



MISS.
MILDRED
KELLER.

RESTORED TO HEALTH THANKS TO PE-RU-NA

Friends Were Alarmed— Advised Change of Climate

Miss Mildred Keller, 718 13th street, N. W., Washington, D. C., writes:

"I can safely recommend Peruna for catarrh. I had it for years and it would respond to no kind of treatment, or if it did it was only temporary, and on the slightest provocation the trouble would come back.

"I was in such a state that my friends were alarmed about me, and I was advised to leave this climate. Then I tried Peruna, and to my great joy found it helped me from the first dose I took, and a few bottles cured me.

"It built up my constitution, I regained my appetite, and I feel that I am perfectly well and strong."—Miss Mildred Keller.

We have on file many thousand testimonials like the above. We can give our readers only a slight glimpse of the vast array of unsolicited endorsements Dr. Hartman is receiving.

Marriage in Spain.

In Spain a bride has no girl attendants to stand at the altar with her, but instead a "madrina," or godmother. Neither does she have a wedding cake or any festive departure after the ceremony. The wedded pair go quietly to their new home, where they remain until the following day, when they start on their honeymoon. Before leaving they pay a formal visit to their respective relatives.

Terrible Temptation.

An eminent English surgeon, whose brusqueness with grown-ups recalls that of the famous Abernethy, is quite another person when children are his patients. Then he is as amiable as an angel of a big St. Bernard dog.

A short time ago, according to St. James' Budget, this gentle giant got up out of a warm bed at 3 o'clock in the morning to attend a tiny boy in piteous plight from diphtheria. He performed the operation of tracheotomy and saved the child's life.

Time went on and his general condition improved, but there was one disquieting symptom. He refused to use his voice. When he was questioned he nodded or shook his head, but would not speak. Finally the surgeon found a way. One morning he talked at his stubborn little patient.

"I'm sorry he can't speak to me, nurse," the surgeon said, "because I'm going up to London to-morrow, and sha'n't know whether to bring him a horse or a gun."

There was a brief silence. The surgeon and nurse waited breathlessly. Then a tiny finger stole up to a wounded throat, and the ghost of a baby boy's voice said:

"Please, doctor, bring me a lickie gun!"

In the great wave of popular feeling for Norwegian independence which is agitating Norway the hero of the hour is Dr. Fridtjof Nansen, the explorer, and it is freely prophesied that he will be his country's next prime minister. If not her president, should the union with Sweden be broken.

The Present Rate Law.

The duties of the present Interstate Commerce commission are to correct all discriminations in railroad rates. If it finds that an unjust rate is in effect, the railroad is notified. If it declines to change it, the commission can bring suit in court and if the court decides in favor of the commissioners' findings, the railroad must obey, or its officers may be brought up for contempt of court and summarily dealt with.

"He" Is a Girl.

A tired mother with two children, a baby of 2 years that sat on her lap and a bright-eyed boy of perhaps 4, who sat beside her, were trying to enjoy a little luncheon in a restaurant in the business section of the city. Two young ladies entered and sat down at the same table. Seeing the difficulty the woman had in eating lunch and holding her younger child at the same time, one of the young ladies leaned over and said in a propitiating tone: "What a sweet little boy! Won't you let me hold him until you finish lunch?" The mother gladly granted the request and was transferring her charge into the arms of the younger woman, when the little boy, with never a smile, raised his voice and exclaimed: "He ain't a boy; he's a little girl!"—Philadelphia Press.



Truth.—To know one little truth and live it is better than to know a hundred great truths—and write them down.—Rev. Frank Crane, Unitarian, Worcester, Mass.

The Day's Need.—The day's need is that a man should think for himself, decide for himself, and greater than all, be himself.—Rev. H. F. Hall, Methodist, Baltimore, Md.

Home Fruit.—The very best of the fruit called manhood can be grown to richest ripeness only in the garden called home.—Rev. M. E. Harlan, Disciple, Brooklyn, N. Y.

Civilizing Forces.—The civilization of the nation is largely the legacy of the Hollander, the Huguenot, the Puritan and the Cavalier, and the three great civilizing forces at present are state, the church and the school.—Rev. J. M. Kling, Methodist, Philadelphia, Pa.

Japan.—All Japan is open to Christ and soon she will be Christian. All the missions are one with the nation, and every woman here has used her hands in making socks, shirts and all manner of things for the soldiers. The nation is quiet, sober and earnest.—Rev. M. C. Harris, Methodist, Tokio, Japan.

Business.—The Standard Oil Company made money for its stockholders by putting the price of oil up and down here and there, as it saw advantage in so doing. All the merchants and buyers and sellers in the whole country do business on the same principle.—Rev. David Utter, Unitarian, Denver, Colo.

The State.—The state is just as truly as divine an institution as the church is, and the governor, mayor, the superintendent of police, the member of the legislature, the city council, or school board, is just as much a minister and servant of God as I am.—Rev. Washington Gladden, Congregationalist, Columbus, Ohio.

Evasion.—Unworthy men seek place of trust in the administration of justice, and we stand back and say none of these things are our fault. We neither participate in their nomination or election. It is Pilate seeking to evade his responsibility and to put the burden upon Herod.—Rev. William Hunton, Lutheran, Chicago, Ill.

The Old Theology.—I am done with that dreadful theology which pictured God as seeking His own glory at the expense of His creatures' welfare; as condemning for His own mere pleasure innocent children and ignorant savages to an eternal torment that presupposes eternal evil.—Rev. D. Mackay, Presbyterian, New York City.

Peace.—The war in the East is costing Japan \$5,000,000 a week, Russia \$7,500,000 a week, beside the appalling sacrifice of human life. If the spirit of the founder of Christianity is still in the world, should not all Christian nations use every influence possible to stop the terrible slaughter?—Rev. O. R. Jenks, Adventist, Chicago, Ill.

Joseph.—Joseph was successful because he was a man of piety. He never preached a sermon, never wrote a psalm, and was the bearer of no great revelation from God. But he lived daily, constantly, as if God was looking down on him, and so lived as to have His approval. That is piety.—Rev. I. J. Van Ness, Baptist, Nashville, Tenn.

Conscience.—Thoughts are serious things because conscience is behind them. Conscience is that which knows what God knows, a knowledge together. Meet men of conscience and of conscious power and you must yield or get out of their way. Yet conscience was involved in the fall of man and needs the regulation of the Spirit of God.—Rev. J. S. Key, Methodist, Sherman, Texas.

We Trust Doctors

If you are suffering from impure blood, thin blood, debility, nervousness, exhaustion, you should begin at once with Ayer's Sarsaparilla, the Sarsaparilla you have known all your life. Your doctor knows it, too. Ask him about it.

You must look well after the condition of your liver and bowels. Unless there is daily action of the bowels, poisonous products are absorbed, causing headache, biliousness, nausea, dyspepsia, and thus preventing the Sarsaparilla from doing its best work. Ayer's Pills are liver pills. Act gently, all vegetable. The dose is only one pill at bedtime.

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John Waterworth, the oldest engineer in the world, has just died at Preston, England, at the age of 85 years. He began driving in 1846, and drove an engine 2,000,000 miles in his thirty-seven years of service without a single accident.

Kentucky's Girl Blacksmith.

Miss Clara Medlin, of Pilot Oak, Ky., bears the distinction of being the only female blacksmith on record, says a St. Louis Globe-Democrat special.

Miss Medlin is a comely young woman with a wealth of dark-brown hair and a pair of bewitching brown eyes. She can shoe a horse or weld a tire as quickly as any smith, and as for neatness, no other smith will dare compete with her.

She is also an expert carriage painter. This is really her specialty, she having painted over seventy buggies the last season.

Notwithstanding all of this, Miss Medlin has not neglected to educate herself in housekeeping and cooking.

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SKIN DISEASES SPEAK FOR THE BLOOD

Skin Diseases speak for the blood and tell of the acid-laden, poisonous condition of that vital fluid, and of its effort to throw off and rid the system of the poisons and waste matters that have accumulated in it. Eczema, Tetter, Acne, Salt Rheum, Psoriasis, Boils and diseases of this type are all caused by a weakened and polluted blood circulation, and though they may have lain dormant in the system during the cold weather, at the coming of Spring and Summer, when the blood is reacting and making extra efforts to expel all morbid and poisonous matter, they make their appearance. External remedies cannot cure; they soothe and give temporary relief, but often clog the pores and glands, and the poison causing the trouble is thus shut up in the system to break out afresh later on. S. S. S., a purely vegetable blood remedy, cures all skin diseases by going down into the circulation, driving out all poisons and waste matters, strengthening the blood, leaving the skin soft and smooth, and building up the entire system by its tonic effect. S. S. S. cures Nettle Rash, Poison Oak and all skin diseases that enter the system through the pores and glands, as well as those that

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have their origin in the blood. Book on Skin Diseases and any advice wished, without charge.

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