SUBMARINES CROSS OCEAN NEWS ITEMS Of General Interest

mates, but with the carry-over there were approximately 350,000 tons (near-

German War Submarine Enters

just inside the three-mile limit

As she came and went she flew the

navy, a gun was mounted on the for-

ward deck and another aft, while eight

torpedoes plainly were visible under

the forward deck, giving mute assur

neutral harbor had expired.

Merchant Aged 102, Active in Business

and a 70-mile ride by stage is the per-

establishment at Turk, where he has

Many Mexicans Starving.

DARING GERMAN U-BOATS POUNCE ON SHIPPING OUTSIDE 3-MILE LIMIT

Four British, One Dutch, One Norwegian Sent to Bottom in One Day Off Coast of Massachusetts.

ONE SUBMARINE ENTERS PORT BUSINESS GOOD IN NORTHWEST;

With Flag Flying and Deck Loaded With Torpedoes She Delivers Message and Puts to Sea.

Newport, R. L-The executive officer of the destroyer Ericsson returning early Monday from the scene of the German submarine activities off the German submarine activities off
Nantucket, reported that nine ships
by rail from the Pacific N rthwest to by markets are producing as good had been sunk, and that three subma-rines are operating off the coast. This information, he said, he had on the authority of the captain of the Nantucket Shoals lightship. Boston.—The submarine arm of the tic requirements and available for ex-

as brought to land by wireless dispatches, follows:

Strathdene, British freighter, torpe-doed and sunk off Nantucket, crew taken aboard Nantucket Shoals light-ship and later removed to Newport by erican torpedo boat destroyers. Strathdene left New York Sunday for Bordeaux, and was attacked at 6 A. M.

West Point, British freighter, torpe-doed and sunk off Nantucket. Crew abandoned the ship in small boats af-ter a warning shot from the subma-rine's gun. Officers and men were

Stephano, British passenger liner, plying regularly between New York, Halifax and St. Johns, N. F., torpedeed southeast of Nantucket, bound for New York. Passengers and crew, numbering about 140, were picked up to the destroyer lake and broad to the stranger had nosed her way ment, the undersea fighter had delivered a message for the German among poultry, dairy, animal husbandry, home economics, and special subjects to the officers of the ly as possible throughout the community. The following lines of work will be ment, the undersea fighter had delivered a message for the German among poultry, dairy, animal husbandry, home economics, and special subjects by the destroyer Balch and brought to ed toward Brenton's Reef lightship as may seem desirable. The attack was made at and disappeared beneath the waves

doed and sunk southeast of Nantucket. Crew missing and destroyer searching for them. This vessel is not accounted for in maritime registers, and may be the Kingstonian. The at-

tack occurred at 6 P. M. Bloomersdijk, Dutch freighter, torpedced and sunk south of Nantucket. Crew taken aboard a destroyer. The steamer was bound for Rotterdam

from New York. The Bloomersdille carried a crew of 50 men and a cargo of grain valued at \$500,000, consigned to the government of The Netherlands, according W. Van Doorn, an official here of Holland-American line. He intimated that international complications

Christian Knudsen, a Norwegian freighter, torpedoed and sunk near where the Bloomersdijk went down. Crew picked up by destroyers. The vessel satied from New York Saturday

Americans On Board Torpedoed Ship. The British steamer Stephano, carrying 44 first-cabin and 39 second-cabsengers, including many American tourists and a crew of 75, was sunk off Nantucket Li htship.

Traders Will Co-Operate.

Bordeaux .- John Barrett, director-Washington, D. C .- Strong protests general of the Pan-American Union, have been made to the state departwho has been discussing Latin-Ameri- ment by the British and French em- the internal revenue officers. Officers can trade matters with manufacturers bassies against the action of the Carand financiers in France and England, ranga government in Mexico in seizing said before sailing on the liner Lafay- the assets of British and French bankette for New York that he had found ing institutions in the Mexican capithem in both countries planning to tal. These banks are closed as the remake greater efforts to improve commake greater efforts to improve community in the Carranza decrees, and it is declared that the interests of British cy, who resigned recently as assistant Mr. Barrett's inquiry and French stockholders have been dicated, that the desire seriously affected. So far the state showed, he indicated, that the desire seriously affected. So far the state was to co-operate along this line rather than engage in ruinous competition.

Scientific Fund Provided.

New York .- Application of the newest discoveries in science to the industries of the country as planned by formance of C. T. Diamond, a mer-the four leading engineering societies chant of Turk, Wash., in his 102d year. Hooper for the United States working under the auspices of the National Research business, as brisk as a man of three-business, as brisk as a man of three-Council received additional impetus score years and appearing to be no Monday with the announcement that older than that, Mr. Diamond is still the resources of the Engineering Founwhich provides an annual income of \$200,000, will be placed at the disposal of the council. Further financial aid will be furnished, it was announced, by an annual gift of \$5000 from Ambrose Swasey, of Cleveland.

Carranza May Not Run.

re is a strong feeling among the deaths from starvation occurred in two al capital that he will not be a here. At least half of the crops have

By a recent decree issued by Genbeen confiscated by the government
were featured by lively contests over
the excise questions, and the "dry"
forces made a gain of four towns. Of
the 168 towns in the state 91 are now
break the ensuing silence.

The poorer
the excise questions, and the "dry"
forces made a gain of four towns. Of
the 168 towns in the state 91 are now
break the ensuing silence.

About Oregon

Oregon Has Overlooked Many Valuable Parmanent Resources

University of Oregon, Eugene. Among the coming great industries of Oregon, H. B. Miller classes flax growmanufactures from lumber. Mr. Miller is director of the state university school of commerce, which makes investigations of markets and possibilities for industries.

Broccoli he pronounced well adapted

S GOOD IN NORTHWEST;
PRODUCERS REAPING BENEFITS

PRODUCERS REAPING BENEFITS

Droccol he pronounced well adapted to the Willamette valley climate, an excellent shipper, and usable when all other green vegetables are gone.

The sources of fertilizer may be two: from the nitrogen of the air and from the beds of certain south courts. Washington, D. C.—Generally pros-

perous conditions are reported throughout the Pacific Coast in the federal reserve monthly bulletin. Of conditions on the north coast, the bulletin says:

For the manufacture of fertilizer from the air, Mr. Miller said great development of Oregon's 3,250,000 idle horsepower would be necessary; and this horsepower, he said, would play the greatest part in future economic

"Grain crops, though of less than growth. "Oregon made a great mistake when the usual volume, are commanding it went extensively into the apple busi-such prices that the money returns are above the normal. Although there are above the normal. Although there labor. Skilled labor is transferable,

Movable Schools.

One of six day movable schools will

Boston.—The submarine arm of the Imperial German navy ravaged shipping off the eastern co at of the United States Sunday.

Four British, one Dutch and one Norwegian steamers were sent to the bottom or left crippied derelicts off Nantucket Shoals.

So far as known there was no loss of life, though the crew of the British steamer Kingston had not been accounted for.

One of six day movable schools will be conducted by the extension service of the Oregon Agricultural college throughout the year, the type of school will be conducted by the extension service of the Oregon Agricultural college throughout the year, the type of school will be conducted by the extension service of the Oregon Agricultural college throughout the year, the type of school will be conducted by the extension service of the Oregon Agricultural college throughout the year, the type of school seasons.

Any local organization, such as a farmers' union, grange or other ortional and high prices are ruling.

"Hops will yield about 280,000 bales, or 20,000 bales, it is necessary to arrange for the school through This is far in excess of domestic to the school through the superior has affected prices most unexports has affected prices most unexports has affected prices most unexports has affected prices most unexported by hids of 10 to 12 cents combined in the school through the school t

steamer Kingston had not been accounted for.

A submarine held up the American steamer Kansan, bound from New York with steel for the Italian government, but later, on establishment of her identity, allowed the American to proceed. The Kansan came into Boston harbor for her usual call here.

The hostile submarine is believed to be the U-53, which paid a call to New port Saturday, and disappeared at sunset. Some naval men, however, declared that at least two submarines are operating close to the American shore, though outside the three-mile limit.

The British embargo on exports has affected prices most unfavorably, bids of 10 to 12 cents comments than 43½ cents in 1911.

"The salmon pack of the Pacific Coast, including Alaska, is about 20 Coast, including Alaska, is about 20 ber cent below normal. A leading packer says that from the sellers point of view the salmon markets of the world are in better condition than at any time since 1900.

"Mining continues its great activity, with expanding output.

"There has been no material change in the unsatisfactory condition of the limit.

this service.

"There has been no material change in the unsatisfactory condition of the lumber industry, lack of transportation facilities being the greatest hand!

The record of submarine warfare, sons for a longer school, these people agreeing to attend all sessions recap. Ships for the lumber trade, with an aggregate carrying capacity of 30,-

000,000 feet, are now building on this 2. Provide a room in which to hold the school or a place for demonstra-tion, take care of heat, light and janitor service, and furnish conveyance to and from the railroad station for instructors in charge of the work.

3. Furnish the demonstration ma

Newport, Va., to Deliver Message terial necessary for the type of school

Newport, R. L—Seventeen days from Wilhelmshafen, the imperial German submarine U-53 dropped an distribute these as instructed. chor in Newport harbor Saturday. 5. To advertise the school as wide-Almost before the officers of the ly as possible throughout the com-

For further information write the college, Corvallis, Oregon, or see the black and white colors of the German secretary in the information booth at state fair.

Ochoco Project is Passed.

ance that the warship was ready for a fight at the drop of the hat. Lieutenant Captain Hans Rose, who Salem.-Residents on the Ochoco irrigation project in Crook county will vote on the question of bonding the hung up a new world's record in bringproject for \$1,000,000 to secure funds ray across the Atlantic, said that he to carry out contemplated improve had called at Newport simply to mall ments, it became assured when the a letter to Count von Bernstorff. He office of State Engineer Lewis aprequested neither provisions nor fuel proved in its general features the re and would be on his way, he said, long port of R. W. Rea, project engineer. before the 24 hours during which a Notice of the report's approval was belligerent ship may remain within a sent to the directors of the project. The project as approved by En assuming that she continued to sea after submerging. Within that time acre valuation for the peaks of \$50 and the German companies. The submarine was in American Lewis embraces 20,000 acres of land

the German commander paid official visits to Rear-Admiral Austin M. Knight, commandant of the second paval district, and Rear-Admiral Astoria—The gasoline launch Union. Daniel Hannulas' "booze ship," which force of the Atlantic fleet, who was sailed from Eureka a few days ago, on board the flagship, the scout cruishas arrived off the mouth of the river. er Birmingham. Both American offi-cers returned the brief calls promptly. She dropped anchor about three miles below the lightship, and well outside the three-mile limit. The coast guard ented with several bottles of whisky seize the "booze ship" if she comes

superintendent of banks, the state banking board approved the appointment by Superintendent of Banks Sarent of Charles H. Stewart, of Albany. In the past Mr. Stewart has been act-ing as bank examiner for the state Spokane, Wash.—An eight-mile walk banking department. In place of Mr. stewart, Marshall Hooper, of Grants Pass, was appointed examiner. Mr. Hooper for the last five years has been cashier of the Grants Pass Bank-

Girl Wins Trip to Fair.

Pendleton.-For the second successive year, Carmine Jones, daughter of a McKay creek farmer, last week won first honors in the state-wide turkeyraising contest, in connection with the industrial club work of schools. She

Drys Gain Four Towns. New Haven, Conn.—The so-called "little town elections" in Connecticut



Georgy Wagstaff, daughter of Sir George, of the British admiralty, hints at a halmon between her governess, Ethel Willoughby, and Henry Sirvetman. Ethel delices it. Henry Streetman calls on Ethel and while waiting for her talks to Brewster. Eir George's butler, who is a German spy, about his fallure to get at admiralty sapers in Sir George's possession. He shones to German neers tervice head-quarters. Streetman, the German spy, and Roeder (alins Brewster, the butler) are discussing the possibility of war. When Ethel appears he tries to force her to get from Sir George knowledge of the sailing orders to the British heat. Though she believes him a French instead of a German spy, she refuses until he threatens her. She bega him to announce their secret marriage, as Georgy is suspicious, but he puts her off. At tea Georgy and her lover, Guy Fulconer, tease Sir George, and Streetman makes an awkward attempt to talk politica. Streetman, the German apy, Sir George Wagstaff, British daval official, Ethel Willoughby, secret wife of Streetman, and others are having fea at the Wagstaff home. The party is discussing a play. Charlie Brown, newspaper man of New York, entertains the tea party with his views on the threatisted war in Europe. Guy Falconer deciares that if war comes he will go to this His mother and Sir George reprovation. Charlie says Guy is sponfine. Capi. Lairy Redmond of the Irish Guarde, calis on Ethel. The two had been undeclared lovers. She tells him of her marriage and he tells her Streetman is a German spy with a family in Berlin.

There is no greater tragedy. in the eyes of men, than the betrayal of an innocent girl. It is an incident in human affairs that has inspired literature in all ages, and provoked murder and suicide. With what emotion Ethel accepts the fact of her betrayal and with what determination she sets out to avenge the wrong, if such a thing is possible, is told in this

Ethel discovers, during her talk with Capt. Larry Redmond that she has been betrayed by Henry Streetman, and expresses her grief.

CHAPTER VIII-Continued.

"Oh, it's everything-everything!" the told him with a dry sab.

"I should never have gone away; or baying gone, I should never have come back-to make you suffer like this," he aid with bitter self-reproach. It burt din terribly to see her so torn by her omotions. "There, there, my dear! Don't cry!" he said, patting her arm with the tenderness of a woman,

'Oh, let me! Let me!" Ethel cried. r the blessed vent of tears had come her at last. "Oh, Larry, why aldo't it have been different?"

"Faith, I don't know, my dear! But ow with you and me it's only a dream what might have been-and we forget," he comforted her

"Forget?" she repeated brokenly. "Well, we must try to," he said We must be friends-the best friends to see it." u the world."

"We must be!" he persisted with the to right. "We love each other too we're not ready-not the least ready! anch to be more-or less-than the We shall need every man."

From the half outside, voices came their ears. And Ethel had scarcely ried her tears before their friends and returned to claim them for the din-

ner party. "Great Scott!" Guy Falconer ex laimed as he came upon them. "Still blaning, you two? You never talk to e as long as that!" he told Georgy Wasstaff with mild reproach

"You're not so interesting as Can alo Redmond," she retorted with the ruelly of insolent eighteen.

Well, admitting that," Guy said, for he never plunged voluntarily into an argument with Georgy, "admitting that, I've seats for the Palace and we've telephoned to Richmond for a

able. So let's hurry." "I don't think I can go, after all," Ethel told them then. She knew that she was in no condition for the bantering give and take of dinner-table con

"Oh. Ethel!" Georgy cried in obvious disappointment. And "Oh, Ethell Don't spoll the party?" Mrs. Falconer urged. "Come on, Larry!" said Guy. "By George, you do look glum-just the same as 1 did when Georgy first refused me. Now I've got used to it."

While they were trying to persuade Ethel to Join them, Sir George Wagstaff entered the room. He had beard their voices as he was passing through the hall on his return from his burried visit to the admiralty. And since he had news that he knew would prove great interest to them be stopped on his way to his own quar

"By Jove, Redmond! I'm glad to see you!" he cried as soon as he caught sight of the returned wanderer. "Thank you, Sir George! It's good to be back," Larry replied.

"As a Britisher, you've come hom at the right moment," Sir George told him gravely as he shook the captain's

"You mean that there's news of the war-bad news?" Ethel exclaimed. quick to grasp the suggestion of some thing serious in Sir George's words and manner both.

"Germany has declared that a state is 14 years of age. With three other of war exists between berself and El Paso, Tex.—"General Carranza has made no formal statement of his position," Consul Pesqueira said, "but the border in Nuevo Leon, where 20 awarded second prize in pig-raising.

Many Mexicans Starving.

Umatilla county pupils she attended the fair last week as guests of the state. Arthur Crone, of Upine, was state. Arthur Crone, of Upine, was state. Sir George seemed all at once awarded second prize in pig-raising. the impending conflict.

CHAPTER IX.

Captain Redmond was the first

"Good God! Then It's come at last!" he cried in a ringing voice.

"And the fleet! What of the English fleet?" Ethel Willoughby exclaimed, as her quick mind turned inevitably to that most vital factor of Britain's defense. It was pure patriotism that prompted her question. For the mo- all at once assumed new proportions in ment all thought of Henry Streetman her eyes. She had always been fond and his constant importaning vanished of him, from the time they were girl completely from her reckoning. Sir George swept the little company with a rapid glance.

"You are all practically members of

such," be said. "Redmond, you are an officer in his majesty's service-what say is in absolute confidence." Larry stood stiffly at attention. "Of course, Sir George!" he au-

swered. Then Sir George told them what Henry Streetman would have given get a V. C. and be a hero and we'll live his soul to know.

"Winston Churchill went to Portsmouth this morning. The British fleet salled this afternoon under sealed orders and Churchill has offered his resignation as first lord of the admi-

At that terse statement Ethel Wiloughby sank slowly upon a chair. In their excitement the others did not no tice her agitation. Nor could they have interpreted it had they divined it. Something to the manner of an inspiration had come to her-a scheme, plot, a stroke of genius perhaps. At all events, she saw in a dash how she might yet serve her country in a manner that is granted to few women-or

Meanwhile Captain Redmond pondered upon Winston Churchill's pecultar action.

"But why, Sir George-why?" he

"Because he had no authority from parliament to give such orders. If England is not involved in the war. then Churchill alone is responsible for him, with her hands upon his shoulhis action and his public career will be ders. ended. If England goes to war, then the English navy has gained at once an early and tremendous advantage." "But it means that Churchill believes England will fight," Ethel said.

"That England will bave to fight." Sir George corrected her.

"Then the fleet-It did not disperse? she questioned. "Where has it gone?" Sir George saw no reason for telling there half truths.

"The most powerful flect the world has ever known has gone to the North sen to the Kiel count to bottle up the German navy, and that it will do, I'm certain. With the bulk of the German fleet unable to come out, we'll prove once again that Britannia does rule the waves."

His words thrilled everyone of them. "And there's really going to be war!" Mrs. Falconer exclaimed in a wondering voice. "I never believed I'd five

"And a long, horrible war!" Sir "We can't be just-friends," she told George continued slowly. "We shall im. She knew that their deep love suffer very terribly-England, I fear, or each other would never let them be in particular, because we did not expect it. We've been too sure that it would never happen in our lifetime. onviction of a man who would always Some day-yes! But not now! And

> His remark brought home to Larry Redmond a realization of the way in which the situation applied to himself. "Then, in some ways, it's good I've come back," he commented. "I must

report at once.' Guy Falconer turned to him with m bounded enthusiasm lighting up his young face. "I'll go with you?" be cried.

too late to enlist tonight?"

"I'm afraid so," Larry said. Guy's words struck his mother with

a quick chill of fear. She rose hastily



"The British Fleet Sailed This After

to her son, laid a supplicating band up on his arm. "But, Guy, you're not going to the

war?" she said with a catch in her "Of course he la!" Georgy Wagstaff

repeated after him. "But, Guy-you said you wouldn't fight?" his mother reminded him trem ulously. Her feelings had undergone

a sudden change. "I know," he said, putting his hand hers soothingly. "But that was when I didn't believe there would be She hoped that it would be so.

ouldn't stay home. I couldn'tf" "That's the spirit, my boy!" Sir Ge anan lines-perhaps in their very

ownrd?"

allice.

leorge told him with a renewed trust army." British manhood. "But, Guy-you mustn't! I couldn't

"Don't cry, mother, please-don't!"

"Of course he will," said Georgy. "And then I'll marry him." Guy had

and boy together. But she had never

taken bim quite seriously. Now, how-

ever, she saw that Guy was a man

and that he intended to play a man's

In that moment Georgy knew that he

A new light shone in Guy's eyes as

was more than worthy of her.

can't argue with you," she said.

fleulty in keeping back ber tears.

the beginning of time.

blm through ber tears.

write me?" she asked him

world to them.

said.

"Every day!" he promised eagerly.

"Of course, I'll be careful."

others with an air of unaffected pride.

"There's the true Englishman!" he

"And there'll be hundreds-thou-

sands. like him-the flower of our coun

tey, who won't come back," Ethel said

slowly. "Oh, It's too terrible!" The

little tragedy had touched her to the

"Yes, it is terrible," Sir George

agreed. He had no illusions as to

"I must go at once to the war office.

Captain Redmond announced hurried

ly. And he shook hands with Miss Wil-

"I must return to the admiralty,

cemed momentarily dwarfed.

what war meant for England.

as customary for bin.

forgive me. Sir George?"

em-alone.

as he moved toward the door.

him when Ethel called him back.

"Larry, before you go, may I have

"Of course!" he assented. "You'll

Surely! See you again, Redmond?"

"Lacry, when will you go to the

He set his cap and stick upon a stoo

before answering her.
"I don't know," he said. "I'm afraid

shan't be in the thick of the fight."

"You mean they won't send you?"

"I fear not, my dear. They'll wan

ne-they've often said so-for some

thing they call more important than

being shot at. They'll use me lu the

special service-what you'd call a spy

suppose, though, it's as good as any

other way to die for one's country. 'Tis

my duty-though I'd not be too proud

For a brief time she made no reply

"You?" He wondered what

"I do so want to help!" she con

inned. "There'll be thousands of wom

en who'll go to the front as nurses-

millions to do the things at home. But

an't I go to serve England-to be in

A shadow crossed his fine face at the

"Oh, my dear, I couldn't let you

But she would not be put down so

"Think of the things a woman could

"I know, I know-but I couldn't al-

lo safely-without suspicion," she ar-

gued, "where a man would be use

low it. And your husband?" he ques

tioned. He hardly thought any right-

ninded man would be willing to let his

"Larry, I lied to you," she con-

not happy with my husband. I've

want to get away. This is the only

thing I can do for England-for you!

He saw that she was greatly

oved-that she was soul-tortured.

half frantic. And he had not the heart

to deny her any solace, no matter

"I know how you feel," he said, "and

Her heart went out to him in grati-

Now, tell me-what am I to do? Where shall I be sent? Shall I be with you?"

ude because he had understood.

made a mess of things, like you.

Oh, please let me go-oh, please!"

where she might turn for it.

"I'm miserable, wretched. I'm

She turned to him impetuously

wife face such peril.

nere mention of the undertaking.

is she pondered his words.

him then.

could mean.

front?" Ethel asked in a tense voice.

And with that Georgy's father left

just five minutes with you-alone?"

"Take me to the barracks."

happily ever after."

In his.

Guy said gently. "You know I've got

to go. I'll come back all right."

His answer struck a chill of fear in to her-for she could feel fear for him. et you go!" she told him brokenly. He was sorry for her. And yet there "But that's impossible!" she exclaimed incredulously. "You would be was an unwonted sternness in Guy's caught at once." ace as he said: "Oh, I think not!" he reassured her, "Mother, you don't want me to be

"The plan is all arranged—every de-tail—since before I went away. Now "But, my boy, you're all I've got in 'tis only for me to carry it out. But the world! You're the only thing I've

plained.

you can't be with me." left!" And then she took him in her Her disappointment was obvious. arms and sobbed. To her had come "But what shall I do?" she asked only a little more quickly than to doubtfully. other English mothers the renunciation that war demands of lowly and high

"That we'll see. But somehow we'll

"My job will be inside the

e working together."

"For king and country!" she exclaimed, holding out her hand to him. "For king and country!" he repeated after her, as he took her slight hand in his own strong one.

CHAPTER X.

Holst by His Own Petard.

"Beg pardon, Miss Willoughby! A centleman to see you, by appointment!" In his character of Brewster, Sir my family—at least I regard you as part in the approaching struggle. And George's butler, the German spy Roeder made his announcement in faultless fashion.

"Oh, in just a minute!" Ethel Willoughby told him. She knew that it he turned to the girl,
"Will you really?" he asked. "You was Henry Streetman who had re-



"For King and Country!"

turned to see her. And to Larry, whose hand she had hastly dropped Just as Brewster threw open the double doors, she said, when the pseudo butler had gone, "I may gain some very important information from this man, I can't explain more than that now. Will you wait in that room?" She indicated a door leading into a smaller room adtolding her sitting room.

"Yes, my dear-God keep you!" Captain Redmond auswered. And he at once proceeded to carry out her wishes. Ethel breathed a rapid prayer as she heard Streetman already mounting the loughby, "Good-by, Ethel!" he said in stnirs.

a tone that was far more sober than "Oh, help me to be brave! Help me to be clever-for Larry and for Eng land!" She turned then to meet the Sir George sald, "Coming, Redmond?" man who had betrayed her, and against whose wits she had now un Larry had already started to lofe dertaken to match her own.

> Will this girl be able to deceive the spy regarding her intentions and inveigle him into permitting her to do as she

> > (TO BE CONTINUED)

HOW SUNBURN MAY BE CURED

Really Painful Affliction Can Be Alleviated if Treatment is Undertaken at Once.

Sunburn is often extremely painful. In many cases, where a girl has been out in the sun practically all day, the skin blisters and causes very real suffering. It is a wise girl who knows how to care for her own supburn, for she will save herself a good bit of pain by doctoring it at once. When you return to the house after

"Won't you let me help?" she asked a day in the open and find your arms, neck and face all rose colored from the sun, don't stop to question why, but start in treating it at once. The burn never burts the first day and sometimes it does not the second day, but you will certainly get it the third, unless you are very careful. Don't wait until the skin begins to itch and smart before you put on a cream, but at the first sign of rose color, where white usually is, start your doctoring The risk for you'd be too great. I

Cocou butter is excellent to take the sting out of sunburn and witchhazel cream is another fine emolitent. Rub either one in well at the first appearance of the burn and then again the next day and you will not be bothered so much by the pain and itch.

Nervous?-Need Paddling.

It is considered beneficial to be whipped or "spanked," provided it is done mechanically. In the mechanotherapy departments of up-to-date institutions, the "whipping post," a mechanical device for therapeutic paddling, is an accredited healing ma-

You are whipped by straps of heavy cloth or leather attached to two rapidly revolving posts. When you take the treatment you step backward into the flying whips and receive their blows upon your legs, back, abdomen or chest, depending upon the malady

from which you are suffering. The impact of the straps is just sufyou shall do this thing if I can arrange ficient to set the blood in free circulation. There is no smarting, stinging sensation because the straps are broad enough to eliminate any possibility of a cutting blow. You are paddled rath-"Oh, thank you, Larry! Thank you! er than lashed. The "whipping post" is valuable in many types of nervous ness.-Popular Scien