

Your Blood

Needs purifying and your whole system renovating in the spring, as pimples, boils, eruptions, loss of appetite and that tired feeling annually prove.

Hood's Sarsaparilla is the most effective medicine ever devised for the complete purification of the blood and the complete renovation of the whole system.

It will make you feel better, look better, eat and sleep better and give you the best possible preparation for the hot days of summer, as over 40,000 people have testified in the last two years. Today buy and begin to take

Hood's Sarsaparilla

Usual form, liquid, or in tablet form, called Sarsatabs, 100 Doses \$1.

Buttermilk Yeast.
For the best yeast ever made, the day you churn take one pint of fresh buttermilk and put in a steptan to boil. When it boils stir in enough white corn meal to make the thick gruel. Let it boil up well, then remove from fire and let cool. When milkwater stir into this one cup of good yeast; set in a warm place to rise. In two hours it should be nice and light. Then chicken with corn meal and make into cakes. Do not put one bit of salt, sugar, flour or hops in this yeast; nothing but buttermilk, meal and the yeast you put in to raise it. Make bread the same as with hop yeast. In making new yeast use a cup of this yeast to start with.—Tusah Smith.

Preserving Green Peas.
The quantities given will fill four pint jars. Select fifteen good-sized ripe Bartlett pears; peel and cut them in halves; remove core and drop fruit into a bowl of cold water to which the juice of a lemon has been added. Place a preserving kettle with two pounds of sugar and one pint of water over the fire; stir to partly melt the sugar, boil a few minutes, removing all the black scum; put in the pears, cover and cook until a straw will penetrate them easily. Then fill them with the syrup into the jars; let the syrup overflow, at once, turn upside down until cold, then set aside.

Wedding Cake.
Cream a half-pound of sugar with a half-pound of butter, and when very light, whip in six well-beaten eggs. Stir in a half-teaspoonful each of powdered cinnamon, nutmeg and cloves and a cupful of flour. Have ready prepared and mixed the following fruits—a half-pound each of seeded and chopped raisins and cleaned currants and a quarter-pound of minced citron. Dredge this fruit plentifully with flour and fold it into the batter. Last of all, add a tablespoonful of vanilla. Turn into a well-greased tin and bake in a steady oven until well done. Cover for the first half-hour with brown paper. When cold, ice all over with white frosting.

String Beans.
Break the blossom end and pull it back to remove the string, then pare a strip from the other end, cut the beans into pieces, dropping them into a pan of cold water. When all are cut, drain and put into jars and set them into the kettle or wash boiler, just as the corn was. When heated, fill each jar with boiling water and set on the covers. Cover the kettle and let cook one hour. Then add a teaspoonful of salt to each jar and more boiling water to fill to overflow. Put rubbers and covers in place and cook half an hour longer. Tighten the covers and let cool in the water. Green peas are canned the same way.

Her Age.
"How old do you think that woman is?"
"I wouldn't like to say, but I'll bet she owns up to being several years younger than any other woman you care to name."—Philadelphia Press.

Giving Sister Away.
Little Kitty (entertaining him)—Mintie thinks a lot of you, Mr. Wellon.
Elderly Suitor—Does she, dearie? How do you know?
Little Kitty—She says you'll be the darlinest old man ticket that ever happened.

Practical Demonstration.
Teacher—As to those old superstitions we have been talking about, they are all exploded. Nobody believes now, for instance, that it brings bad luck to walk under a ladder.
Shaggy Hired Pupil—I do, ma'am. I walked under a ladder once, and it fell on me.

Not Cutting Prices.
Caller—Is that the best you can promise me—a wife fifteen years older than I am, with a sharp nose, thin lips, and a sour disposition?
Fortune Teller—What more do you expect? Did you think you could get a real affinity for a dollar?

Pumpkin Pie.
Make a crust of one level cupful of pastry flour, one-fourth teaspoonful of salt, rub into this half a cupful of cold lard and when the mixture is of the consistency of corn meal add one-fourth cupful of ice cold water. Mix into a dough and then roll out into a lining or a pan, bringing it well upon the edge and pressing it into crimps with the thumb and finger. This makes a very large pie. Take one pint of pumpkin which has been stewed until tender and slightly scorched; add to it one teaspoonful of ginger, two teaspoonfuls of cinnamon, one teaspoonful of salt, one pint of sugar, four eggs and, after beating these ingredients all together, add one quart of milk and turn into the pastry-lined crust. Set into a moderate oven to bake until the center is firm and the crust browned. Set aside to become cold and when ready to send to the table spread whipped cream into a sheaf of wheat with a piping tube and bag. This can be omitted and instead a bunch of grapes placed on by dropping the cream from a teaspoon into the shape.

Toaster and Broiler.
In the illustration is shown a toaster or broiler, which contains a simple attachment to make the broiling of meats or bread an easy matter. In fact, the broiling can be readily done on a gas stove or on a coal fire. Attached to each side of the frame of this broiler are supports which prevent it from coming in direct contact with the top of the stove. What placed over the circular opening in the stove the supports keep the frame and its contents extended from the fire. By placing the supports on each side the broiler can be reversed as occasion demands. Every housewife knows that broiling a steak or other piece of meat is the most difficult branch of the cooking art, and success is seldom assured. With the aid of this broiler she would undoubtedly find the feat easy of accomplishment.

Syrup of Figs and Elixir of Senna

acts gently yet promptly on the bowels, cleanses the system effectually, assists one in overcoming habitual constipation permanently. To get its beneficial effects buy the genuine.

Manufactured by the
CALIFORNIA FIG SYRUP CO.
SOLD BY LEADING DRUGGISTS—50¢ PER BOTTLE



ANNALS STATE LAWS

Supreme Court Sets Aside Railroad Rate Statutes.

ONLY JUDGE HARLAN DISSENTS

State Cannot Prohibit Resort to United States Court—Affects Minnesota and North Carolina.

Washington, March 24.—In refusing to grant to Attorney General Young, of Minnesota, a writ of habeas corpus releasing him from the penalty imposed by the United States District Court for the district of Minnesota on the charge of contempt of court in instituting a proceeding in a state court for enforcement of the railroad rate law after the federal court had prohibited such a course, and in affirming the decision of Judge Pritchard, of the United States Circuit court for the Western district of North Carolina, discharging from imprisonment James H. Wood, a ticket agent of the Southern railway at Asheville, after he had been sentenced by the Asheville police court to serve a term on the rocks in the charge of collecting for a ticket on that road, a greater price than was permitted by the state railroad law the Supreme court of the United States today added another to the series of decisions which have rendered notable the present term of that court.

In both cases the right of states to fix rates for rail and transportation was the issue, and both involved conflicts between the Federal and the state courts. The decision in each case was opposed both to the states and to their courts. The opinion of the court in both cases was announced by Justice Peckham and, with the exception of Justice Harlan, all the other members of the court stood behind him in the announcement of the court's finding.

The court decided that by reason of the enormous penalties provided in the state laws by way of fines against the companies and the imprisonment of their agents and employees, the companies are in effect prevented from ever questioning the validity of those laws, as the risk of confiscation of property and imprisonment of agents in case the companies failed in their defense was too much to undertake in order to obtain a judicial decision of the question of such validity.

The question of sufficiency of the rates to enable the company to obtain some return to its stockholders for their investments has for many years been held to be one for the courts to decide, as it would be a violation of the constitution of the United States to fix rates so low as to be confiscatory, if enforced.

The laws providing rates for transportation of passengers and freight in the two cases under consideration have been held by the courts below to be so low as to be substantially confiscatory and should, therefore, not be enforced until after further trials. The courts had jurisdiction to make such an order.

MUST LEAVE IT ALONE.

Federation of Labor Loses Again to Buck Stove & Range Company.

Washington, March 24.—American Federation of Labor President Gompers and others of that organization were permanently enjoined from "conspiring, agreeing or combining to restrain, obstruct or destroy" the business of the Buck Stove & Range company in a decision rendered by Chief Justice Clegg, of the Supreme court of the District of Columbia today, making permanent the temporary injunction of Justice Gould against the federation in that case. The federation's counsel immediately noted an appeal to the District court of Appeals.

Today's decision bars the federation from in any manner calling the attention of the public to the business of the Buck Stove & Range company or the backing of that company on the "unfair list," and from stating that the company's products should not be purchased either in Missouri or elsewhere.

Ruef in Twaco's Class.

San Francisco, March 24.—In order to aid the District court of Appeals in determining if Abe Ruef is held under excessive bail, Francis J. Heney today filed a number of briefs showing that Boss Tweed, of New York, was required to put up \$5,000,000 while his trial was pending. Mr. Heney declares that Ruef's offenses are not less heinous than those of New York's former boss. The prosecutor also filed with the higher court a copy of Ruef's testimony before the grand jury, so that it may be guided by it.

Diamonds in California.

Oroville, Cal., March 24.—Have diamonds been discovered in Cherokee and Oroville? This is the question that is on the tongue of nearly every citizen of the two cities today as the result of the finding of two diamonds in Cherokee, near Oroville, and one in the latter city. The first two were found on the property being prospect in Cherokee by a company of which M. J. Cooney is manager and the third was panned out by an Indian on a claim in Oroville. Experts pronounce the stones to be of good quality.

Enormous California Crops.

Sanramento, Cal., March 24.—In response to an inquiry from Rufus P. Jennings, manager of Alden & Anderson, of the California fruit distributors, the biggest shipping concern in the state, today replied that more than twice as many men would be needed to handle the fruit crops this season than last. From all parts of the state come reports of indications for enormous fruit crops which will go far toward solving the great problem of the unemployed.

Profits of Sugar Trust.

Boston, March 24.—The annual report of the American Sugar Refining company for December 28, 1907, was issued to the stockholders today. Its profit and loss account shows net earnings for the year 1907 of \$8,749,291.

FORM BERKSHIRE ASSOCIATION

Marks Important Step in Livestock Industry of Northwest.
By J. L. Ashlock, Washington State College.

President E. A. Bryan, of the Washington State college, has just received notice of his appointment as temporary president of the State Berkshire association, which is affiliated with the American Berkshire congress. President Bryan's appointment is the beginning of the organization of the Berkshire association in the state of Washington. This association reaches through nearly all the states of the union, and in the opinion of President Bryan, its coming into the state of Washington marks an important step in the livestock industry of the Northwest. Discussing the matter President Bryan said:

"I believe the Berkshire association is one of the most active and successful livestock associations in the United States, and that its work in the Northwest cannot fail to produce good results. The Berkshire is favored by many of the most prominent stock-raisers in America, among whom I might mention Nick Gentry, of Sedalia, Missouri, who is the greatest breeder of Berkshires in the country; Reuben Gentry, of Kentucky; Mr. Hood of 'Hood's Sarsaparilla' fame; and George Vanderbilt, of Asheville, Tennessee. Among the most prominent breeders of Berkshires in the Northwest are the Ladd estate, of Portland, and Mr. Paul Clagstone, of Spokane. I have raised Berkshire hogs on my Pussay Willow ranch near Pullman for the past ten years, and am thoroughly convinced of the desirable qualities of this breed. There is only one way to raise Berkshires in the Northwest and that is to get the best Eastern experts as equal to anything in the United States."

President Bryan today announced his appointment to the office of president of the state association which will work with him in getting the Berkshire association established in Washington. They follow:
Vice president, Paul Clagstone, Spokane; secretary, J. H. Smith, Pullman; treasurer, W. D. Goodrich, Wauna. Directors: A. M. Stevens, Ellensburg; A. A. Somerville, Centralia; Flinn Shephardson, Cast. Rock; W. W. Shields, Sprague; D. C. Dilworth, Spokane.

Of Interest to Farmers.

The following publications of interest to farmers and others have been issued by the Agricultural department of the Federal government and will be furnished free, so long as they are available, except where otherwise noted, upon request to the Superintendent of Documents, Government Printing Office, Washington, D. C.

Bulletin No. 108.—Irrigation Practice Among Fruit Growers on the Pacific Coast. By E. J. Wickson, M. A., professor of agriculture practice, University of California, and horticulturist of the California agricultural experiment station. Pp. 54, pls. 10, figs. 7. Price 15 cents. This bulletin gives the results of a special investigation into the conditions, extent and methods of irrigation as practiced among fruit growers of the Pacific coast.

Bulletin No. 131.—Plans of Structures in Use on Irrigation Canals in the United States, prepared under the direction of Elwood Mead, chief of irrigation investigations, office of experiment stations. Pp. 51, pls. 22. Price 40 cents. This bulletin contains plans for irrigation structures, designed by leading irrigation engineers of the West, made from drawings exhibited at Paris in 1900 and at Buffalo in 1901.

Bulletin No. 158.—Annual Report of Irrigation and Drainage Investigations under the direction of Elwood Mead, chief of irrigation and drainage investigations, office of experiment stations. Pp. 765, pls. 12, figs. 129. This contains the results of tank experiments to determine the quantities of water evaporated from soils which receive various cultural treatments and to which the water was applied at different depths; it contains also a few experiments on the quantities of water consumed by plants.

Bulletin No. 183.—Irrigation in the Yakima Valley. By S. Fortier. Pp. 60, pls. 2, figs. 19. Price 15 cents. This contains the results of tank experiments to determine the quantities of water evaporated from soils which receive various cultural treatments and to which the water was applied at different depths; it contains also a few experiments on the quantities of water consumed by plants.

Bulletin No. 177.—Evaporation Losses in Irrigation and Water Requirements of crops. By S. Fortier. Pp. 64, pls. 2, figs. 19. Price 15 cents. This contains the results of tank experiments to determine the quantities of water evaporated from soils which receive various cultural treatments and to which the water was applied at different depths; it contains also a few experiments on the quantities of water consumed by plants.

Sweet Potato Pie.

One pint of potato rubbed through a sieve or colander, four well-beaten eggs, one full cup of sugar, a tablespoonful of butter, nutmeg to taste; make into a very thin batter with rich milk; fill three undercrusts; bake in moderate oven.

Chop fine cabbage and onion, mix one pint of cabbage, one tablespoonful of onion, season with salt, pepper and crushed celery seed; sprinkle over the cabbage and onion one cup of minced soaked ham; pour over all good vinegar and serve quickly.

To make an iron rust smoothly, get some leaves from evergreen trees. Rub hot irons on them, and they will iron without sticking to starched clothes. Leaves may be dried for use.

Peel fresh cucumbers and cut in thin slices. Sprinkle lightly with salt and let stand for an hour. Drain, sprinkle with lemon juice and paprika, let stand for half an hour or longer, then use for filling between thin slices of buttered bread.

SKIN DISEASES

HUMORS IN THE BLOOD

When the blood is pure, fresh and healthy, the skin will be soft, smooth and free from blemishes, but when some acid humor takes root in the circulation its presence is manifested by a skin eruption or disease. These humors get into the blood, generally because of an inactive or sluggish condition of the members of the body whose duty it is to collect and carry off the waste and refuse matter of the system. This unhealthy matter is left to sour and ferment and soon the circulation becomes charged with the acid poison. The blood begins to throw off the humors and acids through the pores and glands of the skin, producing Eczema, Acne, Tetter, Psoriasis, Salt Rheum and skin eruptions of various kinds. Eczema appears, usually with a slight redness of the skin followed by pustules from which there flows a sticky fluid that dries and forms a crust, and the itching is intense. It is generally on the back, breast, face, arms and legs, though other parts of the body may be affected. In Tetter the skin dries, cracks and bleeds; the acid in the blood dries up the natural oils of the skin, which are intended to keep it soft and pliant, causing a dry, feverish condition and giving it a hard, leathery appearance. Acne makes its appearance on the face in the form of pimples and black heads, while Psoriasis comes in scaly patches on different parts of the body. One of the worst forms of skin trouble is Salt Rheum; its favorite point of attack is the scalp, sometimes causing baldness. Poison Oak and Ivy are also disagreeable types of skin disease. The humor producing the trouble lies dormant in the blood through the winter to break out and torment the sufferer with the return of Spring. The best treatment for all skin diseases is S. S. S. It neutralizes the acids and removes the humors so that the skin instead of being irritated and diseased, is nourished by a supply of fresh, healthy blood. External applications of salves, washes, lotions, etc., while they soothe the itching caused by skin affections, can never cure the trouble because they do not reach the blood. S. S. S. goes down into the circulation and forces out every particle of foreign matter and restores the blood to its normal, pure condition, thereby permanently curing every form of skin affection. Book on Skin Diseases and any medical advice desired sent free to all who write. S. S. S. is for sale at all first class drug stores.

S.S.S.

PURELY VEGETABLE
because they do not reach the blood. S. S. S. goes down into the circulation and forces out every particle of foreign matter and restores the blood to its normal, pure condition, thereby permanently curing every form of skin affection. Book on Skin Diseases and any medical advice desired sent free to all who write. S. S. S. is for sale at all first class drug stores.

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Painless Extractions, \$5 each. Extraction Free when plates or bridges are ordered. Plates \$1 and up. Best Plate Work.—Our best plates are made on a special machine that is impossible to deny setting a bridge. Then the old stump is removed without causing you any pain, and a plate is fitted. If the plate fits perfectly it will look well and perform its work of maintaining your food satisfactorily. With my 20 years' experience in this work I guarantee satisfaction in every case.

Crown and Bridge Work.—It's a shame to spoil your precious teeth and your most precious possession. The lack of teeth to properly masticate your food, when a bridge can be supplied that will cause no discomfort what-so-ever.

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