



### **Health Brings Beauty** A Pretty Skin Follows Good Blood

Peshastin, Washington-"When I was about fourteen years of age I had an operation for appendicitis and the doctor said it would retard development until I was 18 or 19 years of age, but I heard how good Dr. Pierce's Favorite Prescrip-tion was for young cities a L took good Dr. Pierce's Favorite Prescrip-tion was for young girls so I took four bottles of it and came into womanhood within a year. Then I started getting healthy and strong. Before I took Dr. Pierce's med-icines I weighed only 72 pounds-now I weigh 107. Later in life I took D heaking and the fact. took a breaking-out on my face. wrote to Dr. Pierce and he advised me to take the 'Golden Medical Discovery'. I took two bottles of it and my skin is as smooth as I could wish for. I would like to tell every sufferer about Dr. Pierce's great medicines."-Miss E. L. Car-

rell, Box 24. Write Dr. Pierce's Invalids' Hotel in Buffalo, N. Y., for free medical advice or send 10c for trial package of any of his medicines.

### Snowing.

There was no wind, so the flakes fell light as feathers, gray in the gathering dusk as the down that falls from wind-swept breasts of wild swans in their flight to or from the Polar seas. Denser and denser it came; soundless at first, but after a while with a faint rustling and whirring, as though the flakes were invisible birds of silence .- Fiona Macleod.

### The Weakest Finger.

The third finger on the left hand, on which the engagement and wedding rings are worn, is automatically the weakest of the fingers. Planists billties.

as much drill as the others.

You cannot rightly judge people by what others say about them, but you can by what they say about others .--





Wash. I am a well woman now and have been for two years. I can work as well as any one who is younger and as I am a farmer's wife I have plenty to do for I cultivate my own garden, raise many chickens and do my own housework. You may publish this letter as I am ready to do anything to help other women as I have been so well and happy since my troubles are past."-Mrs. E.T. GALLOWAY, Carter's Creek, Tenn. Most women find plenty to do. If

GALLOWAY, Carter's Creek, Tenn. Most women find plenty to do. If they are upset with some female ailment and troubled with such symptoms as Mrs. Galloway had, the smallest duty seems a mountain. If you find it hard to keep up, if you are nervous and irritable, without ambi-tion and off of sorts generally, give the Vegetable Compound a fair trial. We believe it will help you greatly, for it has helped others.

SHOPPING A PLEASURE

Portland

SHOE REPAIRING IN PORTLAND Model Shoe Repair, 272 Washington St

Davis Bros., American Shoemakers, 108 4th St.

VETERINARIAN-Cattle a Specialty Dr. Chas. M. Anderson, Kenton, Portland.

Wedding Bouquets and Funeral Pieces Lubliner Florists, 348 Morrison St.

STOCK DAIRY RANCH FOR SALE STOCK DAIRY RANCH FOR SALE 175 Acres Ideal Stock and Dairy Ranch, 7 mi. Enst Albany, Oregon. 160 A. culti-vated; 15 A excellent pasture; good drain-age; trout creek through pasture; pro-duces excellent grain and clover. All fenced new woyen wire fencing. New & room bungalow; fair barn and outbuild-ings on good gravel road. Price \$100.00 per acre. Claude Male, Milwaukle, Oregon Route 1.

Gastronomic Affinities.

furters and kraut, corned beef and

cabbage and other kitchen couples is

directly traceable to Yuan Mei, an-

cient Chinese philosopher, who wrote,

centuries ago: "Cookery is like ma-

The reason for ham and eggs, frank-



Accepting some one's say-so without giving serious thought to the answer or inquiring as to the reason why, is an unwise thing to do. In spite of whatever innate clever

ness you may have, if this dependence on some one else is continued, there will never come to you an opportunity to show this ability. You will form the harmful habit

of leaning on others instead of standing alone in your own strength and trusting unreservedly in self. Those upon whom you rely for ad-

vice will keep ahead of you just as long as you court their company and assistance. By pursuing such a course you ad-

mit incompetence and lack of force, which disqualify you for leadership and advertise to your employers that you are a second-grade man or woman, incapable of forming judgment without help from others.

To observe, reflect and apply ought to be the high purpose of every man and woman in the stern battle of life. Observe as a child and keep observ-

ing until you find the reason why. If you will reflect, sift out the chaff from the wheat, you will in a short time be qualified to judge the good from the worthless and pick out the best every time you are called upon to make a decision.

With this newly acquired ability, you will know unerringly how to choose the right course and follow it with strength and assurance.

Instead of being a weak dependent, wavering, uncertain and timid, you will grow steadily into a strong, bold leader capable of shouldering great responsi-Keep your eyes open, use the mind given you by the Creator, figure the value of everything that has a direct bearing on your work, apply the useful

and you will encounter no real difficulties in finding the reason why, or in plercing the bull's eye of success with



### SEASONABLE GOOD THINGS

SKIM MILK will prove a boon to many housewives who have forgotten that it may be used in nearly all dishes instead of whole milk, and can be bought in many places for very little. In cream soups, adding a little more butter, the skim milk is especially good.



There never was a time when Goodyear Tires were so good as now.

They are bigger, heavier and stronger today than any earlier Goodyears ever were.

Yet Goodyear prices are lower now than ever.

Not even in those remembered days before the war did Goodyear Tires sell at such low prices as today.

Look at the figures listed below.

They represent an average decrease of more than 60% from Goodyear prices of 1910.

When you can get these better Goodyears at such prices, there is no question of the tire value at your command.

Your Goodyear Service Station Dealer will tell you that never in his experience as a tire dealer has he known the equal of this value. See him today.

30 x 314 Cross-Rib Fabric	\$10.95	32 x 31/ All-Weather Tread Cord	\$25.50
30 x 3½ All-Weather Tread Fabric	\$14.75	32 x 4 All-Weather Tread Cord	\$32.40
30 x 316 All-Wet, ther Tread Cord	\$18.00	33 x 4 All-Weather Tread Cord	\$33.40
	Manufactur	er's tax extra	



### Should Have Understood,

Pope's Good-by to Cardinal Gibbons.

When C. M. Bissell was in charge I cannot help recalling an instance of the old Harlem railroad he issued where a lady, a guest at the White an order that whenever a conductor House at luncheon, asked the late Carcollected a cash fare he must give a dinal Gibbons whether he really bereceipt, and enter the amount on a lieved that the pope was infallible in stub. Very soon a committee from the all he said. The cardinal smiled and conductors called and asked for more answered: "I can only respond to pay. Bissell inquired: "Why, boys, that, madame, by saying that when why do you ask for that now?" There the pope bade me good-by the last was some hesitation and then the old- time he said, 'Addio, Cardinale Jibest committeeman said: "Mr. Bissell, bones!""-Maurice Francis Egan in you used to be a conductor yourself." the Review of Reviews.

### Mephistopheles.

Beauty in the South. In the South the crape myrtle be-The name Mephistopheles is from comes a small tree and turns a bril- the Greek, and it means "He who loves liant bronze almost or quite red, says not light." The name was given to a the American Forestry Magazine. It Satanic personage of the Middle ages, is much grown for its summer and who in the Faust legend is appointed early fall flowers, but it also has value to obey Faust's commands, according for the color of its ripening foliage on to the terms on which the latter has sold his soul to Satan.

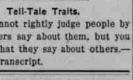


have to give the third finger twice

Boston Transcript,



and used Lydia E. Pinkham's Sanative Wash. I am a well





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1 to 5 ton GMC, Republics, Whites, etc.

WENTWORTH & IRWIN, Inc. Oregon Distributors for GMC Trucks 200 Second St., Cor. Taylor Portland, Oregon

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# TREES AND SHRUBS

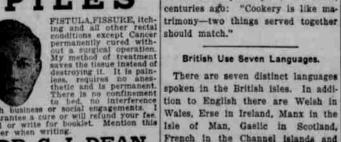


t trees budded from bearing orch-Apple, Foar, Charry, Peach, Plum, a. Apricot, Quince, Grape Vines, theory, Plants, Raspervise, Risch-Butharb, Horara, Deviarrias, Hiach Rutharb, Howens, Brown, Asparante, Thes, Hedge, Nut and Shade Trees, Carriage paid. Satisfaction super-

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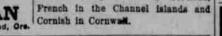






DR. C. J. DEAN

Cornish in Cornwall.



# PREHISTORIC TRACTS ARE FOUND

Monster Prints Discovered in the Rocks on Cumberland Ridge in Kentucky.

McKee, Ky .- Tracks of prehistoric animals, one of which is five-toed and tracks believed to have been made by eleven inches across, have been found man also have been found, it was rein the rock on the summit of the divid. ported. ing ridge between the Kentucky and In the same vicinity a few years ago Cumberland rivers near here, it was was found a tooth the size of a loaf of reported.

portions is nearby and on another of animals of great weight. Petrified

bread

ed in every department of h A three-toed track of abnormal prostone platean are the tracks of a herd Are You Salisfied? BEHNKE WALKER

is the biggest, most perfectly equipped Business Training School in the North-west. Fit yourself for a higher position with more money. Permanent positions assured our Graduates. Write for catalog-Fourth and Tamhill, Portland.

MARENGO SPECIALTY MFG. CO., Rockford, III.

BALL BLUE

ross

oven.

ed

No. 20, 1922 P. N. U.

### Nut Wafers,

Take three tablespoonfuls of butter, add five tablespoonfuls of pulverized sugar. When the sugar and butter are creamy, add three tablespoonfuls of milk, drop by drop, stirring constantly; then add nine tablespoonfuls of flour and a few drops of vanilla. Brush a pan with fat, drop by spoonfuls and sprinkle each with chopped nuts. Dust with cinnamon and bake in a slow

## Spicy Fruit Cake,

oven.

Take one-half cupful of New Orleans molasses, one cupful of brown sugar, cinnamon, ginger and nutmeg to taste. one egg beaten well; add one cupful of sour cream, a teaspoonful of soda and three cupfuls of flour. Mix well and add one-half cupful of nuts with raisins, figs and dates chopped and mixed to make one-half cupful. Bake in a loaf in a slow oven.

### Anise Seed Cookies,

SHOPPING A PLEASURE If you take a Marengo The Weyl of the Shopping Bag with you. A change pure, Hand Bag and shopping Bag all in one. Loosen clasp be-neath pures and bag extends to 17 Inch length. Exceptionally well wade of best will write the shopping you, send us Ninety-eight cannot supply you, send us Ninety-eight cannot supply you, send us Ninety-eight cannot supply you. Send us Ninety-eight cannot supply you. The will promptly mail this most useful bag to you Prepaid. If you are not more than pleased with your purchase we will refund your momey. MARENGOSPECIALTY MFG. CO., Take one-half cupful of shortening, one cupful of sugar, two eggs, two tablespoonfuls of milk, four tablespoon fuls of anise seed, five tablespoonfuls of baking powder and three to four cupfuls of flour. Mix and add the seeds. Roll and cut in fancy shapes. Bake in a hot oven.

### Sticky Cinnamon Buns,

Take one quart of raised dough, add one-half cupful of sugar, two well beaten eggs, two tablespoonfuls of soft butter, one-half cupful of brown sugar mix well and roll out. Spread with two tablespoonfuls of soft butter sprinkle with one-half cupful of brown sugar, mixed with two teaspoonfuls of cinnamon, one-half cupful each of currants and seeded raisins. Roll and cut in slices. Brush a deep, heavy sheet iron pan with fat, sprinkle with brown sugar and set in the buns so that they do not touch. Let rise until light. The buns should be five inches high when baked. Cut the roll in two-and-onehalf-inch slices when put to rise. Place an asbestos mat under the pan and be careful not to bake in too hot an



Select your food wisely, chew it well. and-use WRIGLEY'S after every meal.

Your stomach will thank you.

It is both a benefit and a treat-good, and good for you.

And, best of all, the cost is small.



