

For Thin, Poor Blood

You can trust a medicine tested 60 years! Sixty years of experience, think of that! Experience with Ayer's Sarsaparilla; the original Sarsaparilla; the strongest Sarsaparilla; the Sarsaparilla the doctors endorse for thin blood, weak nerves, general debility.

But even this grand old medicine cannot do its best work if the liver is inactive and the bowels constipated. For the best possible results, you should take laxative doses of Ayer's Pills while taking the Sarsaparilla. The liver will quickly respond, and so will the bowels.

Made by J. C. Ayer Co., Lowell, Mass.
Also manufacturers of
Ayer's HAIR VIGOR,
AGUE CURE,
CHERRY PECTORAL.

His Arduous Occupation.

Ethel—I hear that Cholly Dolittle is a director in the Seventeenth National Bank.

Maud—Yes, he is. My brother says Cholly directs envelopes.

IN THE BEST OF HEALTH SINCE TAKING PE-RU-NA



IN POOR HEALTH. PAINS IN BACK. SICK HEADACHES PE-RU-NA CURED

Mrs. Lena Smith, N. Cherry street, cor. Line, Nashville, Tenn., writes:

"I have had poor health for the past four years, pains in the back and groins, and dull, sick headache, with bearing down pains.

"A friend who was very enthusiastic about Peruna insisted that I try it.

"I took it for ten days and was surprised to find that I had so little pain.

"I therefore continued to use it and at the end of two months my pains had totally disappeared.

"I have been in the best of health since and feel ten years younger. I am very grateful to you."

Catarrh of the internal organs gradually saps away the strength, undermines the vitality and causes nervousness. Peruna is the remedy.

25 CTS. **PISO'S CURE FOR**
SORES WHERE ALL ELSE FAILS.
Best Cough Syrup. Tastes Good. Use
in time. Sold by druggists.
CONSUMPTION 25 CTS.

IN A CREVASSE.

There is no pitfall more to be dreaded by the mountain-climber than a glacial crevasse, especially if it is masked by snow. A plunge into one is almost certain death. In the summer of 1897 a party of Englishmen exploring the Canadian Rockies set out to climb Mount Gordon, a park more than ten thousand feet high, which had never been scaled. On the way, near the summit, a crevasse interposed between their party and their goal. Over it lay a bridge of snow, and on this all crossed in safety except the last, Mr. Thompson. The bridge gave way with him, and he disappeared from view far down in the icy mass, where he could be heard calling for help. Mr. Colle, the geographer of the party, being the lightest of the number, was sent down into the crack on a rope to attempt a rescue. In his book, "Climbs and Explorations," he describes the experience.

I put my foot into a loop of the rope, was pushed over the edge of the abyss and swung in mid-air. I was then lowered into the gaping hole. On one side the ice fell sheer, on the other it was rather undercut, but again bulged outward about eighteen feet below the surface, making the crevasse at that point not much more than two feet wide. Then it widened again and went down into dim twilight.

When I descended sixty feet, almost the entire length of the rope, I became tightly wedged between the walls, absolutely incapable of moving my body. My feet were close to Thompson's, but his head was farther away and three feet lower than his heels. Being face downward and covered with fallen snow, he could not see me.

I shouted for another rope, and when it came down I managed to throw one end to Thompson's left hand, which swayed about till he caught the rope; but when it was pulled it merely dragged out of his hand. Then with some difficulty, putting my hands above my head, I managed to tie a noose in the rope, and with it lassoed that poor, pathetic arm, which was the only part of Thompson that could be seen. Then came the tug of war.

If he refused to move I could do no more for him. Moreover, I was afraid that at any moment he might faint. If that had occurred I do not believe he could have been got out at all, for the force of the fall had jammed him farther down than it was possible to follow.

Slowly the rope tightened as it was pulled by those above. I could hear my heart thumping in the ghastly stillness of the place, but at last Thompson began to shift, and after some time he was pulled into an upright position.

To get a rope round his body was of course hopeless. Partly by wriggling and pulling on my own rope I so shifted that by straining one arm over my head I could get my two hands together, and then I tied the tightest jamming knot I could think of round his arm, just above the elbow. A shout to the rest of the party and Thompson went rapidly upward, dragged by one arm, till he disappeared round the ice-bulge forty feet above me.

I was full of dread lest the rope slip and he come thundering down on top of me; but the rope held, and he got safely out. I followed.

Most marvelously, no bones had been broken in his fall. His pack must have saved him. Perhaps it acted as a brake in the first narrows. But he emphatically gave it as his opinion that whatever scientific exploration might be necessary on the summit of the Rockies, investigations made alone, sixty feet below the surface of the ice, in an inverted position, were extremely dangerous and unworthy of record.

One of these days a woman will commit suicide, and no one will be surprised when her last message to her husband contains a request to be sure and put the cat out nights.

Prove It By the Oven Fire



Put the wonderful K C Baking Powder to the test. Get a can on approval. Your money will be returned if you don't agree that all we claim is true. You'll be delighted with the delicious, wholesome things that

K C BAKING POWDER

will bring to life in your oven. K C Baking Powder is two-thirds cheaper and makes purer, better, more healthful food than other powders anywhere near K C Quality. 25 ounces for 25 cents. Get it to-day!

JAQUES MFG. CO.

Chicago

Send a postal for "Book of Presents."

To Meet a Demand.

"What is that crazy-looking edifice?" "Oh, that is Biffboomer's summer hotel; it accommodates 2,000 people who all insist on second-story front rooms."

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

It is estimated that there are upward of 70,000 different kinds of plants, and additions are constantly being made to this number.

Anti-Kissers in Mexico.

Civilization is spreading in Mexico. A little red button worn by some 300 women, old and young, married and single, in the City of Mexico, signifies membership in what is known as the Anti Kissing League. Members of the league take a solemn pledge not to kiss each other, in public or in private, their contention being that kissing is contagious, or, rather, the means of conveying contagious diseases from one fair lip to another.

ECZEMA A FLESH FIRE

Those afflicted with Eczema know more than can be told of the suffering imposed by this "flesh fire." It usually begins with a slight redness of the skin, which gradually spreads, followed by blisters and pustules discharging a thin, sticky fluid that dries and scales off, leaving an inflamed surface, and at times the itching and burning are almost unbearable. While any part of the body is liable to be attacked, the hands, feet, back, arms, face and legs are the parts most often afflicted. The cause of Eczema is a too acid condition of the blood. The circulation becomes loaded with fiery, acid poisons that are forced through the glands and pores of the skin which set the flesh aflame. Since the cause of the disease is in the blood it is a waste of time to try to cure it with local applications; the cause must be removed before a cure can be effected. S. S. S. has no equal as a remedy for Eczema; it enters the blood and forces out the poison through the natural channels, and builds up the entire system. The skin becomes smooth and soft again, and the Eczema is cured. Cases that have persistently refused to be cured under the ordinary treatment yield to its purifying, cooling effect on the blood. Book on Skin Diseases and any advice wished, without charge.

SSS

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DR. T. P. WISE.



Uncle Sam's People

are emigrating to Alberta and Canada by the thousands. Where there is a dollar to be made you will always find a Yankee. Alberta affords the greatest opportunity of any country in the world for good investments. Land can be bought of the C. P. R. company on easy payments of one-sixth to one-tenth down, 6 per cent interest, yearly payments, from \$3.60 to \$6.00 per acre, that is as fine land as the sun ever shown on. I am conducting parties out of Spokane Mondays of each week, giving special railroad rates and showing them over Alberta. Join the crowd. Any information cheerfully given. **JAMES H. LEWIS**, Special Land Agent Alberta and Canadian Railway lands. 719 Riverside Ave., Spokane, Wash.