

THE ONLY STEAM-COOKED OATMEAL

HO

For Health, Strength and "Pep"

The muscle-builder—will keep you "fit" without the aid of medicine. Made of selected whole wheat and the choicest barley malt, it combines all the element necessary for building muscle, nerve and vitality. "Force" is Nature's food—good for everybody.

[Sunny Jim] At Your Grocer's

HOTEL ROLAND

One hundred and sixty-five rooms, all Modern improvements; free phones on every floor.

Rates: 75c to \$1.50 per day; \$2.50 to \$5.00 per week.

Opposite Courthouse, 2 blocks from Postoffice. Fire Proof. S. P. and Oregon Electric pass door.

Hotel Hoyt

Corner Sixth and Hoyt Sts., Portland, Ore. LOU HIMES, Manager.

RATES: 75c to \$2. SPECIAL—Week or Month

HIDES, PELTS, CASCARA BARK, WOOL AND MOHAIR.

We want all you have. Write for prices and shipping tags.

The H. F. NORTON CO., Portland, Ore.; Seattle, Wa.

SHIP Veal, Pork, Beef, Poultry, Butter, Eggs and Farm Produce.

to the Old Reliable Everline house with a record of 45 years of Square Dealings, and as assured of TOP MARKET PRICES.

F. M. CRONKHITE

45-47 Front Street Portland, Oregon

WANTED, TURKEYS

for THANKSGIVING and CHRISTMAS trade. Write for prices. Ship us your Veal, Hops, Poultry, Eggs, Hides and Cascara bark. Top prices and fair treatment.

CLEASBY-HANSON CO.

115 FRONT ST. PORTLAND, ORE

ABSORBINE

will reduce inflamed, swollen Joints, Sprains, Bruises, Soft Bunches, Heals Boils, Pock, Evil, Quittor, Fistula and infected sores quickly as it is a positive antiseptic and germicide. Pleasant to use; does not blister or remove the hair, and you can work the horse.

Book 7 M free.

W. F. YOUNG, P.D.F., 403 Temple St., Springfield, Mass.

MURINE Granulated Eyelids, Sore Eyes, Eyes Inflamed by Sun, Dust and Wind quickly relieved by Murine. Try it in your Eyes and in Baby's Eyes.

NO Stinging, Just Eye Comfort

Murine Eye Remedy At Your Druggist's or 12¢ per bottle. Write for free literature. **Murine Eye Salve, in Tubes 5c.** For Hook of the Eye—Free. Ask **Murine Eye Remedy Co., Chicago**

Young men and women with business training find positions everywhere. Go to Northwest's largest Business College. **BEHNKE-WALKER,** Portland, Ore. All courses. Positions guaranteed. Write for free illustrated catalog.

The Difference.

"I don't see so much difference between the way Gladys dresses for the street and the way she dresses to go swimming," remarked Mr. Cumrox. "But there is a great difference," replied his wife. "The bathing suit has to be made of material that won't shrink or fade."—Washington Star.

Fiction.

"Has Crimmon Gulch quit drinking?" "Yes," replied Broncho Bob. "And playing faro bank?" "Quit entirely." "What do you do for amusement?" "Go to moving pictures and laugh at the reckless way they think us Wild West fellows behave."

The Part That Counts.

Before boasting that he has grown potato vines nine feet long, the amateur farmer should dig a little underneath them.—Boston Globe.

"If Germany is defeated, the Kaiser will be deprived of one human excuse." "What is that?" "He can't say it was all his wife's fault."—Exchange.

BUY DIRECT

By buying direct from us at wholesale prices and save the plumber's profits. Write us today your needs. We will give you our rock-bottom "direct-to-you" prices. f. a. b. rail or boat. We actually save you from 10 to 35 per cent. All goods guaranteed.

Northwest headquarters for Leader Water Systems and Fuller & Johnson Engines.

STARK-DAVIS CO.

212 Third Street. Portland, Oregon

P. N. U. No. 41, 1917.

STATE NEWS IN BRIEF.

With the close of the range season sheep are now coming into Bend for shipment to winter pasture, several thousand having been brought in the past few days.

The highest point ever reached by the mercury at the Bend weather station at this time of the year was recorded Tuesday, the thermometer registering 91 degrees.

Hoyt S. Gale of Washington, sent to McMinnville by the United States Geological department, has been looking over gas and oil indications and prospects that have developed in that vicinity.

At a price of \$162.50 an acre the John Hager place, near Adams, was sold by the heirs to John C. Walters, of Athena. There are nearly 300 acres in the piece, and it is as good wheat land as there is in the district.

The 300 acres of flax on the Wapato Lake tract at Gaston is being harvested. On account of the unusually dry season the crop did not make the proper growth for good fibre, so it will be cut for seed and it is expected there will be a good crop of seed.

Indications are that the silverside run in Coos Bay this Fall will be of greater commercial value than usual. The preliminary fishing shows the fish are larger than common and they are averaging 12 pounds. Chinook are practically gone and few are being caught.

Kirkland Bros., of Seattle, hearing of the scarcity of houses in North Bend, are planning to build a large number of modest homes to house families now living in tents. In Marshfield an apartment house is proposed and several capitalists are about to commence building homes.

Klamath county residents are gladdened by the daily sight of a locomotive and tracklaying outfit well out toward the middle of the valley between Klamath Falls and Olene, 12 miles east. The 40 miles of fencing necessary will require two carloads of wire and about 15,000 cedar posts.

Shortage of fuel oil will not affect the movement of the Hood River Valley apple crop, according to J. M. Reid, superintendent of the Mount Hood Railroad company, over the line of which the larger percentage of the 1,000,000 boxes to be harvested in local orchards this season will be hauled.

One of the most important steps for the upbuilding of Josephine county that has been taken in years was the adoption at Tuesday's election by the landowners under the Grants Pass irrigation district of the proposal to bond the district for \$290,000 to build the irrigation system. The vote stood 43 in favor and only 5 against the proposition.

The Willamette Valley Lumber company, of Dallas, has received a large order from the United States government for Douglas fir lumber to be used in the construction of aeroplanes for the army in France. The mill is working to capacity getting the lumber out. Only straight and clear timber can be used. The local mill has received several such orders lately and a number of carloads have already been sent east.

Money available for the rural credits fund in Oregon is now virtually exhausted, only a few hundred dollars being left, and it is probable that there will be no more money in that fund to loan to the farmers for some time.

A 33-year-old horse, for many years in the service of the state at the Soldiers' home at Roseburg, will not be sold for \$10, but will be humanely disposed of instead. So ruled the State board of control when Commandant Markee notified the board that the horse was "eating his head off," and an offer of \$10 had been made for him.

L. E. McBee, prominent stockman of the Heppner section, who recently sold his Willow Creek sheep ranch and herds, has become perhaps the most extensive hay dealer in Eastern Oregon. Mr. McBee recently bought 4000 tons of alfalfa on Butter creek and has already resold most of it to Morrow county stockmen, who will drive their flocks to the hay ranches to be wintered. Mr. McBee has also engaged to superintend the feeding of all the stock for which he furnishes hay. He is considered one of the most careful feeders in that county.

H. H. Rogers of Baker, representing Hatcher & Synder, of Denver, received 10,000 lambs Thursday from Adrian & Densley, who represent the Stanfield interests.

An \$8000 real estate deal was closed at Roseburg when the fine river bottom farm of Alfred J. Anderson, in the Melrose district west of that city was sold to George A. Crane, of Melrose, and John E. Bouquet, of Oakland, Cal. The tract contains some of the best land in this section of the state.

By a light vote, 27 to 6, the Gold Hill Irrigation district has decided to issue bonds amounting to \$60,000 at a special election.

E. G. Patterson, manager of the automobile department in Secretary of State Olcott's office, died Wednesday night after an illness of several weeks.

It is possible that the war will play a part in foreclosure proceedings brought by F. E. Judd, of Pendleton, against Mayor James A. Best, in the course of which Mayor Best's ranch in Klamath county will be sold by the sheriff.

FOOD WASTE IS LESS

Thirty Per Cent Decrease During August, Records of Spokane City Crematory Indicate.

Spokane people are responding to the request of Food Administrator Hoover to guard against throwing away surplus food after meals. City Crematory Superintendent Arthur E. Peterson, acting on orders from Commissioner Fred K. McBroom, is keeping a record of the amount of table refuse gathered daily from backdoor garbage cans, as suggested in letters from the national food administration.

"Our first figures, covering the month of August, show a 30 per cent decrease in the refuse collected from kitchen garbage cans," said Peterson. "The total is 144.95 tons gathered last month as compared with 222.12 tons in the same month a year ago. While this plan of economy may mean loss of business for the crematory, we are encouraging it as much as possible."

Reports are being sent monthly to the national food administration by the city crematory on the comparative amounts of kitchen garbage handled.

Fail to Agree on Potato Grades.

North Yakima—A second futile effort to agree on potato grades for Washington's crops was made here Friday. The committee adjourned until October 8 without reaching a conclusion. A majority appeared to favor adoption of the government standards, which make diameter the basis for admission to grades Nos. 1 and 2, but the minority, of which the growers' representative on the committee was one, strongly opposed this, preferring that grades be established by weight.

Those present were: M. L. Dean, of the State Department of Agriculture, chairman; Ashur Hobson, director of the state office of markets; Prof. O. M. Morris, of the State college; John Gorley, representing potato dealers and shippers of Seattle, and W. B. Myers, secretary of the Yakima Valley Potato Growers' association.

Pupils Earn \$40,045.

North Yakima—Reports of earnings made by pupils during vacation, taken in the High school Thursday, showed that 551 pupils worked a total of 24,358 days and earned \$40,045, the average earnings for each pupil, notwithstanding the fact many worked at home and received no pay, was \$72.65. Seventy seniors labored 3594 days, making an average return of \$99.85, and a total of \$6759. Ninety-five juniors put in 5758 days, earning \$9199. Sophomores worked 6268 days, earning \$11,187; 175 freshmen earned \$11,980.

NORTHWEST MARKET REPORT

Portland—Wheat—Bulk basis Portland for No. 1 grade: Hard White—Bluestem, Early Bart, Allen, Galgalus, Martin Amber, \$2.05. Soft White—Palouse Bluestem, Portyford, White Valley, Gold Coin, White Russian, \$2.03. White Club—Little Club, Jenkins Club, White Hybrids, Sonora, \$2.01. Red Walla Walls—Red Russian, Red Hybrids, Jones Fife, Coppel, \$1.98. No. 2 grade, 3c less; No. 3 grade, 6c less; other grades handled by sample.

Flour—Patents, \$10.20. Millfeed—Spot prices: Bran, \$31 per ton; shorts, \$34; middlings, \$41; rolled barley, \$55@57; rolled oats, \$55.

Corn—Whole, \$81 ton; cracked, \$82. Hay—Buying prices, f. o. b. Portland: Eastern Oregon timothy, \$27 per ton; valley timothy, \$23@25; alfalfa, \$22.50@24; valley grain hay, \$20; clover, \$20; straw, \$8.

Butter—Cubes, extras, 47c per pound; prime firsts, 45c. Jobbing prices: Prints, extras, 48c; cartons, 1c extra. Butterfat, No. 1, 49c.

Eggs—Oregon ranch, current receipts, 44c per dozen; candled, 45c@47c; selects, 50c.

Poultry—Hens, 16½@18c per pound; broilers, 20@21c; ducks, 16@20c; geese, 8@10c; turkeys, live, 20@22c; dressed, 28@30c.

Veal—Fancy, 15½@16c per pound; Pork—Fancy, 21@22c per pound.

Vegetables—Tomatoes, 75c@81.35 per crate; cabbage, 1½@2c per pound; lettuce, 50@75c per dozen; cucumbers, 40@50c; peppers, 56c pound; cauliflower, \$1@1.50 per dozen; beans, 5c@6c per pound; corn, 30c per dozen; carrots, \$1.75 per sack; beets, \$1.50@2; turnips, \$2.

Potatoes—New Oregon, \$1.50@2.25 per hundred; sweets, 3½c per pound. Onions—Oregon, \$2.35 per sack; California brown, \$2.50.

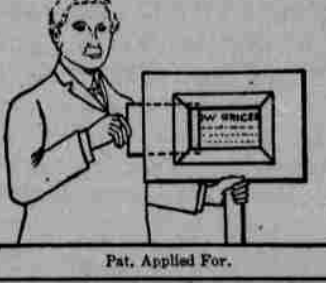
Green Fruits—Peaches, 75@85c per box; apples, \$1@2.25; pears, \$1@1.75; grapes, \$1@1.50; casabas, 1½c per pound; cranberries, 15c.

Hops—1917 crop, 41c per pound; 1916 crop, 25@26c.

Wool—Extra Oregon, fine, 50@60c per pound; coarse, 55@60c; valley, 55@60c; mohair, long staple, 55c.

Cattle—Best beef steers, \$9.00@9.75; Good beef steers, 7.50@8.75; Best beef cows, 6.75@7.50; Ordinary to good, 4.00@6.75; Best heifers, 7.00@8.00; Calves, 7.00@9.50; Bulls, 4.00@6.50; Stockers and feeders, 4.00@7.25.

\$100.00 INVESTED



Pat. Applied For.

in our NEW ANIMATED ADVERTISING SIGNS, puts you into a money-making business that can be run in your spare time. Frame holds 10 different cards. Get merchants' ads. at \$3 to \$5 per week each, and clear \$25 to \$50 per week. Write QUICK—NOW—for full details to,

PARK ANIMATED SIGN CO., 194 Third Street, Portland, Oregon

VALUE OF OUTDOOR LIFE

Only Those Familiar With Freedom of Woods and Fields Enjoy Complete Happiness.

Too many people are merely on speaking terms with nature. Too many are unfamiliar with the wonderful advantage of outdoor. Too many cherish heated comforts. They forget that their ancestors did not know what a steam-heated house meant. It is time to broaden our views and to get closer in touch with the great health-giving life of the open air.

There died not long ago a naturalist, John Muir, who had lived the better part of his life with nature. He loved the mountains and the natural life of all outdoors. His existence was a happy one. He died amid the surroundings of peace, happily, with a contented heart.

It is only those who know the freedom of the woods and the health-giving tonic of the open air who really enjoy complete happiness.

It is related that a sickly mother, not a great many months ago, carried a sickly baby to Doctor Evans, who looked the boy over and smilingly advised the worried parent to turn her boy loose in the parks, "let him live in the open air," he advised. "It is the only medicine that will do him any good."

"This same advice can be applied today to thousands of cases. On incontinent days it is unwise to expose oneself. But when the sun shines and the air is keen and crisp, is filled with the germs of life, one is extremely foolish not to take advantage of it.

If parents would only see that their youngsters are warmly clothed, that their shoes are sound and that their little legs are well protected, and then turn them out of doors and tell them to stay there, they would find their doctors' bills growing less and the health of their children growing better. They will also see a glow of rosy health in the young cheeks which is a certain indication of expanding youth, of glowing blood, of the creation of good health—Memphis Commercial Appeal.

Equal Division.

It's a good thing for man and wife to have tastes in common. True to some extent. But you can divide the newspaper more amicably when she's satisfied with the society news and doesn't want to take the sporting section away from you.—Louisville Courier-Journal.

A Great Little Noticer.

"We notice," notices the Wellington News, "that very few automobile accidents happen to people on their way to church."—Boston Transcript.

Hurrah! How's This

Cincinnati authority says corns dry up and lift out with fingers.

Ouch ! ! ! ! ! This kind of rough talk will be heard less here in town if people troubled with corns will follow the simple advice of this Cincinnati authority, who claims that a few drops of a drug called freezeone when applied to a tender, aching corn or hardened callous stops soreness at once, and soon the corn or callous dries up and lifts right off without pain.

He says freezeone dries immediately and never inflames or even irritates the surrounding skin. A small bottle of freezeone will cost very little at any drug store, but will positively remove every hard or soft corn or callous from one's feet. Millions of American women will welcome this announcement since the inauguration of the high heels. If your druggist doesn't have freezeone tell him to order a small bottle for you.

To Remove the Mote. When traveling one should always bear in mind that cinders are apt to find their way into the eyes. An eye cup, a lotion for bathing and a few flaxseed should be included in your package. A boracic acid solution will be found soothing for eyes that are inflamed from dust, wind or foreign matter.

Couldn't Corner Him.

An Irishman, passing a ship where a notice was displayed saying that everything was sold by the yard, thought he would play a joke on the shop man, so he entered the shop and asked for a yard of milk. The shopman, not in the least taken aback, dipped his fingers in a bowl of milk and drew a line a yard long on the counter. Pat, not wishing to be caught in his own trap, asked the price.

"Sixpence," said the shopman. "All right, sorr," said Pat. "Roll it up; I'll take it."—Exchange.

FOR PIMPLY FACES

Cuticura is Best—Samples Free by Mail to Anyone Anywhere.

An easy, speedy way to remove pimples and blackheads. Smear the affected surfaces with Cuticura Ointment. Wash off in five minutes with Cuticura Soap and hot water, bathing some minutes. Repeat night and morning. No better toilet preparations exist.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

A Medicine for Women

For Forty Years Lydia E. Pinkham's Vegetable Compound has Relieved the Sufferings of Women.

It hardly seems possible that there is a woman in this country who continues to suffer without giving Lydia E. Pinkham's Vegetable Compound a trial after all the evidence that is continually being published, proving beyond contradiction that this grand old medicine has relieved more suffering among women than any other medicine in the world.

Mrs. Kieso Cured After Seven Month's Illness.

Aurora, Ill.—"For seven long months I suffered from a female trouble, with severe pains in my back and sides until I became so weak I could hardly walk from chair to chair, and got so nervous I would jump at the slightest noise. I was entirely unfit to do my house work, I was giving up hope of ever being well, when my sister asked me to try Lydia E. Pinkham's Vegetable Compound. I took six bottles and today I am a healthy woman able to do my own housework. I wish every suffering woman would try Lydia E. Pinkham's Vegetable Compound, and find out for herself how good it is."—MRS. KARL A. KIESO, 596 North Ave., Aurora, Ill.

Could Hardly Get Off Her Bed.

Cincinnati, Ohio.—"I want you to know the good Lydia E. Pinkham's Vegetable Compound has done for me. I was in such bad health from female troubles that I could hardly get off my bed. I had been doctoring for a long time and my mother said, 'I want you to try Lydia E. Pinkham's Vegetable Compound.' So I did, and it has certainly made me a well woman. I am able to do my house work and am so happy as I never expected to go around the way I do again, and I want others to know what Lydia E. Pinkham's Vegetable Compound has done for me."—MRS. JOSIE CORNER, 1668 Harrison Ave., Fairmount, Cincinnati, Ohio.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.