



third career which she has followed with distinction and success. First as a dancer, she began her career at the age of seven, continuing on up until she was ranked high as an interpretive dancer at the age of seventeen. She then took to writing, and produced six novels which were converted into motion pictures. It was another step forward when she decided to try her skill at acting. Miss La Marr is a native of California. She is of medium height and has dark hair and dark eyes.

\* The Friendly Path Walter I. Robins LIFE INSURANCE

LIFE insurance is one of the greatest blessings of mankind.

support of nearly all men of wisdom and prominence in the country is a just cause for rejolcing. No one must be very old to recall the days when a large number of people believed life insurance something which required one to die to win. Today, it is looked upon as offering an exceptional opportunity for saving, as well as protecting dear ones while men and women labor to provide the necessaries of life.

Life insurance companies' statements of distributions to policyholders or their beneficiaries usually are considered dull reading. But they would become intensely interesting to every intelligent person if he were to give them sufficient study and thought. Viewed either as a safe means of saving or as a legitimate means of protecting the welfare of wives or children, the cold figures take on new meaning which ought to increase the joy along life's pathway.

insurance was a "die to win" proposition, the statement of one of the country's biggest companies shows that this corporation during 1920 paid out more

> Salem .- Roy Ritner of Po president of the state senate, will act as governor during the absence of Gov ernor Olcott, who left Friday night for West Virginia. Governor Olcott expected to be away from the state for a month. Among the duties that will fall on Acting Governor Ritner will be consideration of the budget for the next blennium.

## TATE NEWS The Secret of Being IN BRIEF.

Company!" I could hardly believe my ears. But there was the "Notice to Employees" on the hul-letin board, telling about Jordan's good for-

Salem .- The Oregon public service commission, in letters sent out Saturday, has advised shippers to co-operate with the railroads to the end that the present car shortage may be elimin-

Bend.-Only one new case of scarlet fever was guarantined in Bend Friday, making 18 in all. In addition, 50 homes are quarantined as a precautionary measure in cases where children are known to have been exposed to the discase.

ated.

Pendleton .- Adoption of the Umatila county market road programme will take place at the December meeting of the county court. Already there are more requests for market roads than there is money available to build in 1923.

Silverton. - The Silverton city engineer reported that 17,771 square yards of street paving were built at Silverton during 1922. This made about 1% miles of paving. Silverton is said to be one of the best paved cities in the United States for its size.

Albany.-Linn county's roadbuilding programme for 1920-22 will cost \$1,579,-972.41 by the end of this year, creating a \$223,853.65 deficit and exceeding the constitutional limitations, according to the report for the state highway commission completed Saturday by R. M.

Russell, county clerk. Salem .- Tightening up of the motor vehicle traffic laws so that judges will be compelled under penalty to report to the secretary of state the names of all persons whose operators' licenses have been suspended, probably will be

attempted at the next session of the legislature. This was announced last week.

Pendleton.-Last year Umatilla coun ty was startled by the check on the figures on marriage and divorce, when the ratio of divorce suits filed to marriage licenses issued was one to two, but a compilation of figures for this year to date shows a total of 123 divorce suits filed with only 171 marriage licenses issued.

Salem. - The state budget commis sion, which was created by an act of the last legislature, will hold a series of meetings in Salem this week and pass on the several items contained in the budget of estimated expenditures for the years 1923 and 1924. Final approval of these items will rest with the legislature which convenes in January.

Astoria .- The effects of the car shortage are being seriously felt here in connection with the movement of wheat from the interior, particularly by the flouring mill company. This plant requires 16 carloads of wheat every 24 hours to continue operating both day and night, but the grain is coming in at the rate of five and six cars daily.

## a Convincing Talker How I Learned It in One Evening.

By GEORGE RAYMOND

By GEORGE RAYMOND
"Have you heard the news about Prank Jorian!" The question quickly brought may to present complaints, to give settimates, and to issue arders.
To provide the office. Jordan and I had gathered in the center of the office. Jordan and I had yathered in the center of the office. Jordan and I had yathered in the complaints, about how to ask for estamines. A year ago, Jordan was taken to give my opinions, about how to ask for estamines. Another into the accounting division and I was sent out as seleman. Neither of us was blasted into the account of or filliance, but we was the into a manement then, when I hard's bolt them.
Tangine my ammement hen, when I hard's 'Jordan's just been made Tressurer of the 'Jordan's just been made Tressurer to the way. Thus, of course, along with those lessens there were chapters and thore to talk to envelope and they to talk to envelope and to tak to envelope and the 'Notice to Employres' on the hut the course and the another the 'Notice to Employres' on the hut the course of the 'Notice to Employres' on the hut the course of the 'Notice to Employres' on the hut the course of the 'Notice' to Employres' on the hut the course of the 'Notice' to Employres' on the hut the 'Notice' to Employres' on the hut the course of the 'Notice' to the course of the office.

with those heatons there were chapters on measking before large audiences, how to taik to friends, how to taik to servants, and how to taik to children. "Why I got the secret the very first even-ing and it was only a short time before I was able to apply all of the principles and found that my words were beginning to have an almost magical effect upon everybody to whom I spoke. It seemed that I got things done instantly, where formerly, as you know, what I said 'wont in one ser and out the other.' I began to acquire an excentive shilly that my prised me. I amouthed out difficulties like a true diplomat. In my take with the dust I spoke clearly, simply, convincingly. Than came my first promotion since I entored the accounting department. I was given the job of answering complaints, and I made good. From that I was given the job of making collections. When Mr. Buckley joined the officers' Training Camp, J was made Treasurer. Between you and me. George, my salary is mow \$7,500 a year and I captet it will be more from the first of the year. "And I wast to tell you sincerejt, that I

<text>



Ancient Culinary Ideas.

Some of the early ideas of delicacies would not appeal to the modern taste, nor would such methods as some Roman cooks applied to the red mullet. which was cooked while allve in a glass yessel on the table.

Good Way of Looking at It. If the weather doesn't happen to be good for my work today, it's good for some other man's, and will come round to me tomorrow .- Dickens.

First English Duke. The title of duke, the highest order

of the British peerage, was first in-



That it has gained the approval and

Contradicting the old belief that life

THOUSANDS of prominent Northwest people can testify that I permanently cure Files with-out operation, pain or confinement. Your money if I fail in YOUR case Write or call for FREE booklet.

DR. CHAS. J. DEAN 2ND AND MORRISON PORTLAND, OREGON MENTION THIS PAPER WHEN WRITING

## MANAGE YOURSELF

GREAT singer, who has to spend A about eighteen hours a day taking care of his health and his voice, which are his capital, needs a manager, and has one.

A great actor, whose every minute is required to continue being a great actor, also needs a manager.

We take it that you are neither a great singer nor a great actor, because you belong to the vast majority of human beings.

Therefore, while you need a manager, too, you don't need to hire one. You can be your own.

This is true, whether you are your own boss, or what the socialists call a wage slave.

If you are a wage slave you will to some extent have to submit to the management of the man who is set over you.

But he can only manage you in working hours, and he can't manage your mind at all. And it is your mind, and the way it is managed, that will make or break you before you get through.

Take over that job yourself. If it is an unruly mind, make it law-abiding. If it is a roaming mind, given to wandering over all sorts of subjects when It ought to be confined to one, discipline it.

Use; Claims It Causes Do-

lay in Mails.

Washington, D. C .- A campaign to

been started by the post office depart-

opes, it is declared, are responsible for

RULES AGAINST SMALL XMAS CARD

ment. If it is a lazy mind, force it to work and to work hard. If it objects and acts as if it might crack under the strain, don't worry about it. Keep it working and it will soon learn to do its work without getting fagged.

doing.

While you are managing your mind, manage your body, too. Make it control its appetites, and take cold baths, and tackle hard work without flinch-

Don't let it overeat or neglect to get plenty of sleep, or do any of the foolish things that bodies will do if they are permitted to have their own WHY

Mind and body well managed will soon be worth more to your boss and, consequently, more to you. If your boss won't pay the extra value, get another boss; but be sure first that the extra value is there. It is easy to think you are worth more than you are, and by a wavy line of health. This sign to underestimate the boss' judgment in that respect. After you have been managing your-

self for a while you will know how to manage others. Then, when you get Kidney troubles are shown b a chance, you will be able to improve You will find the job difficult at first, but pleasant and profitable after-ward. Try it and see if this isn't true. (Copyright by John Blaks)

INTELLIGENT PRODUCE The work of selling life insurance isn't nearly as disagreeable as it used MARKETING

You will get higher returns for your produce if you will use our new methods before shipping any product to market we will be Pleased to Tell You How RUBY & COMPANY, 215 FRONT ST. to be. But there are still a great many men, comprising a valuable army in

Keep it on the job it ought to be the United States, are a brave body - Teach it to concentrate and and, to their credit it may be said, are, make it practice this new accomplishas a rule, perfect gentlemen. They

are trained to smile when rebuffed. Those who give them the "glad hand" and buy a reasonable amount of insurance, just as they buy other necessities or as they place loose change in savings funds, will find more joy in following their daily paths.

(C by the Wheeler Syndicate, Inc.)

YOUR-How to Read Your Characteristics HAND and Tendencies - the Capabilities or Weaknesses That Make for Success or Failure as Shown in Your Palm

CHRONIC indigestion, or digestive troubles; are marked in the hand is intensified by a poor and narrow line of the head and an island on the line of life shows at which period of

Kidney troubles are shown by puffy. watery-looking skin, with a star on the mount of the moon and aliments of the liver by a livid or yellow line of the heart, with a wavy or discolored

to be feared in maternity is seen in a line running from the upper part of the mount of Venus (or ball of the thumb) to the mount of Saturn, under-ying the middle finger.

there is a grill or gridiron on the nount of the moon, which lies toward the outside of the palm, near the wrist. If the line of the head is proken in small sections, having the appearance of small squares, there is peril of loss of memory.

Hermiston. - The open winter predicted for eastern Oregon this year may prove disastrous to the Umatilla irrigation project, according to H. M. Schilling, manager of the project. If there is no snow on the level and but a light fall in the mountains difficulty will be experienced in getting a water supply to fill the reservoir, the manager points out.

Corvallis .- Out of 44,144 tests for tuberculosis among Oregon cattle only 406 reactors had been discovered up to July 1, 1922. This volume of testing placed Oregon among the first five in the United States, according to a recent report of the United States bureau of animal husbandry. In the number of cattle under federal supervision Ore-

gon stands seventh in the entire country.

St. Helens .- Lumber shipments from St. Helens for the week ending Sunday night were the heaviest of any week for the past two months and aggregated 7,000,000 feet. The steamer with 1.340,000 feet of lumber for San Pedro, and the schooner Thomas J.

Eugene .- The first Lane county great things as if they knew what courthouse is soon to be razed to make things were little and what things room for modern improvement. The

lot on which it stands on Seventh avenue cast, between Oak and Pearl streets, just back of the lot where it was first erected in 1854, has been sold and the old temple of justice as well as a large livery stable building will be torn down so that a garage may be erected.

anaemic condition. My appetite was poor and I had no interest in was poor and I had no interest in anything. My friends did not ex-pect me to live as with the weak-ness I had a bad cough. I had heard my parents speak of Dr. Pierce's medicines, so I got a bottle of the 'Golden Medical Discovery' and began to take it. Before I had used all of the first bottle I it was doing me good, for I felt a desire for food, my cough ceased and I began to have color and to take an interest in life. I continued to take the Golden Medical Discovery till I felt strong and well. Today 1 am enjoying the best of health."-Mrs. Esther Wolfe, 2311 Tyler Ave.

When You Have a Cough or

Take This Advice

Fresno, Callf.—"After an attack of scarlet fever I was in a weak,

Lose Weight and Appetite

Mrs. Esther Wolfe

As soon as you commence to take this "Discovery" you begin to feel its bracing, appetizing effect. Buy it of your druggist, in tablets or liquid. Write Dr. Pierce, President Invalids' Hotel in Buffalo, N. Y., J von destre free medical advice

How to Please

If you want to get rich from writing, write the sort of thing that is read by persons who move their lips when they read to themselves .-- Don Marquis, in the New York Sun.

> Like the Noise. Jud Tunkins says every man is entitled to his own opinion, but most of us would rather get into an argument than enjoy peaceful possession .---Washington Star.

Shave With Cuticura Soan And double your razor efficiency as well as promote skin purity, skin com-George Olson departed Tuesday night fort and skin health. No mug. no slimy soap, no germs, no waste, no irritation even when shaved twice daily. One soap for all uses-shaving, Lipton, carrying 1,200,000 feet of lumbathing and shampooing .- Adv. ber for the same port, departed Wed-

Men will talk of little things and

BALL BLUE

ed in every department of r

nt of he

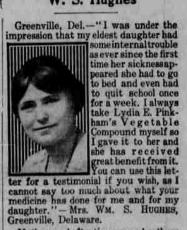


troduced in 1337, and the Black Prince, the son of Edward III of England, was the first duke, under the





## Read This Letter from Mrs. W. S. Hughes

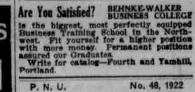


daughter." - Mrs. W Greenville, Delaware.

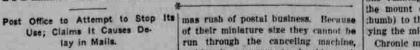
Mothers and oftentimes grandmothers have taken and have learned the value of Lydia E. Pinkham's Vegetable Com-pound. So they recommend the medi-cine to others.

The best test of any medicine is what it has done for others. For nearly fifty years we have published letters from mothers, daughters, and women, young and old, recommending the Vegetable Compound. They know what it did for them and are glad to tell others. In your own neighborhood are women who know of its great value.

Mothers-daughters, why not try it 7



No. 48, 1922



making it necessary to do this work by hand as well as requiring extra discourage the use of small-sized bandling to facing and distribution. The post office department has fixed Christmas cards and envelopes has the smallest size of Christmas greatment. Smull-sized cards and envel- ings and cards which can be convenlently sent through the mails at 2% by incalculable delay during the Christ- 4 inches.

ILLNESS SHOWN IN THE HAND

line of the head having a bluish spot and a wavy line of health. Danger

nesday.

Chronic melancholia is threatened if

