

# I'm Growing Old Fast

And you know why, too. It's those gray hairs! Don't you know that Ayer's Hair Vigor restores color to gray hair? Well, it does. And it never fails, either. It stops falling hair also, and keeps the scalp clean and healthy. Do not grow old too fast!

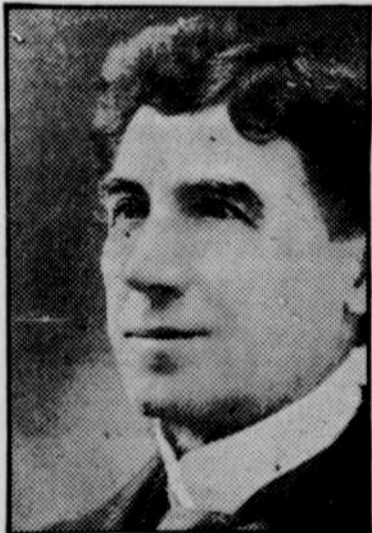
"I have used Ayer's Hair Vigor for many years and I should indeed be sorry to be obliged to do without it. It keeps my hair from turning gray, and also keeps my scalp clean and healthy."—E. S. FRENKEL, Canyon City, Oregon.

Made by J. C. Ayer Co., Lowell, Mass. Also manufacturers of  
**Ayer's** SARSAPARILLA PILLS. CHERRY PECTORAL.

## Each Day's Supreme Event.

Every day's work should be a supreme event in every life. We should come to it as carefully prepared as the prima donna who is trying to hold the world's supremacy in song comes before her audience. Then our work would breathe out the vigor and vitality and freshness which we put into it. Then life would be glorified, and the work of the world illuminated, transformed.—O. S. Marden in "Success Magazine."

## His Health Was Wrecked Pe-ru-na Gave New Life



HON. JOHN TIGHE

Assemblyman Tighe's letter should be read by every brain worker leading a strenuous life.

Hon. John Tighe, No. 98 Remsen St., Cohoes, N. Y., Member of Assembly from the Fourth district, Albany county, N. Y., writes as follows:

"Peruna has my hearty indorsement as a restorative tonic of superior merit. At times when I have been completely broken down from excess of work, so that my faculties seemed actually at a standstill, Peruna has acted as a healing restorer, starting the machinery of mind and body afresh with new life and energy.

"I recommend it to a man tired in mind and body as a tonic superior to anything I know of and well worthy serious consideration."—J. Tighe.

Excess of work so common in our country causes impaired nerves, leading to catarrh and catarrhal nervousness—a disease that is responsible for half of all nervous troubles.

Peruna cures this trouble because it cures catarrh wherever located.

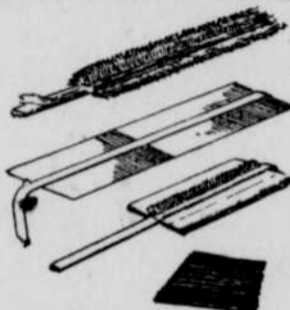
If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

## SCIENTIFIC DUSTER.

### A Woman's Scheme to Suppress the Deadly Germ.

The cult of the modern housewife forbids the use of the erstwhile universal feather duster and favors woolen polishing mits, or fabric dusters of some kind, silk ones most of all. One of the fabric dusters recently invented by a New York woman is built up of a densely woven fabric of a comparatively hard, long nap or threads. This is doubled upon itself, and a center tube, or pocket, formed by a double line of stitching, over which is stitched a tape reinforcing strip. The weft threads are comparatively soft and form the duster proper by the removal of the warp threads as far as the stitching, producing a fringe. Into the completed tube a stick of convenient size is placed, with a portion extending beyond the duster proper to form a handle. When the tube of fabric is mounted upon



THE SANITARY DUST CLOTH.

the handle it furnishes a convenient dusting device that will effectively operate over a large surface. When the fabric becomes soiled or loaded with dust it may be readily removed from the holder and beaten or boiled to sterilize it. The loose, soft character of the fabric is such that it readily takes up the dust and retains it.

## LOOKING FOR BIRDS.

### Every Kind of Place Has Its Charm for Different Kinds of Birds.

What is the best place to look for birds? Why, every kind of place has its charms for different kinds of birds. Along the little streams or lakes you can find dainty sand pipers, green herons and phoebes. A kingfisher's rattling cry may catch your ear; you may even see him plunge headlong into the water and come out with a gleaming shiner in his big bill. In the marshes are the beautiful clear piping redwings and the chuckling marshwrens, and you may startle a big brown bittern. Along the roadways the vesper sparrows may fly ahead of you, showing their white tail feathers as they go.

The great thing to learn about birds, after you have come to know a number of kinds, are: first, that every kind does things in its own way; second, that they group themselves naturally into families as much by similar habits as by what scientific men call "character." Thus, flycatchers dart out and catch insects on the wing, with a snap of the bill, returning to their perch to wait for another victim. Sparrows like to be near or on the ground. Woodpeckers like to climb about in the trees, bracing on their stiff tails, head up. It has been ascertained that, in the main, birds like to follow valleys when they can, even going back for short distances to enter a valley that will lead them in their true direction. Many birds do not migrate at all, like the crows, chickadees and many hawks and woodpeckers; while others, like the red-poll linnets, snowflakes, crossbills and butcher birds, come to us only with very cold winters.—St. Nicholas.

It is easier to be the father of a 6-year-old girl than of a 16-year-old one: the former's only wish is that her father keep a candy store, and the latter's bitter sorrow is that he is not a king.

It is pretty hard to laugh at the jokes of a "jolly" man.

## Best of All Plays.

I do not care for problem plays; give me the kind of play

In which the girl is just as pure as are the flowers in May;

The play in which in time of need the hero's right on deck,

And where the scheming villain gets it always in the neck.

I love to hear the girl refuse the villain's gold to take,

And say that rags are royal duds when worn for virtue's sake;

I love to see her beaux decline to heed the rich man's beck,

And swat the villain with a club athwart his ugly neck.

O not for me the Gallic farce, the Ibsen fol-de-rol,

Where man is but a jackanapes and woman is a doll;

I'll take the sturdy plot in which the villain tries to wreck

The hero's life, and in the end just gets it in the neck.

—Louisville Courier-Journal.

Piso's Cure is a remedy for coughs, colds and consumption. Try it. Price 25 cents, at druggists.

## Swapping Compliments.

"I have just invented a new sausage," said the butcher, handing some to the poet for him to try.

"Ah!" exclaimed he, "it is a poem! By the way, have you read my latest poem?"

"Indeed, yes," replied the butcher with a light of appreciation in his eyes; "it is a sausage."—Houston Herald.

## Criticism.

Joe—What do you think of Miss Gobbleton? Fine intellect, eh?

Fred—Yes; but her intellect isn't in it with her conversational abilities.

## Wasted Energy.

Sometimes head and heels work well together, but it was not so in a case reported in the Yonkers Statesman. Sam, a colored man, was an hour late, and his employer asked him to explain.

"Yes, sah, I'll explain, sah," Sam replied.

"Well, what excuse have you?"

"I was kicked by a mule on my way here, sah."

"That ought not to have detained you an hour, Sam, if you were able to come at all."

"Well, it wouldn't have if he'd only kicked me in dis direction. You see, boss, he kicked me de other way."

## To Break in New Shoes.

Always shake in Allen's Foot-Ease, a powder. It cures hot, sweating, aching, swollen feet. Cures corns, ingrowing nails and bunions. At all druggists and shoe stores, 25c. Don't accept any substitute. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

## Not the Kind.

"I had an uncle one up in Vermont last week," said the Boston man, "and, though there is nothing so very queer about an uncle dying, this relative of mine didn't have a fair show."

"As how?" was asked.

"Well, when he was 20 years old a tin peddler advised him to always carry snuff around in his pocket to throw into a mad dog's eyes, in case he met one. He carried that snuff for forty years and never used it."

"Well?"

"One day, after he had carried it for thirty years, he was crossing a field and an old bull got after him and gave him a toss. When he came limping into the house and told us about it I said:

"Why didn't you throw snuff in his eyes, Uncle Jerry?"

"Why, that peddler told me to use the snuff on dogs, and that if ever a bull got after me I was to use ground cinnamon. I hadn't any of the blamed stuff with me!"

## Method in His Madness.

Caudles—I was reading in the paper this morning of a man who sleeps in the stable with his horse every night.

Mrs. Caudles—What's the matter with him—is he crazy?

Caudles—No, I guess not. A horse can't talk, you know.

**PISO'S CURE FOR CONSUMPTION**  
CURES WHERE ALL ELSE FAILS.  
Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.

## Cannot Reduce a Rate.

It is stated in Washington, that under the Townsend rate bill, if a rate is fixed by the commission it cannot be lowered by a railroad. Should an emergency arise calling for a decreased rate, the railroads or shippers would have to appeal again to the commission, there being no latitude allowed, whatever the circumstances. Hitherto a maximum rate has been the rule, but no such concession is made under the proposed legislation.

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This wonderful Chinese doctor is called great because he cures people without operation that are given up to die. He cures with those wonderful Chinese herbs, roots, buds, barks and vegetables that are entirely unknown to medical science in this country. Through the use of those harmless remedies this famous doctor knows the action of over 500 different remedies which he successfully uses in different diseases. He guarantees to cure catarrh, asthma, lung, throat, rheumatism, nervousness, stomach, liver, kidneys, etc.; has hundreds of testimonials. Charges moderate. Call and see him. Patients out of the city write for blanks and circulars. Send stamp. CONSULTATION FREE.  
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