

The Maupin Times

Published every Thursday at
Maupin, Oregon

Jessiline E. Morrison, Publisher

Subscription: One year, \$1.50; six
months, 75 cents; three months, 50

Entered as second class mail
matter September 2, 1914, at the
postoffice at Maupin, Oregon, under
the Act of March 3, 1879.

Home for Homeless

Twenty four hundred Oregon
children without homes, parental
love, care or opportunity, appeal
to you to give them a spark of
hope by supporting the move-
ment inaugurated by the W. C.
T. U. of Oregon, for the establish-
ment of a farm home near Cor-
vallis, where they may receive
the benefits of home training,
love, pleasure and hope.

Behind the proposed home
stands the organized mother love
of the Oregon W. C. T. U.,
which has pledged its support in
answering the great, crying ap-
peal of those hundreds of or-
phan children who cannot understand
the darkness and coldness of the
world, and who are entitled for
society's sake, and for their own
sake, to the hope and happiness
and opportunity that America
offers all children.

The ideals of the home farm
are

That it shall be a home and
refuge for every friendless,
homeless child in Oregon.

That its administration shall
be Protestant, though its call is
to children of every race, color
and sect.

That it shall not be an institu-
tion but a home, and that where-
ever possible, institutional fea-
tures will be eliminated. Its
children will attend the public
school nearby, and children of
high school age will attend Cor-
vallis high school.

That it shall afford a thorough
training in broad Americanism.

All responses and questions
should be addressed to Mrs. Ada
Wallace Unruh, 413 Stock Ex-
change Bldg., Portland, Oregon.
Checks should be made to Mr.
H. Hirschberg, treasurer, and
sent to Mrs. Unruh.

STATEMENT

of the ownership, management, circula-
tion, etc., required by the act of Con-
gress of August 24, 1912, of The Maupin
Times published weekly at Maupin
Oregon for October 1, 1922, state of
Oregon Wasco county. Before me a
Notary Public in and for the state and
county aforesaid, personally appeared
Jessiline E. Morrison, who having been
duly sworn according to law, deposes
and says that she is the owner, pub-
lisher, editor, business manager of the
Maupin Times, and that the following
is, to the best of her knowledge and
belief, a true statement of the owner-
ship, management, etc., of the afore-
said publication, for the date shown in
the above caption. That there are no
known bondholders, mortgagees, and
other security holders.

Jessiline E. Morrison.
Sworn to and subscribed before me
this 1st day of October, 1922.
S. B. Snyder.
My commission expires Feb. 1, 1925.

B. D. Fraley, and family, A.
Crabtree, Mrs. J. Donaldson and
Ivan went from here Friday
night to attend the week-end
carnival at The Dalles.

Eyes Tested ON

Saturdays and Sundays

Old Bank Building Maupin, Oregon
O. R. Dinwiddie
Registered Optician

BLACKSMITHING

I have opened a blacksmith shop all-
around blacksmithing at my old stand
opposite Woodcock's mill and am prepared
to do work at reasonable rates.

A. F. MARTIN

GRAIN DRILLS

We can sell you a SUPERIOR

THOMAS
NEW PEORIA
VAN BRUNT

or get REPAIRS for you

GET OUR PRICES

Phone Your
Parts Orders

R. E. Wilson Co.

ORDER
PARTS BY
NUMBER

How to Be Healthy

The Crusade of the Double-Barred Cross
Practical Talks on Disease Prevention

Prepared by the
OREGON TUBERCULOSIS ASSOCIATION

(Practically every adult person is infected with tuberculosis. This infection need not be
a source of danger. To keep the latent infection from becoming disease, bodily resist-
ance must be kept at its best. This series of articles shows you how to keep healthy.)

HOW NOT TO CATCH COLD AND HOW TO MINI- MIZE ITS EFFECTS WHEN CAUGHT

By S. ADOLPHUS KNOPF, M. D.,
New York.

EVERYBODY knows what a cold is by its effects, but perhaps not everybody
knows that it is due to a germ sometimes called micrococcus-catarrhalis.
We may get this germ from the careless cougher, sneezer, or excited talker
through tiny droplets or sprays. The cold may develop at once, or it is quite
possible that we also carry the germs for some time within us. When our
system is rendered less resistant by chills, overeating, or intemperance, these
germs have a chance to multiply and then produce the symptoms of a cold.

To prevent infection, it is of course best to avoid the close proximity
of a careless sneezer, cougher, spitter, or excited talker who expels small
particles of saliva (droplets) when speaking. If one is on familiar terms
with the individual, he can advise caution such as sneezing or coughing in
a handkerchief, or at least holding the hand before the mouth during a
so-called dry cough, which is in reality never dry, for droplets are expelled
whenever there is a cough.

The individual who expectorates should, of course, always try to deposit his
sputum in a receptacle (spittoon, cheese-cloth, or handkerchief) when indoors
and in the gutter when out-of-doors. In crowded assemblies, street cars and
subways, the dangers of becoming infected by others with the catarrh germs of
course always exist.

What can we do to protect ourselves by making our system less
susceptible when we are exposed? It must be remembered that when we are in
good health, the germs of a cold coming from one afflicted with the disease
have little effect on us, nor will those which may lurk within us have much
chance to multiply and do harm. In the healthy individual the white blood
corpuscles in our blood stream take care of the invading microbe. They
swallow it; hence the name "phagocytes." Thus the best way to protect
oneself from catching cold is to keep in the best physical condition.

In order to make the body resistant to contracting colds, breathe as much
good, pure air as possible all the time, breathing quietly and deeply, particu-
larly when out-of-doors. When indoors try to be in a well ventilated room.
Whenever convenient, take special breathing exercise every hour or two
raising at rolling the shoulders upward and backward during the act of a
slow and deep inhalation, retaining the air for about 5 seconds while holding
the shoulders backward, then exhaling a little more rapidly than it took for
the inhalation, during which act the shoulders move forward and downward.

Accustom the body to a daily application of cold water in the form of a
plunge, shower bath, or a cold sponge. One unaccustomed to the use of cold
water must of course begin gradually. This can best be done by standing
in water at a temperature of about 105° F. and squeezing out a sponge soaked
in cold water at a temperature of 85° over the back of the neck, in front of the
neck, and over the left and right shoulder, so that the whole body receives
the ablation, the head remaining dry. Should the individual not react, that
is to say, feel warm after the bath, he should return to a warm bed for a few
moments. In a few days reduce the temperature of the cold water to 80°
then to 75°, until he comes down gradually to 45°, which is the average
temperature as it comes from the faucet.

The judicious use of cold water, as just indicated, is the best means
to guard the system against what is commonly called "catching cold." The
circulation will be improved, the respiration will become deeper and more
regular, the skin more resistant, and the whole system less susceptible to
chills.

Besides the external use of cold water, always bear in mind that the
drinking of five to six glasses of cold water a day between meals, will
materially help in the preservation of good health. The constipated individual
produces an auto-intoxication, that is to say, creates a poison in his system
which renders him below par and more susceptible to the invasion of the
germs of common colds.

Miss Snyder made a trip to
The Dalles and Dufur Saturday.

Around Maupin

Portland Painless Dentist,
seven years in The Dalles
painless extraction \$1.00 305
Second St. The Dalles Oregon,
W. T. Slatten D. D. S. Prop-
rietor—Phone Main 4821.

Excavation for the basement
of the new high school building
is in progress. Some heavy
blasts have been necessary to
penetrate the thick volcanic
formation. Trucks are unload-
ing sand for the cement work
lumber for the forms on the
ground.

J. W. Ward returned Tuesday
from The Dalles. L. D. Wood-
side met him here at Maupin.

Mr. and Mrs. M. I. Shearer
are making a trip to the moun-
tains today.

A band of sheep belonging to
Fargher's arrived from their
summer pasture around Mt.
Hood Saturday. These are the
first to come out. A band be-
longing to John Karlin arrived
this morning.

Butler's got in 100 boxes of
apples Tuesday evening and

New Today

Found—Door key. Times office
Four milk goats for sale or
trade—Mrs. A. Philmlee.

Colgates Octagon Soap Flakes,
3 pkgs. for 25cts.—Maupin Drug
Store.

"SNAPPY"—Four piece or-
chestra for dances and entertain-
ments.—Call Chas. Brown or
Leon Frasier. Dufur, Oregon.

One Pint Thermos Bottles, \$1
each.—Maupin Drug Store.

Ground Cherries six cents a
pound at Ed Bothwell's.

Two pkgs. Camel Cigarettes,
35c.—Maupin Drug Store.

Two yearling colts to trade for
a cow.—R. H. DeCamp.

Washing done reasonable—In-
quire, Mrs. Rosa Stockton, oppo-
site Cook Hall.

Four 10c. pkgs. Matches for
25c; 6 for 35c. Maupin Drug
Store.

In stock at the Times office—
Wedding cabinets, plain and
fancy stationery, cards, stork
cabinets, carbon paper, tags,
butter parchment and cartons,
school report cards, cardboard
and paper in large pieces.

For Sale: Will deliver 11 head
of purebred yearling Lincoln
Rams to Grass Valley for \$25.00
per head, also 50 head of pure-
bred Lincoln ewes and lambs for
sale.—J. D. Gilmore, R. 2, Box
88, Goldendale, Wn.

For Sale—One Rooster, eighteen
laying hens.—G. E. Cunningham

Section men wanted—Oregon
Trunk Section, Maupin—G. E.
Cunningham, Section foreman.
For Sale—160 A. wheat land.

320 A. for rent, for term of
years in connection. \$2,000 will
handle. Eva M. Harpham Mau-
pin Or.

Farm equipment of all kinds for
sale—Eva M. Harpham Maupin,
Oregon.

Our fall shipment of blankets
and robes and auto robes just
arrived—R. E. Wilson Co.

have more coming.

The Times greatly acknowl-
edges receipt of pass for all O.
A. C. campus athletic events for
the 1922-23 season. We regret
that it is impossible for this
office to be represented at many
of the attractive fairs and pro-
grams for which we are kindly
furnished complements.

Rev. Walter is painting and
making some improvements on
the Times premises.

Mrs. M. F. Van Laanen left
Friday for Forest Grove to pack
her furniture and ship it here.

Wm. Beckwith has just finish-
ed storing seven or eight cords
of wood in his basement. If
any one questions there being
physical exercise to the point of
sore muscles attached to the job
—try it yourself.

Tuesday Mrs. L. B. Kelly
landed a three-pound, 22-inch
Dolyvardin.

Mrs. Etchels of Portland is
visiting her daughter, Mrs. Cecil
Chastain.

Supt. Gronewald visited the
Maupin schools yesterday.

Mr. and Mrs. J. S. Brown
were in town yesterday.

E. M. Confer is ill this week
with plural pneumonia.

Mr. and Mrs. Frank Dyer
moved in from their farm Sun-
day to their property bought
this summer of A. M. White.
They are doing some cleaning
up and will build later.

George McDonald brought Mrs.
McDonald home from The Dalles
Sunday to remain a week.

The Harpham fire-proof hotel
is being rapidly rushed to com-
pletion. The brick work is near
ly finished.

Herman Gesh is hauling wood
from the Wamic section to town.

For Sale

One black saddle horse.—
Lester E. Crofoot.

Don't forget the Pendleton
blankets at Wilsons.

For Sale—20 tons choice wheat
and 8 tons rye hay. House and
feeding grounds furnished if
desired.—Otto Herrling.

James Chalmers
Horse Shoeing and
General Blacksmithing
Maupin, Ore.

Dr. T. DeLarhue
EYESIGHT SPECIALIST
Glasses Properly Fitted
Exclusively Optical
Rooms 17-18 Vogt Block, over
Crosby's Drug store,
The Dalles, Ore.
Phone Black 1111

E. B. DUFUR
Attorney at Law
MAUPIN, OREGON

I. O. O. F.
WAPINITIA
Lodge No. 209, Maupin, Oregon.
meets every Saturday night in
I. O. O. F. hall. Visiting mem-
bers always welcome.
B. F. TURNER, Secretary
H. R. KAISER, N. G.

NOTICE FOR PUBLICATION

Department of the Interior
U. S. Land Office at The Dalles, Ore-
gon, Sept. 14th, 1922.

Notice is hereby given that
John MacInnes
of Shaniko, Oregon, who on May 12th,
1919, made Homestead Entry No. 020673
for SE1-4NW1-4, SW1-4NE1-4, NE1-4SW1-
4, and NW1-4SE1-4, section 27, and on
Dec. 7, 1920, made Ad. H. E. No.
020674 for SE1-4NE1-4, and SE1-2SE1-4,
section 27, SE1-2NE1-4, and SE1-2SE1-4,
section 34, SW1-4SW1-4, section 35,
Township 6 south, Range 14 east,
Willamette Meridian, has filed notice
of intention to make three year
proof, to establish claim to the land
above described, before F. D. Stuart,
United States Commissioner at Maupin,
Oregon, on the 27th day of October,
1922.

Claimant names as witnesses: Hur-
stet D. Hollis and E. A. Troutman, of
Maupin, Oregon, Edward Kramer, of
Criterion, Oregon, Malcolm McDonald,
of Shaniko, Oregon.
J. W. Donnelly, Register.

NOTICE FOR PUBLICATION

Department of the Interior
U. S. Land Office at The Dalles, Ore-
gon, September 14, 1922.

Notice is hereby given that
Irl Davis
of Dufur, Oregon, who on September
12th, 1917, made Homestead Entry
No. 019249, for SE1-4SE1-4, Sec. 23,
SE1-2 SW1-4, sec. 24, NW1-4NW1-4, sec.
25, NE1-2NE1-2, sec. 26 and Feb. 21, 1921
made stockraising Additional home-
stead entry No. 021789 for SE1-2SE1-4,
sec. 27, NE1-2NE1-2, SW1-4NE1-4, NW1-4SE1-
4, Section 35, all in Township
south, Range 13 East, Willamette
Meridian, has filed notice of intention
to make three year proof, to establish
claim to the land above described, be-
fore Register and Receiver, United
States Land Office at The Dalles Ore-
gon, on the 27th day of October, 1922.

Claimant names as witnesses: Claude
C. Foster, of The Dalles, Oregon, Ed
Faulk, of The Dalles, Oregon, John M.
Conroy, of Tygh Valley, Oregon, Cy-
rus Lofton, of Tygh Valley, Oregon.
J. W. Donnelly, Register.

Butter Nut Bread

The bread that made mother
stop baking. Received fresh
every day at

BUTLER'S

BUTLER'S

Grocery and Meat Market

Every Thing for the Table

APPLES

100 Boxes to arrive this week, 7 Fall and Winter
varieties of choice hand picked and sorted apples

CABBAGE

ONE TON of Danish hard head cabbage, a winter variety. This cabbage
is good solid stuff and free from worms. Get a sack or crate for Kraut