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tion, 244 Burnside St. B MISS DECKER'S Private Business Col-lege. Alisky Bidg., 34 & Morrison Sts. Hawthorne Auto & Gas Engine School, 451 Hawthorne Ave. Practical experience in overhauling and repairing every make of auto and gas engine. Oxyacetylene weiding. Established 1907. SCHOOL SUPPLIES. SCHOOL SUPPLIES

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GET WELL THOUSANDS OF SUFFERERS WHO HAVE FALLED to get relief in any other way are invited to investigate Chicogractic methods, which are permanently curing hundreds every day. THE BEET OF

are permanently curing hundreds every day. THE BEST OF CHIROPRACTIC DIAGNOSTICIANS will thoroughly examine you, make a com-plete diagnosis of your case and direct your treatments WITHOUT ANY COST TO YOU WHATEVER CHIROPRACTIC will permanently cure 55 per bent of all diseases. PACIFIC CHIROPRACTIC COLLEGE Corser of Park and Yamhill, Portland, Or. HOSPITAL in connection with college. Will handle out-of-town patients, at a most reasonable rate, in order to show what Chiropractic can do. Address all communications to DR. O. W. ELLIOTT, Pres.

Human Skull as Talisman.

The human skull is a gruesome talisman. Down to half a century ago, a belief existed in the north of Scotland. that the skull of a murderer possessed

and Avoid Waste MORGAN 'To look one's best and feel one's S Your Granulated Eyelids, Eyes Inflamed by expo-meters Sun. Dust and Wind gnickly relieved by Metho EyeRemedy. No Smarting, just Eye Comfort. At Your Draggists or by mail 60c per Bottle. For Book of the Eye free write bis Murine Eye Remedy Co., Chicago.

through the very ducts which are in-tended to suck in only nourishment to sustain the body. If you want to see the glow of healthy bloom in your cheeks, to see your skin get clearer and clearer, you

are told to drink every morning upon arising, a glass of hot water with a teaspoonful of limestone phosphate in it, which is a harmfess means of washing the waste material and toxins from the stomach, liver, kidneys and

bowels, before putting more food into the stomach. Men and women with sallow skins, liver spots, pimples or pallid com-plexion, are those who wake up with a coated tongue, bad taste, nasty breath, others who are bothered with headaches, billous spells, acid stom-ach or constipation should begin this phosphated hot water drinking. A quarter pound of limestone phose

A quarter pound of limestone phos-phate costs very little at the drug store but is sufficient to demonstrate that just as soap and hot water cleanses, purifies and freshens the skin on the outside, so hot water and limestone phosphete set on the india limestone phosphate act on the inside

# Rich Platinum Rock.

If you must have your meat every day, eat it, but flush your kidneys with saits occasionally, says a noted au-thority who tolls us that meat forms uric acid which almost paralyzes the kidneys in their efforts to expel it from the blood. They become sluggish and weaken, then you suffer with a dull misery in the kidney region, sharp pains in the back or sick headache, dizziness, your siomach sours, tongue Platinum is now being secured in SIberia from dunite, a conglomerate rock, which exists there in large quan-tities. By grinding and washing pro-bad you have rheumatic twinges. The cesses the platfnum is extracted from the chrome-iron ore contained in the rock. A recent experiment secured To neutralize these irritating acids, to cleanse the kidneys and flush off 200 ounces of platinum out of 9,720



been used for generations to flush and stimulate sluggish kidneys, also to neutralize the acids in urine, so it no longer irritates, inus ending bladder Ouch ! ? ! ? ! ! This kind of rough talk will be heard less here in town if people troubled with corns will follow the simple advice of this Cincinnati authority, who claims that a few drops of a drug called freezone when applied to a tender, aching corn or hardened callous atoms accesses at once and Jad Salts is inexpensive; cannot in-jure, and makes a delightful efferves-cent lithia-water drink.

soon the corn or callous dries up and lifts right off without pain. - He says freezone dries immediately and never inflames or even irritates the surrounding skin. A small bottle of freezone will cost very little at any drug store, but will positively remove every hard or soft corn or callous from one's feet. Millions of America's women will welcome this announce. ounces; alcohol, 800 ounces; ice, 930 ounces; gold, 19,250 ounces; white oak, 830 ounces; poplar, 490 ounces; limestone, 2,950 ounces; wheat, 770 ounces; air, 1 ounce.

# **Optimistic** Thought.

Riches are deservedly despised by a

ADDED EARNINGS

BEHNKE-WALKER, at Portland, North-west's biggest business college over-wheimed by calls for trained young men and women. Enroll now. Take a course and a position assured. Stenography tele-graphy, accounting, shorthand, banking, secretarial etc. Write for catalogue.

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LOU HIMES, Man

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ounces; milk, 1,030 ounces; cider, 1,020

A cubic foot of water weighs 1,000



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**POL00** 

COURTIC Economy

Heal Skin Troubles

bothers.

Thai Itch and Burn

with Cuticura. The Soap to cleanse and purify, the Ointment to soothe and heal. Every-there Soap25:0intment 25:50

Granulated Eyelids,

Use Grandma's Sage Tea and Sulphur Recipe and Nobody Will Know.

The use of Sage and Sulphur for re-storing faded, gray hair to its natural color dates back to grandmother's time. She used it to keep her hair beautifully dark, glossy and attrac-tive. Whenever her hair took on that dull, faded or streaked appearance, this simple mixture was applied with wonderful effect. But brewing at home is mussy and outof date. Nowadays, by asking at any drug store for a bottle of "Wyeth's Sage and Sulphur Compound," you will get this famous old preparation, improved by the addition of other in-gredients, which can be depended up on to restore natural color and beauty to the hair. The use of Sage and Sulphur for re-

to the hair.

A well-known downtown druggist says it darkens the hair so naturally and evenly that nobody can tell it has and evenly that nobody can tell it has been applied. You simply dampen a sponge or soft brush with it and draw this through your hair, taking one strand at a time. By morning the gray hair disappears, and after an-other application or two, it becomes" beautifully dark and glossy. Wyeth's Sage and Sulphur Com-pound is a delightful toilet regulsite for those who desire a more youthful appearance. It is not intended for the cure, mitigation or prevention of disease. Take Salts to flush Kidneys if Back hurts or Bladder

disease

Cuticura Kills Dandruff.

Anoint spots of dandruff with Cuti-cura Ointment. Follow at once by a hot shampoo with Cuticura Soap, if a man; next morning if a woman. For free samples address, "Cuticura, Dept X. Boston." At druggists and by mail, Soap 25, Ointment 25 and 50.—Adv.

But They Don't Deceive Many.

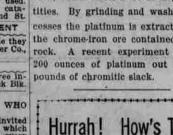
"Some men," said Uncle Eben, makes portend dey's gettin' wisdom when dey's only loafin' around indulgin' deir curiosity."



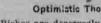
# By Lydia E. Pinkham's Vegetable Compound.



nervousness \$000 left me. I sleep Riches are deservedly despised by a man of honor because a well stored well and feel fine in the morning able to do my work. I gladly re-



callous stops soreness at once, and soon the corn or callous dries up and



weakness.

Let Your Work Be Thorough.

4)

It does not make any difference at and really complete the job.

# Communing With the Great.

You can, with that brain of yours, go to your library and commune with feast it is!

#### Hetman.

all how quickly you may get through Russian for head man, captain, chief. a religious element in the relations of your work, if, after you have finished The Russian form of it is "ataman"; men, such relations are miserable and OF YOUR HERD and Keep It Out it, some one else has to come along thus a Cossack chief is called an ata- doomed to ruin.-Carlyle. man. Both words are related to the Teutonic "Hauptmann."

## All Founded on Love.

All true morality, inward and out the innermost heart thoughts of the ward, is comprehended in love, for most companionable people are fregreat men of the past-and what a love is the foundation of all the commandments .-- Meister Eckhart.

# Art Note

There appears to be a gang of sculptors making busts of near-statesmen in Washington. Sculping near-statesmen is making a bust of sculpture. Such statuary ought to be deferred until a man shall have been dead ten years and then very little of it will need to be made .--- Houston Post.

#### Pathway to Knowledge.

Ignorance seldom vaults into knowledge, but passes into it through an intermediate state of obscurity even as night into day through twilight .-- Cole-

#### In an Airplane.

Exclusive of the engine, the average airplane contains 4,326 nails, 3,377 crews, 920 steel stampings, 798 forgings, 276 turn-buckles, 65 pounds of varnish, rubber, linen, wood, etc.

#### Famous Along Two Lines.

Sir Arthur Conan Doyle was a doctor before he became famous as the creator of Sherlock Holmes. He followed his profession at Southsea in the eighties, and for his services as commandant of a field hospital in the Boer war he received the thanks of the

## Fundamental Human Need.

It seems to me a great truth that human beings cannot stand on selfish ness, mechanical utilities, economics STOP LOSING CALVES "Hetman," is both Polish and Little and law courts; that if there be not You can Stamp Abortion Out

#### Hard to Judge Character.

I have often observed that a thorough scoundrel is often one of the most agreeable of men, and that the quently the most destitute of dignity of character.-George Sand.

have freezone tell him to order a small chest intercepts the truth. bottle for you.-Adv.

#### Natural Sequence.

In one of his essays Aristotle says this: "I have noticed that land that after tempering, on a smooth iron surproduces beautiful flowers and lusface with some ground oilstone till it cious fruits also produces a very exis perfectly smooth, after which it cellent, "intelligent and able class of should be laid on a sheet of paper and men and women." Aristotle seemed rubbed backward and forward until it to look upon this as a sort of coinciacquires a fine dead polish. dence, but later in life he discovered that instead of being a coincidence it

WBS B Sequence.

# Strength in Love.

"Love is the first cable of the suspension bridge that is thrown across the gap between two souls. If this is strong and true you can hang any number of faults on it without it giving way."-George Ellot.

## Qualities That Deserve Reward,

The generous who is always just, RATES .- 75c to \$2. SPECIAL-Week and the just who is always generous, may, unannounced, approach the throne of heaven .-- Lavater.

## An Old Resident.

Tommy, four, was taking his visiting aunt for a walk. She was a little du blous as to where Tommy was leading her, so finally she questioned: "Tommy, are you sure you know where you are going?" Tommy replied, scornfully: "Do you think I've lived four years in this city and don't know my way about yet?"

Dr. David Roberts'



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weil and Icel hae in the morning and able to do my work. I gladly recom-mend Lydia E. Pinkham's Vegetable Compound to make weak nerves strong."—Mrs. ALBERT SULTZE, 608 Olmstead St., Winons, Minn. How often do we hear the expression among women, "I am so nervous, I can-not sleep," or "it seems as though I should fly." Such women should profit by Mrs. Sultze's experience and give this famous root and herb remedy, Lydia E. Pinkham's Vegetable Com-pound, a trial. ound, a trial.

For forty years it has been overcom-ing such serious conditions as displace-ments, inflammation, viceration, irreg-ularities, periodic pains, backache, dis-ziness, and nervous prostration of women, and is now considered the stan-dard available for the standard remedy for such ailments

#### Valley of Great Natural Wealth.

The largest river emptying into the Pacific within the confines of Peru is he Santa, which waters the valley back of Chimbote, and is capable of supplying power to many industries and water for the irrigation of a vast area. In the Santa valley there exist extensive coal deposits. The coal found here is anthracite, and is said to be of a good quality for the manufacture of briquets.

#### No Joke.

A. A. S. claims that a man will steal all the postage stamps he needs from his employer, and think nothing of it. But if he sees a street car conductor knock down a nickel he thinks he ought to notify the company.

#### Uncle Eben.

"De man dat talks too much," said Uncle Eben, "an' de man dat don' talk at all both keeps you guessin' on what dey's thinkin' about."

### Tobacco Raising in Scotland.

During the American Civil war tobacco became so dear that several unsuccessful attempts were made in Scotland for its cultivation. The chief seat of the new culture was in the neighborhood of Kelso, where it succeeded so well that sixteen and onehalf statute acres brought \$520 per acre.

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