juice. Strain and freeze, using through the evening if they are kept on ice all day. To keep mold from pickles, in the

top of each jar or bottle place a layer or horse-radish roots, sliced thin. If you are unable to satisfy yourself-and you cannot-how can you hope to satisfy others?

Jellied Apples. Select tart apples. Quarter, core and pare and slice moderately thin onlons silced), a quart of vinegar, a Put into a baking dish in alternate pound of sugar, a half tablespoonful layers with granulated sugar. Cover each of allspice and cloves and a table closely, placing a weight on top, and spoonful each of ground black pepper. bake for three hours in a moderate ground mustard and salt. Stew, stirring oven. When cool, turn carefully into often, until tomatoes and onlons are a glass dish and chill for several hours. tender; put into glass jars and seal. Serve with a meringue on top, or with a custard sauce, or with cream, as preferred.

a little money, people think he is Offer to grant a boy any single wish



syrup better than Maple.

told the fable much as it was written, others, at a card table. until he came to the end. This was his rendering of the climax: Potato land should be plowed in the

Beat Her to It. Mrs. Newrich-Did you bathe durlug your recent visit to New York? know if you h.
Mrs. Orty—No. I had intendde to do your pockets?"

so, but another lady was using the The amount of whilebone taken annually does not now much exceed 25,000 pounds. The largest part of this is taken by the whalers sailing out of ports on the "You called on Miss Tartun and she greeted you with: 'Why, Mr Sorreltop!' Well, what was there in that harmless exclamation to offend you, Percy?' "Yes, but she—er—didn't punctuate it

He Could Not Tell a Lie. Inquiring Lady-How much mflk hunter to be afflicted with an incurloes your cow give a day? Truthful Boy-Bout twelve quarts.

Inquiring Lady-And how much of hat do you sell? Truthful Boy-Bout twelve quarts, with him to another gentleman."-Tit-

dy.-Hunian Life.

A school teacher in the Italian quac
Well, good-by, dear!" said Mr. Trueter of an American city told her chil- boy to his beloved spouse. "I must go

A Flavoring. It makes a

Sold by grocers.

COMMERCIAL POTATO GROWING

By good luck, the teacher overheard

I wish you wouldn't work so hard."

Tony's version. In his excited, broken English he tered his club and sat down, with three

"Just a moment, you fellows, before the first hand is dealt. I've got to keep "De olda fox he say, 'Da grape no my word with my wife. One of you fail and allowed to lie rough during the winter. This favors the catching of good, anyhow; alia sour. I guess I just take down what I dictate: 'A b c go geta de banan.'" x y z.' There! Those letters are off

"Now, Temmy," said his mother, re-provingly, "some one has been disturbing the jam, I bet you had a finger

"No'm," replied Tommy, promptly, "I

Stranger (on horseback)—Uncle, what is the price of cats to-day?

Uncle Jed (sitting on the fence)—We don't sell our votes in these diggin's, mission of the sell our votes in these diggin's, mission of the sell our votes of green. had a whole hand in it."

Is there any more you could ask?"
"Yes," responded the practical girl. "before I accept you I would like to know if you have any long green in

The Horsemen. A veterinary surgeon pronounced a

able disease. "What had I better do?" queried the owner to his groom. "Well, sir," was the reply, "conscientiously speaking. I should part







Results